

2010 State Profile — Iowa

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Iowa, 125 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 7,747 clients in substance abuse treatment on March 31, 2010. The survey response rate in Iowa was 98.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	112	89.6	7,075	91.3	730	96.9
Private for-profit	6	4.8	269	3.5	12	1.6
Local, county, or community government	3	2.4	113	1.5	11	1.5
State government	2	1.6	86	1.1	0	0.0
Federal government	2	1.6	204	2.6	0	0.0
Dept. of Veterans Affairs	2	1.6	204	2.6	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	125	100.0	7,747	100.0	753	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	88	70.4	5,790	74.7	448	59.5
Mental health services	5	4.0	84	1.1	8	1.1
Mix of mental health & substance abuse treatment services	29	23.2	1,711	22.1	297	39.4
General health care	2	1.6	156	2.0	0	0.0
Other/unknown	1	0.8	6	0.1	0	0.0
Total	125	100.0	7,747	100.0	753	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	97	95.1	3,790	50.2	145
Clients with drug abuse only	90	88.2	1,715	22.7	65
Clients with alcohol abuse only	90	88.2	2,051	27.1	83
Total²	102		7,556	100.0	296

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

23

Type of Care	Clients in Treatment on March 31, 2010						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	109	87.2	7,065	91.2	34	639	84.9
Regular	107	85.6	5,576	72.0	25		
Intensive	74	59.2	949	12.2	11		
Day treatment/partial hospitalization	18	14.4	85	1.1	6		
Detoxification	5	4.0	0	0.0	0		
Methadone/buprenorphine	4	3.2	455	5.9	140		
Residential (non-hospital)	30	24.0	650	8.4	13	114	15.1
Short term	22	17.6	404	5.2	13		
Long term	23	18.4	236	3.0	10		
Detoxification	5	4.0	10	0.1	5		
Hospital Inpatient	8	6.4	32	0.4	4	0	0.0
Treatment	4	3.2	2	0.0	2		
Detoxification	8	6.4	30	0.4	4		
Total	125		7,747	100.0	32	753	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)			Facility Licensing, Approval, Certification, or Accreditation		
	No.	% ¹	Facilities ¹		
	No.	%	No.	%	
Facilities with OTPs	4	0.3	Any listed agency/organization	123	98.4
Clients in Facilities with OTPs			State substance abuse agency	104	83.2
Methadone	455	100.0	State mental health department	33	26.4
Buprenorphine	0	0.0	State department of health	90	72.0
Total	455	100.0	Hospital licensing authority	14	11.2
¹ Percentage of all OTP facilities that are in this State or jurisdiction.			The Joint Commission	20	16.0
Facility Payment Options			CARF ²	23	18.4
	Facilities ¹		NCQA ³	1	0.8
	No.	%	COA ⁴	4	3.2
Cash or self-payment	123	98.4	Other State/Local Agency/Org	3	2.4
Private health insurance	118	94.4	¹ Facilities may be licensed by more than one agency/organization.		
Medicare	42	33.6	² Commission on Accreditation of Rehabilitation Facilities		
Medicaid	117	93.6	³ National Committee for Quality Assurance		
Other State-financed health insurance	79	63.2	⁴ Council on Accreditation		
Federal military insurance	64	51.2	Facility Funding		
Access to Recovery (ATR) vouchers ²	0	0.0	Receives Federal, State, county, or local government funds for substance abuse treatment programs		
No payment accepted	0	0.0	95	76.0	
Accepts other payments	0	0.0			
Sliding fee scale	92	73.6			
Treatment at no charge for clients who cannot pay	41	32.8			

¹Facilities may accept more than one type of payment.

² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	100	80.0
Contingency management/motivational incentives	63	50.4
Trauma-related counseling	67	53.6
Rational emotive behavioral therapy	86	68.8
Matrix model	70	56.0
Community reinforcement plus vouchers	21	16.8
Other treatment approaches	12	9.6

Facility Capacity and Utilization Rate¹	Hospital	
	Residential	Inpatient
Number of facilities	27	1
Number of clients ²	556	3
Number of designated beds	728	12
Utilization rate (%)	76.4	25.0
No. of designated beds/facility (avg.)	27	12

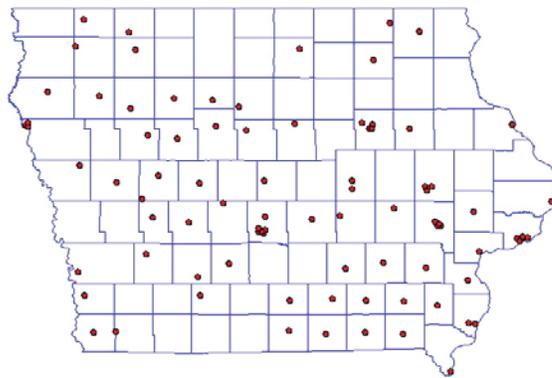
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	100	80.0
Co-occurring disorders	47	37.6
Adult women	38	30.4
Adolescents	59	47.2
DUI/DWI offenders	48	38.4
Criminal justice clients	18	14.4
Adult men	25	20.0
Pregnant or postpartum women	5	4.0
Persons with HIV or AIDS	0	0.0
Seniors or older adults	1	0.8
Lesbian, gay, bisexual, or transgender clients	1	0.8
Other groups	2	1.6

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	42	33.6
Any language other than English	43	34.4
Services Provided by:		
On-call interpreter	27	62.8
Staff counselor	5	11.6
Both staff counselor and on-call interpreter	11	25.6
Languages Provided by Staff Counselor:¹		
Spanish	16	100.0
American Indian/Alaska Native	0	0.0
Other	2	12.5

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>