

2010 State Profile — Vermont

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Vermont, 42 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 4,489 clients in substance abuse treatment on March 31, 2010. The survey response rate in Vermont was 95.7%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	30	71.4	3,728	83.0	351	88.0
Private for-profit	9	21.4	667	14.9	29	7.3
Local, county, or community government	1	2.4	20	0.4	19	4.8
State government	0	0.0	0	0.0	0	0.0
Federal government	2	4.8	74	1.6	0	0.0
Dept. of Veterans Affairs	2	4.8	74	1.6	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	42	100.0	4,489	100.0	399	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	20	47.6	1,885	42.0	47	11.8
Mental health services	3	7.1	47	1.0	19	4.8
Mix of mental health & substance abuse treatment services	19	45.2	2,557	57.0	333	83.5
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	42	100.0	4,489	100.0	399	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	36	97.3	2,205	49.1	396
Clients with drug abuse only	34	91.9	1,415	31.5	267
Clients with alcohol abuse only	32	86.5	869	19.4	163
Total²	37		4,489	100.0	825

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	37	88.1
Contingency management/motivational incentives	20	47.6
Trauma-related counseling	39	92.9
Rational emotive behavioral therapy	18	42.9
Matrix model	16	38.1
Community reinforcement plus vouchers	5	11.9
Other treatment approaches	10	23.8

Facility Capacity and Utilization Rate ¹	Hospital	
	Residential	Inpatient
Number of facilities	6	3
Number of clients ²	121	167
Number of designated beds	139	116
Utilization rate (%)	87.1	144.0
No. of designated beds/facility (avg.)	23	39

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	33	78.6
Co-occurring disorders	21	50.0
Adult women	17	40.5
Adolescents	13	31.0
DUI/DWI offenders	18	42.9
Criminal justice clients	7	16.7
Adult men	13	31.0
Pregnant or postpartum women	7	16.7
Persons with HIV or AIDS	3	7.1
Seniors or older adults	2	4.8
Lesbian, gay, bisexual, or transgender clients	4	9.5
Other groups	9	21.4

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	22	52.4
Any language other than English	18	42.9
Services Provided by:		
On-call interpreter	13	72.2
Staff counselor	1	5.6
Both staff counselor and on-call interpreter	4	22.2
Languages Provided by Staff Counselor:¹		
Spanish	4	80.0
American Indian/Alaska Native	0	0.0
Other	3	60.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

 U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/web/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>