

The N-SSATS Report

Data Spotlight

November 7, 2013



Two Thirds of Substance Abuse Treatment Facilities Offer Mental Health Screening

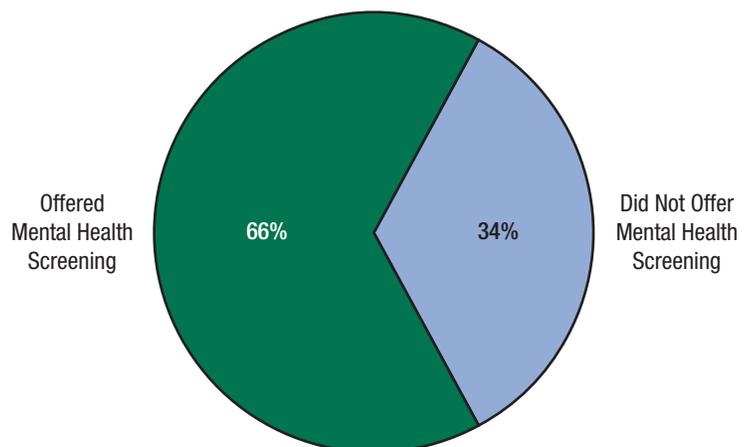
In 2011, an estimated 18.9 million adults had a past year substance abuse problem. Of these, 42.3 percent also had a mental illness.¹ In comparison, among adults without a substance use disorder, 17.6 percent had a mental illness. Because rates of mental illness are so much higher among individuals with substance abuse problems, it is important that the substance abuse treatment system offers mental health screening.

The National Survey of Substance Abuse Treatment Services (N-SSATS) is a survey of all known substance abuse treatment facilities in the United States. In 2011, 13,720 substance abuse treatment facilities responded to N-SSATS. Two thirds (66 percent) of these facilities offered mental health screening.

The Patient Protection and Affordable Care Act is likely to increase access to behavioral health services for millions of individuals with substance abuse or mental health problems.² Therefore, demand on the substance abuse treatment system to serve clients with both substance abuse disorders and mental health problems is likely to grow. Facilities interested in adding brief mental health screens to their routine intake procedures can find information in the following SAMHSA publications:

- *Screening, Assessment, and Treatment Planning for Persons With Co-Occurring Disorders: Overview Paper 2* (PHD1131) (<http://store.samhsa.gov/shin/content//PHD1131/PHD1131.pdf>)
- *TIP 42: Substance Abuse Treatment for Persons With Co-Occurring Disorders* (SMA12-3992) (<http://www.ncbi.nlm.nih.gov/books/NBK64197/pdf/TOC.pdf>)

Substance Abuse Treatment Facilities Offering Mental Health Screening: 2011



1. Center for Behavioral Health Statistics and Quality. (2012). *Results from the 2011 National Survey on Drug Use and Health: Mental health findings* (NSDUH Series H-45, HHS Publication No. SMA 12-4725). Retrieved from http://www.samhsa.gov/data/NSDUH/2k11MH_FindingsandDetTables/2K11MHFR/NSDUHmhr2011.pdf

2. Croft, B. & Parish, S. L. (2013). Care integration in the Patient Protection and Affordable Care Act: Implications for behavioral health. *Administration and Policy in Mental Health and Mental Health Services Research*, 40(4), 258-263.

Source: 2011 Substance Abuse and Mental Health Services Administration (SAMHSA) National Survey of Substance Abuse Treatment Services (N-SSATS). N-SSATS is an annual survey of all substance abuse treatment facilities in the United States, both public and private, that are known to SAMHSA. N-SSATS is one component of the Behavioral Health Services Information System (BHSIS), an integrated data system maintained by the Center for Behavioral Health Statistics and Quality, SAMHSA. Information and data for this report are based on data reported to N-SSATS for the survey reference date March 31, 2011. For more information on N-SSATS, see <http://www.samhsa.gov/data/DASIS/2k11nssats/NSSATS2011Web.pdf>.

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. The **Data Spotlight** may be copied without permission. Citation of the source is appreciated. Find this report and those on similar topics online at <http://www.samhsa.gov/data/>.

