

**Table 6.74A Type of Professional Seen among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression, by Age Group: Numbers in Thousands, 2004**

Type of Professional <sup>1</sup>	Total	AGE GROUP	
		12-17	18 or Older
<b>TOTAL</b> <sup>2</sup>	11,362	820	10,542
General Practitioner or Family Doctor	6,336	206	6,130
Other Medical Doctor <sup>3</sup>	1,224	40	1,184
Psychologist	2,975	260	2,714
Psychiatrist or Psychotherapist	3,010	178	2,831
Social Worker	1,221	107	1,114
Counselor	2,635	470	2,165
Other Mental Health Professional <sup>4</sup>	704	48	656
Nurse, Occupational Therapist, or Other Health Professional	830	73	757
Religious or Spiritual Advisor <sup>5</sup>	2,052	123	1,929
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	633	18	615
Other <sup>6</sup>	206	13	192

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Respondents could indicate multiple professionals; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total row represent all persons aged 12 or older with past year MDE who saw or talked to a medical doctor or professional in the past year about depression, including those with unknown type of professional data.

<sup>3</sup> Other Medical Doctor includes cardiologists, gynecologists, urologists, and other medical doctors that are not general practitioners or family doctors.

<sup>4</sup> Other Mental Health Professional includes mental health nurses and other therapists where type is not specified.

<sup>5</sup> Religious or Spiritual Advisor includes ministers, priests, or rabbis.

<sup>6</sup> Other includes any other types of helping professionals.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).

**Table 6.74B Type of Professional Seen among Persons Aged 12 or Older with a Past Year Major Depressive Episode (MDE) Who Saw or Talked to a Medical Doctor or Other Professional in the Past Year about Depression, by Age Group: Percentages, 2004**

Type of Professional <sup>1</sup>	Total	AGE GROUP	
		12-17	18 or Older
<b>TOTAL<sup>2</sup></b>	100.0	100.0	100.0
General Practitioner or Family Doctor	56.3	25.5	58.7
Other Medical Doctor <sup>3</sup>	10.9	5.0	11.3
Psychologist	26.5	32.2	26.0
Psychiatrist or Psychotherapist	26.8	22.1	27.1
Social Worker	10.9	13.3	10.7
Counselor	23.4	58.2	20.7
Other Mental Health Professional <sup>4</sup>	6.3	6.0	6.3
Nurse, Occupational Therapist, or Other Health Professional	7.4	9.0	7.3
Religious or Spiritual Advisor <sup>5</sup>	18.2	15.3	18.5
Herbalist, Chiropractor, Acupuncturist, or Massage Therapist	5.6	2.2	5.9
Other <sup>6</sup>	1.8	1.7	1.9

\*Low precision; no estimate reported.

NOTE: Estimates in this table are based on all respondents aged 12 to 17 and a subsample of respondents aged 18 or older. See Section B.4.5 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

NOTE: Major Depressive Episode (MDE) is defined as a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of the symptoms for depression as described in the 4<sup>th</sup> edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

<sup>1</sup> Respondents could indicate multiple professionals; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total row represent all persons aged 12 or older with past year MDE who saw or talked to a medical doctor or professional in the past year about depression, including those with unknown type of professional data.

<sup>3</sup> Other Medical Doctor includes cardiologists, gynecologists, urologists, and other medical doctors that are not general practitioners or family doctors.

<sup>4</sup> Other Mental Health Professional includes mental health nurses and other therapists where type is not specified.

<sup>5</sup> Religious or Spiritual Advisor includes ministers, priests, or rabbis.

<sup>6</sup> Other includes any other types of helping professionals.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2004 (subsample).