

Table 6.33A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Detailed Age Category: Numbers in Thousands, 2003 and 2004

Age Category	Received Mental Health Treatment/Counseling ^{1,2}		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ³					
			Inpatient		Outpatient ²		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	27,939	27,502	1,792	1,917	15,065	15,226	23,253	22,638
18	484	503	71	65	279	317	348	356
19	398	427	31	35	218	225	286	318
20	402	432	46	59	221	233	293	315
21	458	444	48	51	263	249	366	332
22	444	446	37	53	254	266	331	351
23	466 ^a	363	39	31	313 ^b	201	353 ^a	281
24	419	421	28	51	288	249	315	330
25	439	423	24	44	259	236	330	311
26-29	1,606	1,834	127	140	1,040	1,065	1,243	1,445
30-34	2,851	2,616	172	98	1,816	1,596	2,197	2,018
35-39	2,967	3,106	114	107	1,753	1,838	2,459	2,563
40-44	3,351	3,396	190	217	2,011	2,030	2,696	2,807
45-49	3,701	3,395	282	239	2,076	2,103	3,241	2,837
50-54	3,219	2,934	158	200	1,748	1,745	2,726	2,489
55-59	2,305	2,312	116	159	1,037	1,147	2,107	2,023
60-64	1,503	1,592	60	89	588	670	1,376	1,421
65 or Older	2,926	2,858	250	280	901	1,056	2,586	2,439

*Low precision; no estimate reported.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

² Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

³ Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.33B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Detailed Age Category: Percentages, 2003 and 2004

Age Category	Received Mental Health Treatment/Counseling ^{1,2}		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ³					
			Inpatient		Outpatient ²		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	13.2	12.8	0.8	0.9	7.1	7.1	10.9	10.5
18	10.5	11.0	1.5	1.4	6.1	6.9	7.6	7.8
19	10.3	10.9	0.8	0.9	5.6	5.7	7.4	8.1
20	10.0	10.8	1.1	1.5	5.5	5.8	7.3	7.9
21	11.7	10.9	1.2	1.3	6.7	6.1	9.3	8.2
22	11.1	11.1	0.9	1.3	6.4	6.6	8.2	8.7
23	11.7 ^a	9.3	1.0	0.8	7.8 ^b	5.1	8.8	7.2
24	11.6	10.5	0.8	1.3	8.0 ^a	6.2	8.7	8.2
25	12.2	11.8	0.7	1.2	7.2	6.6	9.1	8.7
26-29	10.9	12.0	0.9	0.9	7.0	7.0	8.4	9.4
30-34	14.2	13.3	0.9	0.5	9.0	8.1	10.9	10.3
35-39	14.2	14.9	0.5	0.5	8.4	8.8	11.8	12.3
40-44	14.8	15.0	0.8	1.0	8.9	9.0	11.9	12.4
45-49	17.3	15.8	1.3	1.1	9.7	9.8	15.1	13.2
50-54	16.2	15.2	0.8	1.0	8.8	9.0	13.7	12.8
55-59	15.4	14.1	0.8	1.0	7.0	7.0	14.1	12.4
60-64	12.8	12.7	0.5	0.7	5.0	5.4	11.7	11.3
65 or Older	8.6	8.3	0.7	0.8	2.6	3.1	7.6	7.0

*Low precision; no estimate reported.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

² Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

³ Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.34A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2003 and 2004

Demographic Characteristic	Received Mental Health Treatment/Counseling ^{1,2}		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ³					
			Inpatient		Outpatient ²		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	27,939	27,502	1,792	1,917	15,065	15,226	23,253	22,638
AGE								
18-25	3,511	3,459	324	388	2,096	1,976	2,621	2,594
26-49	14,476	14,348	884	801	8,696	8,632	11,837	11,671
50 or Older	9,952	9,695	584	728	4,274	4,619	8,795	8,373
GENDER								
Male	8,689	9,044	832	918	4,868	5,208	6,773	7,139
Female	19,250	18,458	960	999	10,197	10,018	16,479	15,499
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	25,919	25,523	1,478	1,523	14,010	14,151	21,647	21,185
White	22,914	22,512	989	980	12,400	12,452	19,375	18,998
Black or African American	2,021	2,052	412	414	1,038	1,120	1,534	1,480
American Indian or Alaska Native	136	143	31	11	70	68	108	105
Native Hawaiian or Other Pacific Islander	*	*	0	1	6	*	*	*
Asian	424	422	25	99	272	241	294	318
Two or More Races	373	335	21	18	224	216	284	250
Hispanic or Latino	2,020	1,979	314	393	1,055	1,075	1,606	1,453
EDUCATION								
< High School	3,962	4,134	570	639	1,941	1,927	3,357	3,227
High School Graduate	8,358	7,783	688	801	4,010	4,003	7,118	6,641
Some College	7,737	8,067	390	376	4,151	4,466	6,789	6,865
College Graduate	7,883	7,518	145	100	4,964	4,829	5,989	5,904
CURRENT EMPLOYMENT								
Full-Time	13,780 ^a	12,632	371	514	7,668 ^a	6,855	11,077	10,152
Part-Time	4,153	4,081	182	199	2,413	2,537	3,388	3,192
Unemployed	1,043	1,301	131	120	636	743	799 ^a	1,117
Other ⁴	8,963	9,488	1,108	1,083	4,348 ^a	5,092	7,989	8,177

*Low precision; no estimate reported.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

² Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

³ Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

⁴ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.34B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2003 and 2004

Demographic Characteristic	Received Mental Health Treatment/Counseling ^{1,2}		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ³					
			Inpatient		Outpatient ²		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	13.2	12.8	0.8	0.9	7.1	7.1	10.9	10.5
AGE								
18-25	11.1	10.8	1.0	1.2	6.6	6.2	8.3	8.1
26-49	14.5	14.4	0.9	0.8	8.7	8.6	11.9	11.7
50 or Older	12.3	11.7	0.7	0.9	5.3	5.6	10.9	10.1
GENDER								
Male	8.5	8.8	0.8	0.9	4.8	5.0	6.6	6.9
Female	17.5	16.6	0.9	0.9	9.3	9.0	14.9 ^a	13.9
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	13.9	13.6	0.8	0.8	7.5	7.5	11.6	11.2
White	15.2	14.9	0.7	0.6	8.3	8.2	12.9	12.5
Black or African American	8.5	8.5	1.7	1.7	4.4	4.6	6.5	6.1
American Indian or Alaska Native	12.6	12.6	2.9	1.0	6.5	6.1	10.1	9.2
Native Hawaiian or Other Pacific Islander	*	*	0.0	0.1	1.5	*	*	*
Asian	4.9	4.7	0.3	1.1	3.1	2.7	3.4	3.6
Two or More Races	17.5	15.8	1.0	0.9	10.5	10.2	13.3	11.8
Hispanic or Latino	7.8	7.4	1.2	1.5	4.1	4.0	6.2	5.4
EDUCATION								
< High School	10.5	11.3	1.5	1.8	5.1	5.3	8.9	8.9
High School Graduate	12.5	11.5	1.0	1.2	6.0	5.9	10.6	9.8
Some College	14.8	14.8	0.7	0.7	7.9	8.2	13.0	12.5
College Graduate	14.3	13.5	0.3	0.2	9.0	8.6	10.9	10.6
CURRENT EMPLOYMENT								
Full-Time	11.8 ^b	10.6	0.3	0.4	6.6 ^a	5.8	9.5 ^a	8.5
Part-Time	14.5	14.8	0.6	0.7	8.4	9.2	11.8	11.6
Unemployed	13.0 ^b	17.7	1.6	1.6	7.9	10.1	9.9 ^b	15.2
Other ⁴	15.2	15.5	1.9	1.8	7.4	8.3	13.6	13.3

*Low precision; no estimate reported.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.² Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.³ Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.⁴ Retired persons, disabled persons, homemakers, students, or other persons not in the labor force are included in the Other Employment category.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.35A Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Numbers in Thousands, 2003 and 2004

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ^{1,2}		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ³					
			Inpatient		Outpatient ²		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	27,939	27,502	1,792	1,917	15,065	15,226	23,253	22,638
GEOGRAPHIC REGION								
Northeast	5,557	5,397	390	287	3,373	3,323	4,379	4,386
Midwest	6,837	6,577	305	455	3,688	3,651	5,810	5,399
South	9,871	9,364	729	883	4,893	4,734	8,558	7,831
West	5,674	6,164	368	291	3,112	3,518	4,506	5,023
COUNTY TYPE								
Large Metro	14,195	13,826	955	1,004	8,051	7,910	11,514	11,147
Small Metro	8,823	9,046	563	595	4,642	4,964	7,380	7,536
250K - 1 Mil. Pop.	5,732	5,943	401	356	3,033	3,244	4,805	4,879
< 250K Pop.	3,092	3,103	162	240	1,609	1,721	2,575	2,657
Nonmetro	4,921	4,629	274	318	2,372	2,351	4,358	3,955
Urbanized	2,291	2,034	169	173	1,066	1,077	2,021	1,731
Less Urbanized	2,174	2,207	80	132	1,099	1,135	1,902	1,891
Completely Rural	456	388	25	12	207	139	436	333
FAMILY INCOME								
Less Than \$20,000	6,383	6,711	894	973	3,528	3,820	5,344	5,404
\$20,000 - \$49,999	9,745	9,031	627	597	4,807	4,939	8,333	7,569
\$50,000 - \$74,999	5,252	4,943	171	220	2,858	2,815	4,520	4,246
\$75,000 or More	6,560	6,817	100	127	3,873	3,652	5,056	5,419
GOVERNMENT ASSISTANCE⁴								
Yes	5,314	5,778	834	814	2,936	3,240	4,617	4,895
No	22,625	21,723	959	1,103	12,129	11,986	18,636	17,743

*Low precision; no estimate reported.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care, outpatient care, or using prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded.

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³ Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

⁴ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.

Table 6.35B Specific Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Geographic or Socioeconomic Characteristics: Percentages, 2003 and 2004

Geographic/Socioeconomic Characteristic	Received Mental Health Treatment/Counseling ^{1,2}		TYPE OF MENTAL HEALTH TREATMENT/COUNSELING ³					
			Inpatient		Outpatient ²		Prescription Medication	
	2003	2004	2003	2004	2003	2004	2003	2004
TOTAL	13.2	12.8	0.8	0.9	7.1	7.1	10.9	10.5
GEOGRAPHIC REGION								
Northeast	13.7	13.2	1.0	0.7	8.3	8.1	10.8	10.7
Midwest	14.3	13.6	0.6	0.9	7.7	7.5	12.1	11.1
South	13.0	12.2	1.0	1.1	6.5	6.2	11.3	10.2
West	11.9	12.7	0.8	0.6	6.5	7.2	9.4	10.3
COUNTY TYPE								
Large Metro	12.6	12.1	0.8	0.9	7.2	6.9	10.2	9.7
Small Metro	13.8	14.2	0.9	0.9	7.3	7.8	11.6	11.8
250K - 1 Mil. Pop.	13.7	14.2	1.0	0.8	7.3	7.7	11.5	11.6
< 250K Pop.	14.1	14.2	0.7	1.1	7.3	7.9	11.7	12.1
Nonmetro	13.7	12.8	0.8	0.9	6.6	6.5	12.1	10.9
Urbanized	14.3	13.6	1.1	1.2	6.7	7.2	12.6	11.5
Less Urbanized	13.4	12.2	0.5	0.7	6.8	6.3	11.7	10.4
Completely Rural	12.5	12.2	0.7	0.4	5.7	4.4	11.9	10.4
FAMILY INCOME								
Less Than \$20,000	15.3	15.6	2.1	2.3	8.5	8.9	12.8	12.6
\$20,000 - \$49,999	12.1	11.6	0.8	0.8	6.0	6.3	10.4	9.7
\$50,000 - \$74,999	13.2	12.9	0.4	0.6	7.2	7.4	11.4	11.1
\$75,000 or More	13.0	12.2	0.2	0.2	7.6 ^a	6.5	10.0	9.7
GOVERNMENT ASSISTANCE⁴								
Yes	19.3	18.8	3.0	2.6	10.7	10.5	16.7	15.9
No	12.3	11.8	0.5	0.6	6.6	6.5	10.1	9.6

*Low precision; no estimate reported.

^a Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

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³ Respondents could report receiving multiple types of mental health treatment/counseling; thus, these response categories are not mutually exclusive.

⁴ Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004.