

**Table 6.28A Source of Payment for Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2003 and 2004**

Source of Payment <sup>1</sup>	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
Self or Family Member Living in Household	2,194	2,583	493	449	1,230	1,522	*	*
Family Member Not Living in Household	187	162	104 <sup>a</sup>	53	82	57	1	*
Private Health Insurance	2,694 <sup>b</sup>	1,994	394	380	1,579	1,290	*	*
Medicare	707	983	35	57	390	541	*	*
Medicaid	757	889	101	104	505	606	151	*
Rehabilitation Program	43	52	2	3	29	49	*	*
Employer	431	324	54	52	284	196	92	*
VA or Other Military Program	221	233	17	17	116	100	88	*
Other Public Source	258	437	35	45	220	168	3	*
Other Private Source	82	56	28	16	48	40	*	*
Free Treatment	281	312	63 <sup>b</sup>	148	103	105	*	*

\*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple sources of payment; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).

**Table 6.28B Source of Payment for Outpatient Mental Health Treatment/Counseling among Persons Aged 18 or Older with Past Year Serious Psychological Distress Who Received Outpatient Mental Health Treatment in the Past Year, by Age Group: Percentages, 2003 and 2004**

Source of Payment <sup>1</sup>	Total		AGE GROUP					
			18-25		26-49		50 or Older	
	2003	2004	2003	2004	2003	2004	2003	2004
Self or Family Member Living in Household	36.8	40.2	47.8	41.3	34.7	42.4	*	*
Family Member Not Living in Household	3.1	2.5	10.0 <sup>a</sup>	4.9	2.3	1.6	0.1	*
Private Health Insurance	45.2 <sup>b</sup>	31.0	38.2	35.0	44.6	36.0	*	*
Medicare	11.9	15.3	3.4	5.3	11.0	15.1	*	*
Medicaid	12.7	13.8	9.8	9.6	14.3	16.9	10.9	*
Rehabilitation Program	0.7	0.8	0.2	0.3	0.8	1.4	*	*
Employer	7.2	5.0	5.3	4.8	8.0	5.5	6.6	*
VA or Other Military Program	3.7	3.6	1.7	1.6	3.3	2.8	6.3	*
Other Public Source	4.3	6.8	3.4	4.1	6.2	4.7	0.2	*
Other Private Source	1.4	0.9	2.7	1.4	1.3	1.1	*	*
Free Treatment	4.7	4.9	6.1 <sup>b</sup>	13.6	2.9	2.9	*	*

\*Low precision; no estimate reported.

NOTE: Outpatient Mental Health Treatment/Counseling is defined as having received outpatient care for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information are excluded. Due to revised editing of 2003 and 2004 outpatient mental health treatment/counseling data, these 2003 estimates may differ slightly from 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Estimates in this table are based on a subsample of respondents aged 18 or older. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Serious Psychological Distress (SPD), referred to as Serious Mental Illness (SMI) in prior NSDUH reports, is defined as having a score of 13 or higher on the K6 scale. See Section B.4.4 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

<sup>a</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2004 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple sources of payment; thus, these response categories are not mutually exclusive.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2003 and 2004 (subsample).