

2010 State Profile — California

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In California, 1,626 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 123,611 clients in substance abuse treatment on March 31, 2010. The survey response rate in California was 89.5%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	1,066	65.6	66,244	53.6	8,681	74.5
Private for-profit	381	23.4	39,887	32.3	1,411	12.1
Local, county, or community government	131	8.1	14,062	11.4	1,495	12.8
State government	5	0.3	208	0.2	0	0.0
Federal government	28	1.7	2,852	2.3	6	0.1
Dept. of Veterans Affairs	14	0.9	2,200	1.8	0	0.0
Dept. of Defense	7	0.4	398	0.3	0	0.0
Indian Health Service	7	0.4	254	0.2	6	0.1
Other	0	0.0	0	0.0	0	0.0
Tribal government	15	0.9	358	0.3	55	0.5
Total	1,626	100.0	123,611	100.0	11,648	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	1,141	70.2	96,240	77.9	8,468	72.7
Mental health services	64	3.9	3,769	3.0	280	2.4
Mix of mental health & substance abuse treatment services	386	23.7	21,017	17.0	2,780	23.9
General health care	22	1.4	2,142	1.7	61	0.5
Other/unknown	13	0.8	443	0.4	59	0.5
Total	1,626	100.0	123,611	100.0	11,648	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	1,385	88.3	53,209	43.2	167
Clients with drug abuse only	1,165	74.3	46,511	37.8	158
Clients with alcohol abuse only	1,052	67.1	23,333	19.0	79
Total²	1,568		123,053	100.0	405

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2010						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	1,157	71.2	107,515	87.0	46	11,076	95.1
Regular	1,040	64.0	61,833	50.0	30		
Intensive	622	38.3	12,119	9.8	16		
Day treatment/partial hospitalization	248	15.3	3,345	2.7	15		
Detoxification	219	13.5	2,357	1.9	7		
Methadone/buprenorphine	136	8.4	27,861	22.5	196		
Residential (non-hospital)	602	37.0	15,266	12.4	16	531	4.6
Short term	316	19.4	2,206	1.8	8		
Long term	549	33.8	12,257	9.9	13		
Detoxification	163	10.0	803	0.7	4		
Hospital Inpatient	42	2.6	830	0.7	10	41	0.4
Treatment	34	2.1	454	0.4	7		
Detoxification	39	2.4	376	0.3	7		
Total	1,626		123,611	100.0	35	11,648	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)			Facility Licensing, Approval, Certification, or Accreditation		
	No.	% ¹	Facilities ¹		
	No.	%	No.	%	
Facilities with OTPs	136	11.7	Any listed agency/organization	1,492	91.8
Clients in Facilities with OTPs			State substance abuse agency	1,343	82.6
Methadone	28,923	99.2	State mental health department	231	14.2
Buprenorphine	228	0.8	State department of health	306	18.8
Total	29,151	100.0	Hospital licensing authority	57	3.5
¹ Percentage of all OTP facilities that are in this State or jurisdiction.			The Joint Commission	137	8.4
Facility Payment Options			CARF ²	282	17.3
	Facilities ¹		NCQA ³	64	3.9
	No.	%	COA ⁴	74	4.6
Cash or self-payment	1,384	85.1	Other State/Local Agency/Org	228	14.0
Private health insurance	609	37.5	¹ Facilities may be licensed by more than one agency/organization.		
Medicare	262	16.1	² Commission on Accreditation of Rehabilitation Facilities		
Medicaid	426	26.2	³ National Committee for Quality Assurance		
Other State-financed health insurance	308	18.9	⁴ Council on Accreditation		
Federal military insurance	193	11.9	Facility Funding		
Access to Recovery (ATR) vouchers ²	158	9.7	Facilities		
No payment accepted	74	4.6	No.		
Accepts other payments	22	1.4	%		
Sliding fee scale	1,054	64.8	Receives Federal, State, county, or local government funds for substance abuse treatment programs		
Treatment at no charge for clients who cannot pay	860	52.9	982	60.4	

¹Facilities may accept more than one type of payment.

² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	1,308	80.4
Contingency management/motivational incentives	1,023	62.9
Trauma-related counseling	1,096	67.4
Rational emotive behavioral therapy	519	31.9
Matrix model	660	40.6
Community reinforcement plus vouchers	291	17.9
Other treatment approaches	254	15.6

Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	520	30
Number of clients ²	14,152	748
Number of designated beds	15,699	797
Utilization rate (%)	90.3	93.9
No. of designated beds/facility (avg.)	30	26

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	1,319	81.1
Co-occurring disorders	606	37.3
Adult women	550	33.8
Adolescents	464	28.5
DUI/DWI offenders	142	8.7
Criminal justice clients	497	30.6
Adult men	461	28.4
Pregnant or postpartum women	335	20.6
Persons with HIV or AIDS	214	13.2
Seniors or older adults	162	10.0
Lesbian, gay, bisexual, or transgender clients	167	10.3
Other groups	162	10.0

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	281	17.3
Any language other than English	835	51.4
Services Provided by:		
On-call interpreter	68	8.1
Staff counselor	553	66.2
Both staff counselor and on-call interpreter	214	25.6
Languages Provided by Staff Counselor:¹		
Spanish	737	96.1
American Indian/Alaska Native	12	1.6
Other	197	25.7

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>