

2010 State Profile — Massachusetts National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Massachusetts, 307 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 39,444 clients in substance abuse treatment on March 31, 2010. The survey response rate in Massachusetts was 90.5%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	223	72.6	23,274	59.0	1,720	88.3
Private for-profit	67	21.8	14,311	36.3	228	11.7
Local, county, or community government	8	2.6	856	2.2	0	0.0
State government	4	1.3	102	0.3	0	0.0
Federal government	5	1.6	901	2.3	0	0.0
Dept. of Veterans Affairs	4	1.3	901	2.3	0	0.0
Dept. of Defense	1	0.3	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	307	100.0	39,444	100.0	1,948	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	161	52.4	19,588	49.7	860	44.1
Mental health services	33	10.7	2,420	6.1	538	27.6
Mix of mental health & substance abuse treatment services	102	33.2	16,355	41.5	514	26.4
General health care	7	2.3	1,020	2.6	36	1.8
Other/unknown	4	1.3	61	0.2	0	0.0
Total	307	100.0	39,444	100.0	1,948	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	279	94.9	16,280	41.3	299
Clients with drug abuse only	243	82.7	17,357	44.0	322
Clients with alcohol abuse only	240	81.6	5,807	14.7	105
Total²	294		39,444	100.0	727

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	249	81.1
Contingency management/motivational incentives	156	50.8
Trauma-related counseling	257	83.7
Rational emotive behavioral therapy	95	30.9
Matrix model	65	21.2
Community reinforcement plus vouchers	25	8.1
Other treatment approaches	37	12.1

Facility Capacity and Utilization Rate¹	Hospital	
	Residential	Inpatient
Number of facilities	115	23
Number of clients ²	3,286	1,023
Number of designated beds	3,075	757
Utilization rate (%)	108.1	135.1
No. of designated beds/facility (avg.)	27	33

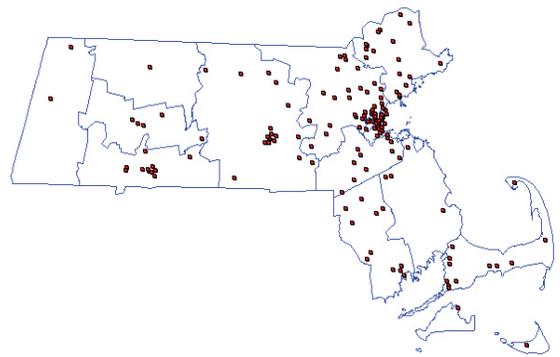
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	224	73.0
Co-occurring disorders	113	36.8
Adult women	105	34.2
Adolescents	47	15.3
DUI/DWI offenders	46	15.0
Criminal justice clients	43	14.0
Adult men	96	31.3
Pregnant or postpartum women	39	12.7
Persons with HIV or AIDS	37	12.1
Seniors or older adults	16	5.2
Lesbian, gay, bisexual, or transgender clients	17	5.5
Other groups	35	11.4

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	98	31.9
Any language other than English	169	55.0
Services Provided by:		
On-call interpreter	37	21.9
Staff counselor	70	41.4
Both staff counselor and on-call interpreter	62	36.7
Languages Provided by Staff Counselor:¹		
Spanish	123	93.2
American Indian/Alaska Native	0	0.0
Other	72	54.5

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>