

**Table 6.43C Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2003 and 2004**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
<b>TOTAL POPULATION</b>	328	357	250	212	215	264
Cost/Insurance Barriers <sup>4</sup>	223	231	170	149	143	161
Stigma <sup>5</sup>	142	153	103	98	100	115
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment <sup>6</sup>	179	195	120	110	135	159
Treatment Would Not Help	91	126	60	57	72	111
Did Not Have Time	137	113	102	74	90	85
Did Not Know Where to Go for Services	145	127	97	75	109	106
Fear of Being Committed/Have to Take Medicine	74	70	55	48	50	50
Other Access Barriers <sup>7</sup>	89	59	83	44	34	37

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>4</sup> Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other-specify responses of "No health insurance."

<sup>5</sup> Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other-specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

<sup>6</sup> Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other-specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

<sup>7</sup> Includes reasons of "No transportation/inconvenient" and other-specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

**Table 6.43D Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2003 and 2004**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
<b>TOTAL POPULATION</b>	0.00	0.00	0.00	0.00	0.00	0.00
Cost/Insurance Barriers <sup>4</sup>	1.43	1.45	2.20	2.01	1.91	2.10
Stigma <sup>5</sup>	1.18	1.26	1.72	1.71	1.69	1.80
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment <sup>6</sup>	1.39	1.45	1.92	1.81	1.96	2.22
Treatment Would Not Help	0.84	1.08	1.11	1.05	1.29	1.82
Did Not Have Time	1.20	0.98	1.77	1.33	1.58	1.45
Did Not Know Where to Go for Services	1.20	1.08	1.67	1.38	1.74	1.74
Fear of Being Committed/Have to Take Medicine	0.67	0.62	1.01	0.90	0.90	0.89
Other Access Barriers <sup>7</sup>	0.82	0.54	1.52	0.84	0.64	0.66

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>4</sup> Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other-specify responses of "No health insurance."

<sup>5</sup> Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other-specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

<sup>6</sup> Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other-specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

<sup>7</sup> Includes reasons of "No transportation/inconvenient" and other-specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

**Table 6.43P Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: P Values from Tests of Differences of Percentages, 2004 Versus 2003**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
<b>TOTAL POPULATION</b>	.	.	.	.	.	.
Cost/Insurance Barriers <sup>4</sup>	0.5854		0.8325		0.5598	
Stigma <sup>5</sup>	0.5185		0.7059		0.2279	
Did Not Feel Need for Treatment/Could Handle the Problem Without Treatment <sup>6</sup>	0.5875		0.7449		0.2575	
Treatment Would Not Help	0.5495		0.9637		0.4893	
Did Not Have Time	0.0901		0.1453		0.3044	
Did Not Know Where to Go for Services	0.0995		0.2690		0.1975	
Fear of Being Committed/Have to Take Medicine	0.9118		0.9744		0.9122	
Other Access Barriers <sup>7</sup>	0.1156		0.0621		0.9194	

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>4</sup> Includes reasons of "Could not afford," "Health insurance does not pay enough," "Health insurance does not cover mental health treatment," and other-specify responses of "No health insurance."

<sup>5</sup> Includes reasons of "Might cause neighbors/community to have negative opinion," "Might have negative effect on job," "Concerned about confidentiality," "Did not want others to find out," and other-specify responses of "Ashamed/embarrassed/afraid," "Concerned how court system would treat me," and "Concerned how it would affect future insurability."

<sup>6</sup> Includes reasons of "Did not feel need for treatment," "Could handle problem without treatment," and other-specify responses of "Work on problems with family/friends" and "Work on problems through religion/spirituality."

<sup>7</sup> Includes reasons of "No transportation/inconvenient" and other-specify responses of "Too much red tape/hassle to get services," "No openings/long waiting lists/delays," "Services unavailable/limited in area," "Attempted to get treatment but unsuccessful in finding help," and "Could not find program/counselor comfortable with."

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

**Table 6.44C Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Numbers in Thousands, 2003 and 2004**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
<b>TOTAL POPULATION</b>	328	357	250	212	215	264
Could Not Afford Cost	200	207	146	128	135	154
Might Cause Neighbors/Community to Have Negative Opinion	80	89	51	57	63	71
Might Have Negative Effect on Job	76	83	50	61	58	55
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	65	76	42	54	49	51
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	128	111	108	88	71	60
Did Not Know Where to Go for Services	145	127	97	75	109	106
Concerned about Confidentiality	92	106	75	66	58	75
Fear of Being Committed/Have to Take Medicine	74	70	55	48	50	50
Did Not Feel Need for Treatment	99	81	60	53	76	59
Could Handle the Problem Without Treatment	167	187	111	105	131	157
Treatment Would Not Help	91	126	60	57	72	111
Did Not Have Time	137	113	102	74	90	85
Did Not Want Others to Find Out	68	64	45	44	53	49
No Transportation/Inconvenient	76	46	70	34	28	30
Some Other Reason	80	92	57	71	57	52

\*Low precision; no estimate reported.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

**Table 6.44D Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Standard Errors of Percentages, 2003 and 2004**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
<b>TOTAL POPULATION</b>	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.40	1.43	2.10	1.99	1.91	2.11
Might Cause Neighbors/Community to Have Negative Opinion	0.73	0.79	0.95	1.05	1.11	1.22
Might Have Negative Effect on Job	0.70	0.73	0.94	1.12	1.03	0.96
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.60	0.68	0.78	0.98	0.90	0.91
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	1.07	0.98	1.77	1.54	1.25	1.06
Did Not Know Where to Go for Services	1.20	1.08	1.67	1.38	1.74	1.74
Concerned about Confidentiality	0.82	0.93	1.35	1.23	1.02	1.27
Fear of Being Committed/Have to Take Medicine	0.67	0.62	1.01	0.90	0.90	0.89
Did Not Feel Need for Treatment	0.90	0.73	1.07	1.00	1.38	1.00
Could Handle the Problem Without Treatment	1.31	1.43	1.79	1.77	1.93	2.21
Treatment Would Not Help	0.84	1.08	1.11	1.05	1.29	1.82
Did Not Have Time	1.20	0.98	1.77	1.33	1.58	1.45
Did Not Want Others to Find Out	0.62	0.59	0.83	0.84	0.98	0.89
No Transportation/Inconvenient	0.70	0.42	1.29	0.64	0.52	0.53
Some Other Reason	0.72	0.83	1.07	1.30	1.01	0.91

\*Low precision; no estimate reported.

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Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2003	2004	2003	2004	2003	2004
<b>TOTAL POPULATION</b>						
Could Not Afford Cost	0.2312		0.6240		0.2258	
Might Cause Neighbors/Community to Have Negative Opinion	0.5833		0.3440		0.9131	
Might Have Negative Effect on Job	0.3211		0.2921		0.7790	
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	0.7016		0.3009		0.6385	
Health Insurance Does Not Cover Enough Mental Health Treatment/Counseling	0.0246		0.0789		0.1484	
Did Not Know Where to Go for Services	0.0995		0.2690		0.1975	
Concerned about Confidentiality	0.5239		0.4892		0.1477	
Fear of Being Committed/Have to Take Medicine	0.9118		0.9744		0.9122	
Did Not Feel Need for Treatment	0.0445		0.3539		0.0508	
Could Handle the Problem Without Treatment	0.8685		0.5811		0.4402	
Treatment Would Not Help	0.5495		0.9637		0.4893	
Did Not Have Time	0.0901		0.1453		0.3044	
Did Not Want Others to Find Out	0.9425		0.9570		0.9834	
No Transportation/Inconvenient	0.2396		0.1374		0.8054	
Some Other Reason	0.9500		0.7368		0.7902	

\*Low precision; no estimate reported.

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<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

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