

Table 6.27A Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2003 and 2004

Location of Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
Outpatient Mental Health Clinic or Center	1,531	1,697	294	273	961	1,070	276	*
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	3,125	3,195	557	622	1,829	1,812	*	*
Doctor's Office - Not Part of a Clinic	1,621	1,819	208	236	990	918	*	*
Outpatient Medical Clinic	413	641	91	107	238	262	*	*
Partial Day Hospital or Day Treatment Program	171	121	30	46	104	70	37	*
School or University Setting/Clinic/Center ²	41	41	16	37	25	4	*	*
Some Other Place	134	147	25	13	92	79	*	*

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location is one of the most commonly reported other locations for receiving outpatient treatment/counseling.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.27B Location of Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2003 and 2004

Location of Treatment/Counseling ¹	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
Outpatient Mental Health Clinic or Center	25.7	26.3	28.2	24.8	27.2	29.8	19.8	*
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	52.4	49.5	53.4	56.6	51.7	50.4	*	*
Doctor's Office - Not Part of a Clinic	27.2	28.2	20.0	21.4	28.0	25.5	*	*
Outpatient Medical Clinic	6.9	10.0	8.7	9.7	6.7	7.4	*	*
Partial Day Hospital or Day Treatment Program	2.9	1.9	2.8	4.2	2.9	1.9	2.7	*
School or University Setting/Clinic/Center ²	0.7	0.6	1.6	3.4	0.7	0.1	*	*
Some Other Place	2.3	2.3	2.4	1.2	2.6	2.2	*	*

*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple locations; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health treatment/counseling. This location is one of the most commonly reported other locations for receiving outpatient treatment/counseling.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).