

2010 State Profile — Alaska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Alaska, 77 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 3,218 clients in substance abuse treatment on March 31, 2010. The survey response rate in Alaska was 100.0%.

Facility Operation

| | Facilities | | Clients in Treatment on March 31, 2010 | | | |
|--|------------|--------------|--|--------------|----------------------|--------------|
| | | | All Clients | | Clients Under Age 18 | |
| | No. | % | No. | % | No. | % |
| Private non-profit | 46 | 59.7 | 1,814 | 56.4 | 243 | 72.5 |
| Private for-profit | 7 | 9.1 | 435 | 13.5 | 14 | 4.2 |
| Local, county, or community government | 5 | 6.5 | 209 | 6.5 | 0 | 0.0 |
| State government | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| Federal government | 6 | 7.8 | 265 | 8.2 | 0 | 0.0 |
| Dept. of Veterans Affairs | 1 | 1.3 | 87 | 2.7 | 0 | 0.0 |
| Dept. of Defense | 3 | 3.9 | 158 | 4.9 | 0 | 0.0 |
| Indian Health Service | 2 | 2.6 | 20 | 0.6 | 0 | 0.0 |
| Other | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| Tribal government | 13 | 16.9 | 495 | 15.4 | 78 | 23.3 |
| Total | 77 | 100.0 | 3,218 | 100.0 | 335 | 100.0 |

Primary Focus of Facility

| | Facilities | | Clients in Treatment on March 31, 2010 | | | |
|---|------------|--------------|--|--------------|----------------------|--------------|
| | | | All Clients | | Clients Under Age 18 | |
| | No. | % | No. | % | No. | % |
| Substance abuse treatment services | 36 | 46.8 | 1,800 | 55.9 | 137 | 40.9 |
| Mental health services | 1 | 1.3 | 250 | 7.8 | 0 | 0.0 |
| Mix of mental health & substance abuse treatment services | 39 | 50.6 | 1,158 | 36.0 | 197 | 58.8 |
| General health care | 1 | 1.3 | 10 | 0.3 | 1 | 0.3 |
| Other/unknown | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| Total | 77 | 100.0 | 3,218 | 100.0 | 335 | 100.0 |

Substance Abuse Problem Treated

| | Facilities ^{1, 2, 3} | | Clients in Treatment on March 31, 2010 | | |
|--|-------------------------------|------|--|--------------|--|
| | | | Clients ³ | | Clients per 100,000 Pop. Aged 18 and Over |
| | No. | % | No. | % | |
| Clients with both alcohol and drug abuse | 69 | 94.5 | 1,557 | 48.4 | 263 |
| Clients with drug abuse only | 51 | 69.9 | 548 | 17.0 | 100 |
| Clients with alcohol abuse only | 60 | 82.2 | 1,113 | 34.6 | 197 |
| Total² | 73 | | 3,218 | 100.0 | 560 |

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

| Type of Care | Clients in Treatment on March 31, 2010 | | | | | | |
|---------------------------------------|--|-------------|--------------|--------------|------------------------------------|----------------------|--------------|
| | Facilities ¹ | | All Clients | | | Clients Under Age 18 | |
| | No. | % | No. | % | Median No. of Clients Per Facility | No. | % |
| Outpatient | 63 | 81.8 | 2,835 | 88.1 | 32 | 289 | 86.3 |
| Regular | 62 | 80.5 | 2,082 | 64.7 | 21 | | |
| Intensive | 41 | 53.2 | 597 | 18.6 | 12 | | |
| Day treatment/partial hospitalization | 8 | 10.4 | 32 | 1.0 | 4 | | |
| Detoxification | 5 | 6.5 | 12 | 0.4 | 2 | | |
| Methadone/buprenorphine | 3 | 3.9 | 112 | 3.5 | 30 | | |
| Residential (non-hospital) | 25 | 32.5 | 383 | 11.9 | 13 | 46 | 13.7 |
| Short term | 13 | 16.9 | 132 | 4.1 | 11 | | |
| Long term | 21 | 27.3 | 225 | 7.0 | 10 | | |
| Detoxification | 5 | 6.5 | 26 | 0.8 | 4 | | |
| Hospital Inpatient | 0 | 0.0 | 0 | 0.0 | 0 | 0 | 0.0 |
| Treatment | 0 | 0.0 | 0 | 0.0 | 0 | | |
| Detoxification | 0 | 0.0 | 0 | 0.0 | 0 | | |
| Total | 77 | | 3,218 | 100.0 | 28 | 335 | 100.0 |

¹Facilities may provide more than one type of care.

| Opioid Treatment Programs (OTPs) | | Facility Licensing, Approval, Certification, or Accreditation | |
|---|----------------|---|---------|
| No. | % ¹ | Facilities ¹ | |
| No. | % | No. | % |
| Facilities with OTPs | 2 | 0.2 | |
| Clients in Facilities with OTPs | | | |
| Methadone | 110 | 100.0 | |
| Buprenorphine | 0 | 0.0 | |
| Total | 110 | 100.0 | |
| ¹ Percentage of all OTP facilities that are in this State or jurisdiction. | | Any listed agency/organization | 71 92.2 |
| | | State substance abuse agency | 55 71.4 |
| | | State mental health department | 31 40.3 |
| | | State department of health | 32 41.6 |
| | | Hospital licensing authority | 4 5.2 |
| | | The Joint Commission | 11 14.3 |
| | | CARF ² | 27 35.1 |
| | | NCQA ³ | 1 1.3 |
| | | COA ⁴ | 1 1.3 |
| | | Other State/Local Agency/Org | 7 9.1 |
| | | ¹ Facilities may be licensed by more than one agency/organization. | |
| | | ² Commission on Accreditation of Rehabilitation Facilities | |
| | | ³ National Committee for Quality Assurance | |
| | | ⁴ Council on Accreditation | |
| Facility Payment Options | | Facility Funding | |
| Facilities ¹ | | Facilities | |
| No. | % | No. | % |
| Cash or self-payment | 62 80.5 | Receives Federal, State, county, or local government funds for substance abuse treatment programs | 64 83.1 |
| Private health insurance | 67 87.0 | | |
| Medicare | 36 46.8 | | |
| Medicaid | 56 72.7 | | |
| Other State-financed health insurance | 41 53.2 | | |
| Federal military insurance | 55 71.4 | | |
| Access to Recovery (ATR) vouchers ² | 0 0.0 | | |
| No payment accepted | 3 3.9 | | |
| Accepts other payments | 1 1.3 | | |
| Sliding fee scale | 53 68.8 | | |
| Treatment at no charge for clients who cannot pay | 48 62.3 | | |
| ¹ Facilities may accept more than one type of payment. | | | |
| ² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas. | | | |

| Types of Services Offered | Facilities | |
|--|-------------------|--------------|
| | No. | % |
| Assessment and Pre-Treatment Services | 75 | 97.4 |
| Screening for substance abuse | 69 | 89.6 |
| Screening for mental health disorders | 58 | 75.3 |
| Comprehensive substance abuse assessment/diagnosis | 68 | 88.3 |
| Comprehensive mental health assessment/diagnosis | 43 | 55.8 |
| Outreach to persons in the community who may need treatment | 53 | 68.8 |
| Interim services for clients when immediate admission is not possible | 51 | 66.2 |
| Testing | 61 | 79.2 |
| Breathalyzer/blood alcohol testing | 39 | 50.6 |
| Drug or alcohol urine screening | 55 | 71.4 |
| Screening for Hepatitis B | 18 | 23.4 |
| Screening for Hepatitis C | 18 | 23.4 |
| HIV testing | 17 | 22.1 |
| STD testing | 12 | 15.6 |
| TB screening | 19 | 24.7 |
| Counseling | 77 | 100.0 |
| Individual counseling | 77 | 100.0 |
| Group counseling | 70 | 90.9 |
| Family counseling | 65 | 84.4 |
| Marital/couples counseling | 55 | 71.4 |
| Transitional Services | 76 | 98.7 |
| Discharge planning | 72 | 93.5 |
| Aftercare/continuing care | 70 | 90.9 |
| Pharmacotherapies | 35 | 45.5 |
| Antabuse® | 7 | 9.1 |
| Naltrexone | 11 | 14.3 |
| Campral® | 6 | 7.8 |
| Nicotine replacement | 16 | 20.8 |
| Smoking cessation medications (non-nicotine) | 10 | 13.0 |
| Medications for psychiatric disorders | 28 | 36.4 |
| Methadone | 3 | 3.9 |
| Buprenorphine | 5 | 6.5 |
| Subutex® | 4 | 5.2 |
| Suboxone® | 4 | 5.2 |
| Ancillary Services | 76 | 98.7 |
| Case management services | 68 | 88.3 |
| Social skills development | 65 | 84.4 |
| Mentoring/peer support | 42 | 54.5 |
| Child care for clients' children | 8 | 10.4 |
| Assistance with obtaining social services | 57 | 74.0 |
| Employment counseling or training for clients | 25 | 32.5 |
| Assistance in locating housing for clients | 37 | 48.1 |
| Domestic violence--family or partner violence | 35 | 45.5 |
| Early intervention for HIV | 20 | 26.0 |
| HIV or AIDS education, counseling, or support | 59 | 76.6 |
| Hepatitis education, counseling, or support | 46 | 59.7 |
| Health education other than HIV/AIDS or hepatitis | 49 | 63.6 |
| Substance abuse education | 74 | 96.1 |
| Transportation assistance to treatment | 41 | 53.2 |
| Mental health services | 53 | 68.8 |
| Acupuncture | 1 | 1.3 |
| Residential beds for clients' children | 4 | 5.2 |
| Self-help groups | 27 | 35.1 |
| Smoking cessation program | 25 | 32.5 |
| | Facilities | |
| Clinical/Therapeutic Approaches Used Always or Often or Sometimes | No. | % |
| Substance abuse counseling | 77 | 100.0 |
| Relapse prevention | 76 | 98.7 |
| Cognitive-behavioral therapy | 73 | 94.8 |
| 12-step facilitation | 50 | 64.9 |
| Motivational interviewing | 72 | 93.5 |
| Anger management | 64 | 83.1 |
| <i>Continued.</i> | | |

| Clinical/Therapeutic Approaches Used Often or Sometimes (cont.) | Facilities | |
|--|-------------------|----------|
| | No. | % |
| Brief intervention | 70 | 90.9 |
| Contingency management/motivational incentives | 52 | 67.5 |
| Trauma-related counseling | 63 | 81.8 |
| Rational emotive behavioral therapy | 40 | 51.9 |
| Matrix model | 36 | 46.8 |
| Community reinforcement plus vouchers | 14 | 18.2 |
| Other treatment approaches | 27 | 35.1 |

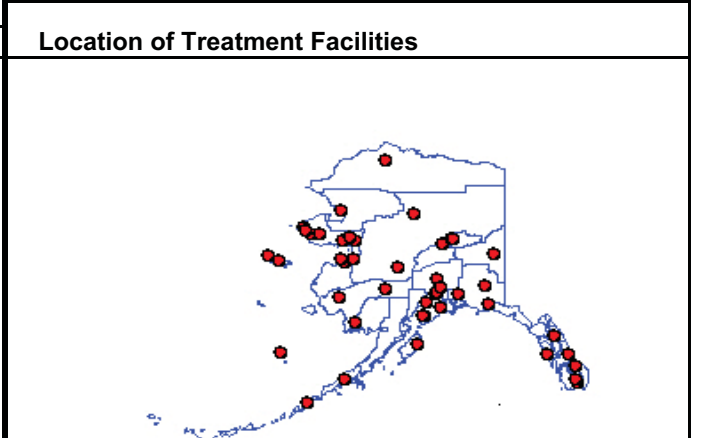
| Facility Capacity and Utilization Rate¹ | Hospital | |
|---|--------------------|------------------|
| | Residential | Inpatient |
| Number of facilities | 22 | 0 |
| Number of clients ² | 330 | 0 |
| Number of designated beds | 396 | 0 |
| Utilization rate (%) | 83.3 | 0.0 |
| No. of designated beds/facility (avg.) | 18 | 0 |

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

| Programs for Special Groups | Facilities | |
|--|-------------------|----------|
| | No. | % |
| Any program or group | 63 | 81.8 |
| Co-occurring disorders | 27 | 35.1 |
| Adult women | 23 | 29.9 |
| Adolescents | 30 | 39.0 |
| DUI/DWI offenders | 26 | 33.8 |
| Criminal justice clients | 14 | 18.2 |
| Adult men | 13 | 16.9 |
| Pregnant or postpartum women | 7 | 9.1 |
| Persons with HIV or AIDS | 4 | 5.2 |
| Seniors or older adults | 7 | 9.1 |
| Lesbian, gay, bisexual, or transgender clients | 2 | 2.6 |
| Other groups | 13 | 16.9 |

| Services in Sign Language for the Hearing Impaired and in Languages Other than English | Facilities | |
|---|-------------------|----------|
| | No. | % |
| Hearing impaired/sign language | 13 | 16.9 |
| Any language other than English | 18 | 23.4 |
| Services Provided by: | | |
| On-call interpreter | 5 | 27.8 |
| Staff counselor | 8 | 44.4 |
| Both staff counselor and on-call interpreter | 5 | 27.8 |
| Languages Provided by Staff Counselor:¹ | | |
| Spanish | 7 | 53.8 |
| American Indian/Alaska Native | 8 | 61.5 |
| Other | 4 | 30.8 |

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.




Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>