

2010 State Profile — Utah

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Utah, 146 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 12,993 clients in substance abuse treatment on March 31, 2010. The survey response rate in Utah was 97.5%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	52	35.6	4,904	37.7	734	46.8
Private for-profit	67	45.9	4,553	35.0	574	36.6
Local, county, or community government	21	14.4	3,168	24.4	259	16.5
State government	2	1.4	175	1.3	0	0.0
Federal government	3	2.1	188	1.4	0	0.0
Dept. of Veterans Affairs	2	1.4	178	1.4	0	0.0
Dept. of Defense	1	0.7	10	0.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.7	5	0.0	0	0.0
Total	146	100.0	12,993	100.0	1,567	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	69	47.3	7,126	54.8	511	32.6
Mental health services	7	4.8	306	2.4	248	15.8
Mix of mental health & substance abuse treatment services	68	46.6	5,514	42.4	808	51.6
General health care	1	0.7	32	0.2	0	0.0
Other/unknown	1	0.7	15	0.1	0	0.0
Total	146	100.0	12,993	100.0	1,567	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	127	95.5	6,307	48.5	277
Clients with drug abuse only	119	89.5	4,604	35.4	221
Clients with alcohol abuse only	109	82.0	2,082	16.0	98
Total²	133		12,993	100.0	596

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	125	85.6
Contingency management/motivational incentives	108	74.0
Trauma-related counseling	123	84.2
Rational emotive behavioral therapy	87	59.6
Matrix model	66	45.2
Community reinforcement plus vouchers	20	13.7
Other treatment approaches	40	27.4

Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	34	4
Number of clients ²	840	95
Number of designated beds	1,043	72
Utilization rate (%)	80.5	131.9
No. of designated beds/facility (avg.)	31	18

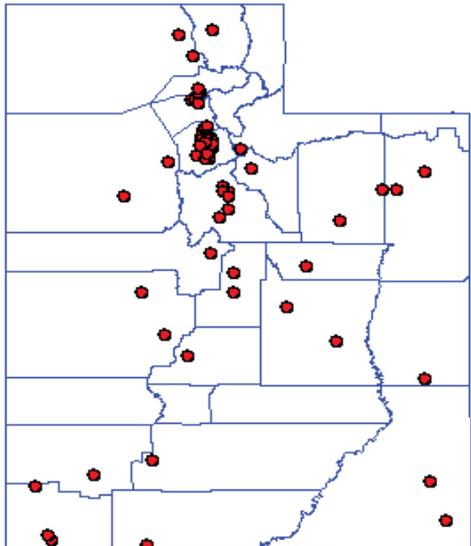
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	128	87.7
Co-occurring disorders	73	50.0
Adult women	49	33.6
Adolescents	50	34.2
DUI/DWI offenders	65	44.5
Criminal justice clients	54	37.0
Adult men	41	28.1
Pregnant or postpartum women	24	16.4
Persons with HIV or AIDS	13	8.9
Seniors or older adults	13	8.9
Lesbian, gay, bisexual, or transgender clients	14	9.6
Other groups	11	7.5

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	53	36.3
Any language other than English	71	48.6
Services Provided by:		
On-call interpreter	13	18.3
Staff counselor	19	26.8
Both staff counselor and on-call interpreter	39	54.9
Languages Provided by Staff Counselor:¹		
Spanish	57	98.3
American Indian/Alaska Native	1	1.7
Other	18	31.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

 U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>