

Table 6.16C Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Detailed Age Category: Standard Errors of Numbers in Thousands, 2003 and 2004

Age Category	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	481	922	335	595	316	711
18	42	57	20	26	36	50
19	41	59	22	37	36	43
20	38	70	20	27	31	65
21	36	98	20	*	30	79
22	33	58	19	46	26	35
23	34	46	21	25	28	39
24	35	55	23	*	27	34
25	34	54	22	*	23	37
26-29	130	189	81	125	101	145
30-34	123	228	89	143	89	174
35-39	138	216	97	146	101	169
40-44	146	266	102	194	105	179
45-49	154	217	105	158	109	152
50-54	186	509	149	*	109	425
55-59	132	312	95	*	92	162
60-64	104	182	72	*	75	96
65 or Older	200	413	136	*	144	365

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Estimates in the Total column represent persons aged 18 or older with past year SPD, including those with unknown mental health treatment/counseling information.

² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.16D Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Detailed Age Category: Standard Errors of Percentages, 2003 and 2004

Age Category	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	0.20	0.41	0.96	1.70	0.17	0.37
18	0.80	1.18	2.92	5.39	0.81	1.17
19	0.95	1.33	3.71	5.88	0.93	1.15
20	0.86	1.64	3.62	5.01	0.80	1.76
21	0.85	1.85	3.44	*	0.81	1.76
22	0.78	1.33	3.57	5.42	0.71	1.00
23	0.77	1.10	3.24	5.41	0.74	1.02
24	0.84	1.24	3.73	*	0.80	0.89
25	0.84	1.41	3.66	*	0.69	1.16
26-29	0.81	1.16	3.84	5.42	0.72	1.01
30-34	0.58	1.11	2.55	4.10	0.50	0.99
35-39	0.60	1.05	2.50	4.36	0.54	0.96
40-44	0.61	1.12	2.47	4.45	0.53	0.91
45-49	0.68	0.95	2.38	3.92	0.60	0.80
50-54	0.90	2.54	3.75	*	0.65	2.55
55-59	0.85	1.74	3.65	*	0.70	1.13
60-64	0.86	1.49	4.31	*	0.73	0.94
65 or Older	0.57	1.14	4.09	*	0.45	1.10

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.16P Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Detailed Age Category: *P* Values from Tests of Differences of Percentages, 2004 Versus 2003

Age Category	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²	
			Received	Not Received
	2003	2004	2003	2004
TOTAL	0.1052		0.0560	0.3999
18	0.9316		0.8204	0.8715
19	0.3962		0.8969	0.2699
20	0.4645		0.4409	0.3705
21	0.2046		*	0.3838
22	0.7243		0.1696	0.1340
23	0.0947		0.5593	0.1565
24	0.0132		*	0.0037
25	0.5033		*	0.9942
26-29	0.9139		0.7162	0.6934
30-34	0.0440		0.0094	0.1285
35-39	0.5035		0.4222	0.2201
40-44	0.8016		0.4547	0.9957
45-49	0.2310		0.8753	0.4427
50-54	0.3809		*	0.2252
55-59	0.0095		*	0.7411
60-64	0.3033		*	0.6817
65 or Older	0.6433		*	0.3490

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NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.17C Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Demographic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	481	922	335	595	316	711
AGE						
18-25	117	181	63	110	90	141
26-49	308	502	215	339	222	375
50 or Older	320	744	236	457	215	590
GENDER						
Male	282	639	188	399	213	509
Female	374	646	272	427	235	498
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	452	779	318	604	289	505
White	426	715	306	571	263	464
Black or African American	154	209	97	*	112	152
American Indian or Alaska Native	19	*	*	*	15	*
Native Hawaiian or Other Pacific Islander	15	*	*	*	15	*
Asian	85	137	*	*	77	86
Two or More Races	51	35	*	*	26	28
Hispanic or Latino	165	523	90	115	136	502
EDUCATION						
< High School	243	567	136	170	195	535
High School Graduate	257	490	187	367	175	329
Some College	225	385	159	318	145	200
College Graduate	197	341	154	260	138	222
CURRENT EMPLOYMENT						
Full-Time	314	454	208	305	235	336
Part-Time	160	271	124	238	101	139
Unemployed	88	195	55	*	66	143
Other ³	287	713	205	422	191	585

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NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.17D Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Demographic Characteristics: Standard Errors of Percentages, 2003 and 2004

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	0.20	0.41	0.96	1.70	0.17	0.37
AGE						
18-25	0.32	0.51	1.26	2.25	0.29	0.46
26-49	0.28	0.48	1.14	1.90	0.26	0.43
50 or Older	0.38	0.86	1.99	3.51	0.30	0.80
GENDER						
Male	0.26	0.60	1.75	3.23	0.22	0.53
Female	0.31	0.54	1.16	1.90	0.25	0.51
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	0.22	0.39	0.99	1.81	0.18	0.30
White	0.26	0.44	1.07	1.94	0.20	0.35
Black or African American	0.60	0.85	4.17	*	0.50	0.68
American Indian or Alaska Native	1.92	*	*	*	1.63	*
Native Hawaiian or Other Pacific Islander	3.53	*	*	*	3.75	*
Asian	0.94	1.51	*	*	0.90	1.04
Two or More Races	2.22	1.90	*	*	1.47	1.68
Hispanic or Latino	0.58	1.81	3.80	5.17	0.56	1.90
EDUCATION						
< High School	0.59	1.43	2.75	4.06	0.55	1.55
High School Graduate	0.36	0.68	1.85	3.47	0.29	0.52
Some College	0.40	0.66	1.82	2.91	0.32	0.43
College Graduate	0.34	0.59	1.57	2.83	0.28	0.46
CURRENT EMPLOYMENT						
Full-Time	0.25	0.37	1.21	2.08	0.22	0.32
Part-Time	0.53	0.98	2.41	4.00	0.41	0.64
Unemployed	1.05	2.28	4.18	*	0.93	2.12
Other ³	0.46	1.02	1.86	3.30	0.37	1.03

*Low precision; no estimate reported.

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Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	0.1052		0.0560		0.3999	
AGE						
18-25	0.7137		0.3311		0.2704	
26-49	0.9705		0.3021		0.6786	
50 or Older	0.0279		0.0996		0.1074	
GENDER						
Male	0.1422		0.2073		0.4026	
Female	0.4026		0.1227		0.7527	
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	0.1986		0.0323		0.9522	
White	0.1493		0.0250		0.7881	
Black or African American	0.7694		*		0.8094	
American Indian or Alaska Native	*		*		*	
Native Hawaiian or Other Pacific Islander	*		*		*	
Asian	0.7244		*		0.6595	
Two or More Races	0.1845		*		0.4121	
Hispanic or Latino	0.3406		0.4605		0.2225	
EDUCATION						
< High School	0.3207		0.2584		0.1884	
High School Graduate	0.3566		0.0214		0.8301	
Some College	0.7171		0.6345		0.1023	
College Graduate	0.0560		0.1373		0.0757	
CURRENT EMPLOYMENT						
Full-Time	0.2496		0.3814		0.2270	
Part-Time	0.2624		0.2384		0.7934	
Unemployed	0.1365		*		0.5680	
Other ³	0.0320		0.3639		0.0556	

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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Table 6.18C Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Geographic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004

Geographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	481	922	335	595	316	711
GEOGRAPHIC DIVISION						
Northeast	210	413	146	331	130	259
New England	87	179	63	*	56	52
Middle Atlantic	191	372	131	282	117	254
Midwest	170	296	134	218	100	233
East North Central	150	226	112	159	95	153
West North Central	80	192	73	149	33	176
South	296	453	200	338	202	297
South Atlantic	221	330	152	245	144	211
East South Central	119	205	85	*	82	153
West South Central	157	234	98	183	116	142
West	265	622	182	286	179	544
Mountain	113	249	94	192	72	135
Pacific	240	570	155	212	164	527
COUNTY TYPE						
Large Metro	337	671	233	407	245	526
Small Metro	286	582	198	399	178	418
250K - 1 Mil. Pop.	235	459	154	286	141	354
< 250K Pop.	146	367	114	279	97	232
Nonmetro	197	301	140	171	121	247
Urbanized	155	192	114	107	85	151
Less Urbanized	130	212	91	128	88	178
Completely Rural	52	100	*	*	24	*

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Geographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
TOTAL	0.20	0.41	0.96	1.70	0.17	0.37
GEOGRAPHIC DIVISION						
Northeast	0.47	0.97	2.14	4.27	0.36	0.74
New England	0.81	1.57	3.15	*	0.63	0.65
Middle Atlantic	0.58	1.19	2.80	5.28	0.43	0.97
Midwest	0.35	0.60	1.65	2.57	0.25	0.54
East North Central	0.43	0.66	1.95	2.83	0.34	0.52
West North Central	0.60	1.26	3.18	5.25	0.31	1.35
South	0.36	0.56	1.64	3.17	0.30	0.42
South Atlantic	0.50	0.77	2.29	4.40	0.40	0.57
East South Central	0.82	1.52	4.08	*	0.69	1.30
West South Central	0.65	0.95	2.86	4.95	0.57	0.68
West	0.46	1.18	2.43	3.59	0.39	1.24
Mountain	0.74	1.44	3.60	4.99	0.58	1.13
Pacific	0.58	1.56	3.15	4.89	0.49	1.65
COUNTY TYPE						
Large Metro	0.27	0.55	1.37	2.39	0.23	0.51
Small Metro	0.36	0.82	1.55	3.01	0.29	0.74
250K - 1 Mil. Pop.	0.45	0.97	1.89	3.31	0.35	0.94
< 250K Pop.	0.55	1.49	2.56	5.62	0.48	1.19
Nonmetro	0.51	0.80	2.49	3.46	0.38	0.77
Urbanized	0.84	1.24	4.05	4.73	0.55	1.13
Less Urbanized	0.70	1.12	3.57	5.39	0.59	1.09
Completely Rural	1.28	3.13	*	*	0.69	*

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Table 6.18P Serious Psychological Distress in the Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Treatment/Counseling and Geographic Characteristics: *P* Values from Tests of Differences of Percentages, 2004 Versus 2003

Geographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING ²	
			Received	Not Received
	2003	2004	2003	2004
TOTAL	0.1052		0.0560	0.3999
GEOGRAPHIC DIVISION				
Northeast	0.1644		0.4636	0.1944
New England	0.8161		*	0.9004
Middle Atlantic	0.0983		0.3214	0.1874
Midwest	0.0739		0.0373	0.2379
East North Central	0.0587		0.0317	0.2857
West North Central	0.5886		0.4411	0.5353
South	0.9972		0.3904	0.5343
South Atlantic	0.8751		0.3232	0.9018
East South Central	0.5972		*	0.8549
West South Central	0.4735		0.9129	0.2432
West	0.4979		0.6203	0.6829
Mountain	0.3293		0.7625	0.8697
Pacific	0.7520		0.7895	0.7060
COUNTY TYPE				
Large Metro	0.8642		0.7831	0.5973
Small Metro	0.0106		0.0023	0.6262
250K - 1 Mil. Pop.	0.1115		0.0722	0.5590
< 250K Pop.	0.0298		0.0101	0.9853
Nonmetro	0.8563		0.5978	0.6505
Urbanized	0.8732		0.8120	0.4758
Less Urbanized	0.5902		0.6979	0.7222
Completely Rural	0.9408		*	*

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

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Table 6.19C Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Detailed Age Category: Standard Errors of Numbers in Thousands, 2003 and 2004

Age Category	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	657	1,002	335	595	528	801
18	32	50	20	26	23	44
19	29	49	22	37	19	33
20	31	46	20	27	23	37
21	32	71	20	*	25	43
22	33	61	19	46	27	39
23	34	39	21	25	24	28
24	31	55	23	*	21	35
25	33	63	22	39	25	50
26-29	113	196	81	125	85	151
30-34	167	222	89	143	137	158
35-39	182	249	97	146	141	204
40-44	177	336	102	194	144	276
45-49	210	286	105	158	175	238
50-54	245	393	149	*	198	275
55-59	212	404	*	*	188	303
60-64	166	332	*	*	149	295
65 or Older	246	399	*	*	217	350

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.19D Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Detailed Age Category: Standard Errors of Percentages, 2003 and 2004

Age Category	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	0.26	0.43	1.13	2.16	0.25	0.39
18	0.65	1.12	2.67	3.88	0.58	1.15
19	0.73	1.16	3.15	4.77	0.58	0.96
20	0.71	1.11	2.76	4.40	0.64	1.08
21	0.76	1.54	3.10	*	0.70	1.15
22	0.77	1.35	3.06	5.41	0.73	1.04
23	0.79	0.97	3.38	5.19	0.67	0.79
24	0.79	1.27	3.41	*	0.66	0.96
25	0.87	1.62	3.29	5.41	0.77	1.54
26-29	0.72	1.20	3.68	5.27	0.62	1.07
30-34	0.73	1.07	3.32	4.58	0.67	0.89
35-39	0.80	1.19	3.18	5.85	0.72	1.09
40-44	0.71	1.36	3.25	5.97	0.66	1.27
45-49	0.87	1.23	3.40	5.65	0.83	1.15
50-54	1.18	1.85	5.16	*	1.08	1.50
55-59	1.31	2.13	*	*	1.26	1.86
60-64	1.32	2.43	*	*	1.26	2.36
65 or Older	0.69	1.09	*	*	0.64	1.01

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.19P Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Detailed Age Category: *P* Values from Tests of Differences of Percentages, 2004 Versus 2003

Age Category	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹	
			Yes	No
	2003	2004	2003	2004
TOTAL	0.7518		0.6966	0.1995
18	0.8863		0.7450	0.9833
19	0.6507		0.4617	0.7257
20	0.4094		0.5573	0.2426
21	0.8153		*	0.6113
22	0.1062		0.0088	0.8215
23	0.0155		0.9250	0.0131
24	0.4733		*	0.5550
25	0.4510		0.3639	0.9100
26-29	0.6491		0.4834	0.9207
30-34	0.2470		0.7269	0.0199
35-39	0.7529		0.2590	0.4259
40-44	0.6024		0.8372	0.4022
45-49	0.1730		0.9856	0.2664
50-54	0.6266		*	0.7992
55-59	0.2848		*	0.4456
60-64	0.5366		*	0.8410
65 or Older	0.4990		*	0.7487

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.20C Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	657	1,002	335	595	528	801
AGE						
18-25	101	153	63	110	71	113
26-49	425	592	215	339	330	464
50 or Older	458	772	236	457	385	615
GENDER						
Male	347	592	188	399	281	431
Female	517	783	272	427	424	646
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	613	990	318	604	497	766
White	580	913	306	571	465	700
Black or African American	169	346	97	137	145	313
American Indian or Alaska Native	32	*	*	*	28	24
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	94	142	27	*	91	92
Two or More Races	65	49	*	*	48	44
Hispanic or Latino	178	267	90	115	150	244
EDUCATION						
< High School	219	393	136	170	175	351
High School Graduate	332	512	187	367	275	379
Some College	306	574	159	318	265	453
College Graduate	326	465	154	260	265	375
CURRENT EMPLOYMENT						
Full-Time	449	602	208	305	366	499
Part-Time	219	385	124	238	177	284
Unemployed	90	215	55	*	71	158
Other ²	367	642	205	422	297	496

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

² Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.20D Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: Standard Errors of Percentages, 2003 and 2004

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	0.26	0.43	1.13	2.16	0.25	0.39
AGE						
18-25	0.28	0.43	1.10	1.95	0.24	0.38
26-49	0.35	0.55	1.49	2.46	0.33	0.49
50 or Older	0.53	0.84	3.35	5.71	0.48	0.75
GENDER						
Male	0.31	0.55	2.07	4.00	0.28	0.44
Female	0.41	0.65	1.36	2.50	0.39	0.62
HISPANIC ORIGIN AND RACE						
Not Hispanic or Latino	0.28	0.48	1.18	2.13	0.27	0.43
White	0.33	0.54	1.32	2.40	0.31	0.48
Black or African American	0.64	1.36	3.63	5.13	0.63	1.35
American Indian or Alaska Native	3.02	*	*	*	2.89	2.43
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*
Asian	1.02	1.56	4.54	*	1.06	1.11
Two or More Races	2.74	2.52	*	*	2.42	2.47
Hispanic or Latino	0.64	0.98	3.20	4.60	0.62	1.00
EDUCATION						
< High School	0.53	1.03	2.59	4.37	0.49	1.06
High School Graduate	0.46	0.70	2.03	3.57	0.43	0.59
Some College	0.53	0.92	1.92	3.13	0.53	0.83
College Graduate	0.52	0.75	3.03	4.00	0.46	0.68
CURRENT EMPLOYMENT						
Full-Time	0.34	0.47	1.63	2.53	0.32	0.43
Part-Time	0.70	1.29	2.82	4.43	0.65	1.11
Unemployed	1.08	2.47	3.41	*	1.02	2.29
Other ²	0.57	0.93	2.31	4.66	0.53	0.84

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

² Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.20P Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Demographic Characteristics: P Values from Tests of Differences of Percentages, 2004 Versus 2003

Demographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹	
			Yes	No
	2003	2004	2003	2004
TOTAL	0.7518		0.6966	0.1995
AGE				
18-25	0.6744		0.1542	0.6518
26-49	0.3790		0.6532	0.1809
50 or Older	0.8307		0.6466	0.5525
GENDER				
Male	0.5144		0.6171	0.8903
Female	0.3571		0.8256	0.1260
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	0.7685		0.2633	0.1339
White	0.6212		0.3715	0.0802
Black or African American	0.4237		0.9012	0.3671
American Indian or Alaska Native	*		*	0.7011
Native Hawaiian or Other Pacific Islander	*		*	*
Asian	0.7728		*	0.6358
Two or More Races	0.0760		*	0.2287
Hispanic or Latino	0.9814		0.1259	0.6312
EDUCATION				
< High School	0.5245		0.1721	0.2542
High School Graduate	0.2479		0.2876	0.0113
Some College	0.4996		0.0841	0.8273
College Graduate	0.3587		0.4428	0.1411
CURRENT EMPLOYMENT				
Full-Time	0.0140		0.8842	0.0097
Part-Time	0.1879		0.1150	0.6314
Unemployed	0.0237		*	0.1461
Other ²	0.7123		0.2776	0.9552

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

² Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.21C Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Geographic Characteristics: Standard Errors of Numbers in Thousands, 2003 and 2004

Geographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	657	1,002	335	595	528	801
GEOGRAPHIC DIVISION						
Northeast	263	482	146	331	215	331
New England	141	259	63	*	125	170
Middle Atlantic	222	406	131	*	175	284
Midwest	251	370	134	218	212	282
East North Central	208	303	112	159	166	240
West North Central	142	212	73	*	132	149
South	410	595	200	338	331	532
South Atlantic	299	468	152	245	241	399
East South Central	160	240	85	*	130	274
West South Central	231	278	98	183	186	221
West	362	531	182	286	280	412
Mountain	148	291	94	*	107	187
Pacific	330	444	155	*	259	367
COUNTY TYPE						
Large Metro	477	739	233	407	399	580
Small Metro	404	545	198	399	294	406
250K - 1 Mil. Pop.	321	430	154	286	237	300
< 250K Pop.	248	350	114	*	184	276
Nonmetro	245	414	140	171	213	370
Urbanized	184	233	114	107	150	202
Less Urbanized	178	337	91	*	149	306
Completely Rural	85	71	*	*	64	53

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.21D Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Geographic Characteristics: Standard Errors of Percentages, 2003 and 2004

Geographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹			
			Yes		No	
	2003	2004	2003	2004	2003	2004
TOTAL	0.26	0.43	1.13	2.16	0.25	0.39
GEOGRAPHIC DIVISION						
Northeast	0.62	1.07	2.64	5.46	0.58	0.85
New England	1.34	2.03	4.27	*	1.31	1.52
Middle Atlantic	0.70	1.25	3.32	*	0.64	1.01
Midwest	0.45	0.73	1.90	3.48	0.43	0.62
East North Central	0.53	0.84	2.48	3.15	0.48	0.75
West North Central	0.84	1.44	2.53	*	0.89	1.12
South	0.45	0.72	1.88	3.01	0.43	0.72
South Atlantic	0.59	1.08	2.71	4.20	0.56	1.03
East South Central	1.16	1.60	4.57	*	1.10	2.13
West South Central	0.87	1.16	3.15	5.18	0.81	1.05
West	0.63	0.97	2.71	5.46	0.58	0.90
Mountain	0.99	1.50	4.28	*	0.84	1.30
Pacific	0.79	1.20	3.43	*	0.74	1.14
COUNTY TYPE						
Large Metro	0.37	0.59	1.73	3.20	0.35	0.53
Small Metro	0.51	0.75	2.00	3.75	0.44	0.69
250K - 1 Mil. Pop.	0.60	0.91	2.21	4.79	0.54	0.77
< 250K Pop.	0.92	1.36	3.72	*	0.80	1.32
Nonmetro	0.56	1.04	2.43	4.11	0.58	1.05
Urbanized	0.89	1.41	3.91	5.42	0.87	1.37
Less Urbanized	0.86	1.68	3.74	*	0.87	1.71
Completely Rural	2.02	2.36	*	*	1.72	1.98

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

Table 6.21P Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Past Year Serious Psychological Distress and Geographic Characteristics: P Values from Tests of Differences of Percentages, 2004 Versus 2003

Geographic Characteristic	Total		SERIOUS PSYCHOLOGICAL DISTRESS ¹	
			Yes	No
	2003	2004	2003	2004
TOTAL	0.7518		0.6966	0.1995
GEOGRAPHIC DIVISION				
Northeast	0.9044		0.7919	0.7980
New England	0.7663		*	0.9103
Middle Atlantic	0.7454		*	0.7935
Midwest	0.2665		0.9314	0.0358
East North Central	0.5975		0.6086	0.1249
West North Central	0.2578		*	0.1380
South	0.6402		0.4584	0.3763
South Atlantic	0.2730		0.8947	0.1516
East South Central	0.3763		*	0.7415
West South Central	0.8603		0.3884	0.9948
West	0.5279		0.8180	0.7420
Mountain	0.0287		*	0.0715
Pacific	0.6590		*	0.6483
COUNTY TYPE				
Large Metro	0.2222		0.4705	0.2490
Small Metro	0.1320		0.0548	0.5041
250K - 1 Mil. Pop.	0.5143		0.4736	0.6209
< 250K Pop.	0.1329		*	0.6567
Nonmetro	0.5086		0.3129	0.8549
Urbanized	0.4925		0.2840	0.7532
Less Urbanized	0.9421		*	0.9127
Completely Rural	0.3489		*	0.6434

*Low precision; no estimate reported.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

¹ Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 of Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).