

UTAH

Table 99 Selected Drug Use, Perceptions of Great Risk, Average Annual Marijuana Initiates, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Utah, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2013-2014 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLICIT DRUGS					
Past Month Illicit Drug Use ¹	167	20	54	93	146
Past Year Marijuana Use	224	29	84	111	196
Past Month Marijuana Use	127	15	43	69	112
Past Month Use of Illicit Drugs Other Than Marijuana ¹	68	8	20	39	59
Past Year Cocaine Use	25	1	12	12	24
Past Year Nonmedical Pain Reliever Use	89	12	26	51	77
Perception of Great Risk from Smoking Marijuana Once a Month	706	92	70	544	614
Average Annual Number of Marijuana Initiates ^{2,3}	25	11	12	2	14
ALCOHOL					
Past Month Alcohol Use	727	19	136	572	708
Past Month Binge Alcohol Use ⁴	363	15	97	251	348
Perception of Great Risk from Drinking Five or More Drinks Once or Twice a Week	1,012	131	137	745	882
Past Month Alcohol Use (Individuals Aged 12 to 20)	57 ⁵	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) ⁴	45 ⁵	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁶	403	15	88	301	389
Past Month Cigarette Use	354	13	78	264	342
Perception of Great Risk from Smoking One or More Packs of Cigarettes per Day	1,680	201	263	1,216	1,479
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁷					
Illicit Drug Dependence ¹	41	5	15	22	37
Illicit Drug Dependence or Abuse ¹	61	10	23	28	51
Alcohol Dependence	62	3	18	40	59
Alcohol Dependence or Abuse	124	7	42	75	117
Alcohol or Illicit Drug Dependence or Abuse ¹	159	13	54	92	146
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,8}	55	10	21	24	46
Needing But Not Receiving Treatment for Alcohol Use ⁸	118	7	36	75	111
PAST YEAR MENTAL HEALTH ISSUES					
Major Depressive Episode ^{3,9}	--	35	44	115	159
Serious Mental Illness ^{3,10}	--	--	23	74	97
Any Mental Illness ^{3,10}	--	--	97	320	417
Had Serious Thoughts of Suicide ¹¹	--	--	37	60	97

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006.

² Average annual number of marijuana initiates = $X_1 \div 2$, where X_1 is the number of marijuana initiates in the past 24 months.

³ For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/>.

⁴ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

⁵ Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

⁶ Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

⁷ Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).

⁸ Needing But Not Receiving Treatment refers to respondents classified as needing treatment for illicit drugs (or alcohol), but not receiving treatment for an illicit drug (or alcohol) problem at a specialty facility (i.e., drug and alcohol rehabilitation facilities [inpatient or outpatient], hospitals [inpatient only], or mental health centers).

⁹ Major depressive episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

¹⁰ Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness (SMI). Any mental illness (AMI) includes individuals in any of the three categories.

¹¹ Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013 and 2014.

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Table 100 Selected Drug Use, Perceptions of Great Risk, Average Annual Incidence Estimates of First Use of Marijuana, Past Year Substance Dependence or Abuse, Needing But Not Receiving Treatment, and Past Year Mental Health Measures in Utah, by Age Group: Percentages, Annual Averages Based on 2013-2014 NSDUHs

Measure	12+	12-17	18-25	26+	18+
ILLCIT DRUGS					
Past Month Illicit Drug Use ¹	7.31	7.12	14.43	5.71	7.33
Past Year Marijuana Use	9.84	10.12	22.65	6.85	9.81
Past Month Marijuana Use	5.58	5.42	11.55	4.25	5.61
Past Month Use of Illicit Drugs Other Than Marijuana ¹	2.97	2.99	5.34	2.43	2.97
Past Year Cocaine Use	1.08	0.36	3.24	0.72	1.19
Past Year Nonmedical Pain Reliever Use	3.90	4.18	7.02	3.14	3.86
Perception of Great Risk from Smoking Marijuana Once a Month	30.97	32.75	18.74	33.51	30.72
Average Annual Incidence Estimates of First Use of Marijuana ^{2,3}	1.43	3.45	4.69	0.18	1.02
ALCOHOL					
Past Month Alcohol Use	31.90	6.76	36.61	35.21	35.48
Past Month Binge Alcohol Use ⁴	15.91	5.16	26.08	15.45	17.44
Perception of Great Risk from Drinking Five or More Drinks Once or Twice a Week	44.41	46.28	36.65	45.87	44.14
Past Month Alcohol Use (Individuals Aged 12 to 20)	13.38 ⁵	--	--	--	--
Past Month Binge Alcohol Use (Individuals Aged 12 to 20) ⁴	10.49 ⁵	--	--	--	--
TOBACCO PRODUCTS					
Past Month Tobacco Product Use ⁶	17.67	5.25	23.60	18.52	19.45
Past Month Cigarette Use	15.52	4.60	20.80	16.25	17.09
Perception of Great Risk from Smoking One or More Packs of Cigarettes per Day	73.70	71.18	70.58	74.85	74.06
PAST YEAR DEPENDENCE, ABUSE, AND TREATMENT⁷					
Illicit Drug Dependence ¹	1.82	1.69	4.04	1.33	1.83
Illicit Drug Dependence or Abuse ¹	2.68	3.56	6.13	1.74	2.56
Alcohol Dependence	2.70	1.01	4.95	2.48	2.94
Alcohol Dependence or Abuse	5.44	2.47	11.33	4.61	5.86
Alcohol or Illicit Drug Dependence or Abuse ¹	6.98	4.55	14.54	5.67	7.33
Needing But Not Receiving Treatment for Illicit Drug Use ^{1,8}	2.42	3.37	5.76	1.49	2.29
Needing But Not Receiving Treatment for Alcohol Use ⁸	5.17	2.46	9.77	4.60	5.56
PAST YEAR MENTAL HEALTH ISSUES					
Major Depressive Episode ^{3,9}	--	12.47	11.80	7.10	7.97
Serious Mental Illness ^{3,10}	--	--	6.04	4.58	4.85
Any Mental Illness ^{3,10}	--	--	25.92	19.72	20.87
Had Serious Thoughts of Suicide ¹¹	--	--	9.86	3.70	4.85

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

¹ Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. These estimates include data from original methamphetamine questions but do not include new methamphetamine items added in 2005 and 2006.

² Average annual initiation of marijuana (%) = $100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$, where X_1 is the number of marijuana initiates in the past 24 months and X_2 is the number of individuals who never used marijuana (with the at-risk population defined as $0.5 * X_1 + X_2$). Both of the computation components, X_1 and X_2 , are based on a survey-weighted hierarchical Bayes estimation approach. The age group shown is based on a respondent's age at the time of the interview, not his or her age at first use.

³ For details, see Section B of the "2011-2012 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <http://www.samhsa.gov/data/>.

⁴ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.

⁵ Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.

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¹¹ Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2013 and 2014.