

Table 8.11A Numbers (in Thousands) of Persons Aged 18 or Older, by Receipt of and Perceived Need for Mental Health Treatment/Counseling and Demographic Characteristics: 2003 and 2004

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING IN THE PAST YEAR ²							
			Received				Not Received			
			Unmet Need		No Unmet Need		Unmet Need		No Unmet Need	
	2003	2004	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	212,687	215,300	5,296	5,227	22,608	22,179	5,451	5,649	178,442	181,456
AGE										
18-25	31,728	32,194	1,035	1,144	2,466	2,295	1,581	1,460	26,504	27,085
26-49	99,992	100,102	3,203	3,180	11,249	11,105	3,135	3,370	81,934	82,102
50 or Older	80,966	83,004	1,059	903	8,894	8,779	735	819	70,004	72,269
GENDER										
Male	102,215	103,605	1,380	1,623	7,296	7,366	1,885	2,278	91,272	91,942
Female	110,472	111,695	3,915	3,604	15,313	14,813	3,566	3,371	87,169	89,514
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	186,869	188,504	4,782	4,823	21,105	20,646	4,820	4,962	155,427	157,478
White	150,692	151,543	4,181	4,179	18,705	18,288	4,006	3,979	123,315	124,642
Black or African American	23,711	24,206	424	470	1,594	1,582	562	716	21,034	21,381
Other or Two or More Races	12,466	12,755	177	174	807	776	252	267	11,078	11,454
Hispanic or Latino	25,818	26,797	514	404	1,503	1,533	631	687	23,015	23,978
COUNTY TYPE										
Large Metro	112,790	114,977	2,615	2,534	11,568	11,226	3,020	3,112	95,073	97,581
Small Metro	63,996	63,993	1,745	1,834	7,062	7,205	1,643	1,710	53,308	53,066
Nonmetro	35,901	36,331	936	859	3,978	3,748	788	827	30,060	30,809
EDUCATION										
< High School	37,899	36,514	844	879	3,111	3,215	743	984	33,049	31,242
High School Graduate	67,139	68,096	1,394	1,498	6,945	6,273	1,614	1,608	56,842	58,437
Some College	52,506	54,753	1,626	1,659	6,102	6,394	1,681	1,601	42,827	44,984
College Graduate	55,143	55,937	1,432	1,191	6,450	6,297	1,413	1,455	45,724	46,793
CURRENT EMPLOYMENT										
Full-Time	116,965	119,053	2,512	2,194	11,260	10,424	2,910	3,409	99,831	102,622
Part-Time	28,636	27,538	908	896	3,241	3,185	1,131	923	23,295	22,469
Unemployed	8,087	7,376	267	347	774	953	377	312	6,627	5,726
Other ³	58,999	61,334	1,609	1,790	7,333	7,618	1,033	1,005	48,689	50,639

¹ Estimates in the Total column are for all persons aged 18 or older, including those with unknown mental health treatment/counseling.² Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 8.11N Survey Sample Size for Respondents Aged 18 or Older, by Receipt of and Perceived Need for Mental Health Treatment/Counseling and Demographic Characteristics: 2003 and 2004

Demographic Characteristic	Total ¹		MENTAL HEALTH TREATMENT/COUNSELING IN THE PAST YEAR ²							
			Received				Not Received			
			Unmet Need		No Unmet Need		Unmet Need		No Unmet Need	
	2003	2004	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	45,119	45,459	1,526	1,484	4,444	4,376	1,728	1,735	37,235	37,681
AGE										
18-25	22,738	22,829	849	838	1,818	1,766	1,141	1,101	18,825	19,018
26-49	16,401	16,525	596	569	1,942	1,916	534	580	13,268	13,401
50 or Older	5,980	6,105	81	77	684	694	53	54	5,142	5,262
GENDER										
Male	20,974	21,333	346	402	1,478	1,516	546	586	18,524	18,726
Female	24,145	24,126	1,180	1,082	2,966	2,860	1,182	1,149	18,711	18,955
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	39,279	39,391	1,389	1,371	4,112	4,056	1,530	1,535	32,109	32,295
White	31,321	30,998	1,196	1,173	3,631	3,549	1,265	1,234	25,130	24,945
Black or African American	5,034	5,213	106	120	278	281	161	173	4,467	4,623
Other or Two or More Races	2,924	3,180	87	78	203	226	104	128	2,512	2,727
Hispanic or Latino	5,840	6,068	137	113	332	320	198	200	5,126	5,386
COUNTY TYPE										
Large Metro	19,715	20,159	598	591	1,887	1,797	753	786	16,377	16,888
Small Metro	15,849	15,602	592	584	1,589	1,638	634	597	12,980	12,731
Nonmetro	9,555	9,698	336	309	968	941	341	352	7,878	8,062
EDUCATION										
< High School	8,091	7,892	289	260	674	685	301	303	6,778	6,587
High School Graduate	15,074	15,259	448	465	1,400	1,339	517	547	12,647	12,847
Some College	12,788	12,985	485	479	1,327	1,332	561	563	10,364	10,577
College Graduate	9,166	9,323	304	280	1,043	1,020	349	322	7,446	7,670
CURRENT EMPLOYMENT										
Full-Time	24,535	24,816	666	640	2,212	2,059	846	922	20,723	21,101
Part-Time	8,489	8,366	334	330	841	829	437	367	6,849	6,810
Unemployed	2,601	2,491	117	107	231	258	140	127	2,100	1,983
Other ³	9,494	9,786	409	407	1,160	1,230	305	319	7,563	7,787

¹ Estimates in the Total column are for all persons aged 18 or older, including those with unknown mental health treatment/counseling.

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³ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.