

2010 State Profile — Texas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Texas, 454 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 33,113 clients in substance abuse treatment on March 31, 2010. The survey response rate in Texas was 89.2%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	231	50.9	14,006	42.3	2,175	61.5
Private for-profit	168	37.0	14,466	43.7	1,049	29.7
Local, county, or community government	17	3.7	898	2.7	194	5.5
State government	14	3.1	1,040	3.1	113	3.2
Federal government	23	5.1	2,698	8.1	6	0.2
Dept. of Veterans Affairs	14	3.1	2,315	7.0	6	0.2
Dept. of Defense	9	2.0	383	1.2	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.2	5	<.05	0	0.0
Total	454	100.0	33,113	100.0	3,537	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	335	73.8	26,450	79.9	2,793	79.0
Mental health services	31	6.8	1,459	4.4	369	10.4
Mix of mental health & substance abuse treatment services	78	17.2	4,642	14.0	371	10.5
General health care	6	1.3	486	1.5	4	0.1
Other/unknown	4	0.9	76	0.2	0	0.0
Total	454	100.0	33,113	100.0	3,537	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	352	83.0	13,714	41.5	66
Clients with drug abuse only	352	83.0	14,469	43.8	75
Clients with alcohol abuse only	300	70.8	4,866	14.7	24
Total²	424		33,049	100.0	165

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	360	79.3
Contingency management/motivational incentives	286	63.0
Trauma-related counseling	270	59.5
Rational emotive behavioral therapy	265	58.4
Matrix model	175	38.5
Community reinforcement plus vouchers	52	11.5
Other treatment approaches	61	13.4

Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	117	28
Number of clients ²	3,994	1,021
Number of designated beds	4,851	752
Utilization rate (%)	82.3	135.8
No. of designated beds/facility (avg.)	41	27

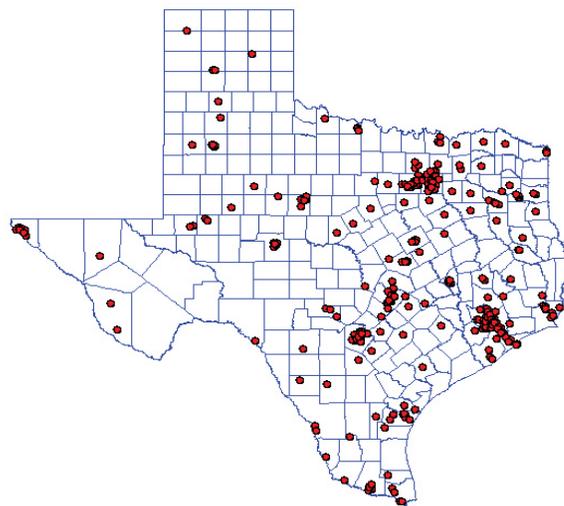
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	344	75.8
Co-occurring disorders	140	30.8
Adult women	94	20.7
Adolescents	133	29.3
DUI/DWI offenders	59	13.0
Criminal justice clients	123	27.1
Adult men	67	14.8
Pregnant or postpartum women	64	14.1
Persons with HIV or AIDS	40	8.8
Seniors or older adults	27	5.9
Lesbian, gay, bisexual, or transgender clients	20	4.4
Other groups	36	7.9

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	137	30.2
Any language other than English	234	51.5
Services Provided by:		
On-call interpreter	47	20.1
Staff counselor	121	51.7
Both staff counselor and on-call interpreter	66	28.2
Languages Provided by Staff Counselor:¹		
Spanish	186	99.5
American Indian/Alaska Native	0	0.0
Other	17	9.1

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>