

Table 6.25C Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Psychological Distress and Demographic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	493	760	250	413	409	629
AGE						
18-25	60	95	41	63	42	78
26-49	315	440	161	238	247	361
50 or Older	362	574	184	*	308	483
GENDER						
Male	238	410	130	222	201	337
Female	409	587	213	331	344	482
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	457	754	238	410	382	615
White	438	728	225	393	367	597
Black or African American	132	*	*	*	*	*
American Indian or Alaska Native	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	132	*	*	*	118	*
EDUCATION						
< High School	147	226	94	*	114	*
High School Graduate	260	334	149	184	213	295
Some College	243	473	112	243	209	404
College Graduate	253	346	119	214	212	265
CURRENT EMPLOYMENT						
Full-Time	334	498	143	264	290	409
Part-Time	173	280	108	*	136	249
Unemployed	57	*	*	*	47	*
Other ²	280	419	153	303	231	297

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Respondents were asked how much the counseling or medicine they received in the past year improved their ability to manage daily activities. Respondents with missing information are excluded.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

² Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.25D Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Psychological Distress and Demographic Characteristics: Standard Errors of Percentages, 2003 and 2004

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	1.04	1.83	1.72	2.89	1.32	2.24
AGE						
18-25	1.22	2.12	1.91	3.18	1.55	2.90
26-49	1.28	2.02	2.07	3.21	1.48	2.58
50 or Older	2.24	3.84	4.71	*	2.56	4.47
GENDER						
Male	1.87	3.21	3.58	5.80	2.27	3.60
Female	1.22	2.12	1.95	3.12	1.54	2.74
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	1.06	1.90	1.76	2.94	1.35	2.30
White	1.11	1.93	1.94	3.18	1.35	2.25
Black or African American	4.73	*	*	*	*	*
American Indian or Alaska Native	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	4.31	*	*	*	5.51	*
EDUCATION						
< High School	2.85	4.85	4.39	*	3.76	*
High School Graduate	1.82	3.45	3.09	5.20	2.39	4.17
Some College	2.01	3.02	2.89	5.16	2.49	3.56
College Graduate	1.94	3.10	3.77	5.16	2.27	3.66
CURRENT EMPLOYMENT						
Full-Time	1.39	2.17	2.51	3.68	1.64	2.63
Part-Time	2.45	4.02	4.54	*	3.17	4.36
Unemployed	4.18	*	*	*	5.77	*
Other ²	1.99	3.48	3.03	5.67	2.72	4.38

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Respondents were asked how much the counseling or medicine they received in the past year improved their ability to manage daily activities. Respondents with missing information are excluded.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.25P Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Psychological Distress and Demographic Characteristics: *P* Values from Tests of Differences of Percentages, 2004 Versus 2003

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	0.1811		0.4691		0.3569	
AGE						
18-25	0.8482		0.1801		0.2539	
26-49	0.3386		0.7084		0.4317	
50 or Older	0.3366		*		0.4385	
GENDER						
Male	0.9168		0.8874		0.8845	
Female	0.1211		0.4526		0.2392	
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	0.3246		0.5150		0.6064	
White	0.5502		0.8049		0.8164	
Black or African American	*		*		*	
American Indian or Alaska Native	*		*		*	
Native Hawaiian or Other Pacific Islander	*		*		*	
Asian	*		*		*	
Two or More Races	*		*		*	
Hispanic or Latino	*		*		*	
EDUCATION						
< High School	0.6476		*		*	
High School Graduate	0.0920		0.0990		0.5281	
Some College	0.4419		1.0000		0.2742	
College Graduate	0.2099		0.4488		0.0553	
CURRENT EMPLOYMENT						
Full-Time	0.3035		0.0675		0.8884	
Part-Time	0.3021		*		0.5546	
Unemployed	*		*		*	
Other ²	0.0238		0.5573		0.0198	

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Respondents were asked how much the counseling or medicine they received in the past year improved their ability to manage daily activities. Respondents with missing information are excluded.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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Table 6.26C Perceived a Great Deal or a Lot of Help in the Past Year from Mental Health Treatment/Counseling among Persons Aged 18 or Older Who Received Past Year Mental Health Treatment/Counseling, by Past Year Serious Psychological Distress and Geographic or Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004

Geographic/Socioeconomic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	493	760	250	413	409	629
GEOGRAPHIC REGION						
Northeast	182	313	106	*	142	241
Midwest	185	275	96	141	159	228
South	289	436	145	200	253	393
West	303	463	145	*	242	362
COUNTY TYPE						
Large Metro	376	525	174	236	314	462
Small Metro	286	455	140	326	231	315
250K - 1 Mil. Pop.	221	340	111	246	183	224
< 250K Pop.	184	*	83	*	144	*
Nonmetro	179	274	109	103	154	*
Urbanized	133	203	87	*	100	*
Less Urbanized	138	*	74	*	115	*
Completely Rural	*	*	*	*	*	*
FAMILY INCOME						
Less Than \$20,000	197	328	125	254	155	201
\$20,000 - \$49,999	284	487	162	208	234	440
\$50,000 - \$74,999	216	343	92	*	188	251
\$75,000 or More	242	308	97	114	217	286
GOVERNMENT ASSISTANCE²						
Yes	189	315	116	187	153	253
No	469	665	223	355	388	569

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² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

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Geographic/Socioeconomic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	1.04	1.83	1.72	2.89	1.32	2.24
GEOGRAPHIC REGION						
Northeast	2.07	4.18	4.25	*	2.70	4.21
Midwest	1.83	2.84	2.86	4.44	2.27	3.42
South	1.77	3.47	2.71	4.16	2.37	4.60
West	2.65	3.82	4.43	*	3.09	4.70
COUNTY TYPE						
Large Metro	1.60	2.57	2.70	4.51	1.87	3.00
Small Metro	1.75	3.12	2.81	4.94	2.30	3.71
250K - 1 Mil. Pop.	2.07	3.29	3.60	4.96	2.84	4.41
< 250K Pop.	3.11	*	4.75	*	3.71	*
Nonmetro	2.18	4.33	3.51	4.47	3.03	*
Urbanized	3.47	5.47	5.19	*	4.45	*
Less Urbanized	3.53	*	5.06	*	4.88	*
Completely Rural	*	*	*	*	*	*
FAMILY INCOME						
Less Than \$20,000	2.12	3.71	3.17	5.84	3.02	4.34
\$20,000 - \$49,999	1.80	3.18	2.82	4.11	2.20	4.31
\$50,000 - \$74,999	2.41	3.80	4.20	*	2.74	3.89
\$75,000 or More	2.18	3.21	4.38	6.02	2.49	3.68
GOVERNMENT ASSISTANCE²						
Yes	2.34	3.88	3.43	5.22	3.51	5.25
No	1.15	1.94	2.00	3.22	1.39	2.46

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Geographic/Socioeconomic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	0.1811		0.4691		0.3569	
GEOGRAPHIC REGION						
Northeast	0.4312		*		0.4633	
Midwest	0.8490		0.4387		0.2837	
South	0.0407		0.3747		0.0652	
West	0.2572		*		0.3368	
COUNTY TYPE						
Large Metro	0.6475		0.7718		0.7499	
Small Metro	0.5862		0.6311		0.3895	
250K - 1 Mil. Pop.	0.7615		0.1333		0.1736	
< 250K Pop.	*		*		*	
Nonmetro	0.0651		0.0020		*	
Urbanized	0.6559		*		*	
Less Urbanized	*		*		*	
Completely Rural	*		*		*	
FAMILY INCOME						
Less Than \$20,000	0.3039		0.4466		0.5233	
\$20,000 - \$49,999	0.5129		0.6176		0.6079	
\$50,000 - \$74,999	0.3152		*		0.3504	
\$75,000 or More	0.2529		0.3716		0.3658	
GOVERNMENT ASSISTANCE²						
Yes	0.1062		0.1864		0.4247	
No	0.6692		0.8072		0.5795	

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