

**Table 6.22C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Detailed Age Category: Standard Errors of Numbers in Thousands, 2003 and 2004**

Age Category	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	335	595	126	152	277	440	312	578
18	20	26	9	12	15	24	18	24
19	22	37	8	10	18	20	19	35
20	20	27	6	17	14	19	18	23
21	20	*	8	*	17	*	18	39
22	19	46	8	*	14	37	18	45
23	21	25	6	1	19	19	20	23
24	23	*	4	10	20	25	20	*
25	22	39	6	*	18	35	19	32
26-29	81	125	37	27	73	71	73	112
30-34	89	143	35	20	75	124	81	137
35-39	97	146	31	*	80	133	92	139
40-44	102	194	30	28	86	*	95	191
45-49	105	158	49	11	89	151	99	154
50-54	149	*	59	*	117	*	139	*
55-59	*	*	*	*	*	*	*	*
60-64	*	*	*	*	*	*	*	*
65 or Older	*	*	*	*	*	*	*	*

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.22D Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Detailed Age Category: Standard Errors of Percentages, 2003 and 2004**

Age Category	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	1.13	2.16	0.62	0.69	1.12	1.83	1.12	2.11
18	2.67	3.88	1.31	1.98	2.17	3.56	2.48	3.55
19	3.15	4.77	1.20	1.73	2.75	3.31	2.85	4.70
20	2.76	4.40	0.99	2.79	2.29	3.19	2.59	3.85
21	3.10	*	1.45	*	2.81	*	2.94	5.15
22	3.06	5.41	1.45	*	2.52	5.43	2.92	5.52
23	3.38	5.19	1.20	0.18	3.17	4.30	3.23	5.08
24	3.41	*	0.76	2.15	3.07	4.93	3.18	*
25	3.29	5.41	1.15	*	3.07	5.42	3.13	5.10
26-29	3.68	5.27	2.05	1.49	3.57	3.69	3.49	5.04
30-34	3.32	4.58	1.74	0.85	3.25	4.41	3.20	4.52
35-39	3.18	5.85	1.33	*	2.94	5.23	3.21	5.66
40-44	3.25	5.97	1.30	1.31	3.09	*	3.27	6.00
45-49	3.40	5.65	2.08	0.56	3.12	5.84	3.32	5.48
50-54	5.16	*	3.23	*	5.33	*	5.33	*
55-59	*	*	*	*	*	*	*	*
60-64	*	*	*	*	*	*	*	*
65 or Older	*	*	*	*	*	*	*	*

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.22P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Detailed Age Category: *P* Values from Tests of Differences of Percentages, 2004 Versus 2003**

Age Category	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	0.6966		0.0574		0.7504		0.4835	
18	0.7450		0.6901		0.4942		0.6161	
19	0.4617		0.5845		0.5292		0.1756	
20	0.5573		0.2457		0.5247		0.3947	
21	*		*		*		0.3974	
22	0.0088		*		0.0186		0.0043	
23	0.9250		0.0038		0.2339		0.6954	
24	*		0.0958		0.9399		*	
25	0.3639		*		0.2190		0.8417	
26-29	0.4834		0.4604		0.2649		0.9230	
30-34	0.7269		0.1543		0.5298		0.8971	
35-39	0.2590		*		0.0492		0.1355	
40-44	0.8372		0.3045		*		0.9679	
45-49	0.9856		0.0001		0.5418		0.9178	
50-54	*		*		*		*	
55-59	*		*		*		*	
60-64	*		*		*		*	
65 or Older	*		*		*		*	

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.23C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004**

Demographic Characteristic	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	335	595	126	152	277	440	312	578
<b>AGE</b>								
18-25	63	110	20	53	50	87	57	95
26-49	215	339	79	55	186	289	200	325
50 or Older	236	457	95	130	179	303	220	447
<b>GENDER</b>								
Male	188	399	94	78	151	285	171	393
Female	272	427	85	129	219	320	257	406
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	318	604	112	148	263	451	297	591
White	306	571	85	99	245	436	288	558
Black or African American	97	137	70	45	87	96	73	127
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	27	*	11	*	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	90	115	57	42	74	102	88	95
<b>EDUCATION</b>								
< High School	136	170	65	56	113	119	129	160
High School Graduate	187	367	80	118	156	234	176	360
Some College	159	318	58	77	124	259	154	305
College Graduate	154	260	48	22	127	216	139	247
<b>CURRENT EMPLOYMENT</b>								
Full-Time	208	305	42	51	171	234	188	296
Part-Time	124	238	25	41	114	221	118	222
Unemployed	55	*	23	*	48	84	50	*
Other <sup>4</sup>	205	422	113	96	162	282	197	407

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>4</sup> Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.23D Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: Standard Errors of Percentages, 2003 and 2004**

Demographic Characteristic	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	1.13	2.16	0.62	0.69	1.12	1.83	1.12	2.11
<b>AGE</b>								
18-25	1.10	1.95	0.44	1.13	0.97	1.71	1.03	1.86
26-49	1.49	2.46	0.75	0.53	1.44	2.33	1.47	2.42
50 or Older	3.35	5.71	1.91	1.96	3.10	4.32	3.35	5.55
<b>GENDER</b>								
Male	2.07	4.00	1.30	1.00	1.91	3.23	2.00	3.97
Female	1.36	2.50	0.65	0.94	1.33	2.15	1.34	2.36
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	1.18	2.13	0.63	0.78	1.19	1.98	1.19	2.15
White	1.32	2.40	0.59	0.64	1.32	2.25	1.33	2.39
Black or African American	3.63	5.13	3.21	2.18	3.59	4.21	3.20	4.93
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	4.54	*	1.89	*	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	3.20	4.60	2.29	1.52	2.74	3.93	3.11	3.60
<b>EDUCATION</b>								
< High School	2.59	4.37	1.47	1.27	2.34	3.08	2.56	4.02
High School Graduate	2.03	3.57	1.20	1.65	2.00	2.99	2.10	3.62
Some College	1.92	3.13	1.04	1.35	1.94	3.47	1.88	3.27
College Graduate	3.03	4.00	1.32	0.51	2.90	3.96	2.76	3.96
<b>CURRENT EMPLOYMENT</b>								
Full-Time	1.63	2.53	0.44	0.56	1.50	2.23	1.53	2.54
Part-Time	2.82	4.43	0.85	1.34	3.02	4.70	2.92	4.68
Unemployed	3.41	*	1.83	*	3.23	4.95	3.24	*
Other <sup>4</sup>	2.31	4.66	1.74	1.23	2.25	3.61	2.49	4.44

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>4</sup> Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.23P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Demographic Characteristics: *P* Values from Tests of Differences of Percentages, 2004 Versus 2003**

Demographic Characteristic	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Inpatient		Outpatient <sup>2</sup>	
	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	0.6966		0.0574		0.7504	0.4835
<b>AGE</b>						
18-25	0.1542		0.1701		0.5287	0.2077
26-49	0.6532		0.0002		0.8943	0.5329
50 or Older	0.6466		0.5442		0.5362	0.8380
<b>GENDER</b>						
Male	0.6171		0.1298		0.9731	0.2452
Female	0.8256		0.2271		0.7284	0.9767
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	0.2633		0.1674		0.9198	0.0981
White	0.3715		0.1271		0.9264	0.2005
Black or African American	0.9012		0.1872		0.8656	0.6499
American Indian or Alaska Native	*		*		*	*
Native Hawaiian or Other Pacific Islander	*		*		*	*
Asian	*		*		*	*
Two or More Races	*		*		*	*
Hispanic or Latino	0.1259		0.0927		0.2834	0.0125
<b>EDUCATION</b>						
< High School	0.1721		0.0396		0.2495	0.2152
High School Graduate	0.2876		0.6480		0.9763	0.2292
Some College	0.0841		0.9527		0.3674	0.0951
College Graduate	0.4428		0.0614		0.4156	0.6916
<b>CURRENT EMPLOYMENT</b>						
Full-Time	0.8842		0.9634		0.6810	0.6759
Part-Time	0.1150		0.9881		0.1285	0.2540
Unemployed	*		*		0.5218	*
Other <sup>4</sup>	0.2776		0.0009		0.2818	0.4412

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>4</sup> Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.24C Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Geographic or Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004**

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	335	595	126	152	277	440	312	578
<b>GEOGRAPHIC REGION</b>								
Northeast	146	331	75	25	120	221	126	323
Midwest	134	218	27	63	110	138	132	211
South	200	338	77	130	161	259	201	335
West	182	286	61	39	156	243	153	271
<b>COUNTY TYPE</b>								
Large Metro	233	407	98	114	204	276	213	398
Small Metro	198	399	68	93	147	322	178	384
250K - 1 Mil. Pop.	154	286	58	74	110	222	146	265
< 250K Pop.	114	*	36	57	92	*	96	277
Nonmetro	140	171	45	38	114	109	141	166
Urbanized	114	107	40	27	85	76	111	103
Less Urbanized	91	*	17	26	69	83	85	*
Completely Rural	*	*	*	*	*	*	*	*
<b>FAMILY INCOME</b>								
Less Than \$20,000	168	404	94	84	138	276	156	391
\$20,000 - \$49,999	208	288	71	76	171	198	197	276
\$50,000 - \$74,999	123	276	46	*	102	237	121	271
\$75,000 or More	137	160	19	25	105	129	131	144
<b>GOVERNMENT ASSISTANCE<sup>4</sup></b>								
Yes	150	356	87	114	125	192	152	351
No	293	461	94	97	240	387	262	444

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>4</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.24D Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Geographic or Socioeconomic Characteristics: Standard Errors of Percentages, 2003 and 2004**

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
<b>TOTAL</b>	1.13	2.16	0.62	0.69	1.12	1.83	1.12	2.11
<b>GEOGRAPHIC REGION</b>								
Northeast	2.64	5.46	2.06	0.63	2.66	4.82	2.67	5.41
Midwest	1.90	3.48	0.63	1.29	1.97	2.62	1.96	3.46
South	1.88	3.01	1.02	1.64	1.79	2.87	2.00	3.05
West	2.71	5.46	1.27	0.79	2.71	4.57	2.33	5.11
<b>COUNTY TYPE</b>								
Large Metro	1.73	3.20	0.95	1.11	1.74	2.62	1.67	3.08
Small Metro	2.00	3.75	1.06	1.17	1.87	3.38	1.92	3.69
250K - 1 Mil. Pop.	2.21	4.79	1.35	1.50	2.10	3.89	2.26	4.63
< 250K Pop.	3.72	*	1.65	1.90	3.61	*	3.30	5.91
Nonmetro	2.43	4.11	1.19	1.02	2.44	2.95	2.61	4.02
Urbanized	3.91	5.42	2.29	1.66	3.72	4.34	4.07	5.25
Less Urbanized	3.74	*	1.02	1.50	3.36	4.61	3.65	*
Completely Rural	*	*	*	*	*	*	*	*
<b>FAMILY INCOME</b>								
Less Than \$20,000	2.08	4.17	1.50	1.09	1.97	3.31	2.15	4.06
\$20,000 - \$49,999	1.85	3.14	0.84	1.00	1.74	2.53	1.88	3.05
\$50,000 - \$74,999	3.07	4.86	1.56	*	3.00	5.20	3.13	4.93
\$75,000 or More	2.93	3.91	0.65	0.87	2.84	3.70	3.06	3.82
<b>GOVERNMENT ASSISTANCE<sup>4</sup></b>								
Yes	2.36	3.94	1.76	1.84	2.24	3.20	2.47	3.99
No	1.34	2.47	0.62	0.63	1.29	2.22	1.27	2.36

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>4</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).



**Table 6.24P Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older with Past Year Serious Psychological Distress, by Geographic or Socioeconomic Characteristics: P Values from Tests of Differences of Percentages, 2004 Versus 2003**

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling <sup>1,2</sup>		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>					
			Inpatient		Outpatient <sup>2</sup>		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	0.6966		0.0574		0.7504		0.4835	
GEOGRAPHIC REGION								
Northeast	0.7919		0.0072		0.9349		0.8229	
Midwest	0.9314		0.6442		0.3263		0.7708	
South	0.4584		0.7266		0.9060		0.2167	
West	0.8180		0.0816		0.9386		0.6705	
COUNTY TYPE								
Large Metro	0.4705		0.0753		0.2621		0.8323	
Small Metro	0.0548		0.7085		0.1039		0.0893	
250K - 1 Mil. Pop.	0.4736		0.5909		0.6648		0.8667	
< 250K Pop.	*		0.8627		*		0.0130	
Nonmetro	0.3129		0.2238		0.0348		0.4465	
Urbanized	0.2840		0.3041		0.1790		0.2509	
Less Urbanized	*		0.8185		0.4192		*	
Completely Rural	*		*		*		*	
FAMILY INCOME								
Less Than \$20,000	0.8283		0.0076		0.9317		0.5162	
\$20,000 - \$49,999	0.3677		0.7722		0.8270		0.3410	
\$50,000 - \$74,999	0.7959		*		0.8894		0.7236	
\$75,000 or More	0.2177		0.9675		0.4225		0.1805	
GOVERNMENT ASSISTANCE <sup>4</sup>								
Yes	0.3140		0.0141		0.3468		0.2833	
No	0.7781		0.5877		0.9215		0.9922	

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>1</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

<sup>2</sup> Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>3</sup> Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

<sup>4</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).