

# 2011 State Profile — Alaska

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Alaska, 76 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 2,840 clients in substance abuse treatment on March 31, 2011. The survey response rate in Alaska was 93.8%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	51	67.1	1,655	58.3	261	88.8
Private for-profit	6	7.9	469	16.5	4	1.4
Local, county, or community government	4	5.3	124	4.4	1	0.3
State government	0	0.0	0	0.0	0	0.0
Federal government	3	3.9	106	3.7	0	0.0
Dept. of Veterans Affairs	1	1.3	93	3.3	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	2	2.6	13	0.5	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	12	15.8	486	17.1	28	9.5
<b>Total</b>	<b>76</b>	<b>100.0</b>	<b>2,840</b>	<b>100.0</b>	<b>294</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	34	44.7	1,686	59.4	117	39.8
Mental health services	1	1.3	10	0.4	10	3.4
Mix of mental health & substance abuse treatment services	37	48.7	1,077	37.9	161	54.8
General health care	4	5.3	67	2.4	6	2.0
Other/unknown	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>76</b>	<b>100.0</b>	<b>2,840</b>	<b>100.0</b>	<b>294</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011			
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	69	94.5	1,378	48.5	220	
Clients with drug abuse only	49	67.1	382	13.5	67	
Clients with alcohol abuse only	64	87.7	1,080	38.0	190	
<b>Total<sup>2</sup></b>	<b>73</b>		<b>2,840</b>	<b>100.0</b>	<b>477</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>61</b>	<b>80.3</b>	<b>2,455</b>	<b>86.4</b>	<b>30</b>	<b>225</b>	<b>76.5</b>
Regular	59	77.6	1,738	61.2	24		
Intensive	39	51.3	443	15.6	6		
Day treatment/partial hospitalization	10	13.2	114	4.0	3		
Detoxification	4	5.3	9	0.3	1		
Methadone maintenance	3	3.9	151	5.3	43		
<b>Residential (non-hospital)</b>	<b>27</b>	<b>35.5</b>	<b>381</b>	<b>13.4</b>	<b>10</b>	<b>69</b>	<b>23.5</b>
Short term	10	13.2	55	1.9	5		
Long term	23	30.3	311	11.0	10		
Detoxification	6	7.9	15	0.5	0		
<b>Hospital Inpatient</b>	<b>1</b>	<b>1.3</b>	<b>4</b>	<b>0.1</b>	<b>4</b>	<b>0</b>	<b>0.0</b>
Treatment	0	0.0	0	0.0	0		
Detoxification	1	1.3	4	0.1	4		
<b>Total</b>	<b>76</b>		<b>2,840</b>	<b>100.0</b>	<b>26</b>	<b>294</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>2</b>	<b>0.2</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	149	100.0
Buprenorphine	0	0.0
<b>Total</b>	<b>149</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	67	88.2
Private health insurance	70	92.1
Medicare	38	50.0
Medicaid	59	77.6
Other State-financed health insurance	46	60.5
Federal military insurance	55	72.4
Access to Recovery (ATR) vouchers <sup>2</sup>	22	29.0
Accepts HIS/638 contract care funds	13	17.1
No payment accepted	2	2.6
Accepts other payments	0	0.0
Sliding fee scale	57	75.0
Treatment at no charge for clients who cannot pay	47	61.8

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	72	94.7
State substance abuse agency	61	80.3
State mental health department	33	43.4
State department of health	33	43.4
Hospital licensing authority	4	5.3
The Joint Commission	8	10.5
CARF <sup>2</sup>	28	36.8
NCQA <sup>3</sup>	1	1.3
COA <sup>4</sup>	1	1.3
Other State/Local Agency/Org	5	6.6

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	61	80.3

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>76</b>	<b>100.0</b>
Screening for substance abuse	69	90.8
Screening for mental health disorders	60	78.9
Comprehensive substance abuse assessment or diagnosis	69	90.8
Comprehensive mental health assessment or diagnosis	45	59.2
Screening for tobacco use	49	64.5
Outreach to persons in the community who may need treatment	52	68.4
Interim services for clients when immediate admission is not possible	50	65.8
<b>Testing</b>	<b>61</b>	<b>80.3</b>
Breathalyzer or blood alcohol testing	39	51.3
Drug or alcohol urine screening	58	76.3
Screening for Hepatitis B	18	23.7
Screening for Hepatitis C	18	23.7
HIV testing	14	18.4
STD testing	10	13.2
TB screening	22	28.9
<b>Counseling</b>	<b>76</b>	<b>100.0</b>
Individual counseling	76	100.0
Group counseling	73	96.1
Family counseling	65	85.5
Marital/couples counseling	53	69.7
<b>Transitional Services</b>	<b>76</b>	<b>100.0</b>
Discharge planning	74	97.4
Aftercare/continuing care	68	89.5
<b>Pharmacotherapies</b>	<b>33</b>	<b>43.4</b>
Medications for psychiatric disorders	25	32.9
Nicotine replacement	15	19.7
Campral <sup>®</sup>	3	3.9
Antabuse <sup>®</sup>	5	6.6
Naltrexone (oral)	12	15.8
Vivitrol <sup>®</sup> (injectable Naltrexone)	2	2.6
Buprenorphine	4	5.3
Subutex <sup>®</sup> or generic	2	2.6
Suboxone <sup>®</sup>	4	5.3
Methadone	3	3.9
Non-nicotine smoking/tobacco cessation medications	8	10.5
<b>Ancillary Services</b>	<b>76</b>	<b>100.0</b>
Case management services	67	88.2
Social skills development	66	86.8
Mentoring/peer support	45	59.2
Child care for clients' children	8	10.5
Assistance with obtaining social services	62	81.6
Employment counseling or training for clients	25	32.9
Assistance in locating housing for clients	41	53.9
Domestic violence	36	47.4
Early intervention for HIV	18	23.7
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	63	82.9
Hepatitis education, counseling, or support	57	75.0
Health education other than HIV/AIDS or hepatitis	51	67.1
Substance abuse education	75	98.7
Transportation assistance to treatment	41	53.9
Mental health services	57	75.0
Acupuncture	0	0.0
Residential beds for clients' children	4	5.3
Self-help groups	36	47.4
Smoking cessation counseling	36	47.4

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	76	100.0
Relapse prevention	75	98.7
Cognitive-behavioral therapy	73	96.1
12-step facilitation	57	75.0
Motivational interviewing	73	96.1
Anger management	63	82.9
Brief intervention	68	89.5
Contingency management/motivational incentives	54	71.1
Trauma-related counseling	63	82.9
Rational emotive behavioral therapy (REBT)	38	50.0
Matrix model	33	43.4
Community reinforcement plus vouchers	10	13.2
Other treatment approaches	18	23.7

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	22	1
Number of clients <sup>2</sup>	306	4
Number of designated beds	350	4
Utilization rate (%)	87.4	100.0
No. of designated beds/facility (avg.)	16	4

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	63	82.9
Co-occurring disorders	28	36.8
Adult women	25	32.9
Adolescents	28	36.8
DUI/DWI offenders	25	32.9
Criminal justice clients	4	5.3
Adult men	16	21.1
Pregnant or postpartum women	7	9.2
Persons with HIV or AIDS	2	2.6
Seniors or older adults	3	3.9
Lesbian, gay, bisexual, or transgender clients (LGBT)	4	5.3
Other groups	10	13.2

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	14	18.4
Any language other than English	14	18.4
<b>Non-English Language Provided by:</b>		
On-call interpreter only	2	14.3
Staff counselor only	8	57.1
Both staff counselor and on-call interpreter	4	28.6
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	4	33.3
American Indian/Alaska Native languages	9	75.0
Other	6	50.0

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

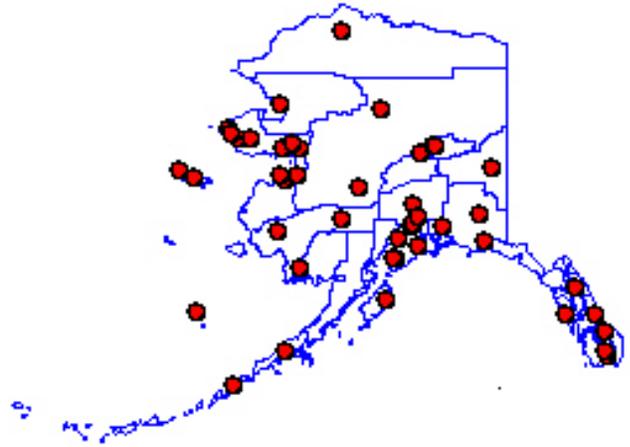
Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

## Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>