

## 2010 State Profile — Maine

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Maine, 179 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 10,593 clients in substance abuse treatment on March 31, 2010. The survey response rate in Maine was 91.8%.

#### Facility Operation

|  | Facilities |              | Clients in Treatment on March 31, 2010 |              |                      |              |
|--|------------|--------------|--|--------------|----------------------|--------------|
|  |            |              | All Clients                            |              | Clients Under Age 18 |              |
|  | No.        | %            | No.                                    | %            | No.                  | %            |
| Private non-profit                     | 93         | 52.0         | 4,858                                  | 45.9         | 365                  | 48.9         |
| Private for-profit                     | 74         | 41.3         | 5,284                                  | 49.9         | 363                  | 48.6         |
| Local, county, or community government | 5          | 2.8          | 245                                    | 2.3          | 5                    | 0.7          |
| State government                       | 0          | 0.0          | 0                                      | 0.0          | 0                    | 0.0          |
| Federal government                     | 3          | 1.7          | 90                                     | 0.9          | 0                    | 0.0          |
| Dept. of Veterans Affairs              | 2          | 1.1          | 84                                     | 0.8          | 0                    | 0.0          |
| Dept. of Defense                       | 1          | 0.6          | 6                                      | 0.1          | 0                    | 0.0          |
| Indian Health Service                  | 0          | 0.0          | 0                                      | 0.0          | 0                    | 0.0          |
| Other                                  | 0          | 0.0          | 0                                      | 0.0          | 0                    | 0.0          |
| Tribal government                      | 4          | 2.2          | 116                                    | 1.1          | 14                   | 1.9          |
| <b>Total</b>                           | <b>179</b> | <b>100.0</b> | <b>10,593</b>                          | <b>100.0</b> | <b>747</b>           | <b>100.0</b> |

#### Primary Focus of Facility

|   | Facilities |              | Clients in Treatment on March 31, 2010 |              |                      |              |
|---|------------|--------------|--|--------------|----------------------|--------------|
|   |            |              | All Clients                            |              | Clients Under Age 18 |              |
|   | No.        | %            | No.                                    | %            | No.                  | %            |
| Substance abuse treatment services                        | 74         | 41.3         | 5,487                                  | 51.8         | 339                  | 45.4         |
| Mental health services                                    | 18         | 10.1         | 506                                    | 4.8          | 26                   | 3.5          |
| Mix of mental health & substance abuse treatment services | 81         | 45.3         | 4,490                                  | 42.4         | 377                  | 50.5         |
| General health care                                       | 6          | 3.4          | 110                                    | 1.0          | 5                    | 0.7          |
| Other/unknown   | 0          | 0.0          | 0                                      | 0.0          | 0                    | 0.0          |
| <b>Total</b>  | <b>179</b> | <b>100.0</b> | <b>10,593</b>                          | <b>100.0</b> | <b>747</b>           | <b>100.0</b> |

#### Substance Abuse Problem Treated

|  | Facilities <sup>1, 2, 3</sup> |      | Clients in Treatment on March 31, 2010 |              |  |
|--|-------------------------------|------|--|--------------|--|
|  |                               |      | Clients <sup>3</sup>                   |              | Clients per 100,000 Pop.<br>Aged 18 and Over |
|  | No.                           | %    | No.                                    | %            |  |
| Clients with both alcohol and drug abuse | 150                           | 90.9 | 4,224                                  | 39.9         | 356  |
| Clients with drug abuse only             | 136                           | 82.4 | 4,492                                  | 42.4         | 417  |
| Clients with alcohol abuse only          | 140                           | 84.8 | 1,877                                  | 17.7         | 167  |
| <b>Total<sup>2</sup></b>                 | <b>165</b>                    |      | <b>10,593</b>                          | <b>100.0</b> | <b>940</b>                                   |

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:





| <b>Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)</b> | <b>Facilities</b> |          |
|--|-------------------|----------|
|  | <b>No.</b>        | <b>%</b> |
| Brief intervention   | 147               | 82.1     |
| Contingency management/motivational incentives                         | 92                | 51.4     |
| Trauma-related counseling  | 136               | 76.0     |
| Rational emotive behavioral therapy                                    | 60                | 33.5     |
| Matrix model   | 33                | 18.4     |
| Community reinforcement plus vouchers                                  | 11                | 6.1      |
| Other treatment approaches   | 29                | 16.2     |

| <b>Facility Capacity and Utilization Rate<sup>1</sup></b> | <b>Hospital</b>    |                  |
|---|--------------------|------------------|
|   | <b>Residential</b> | <b>Inpatient</b> |
| Number of facilities                                      | 20                 | 3                |
| Number of clients <sup>2</sup>                            | 308                | 40               |
| Number of designated beds                                 | 321                | 58               |
| Utilization rate (%)                                      | 96.0               | 69.0             |
| No. of designated beds/facility (avg.)                    | 16                 | 19               |

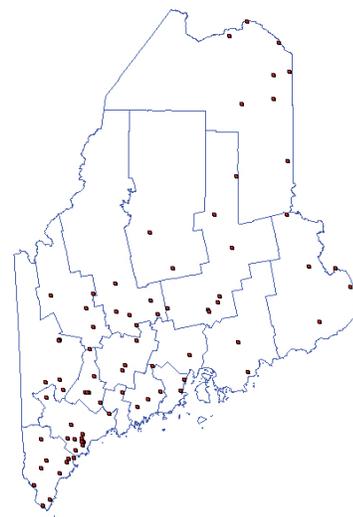
<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.  
<sup>2</sup> Number of clients on March 31, 2010.

| <b>Programs for Special Groups</b>             | <b>Facilities</b> |          |
|--|-------------------|----------|
|  | <b>No.</b>        | <b>%</b> |
| Any program or group                           | 142               | 79.3     |
| Co-occurring disorders                         | 60                | 33.5     |
| Adult women                                    | 26                | 14.5     |
| Adolescents                                    | 27                | 15.1     |
| DUI/DWI offenders                              | 87                | 48.6     |
| Criminal justice clients                       | 36                | 20.1     |
| Adult men                                      | 26                | 14.5     |
| Pregnant or postpartum women                   | 12                | 6.7      |
| Persons with HIV or AIDS                       | 10                | 5.6      |
| Seniors or older adults                        | 7                 | 3.9      |
| Lesbian, gay, bisexual, or transgender clients | 7                 | 3.9      |
| Other groups                                   | 21                | 11.7     |

| <b>Services in Sign Language for the Hearing Impaired and in Languages Other than English</b> | <b>Facilities</b> |          |
|---|-------------------|----------|
|   | <b>No.</b>        | <b>%</b> |
| Hearing impaired/sign language  | 73                | 40.8     |
| Any language other than English   | 53                | 29.6     |
| <b>Services Provided by:</b>  |                   |          |
| On-call interpreter   | 41                | 77.4     |
| Staff counselor   | 6                 | 11.3     |
| Both staff counselor and on-call interpreter  | 6                 | 11.3     |
| <b>Languages Provided by Staff Counselor:<sup>1</sup></b>                                     |                   |          |
| Spanish   | 7                 | 58.3     |
| American Indian/Alaska Native   | 3                 | 25.0     |
| Other   | 8                 | 66.7     |

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

**Location of Treatment Facilities**



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>