

2010 State Profile — Washington

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL: <http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Washington, 455 substance abuse treatment facilities were included in the 2010 N-SSATS, reporting that there were 41,522 clients in substance abuse treatment on March 31, 2010. The survey response rate in Washington was 96.4%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	187	41.1	19,707	47.5	2,253	69.2
Private for-profit	193	42.4	14,631	35.2	566	17.4
Local, county, or community government	28	6.2	1,651	4.0	192	5.9
State government	5	1.1	201	0.5	53	1.6
Federal government	11	2.4	3,441	8.3	20	0.6
Dept. of Veterans Affairs	6	1.3	2,501	6.0	0	0.0
Dept. of Defense	3	0.7	659	1.6	0	0.0
Indian Health Service	2	0.4	281	0.7	20	0.6
Other	0	0.0	0	0.0	0	0.0
Tribal government	31	6.8	1,891	4.6	174	5.3
Total	455	100.0	41,522	100.0	3,258	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2010			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	337	74.1	30,506	73.5	1,982	60.8
Mental health services	5	1.1	216	0.5	30	0.9
Mix of mental health & substance abuse treatment services	107	23.5	9,331	22.5	1,137	34.9
General health care	3	0.7	1,228	3.0	24	0.7
Other/unknown	3	0.7	241	0.6	85	2.6
Total	455	100.0	41,522	100.0	3,258	100.0

Substance Abuse Problem Treated

	Facilities ^{1, 2, 3}		Clients in Treatment on March 31, 2010		
			Clients ³		Clients per 100,000 Pop. Aged 18 and Over
	No.	%	No.	%	
Clients with both alcohol and drug abuse	409	94.5	20,819	50.5	368
Clients with drug abuse only	340	78.5	10,479	25.4	194
Clients with alcohol abuse only	357	82.4	9,938	24.1	184
Total²	433		41,236	100.0	751

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2010						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	416	91.4	39,432	95.0	60	3,007	92.3
Regular	409	89.9	23,781	57.3	40		
Intensive	364	80.0	9,548	23.0	18		
Day treatment/partial hospitalization	27	5.9	72	0.2	10		
Detoxification	21	4.6	188	0.5	4		
Methadone/buprenorphine	21	4.6	5,843	14.1	395		
Residential (non-hospital)	51	11.2	1,926	4.6	26	242	7.4
Short term	32	7.0	970	2.3	23		
Long term	30	6.6	840	2.0	23		
Detoxification	13	2.9	116	0.3	8		
Hospital Inpatient	9	2.0	164	0.4	17	9	0.3
Treatment	8	1.8	106	0.3	17		
Detoxification	9	2.0	58	0.1	4		
Total	455		41,522	100.0	55	3,258	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)			Facility Licensing, Approval, Certification, or Accreditation		
	No.	% ¹	Facilities ¹		
	No.	%	No.	%	
Facilities with OTPs	18	1.5	Any listed agency/organization	450	98.9
Clients in Facilities with OTPs			State substance abuse agency	435	95.6
Methadone	5,745	98.5	State mental health department	111	24.4
Buprenorphine	85	1.5	State department of health	285	62.6
Total	5,830	100.0	Hospital licensing authority	7	1.5
¹ Percentage of all OTP facilities that are in this State or jurisdiction.			The Joint Commission	54	11.9
Facility Payment Options			CARF ²	49	10.8
	Facilities ¹		NCQA ³	11	2.4
	No.	%	COA ⁴	11	2.4
Cash or self-payment	412	90.5	Other State/Local Agency/Org	23	5.1
Private health insurance	385	84.6	¹ Facilities may be licensed by more than one agency/organization.		
Medicare	102	22.4	² Commission on Accreditation of Rehabilitation Facilities		
Medicaid	247	54.3	³ National Committee for Quality Assurance		
Other State-financed health insurance	220	48.4	⁴ Council on Accreditation		
Federal military insurance	113	24.8	Facility Funding		
Access to Recovery (ATR) vouchers ²	110	24.2	Facilities		
No payment accepted	7	1.5	No.		
Accepts other payments	4	0.9	%		
Sliding fee scale	277	60.9	Receives Federal, State, county, or local government funds for substance abuse treatment programs		
Treatment at no charge for clients who cannot pay	189	41.5	247	54.3	

¹Facilities may accept more than one type of payment.

² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY. Not applicable (N/A) in other areas.

Clinical/Therapeutic Approaches Used Often or Sometimes (cont.)	Facilities	
	No.	%
Brief intervention	385	84.6
Contingency management/motivational incentives	260	57.1
Trauma-related counseling	237	52.1
Rational emotive behavioral therapy	225	49.5
Matrix model	171	37.6
Community reinforcement plus vouchers	53	11.6
Other treatment approaches	100	22.0

Facility Capacity and Utilization Rate¹	Hospital	
	Residential	Inpatient
Number of facilities	45	8
Number of clients ²	1,794	160
Number of designated beds	1,886	230
Utilization rate (%)	95.1	69.6
No. of designated beds/facility (avg.)	42	29

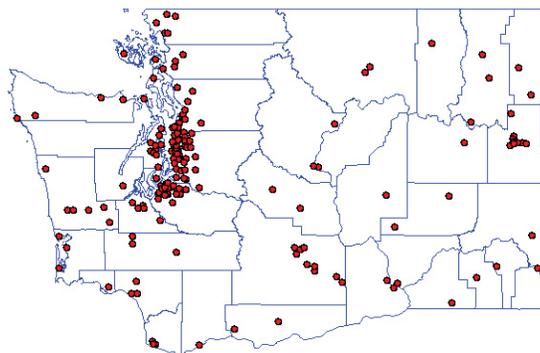
¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.
² Number of clients on March 31, 2010.

Programs for Special Groups	Facilities	
	No.	%
Any program or group	351	77.1
Co-occurring disorders	137	30.1
Adult women	111	24.4
Adolescents	154	33.8
DUI/DWI offenders	161	35.4
Criminal justice clients	84	18.5
Adult men	83	18.2
Pregnant or postpartum women	46	10.1
Persons with HIV or AIDS	15	3.3
Seniors or older adults	26	5.7
Lesbian, gay, bisexual, or transgender clients	17	3.7
Other groups	55	12.1

Services in Sign Language for the Hearing Impaired and in Languages Other than English	Facilities	
	No.	%
Hearing impaired/sign language	134	29.5
Any language other than English	161	35.4
Services Provided by:		
On-call interpreter	69	42.9
Staff counselor	53	32.9
Both staff counselor and on-call interpreter	39	24.2
Languages Provided by Staff Counselor:¹		
Spanish	78	84.8
American Indian/Alaska Native	1	1.1
Other	25	27.2

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2010. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>
- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>