

2010 State Profile — Nebraska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Nebraska, 115 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 5,326 clients in substance abuse treatment on March 31, 2010. The survey response rate in Nebraska was 91.9%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	77	67.0	3,616	67.9	353	78.6
Private for-profit	18	15.7	823	15.5	63	14.0
Local, county, or community government	7	6.1	381	7.2	19	4.2
State government	2	1.7	49	0.9	0	0.0
Federal government	5	4.3	283	5.3	0	0.0
Dept. of Veterans Affairs	4	3.5	258	4.8	0	0.0
Dept. of Defense	1	0.9	25	0.5	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	6	5.2	174	3.3	14	3.1
Total	115	100.0	5,326	100.0	449	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	45	39.1	1,468	27.6	63	14.0
Mental health services	5	4.3	144	2.7	80	17.8
Mix of mental health & substance abuse treatment services	62	53.9	3,582	67.3	306	68.2
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	3	2.6	132	2.5	0	0.0
Total	115	100.0	5,326	100.0	449	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	111	97.4	2,849	53.5	193
Clients with drug abuse only	86	75.4	1,202	22.6	85
Clients with alcohol abuse only	92	80.7	1,274	23.9	86
Total²	114		5,326	100.0	363

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2010						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	89	77.4	4,510	84.7	28	414	92.2
Regular	87	75.7	3,384	63.5	24		
Intensive	42	36.5	549	10.3	10		
Day treatment/partial hospitalization	6	5.2	50	0.9	22		
Detoxification	5	4.3	2	0.0	1		
Methadone/buprenorphine	4	3.5	525	9.9	145		
Residential (non-hospital)	39	33.9	816	15.3	15	35	7.8
Short term	16	13.9	241	4.5	10		
Long term	27	23.5	537	10.1	15		
Detoxification	9	7.8	38	0.7	2		
Hospital Inpatient	1	0.9	0	0.0	0	0	0.0
Treatment	1	0.9	0	0.0	0		
Detoxification	1	0.9	0	0.0	0		
Total	115		5,326	100.0	24	449	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		Facility Licensing, Approval, Certification, or Accreditation	
No.	% ¹	Facilities ¹	
No.	%	No.	%
Facilities with OTPs	3	0.3	
Clients in Facilities with OTPs			
Methadone	514	97.9	
Buprenorphine	11	2.1	
Total	525	100.0	
¹ Percentage of all OTP facilities that are in this State or jurisdiction.		Any listed agency/organization	101 87.8
		State substance abuse agency	89 77.4
		State mental health department	48 41.7
		State department of health	67 58.3
		Hospital licensing authority	7 6.1
		The Joint Commission	22 19.1
		CARF ²	31 27.0
		NCQA ³	2 1.7
		COA ⁴	22 19.1
		Other State/Local Agency/Org	5 4.3
		¹ Facilities may be licensed by more than one agency/organization.	
		² Commission on Accreditation of Rehabilitation Facilities	
		³ National Committee for Quality Assurance	
		⁴ Council on Accreditation	
Facility Payment Options		Facility Funding	
Facilities ¹		Facilities	
No.	%	No.	%
Cash or self-payment	99 86.1	Receives Federal, State, county, or local government funds for substance abuse treatment programs	94 81.7
Private health insurance	81 70.4		
Medicare	50 43.5		
Medicaid	81 70.4		
Other State-financed health insurance	49 42.6		
Federal military insurance	62 53.9		
Access to Recovery (ATR) vouchers ²	N/A N/A		
No payment accepted	12 10.4		
Accepts other payments	2 1.7		
Sliding fee scale	83 72.2		
Treatment at no charge for clients who cannot pay	54 47.0		
¹ Facilities may accept more than one type of payment.			
² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.			

Types of Services Offered	Facilities	
	No.	%
Assessment and Pre-Treatment Services	109	94.8
Screening for substance abuse	101	87.8
Screening for mental health disorders	87	75.7
Comprehensive substance abuse assessment/diagnosis	95	82.6
Comprehensive mental health assessment/diagnosis	57	49.6
Outreach to persons in the community who may need treatment	52	45.2
Interim services for clients when immediate admission is not possible	63	54.8
Testing	73	63.5
Breathalyzer/blood alcohol testing	51	44.3
Drug or alcohol urine screening	70	60.9
Screening for Hepatitis B	16	13.9
Screening for Hepatitis C	16	13.9
HIV testing	13	11.3
STD testing	13	11.3
TB screening	26	22.6
Counseling	113	98.3
Individual counseling	113	98.3
Group counseling	99	86.1
Family counseling	104	90.4
Marital/couples counseling	96	83.5
Transitional Services	111	96.5
Discharge planning	108	93.9
Aftercare/continuing care	103	89.6
Pharmacotherapies	43	37.4
Antabuse®	13	11.3
Naltrexone	13	11.3
Campral®	16	13.9
Nicotine replacement	21	18.3
Smoking cessation medications (non-nicotine)	20	17.4
Medications for psychiatric disorders	34	29.6
Methadone	7	6.1
Buprenorphine	12	10.4
Subutex®	7	6.1
Suboxone®	12	10.4
Ancillary Services	114	99.1
Case management services	87	75.7
Social skills development	80	69.6
Mentoring/peer support	57	49.6
Child care for clients' children	5	4.3
Assistance with obtaining social services	48	41.7
Employment counseling or training for clients	30	26.1
Assistance in locating housing for clients	40	34.8
Domestic violence--family or partner violence	46	40.0
Early intervention for HIV	10	8.7
HIV or AIDS education, counseling, or support	44	38.3
Hepatitis education, counseling, or support	31	27.0
Health education other than HIV/AIDS or hepatitis	50	43.5
Substance abuse education	103	89.6
Transportation assistance to treatment	45	39.1
Mental health services	93	80.9
Acupuncture	3	2.6
Residential beds for clients' children	4	3.5
Self-help groups	53	46.1
Smoking cessation program	21	18.3
	Facilities	
	No.	%
Clinical/Therapeutic Approaches Used Always or Often or Sometimes		
Substance abuse counseling	113	98.3
Relapse prevention	114	99.1
Cognitive-behavioral therapy	107	93.0
12-step facilitation	106	92.2
Motivational interviewing	110	95.7
Anger management	104	90.4
<i>Continued.</i>		

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	98	85.2
Contingency management/motivational incentives	75	65.2
Trauma-related counseling	102	88.7
Rational emotive behavioral therapy	67	58.3
Matrix model	48	41.7
Community reinforcement plus vouchers	27	23.5
Other treatment approaches	25	21.7

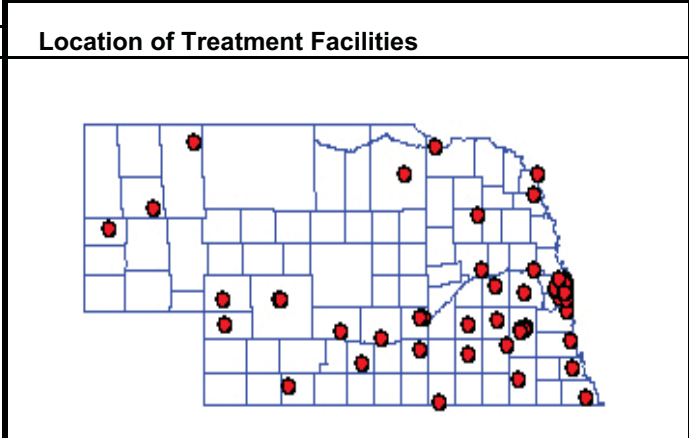
Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	35	0
Number of clients ²	734	0
Number of designated beds	828	0
Utilization rate (%)	88.6	0.0
No. of designated beds/facility (avg.)	24	0

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	80	69.6
Co-occurring disorders	35	30.4
Adult women	30	26.1
Adolescents	26	22.6
DUI/DWI offenders	26	22.6
Criminal justice clients	16	13.9
Adult men	18	15.7
Pregnant or postpartum women	13	11.3
Persons with HIV or AIDS	2	1.7
Seniors or older adults	3	2.6
Lesbian, gay, bisexual, or transgender clients	3	2.6
Other groups	8	7.0

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	44	38.3
Any language other than English	54	47.0
Services Provided by:		
On-call interpreter	32	59.3
Staff counselor	6	11.1
Both staff counselor and on-call interpreter	16	29.6
Languages Provided by Staff Counselor:¹		
Spanish	20	90.9
American Indian/Alaska Native	2	9.1
Other	4	18.2

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.




Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>