

2011 State Profile — California

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In California, 1,639 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 132,562 clients in substance abuse treatment on March 31, 2011. The survey response rate in California was 94.1%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	1,036	63.2	74,132	55.9	9,568	74.8
Private for-profit	422	25.7	40,720	30.7	1,278	10.0
Local, county, or community government	133	8.1	13,233	10.0	1,749	13.7
State government	3	0.2	232	0.2	22	0.2
Federal government	27	1.6	3,535	2.7	94	0.7
Dept. of Veterans Affairs	14	0.9	2,656	2.0	0	0.0
Dept. of Defense	8	0.5	357	0.3	0	0.0
Indian Health Service	5	0.3	522	0.4	94	0.7
Other	0	0.0	0	0.0	0	0.0
Tribal government	18	1.1	710	0.5	87	0.7
Total	1,639	100.0	132,562	100.0	12,798	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	1,113	67.9	97,344	73.4	8,315	65.0
Mental health services	55	3.4	3,338	2.5	444	3.5
Mix of mental health & substance abuse treatment services	412	25.1	27,660	20.9	3,777	29.5
General health care	29	1.8	2,935	2.2	54	0.4
Other/unknown	30	1.8	1,285	1.0	208	1.6
Total	1,639	100.0	132,562	100.0	12,798	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	1,404	90.8	62,853	47.5	193
Clients with drug abuse only	1,187	76.8	45,548	34.4	151
Clients with alcohol abuse only	1,096	70.9	23,859	18.0	77
Total²	1,546		132,260	100.0	420

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

93

Type of Care	Clients in Treatment on March 31, 2011							
	Facilities ¹		All Clients			Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%	
Outpatient	1,172	71.5	115,928	87.5	45	12,235	95.6	
Regular	1,056	64.4	66,382	50.1	24			
Intensive	616	37.6	15,591	11.8	10			
Day treatment/partial hospitalization	264	16.1	3,733	2.8	2			
Detoxification	227	13.8	3,216	2.4	3			
Methadone maintenance	143	8.7	27,006	20.4	167			
Residential (non-hospital)	608	37.1	15,806	11.9	16	540	4.2	
Short term	340	20.7	2,497	1.9	3			
Long term	553	33.7	12,300	9.3	13			
Detoxification	182	11.1	1,009	0.8	2			
Hospital Inpatient	44	2.7	828	0.6	12	23	0.2	
Treatment	36	2.2	446	0.3	4			
Detoxification	40	2.4	382	0.3	6			
Total	1,639		132,562	100.0	35	12,798	100.0	

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	134	11.3
Clients in Facilities with OTPs		
Methadone	29,291	99.3
Buprenorphine	194	0.7
Total	29,485	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	1,408	85.9
Private health insurance	688	42.0
Medicare	293	17.9
Medicaid	479	29.2
Other State-financed health insurance	314	19.2
Federal military insurance	218	13.3
Access to Recovery (ATR) vouchers ²	162	9.9
Accepts HIS/638 contract care funds	63	3.8
No payment accepted	70	4.3
Accepts other payments	20	1.2
Sliding fee scale	1,080	65.9
Treatment at no charge for clients who cannot pay	889	54.2

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	1,520	92.7
State substance abuse agency	1,390	84.8
State mental health department	254	15.5
State department of health	321	19.6
Hospital licensing authority	62	3.8
The Joint Commission	148	9.0
CARF ²	319	19.5
NCQA ³	75	4.6
COA ⁴	83	5.1
Other State/Local Agency/Org	147	9.0

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	973	59.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	1,604	97.9
Screening for substance abuse	1,548	94.4
Screening for mental health disorders	857	52.3
Comprehensive substance abuse assessment or diagnosis	1,384	84.4
Comprehensive mental health assessment or diagnosis	467	28.5
Screening for tobacco use	600	36.6
Outreach to persons in the community who may need treatment	1,037	63.3
Interim services for clients when immediate admission is not possible	685	41.8
Testing	1,512	92.3
Breathalyzer or blood alcohol testing	940	57.4
Drug or alcohol urine screening	1,457	88.9
Screening for Hepatitis B	304	18.5
Screening for Hepatitis C	368	22.5
HIV testing	578	35.3
STD testing	356	21.7
TB screening	620	37.8
Counseling	1,624	99.1
Individual counseling	1,608	98.1
Group counseling	1,531	93.4
Family counseling	1,170	71.4
Marital/couples counseling	753	45.9
Transitional Services	1,565	95.5
Discharge planning	1,510	92.1
Aftercare/continuing care	1,251	76.3
Pharmacotherapies	586	35.8
Medications for psychiatric disorders	348	21.2
Nicotine replacement	231	14.1
Campral [®]	156	9.5
Antabuse [®]	183	11.2
Naltrexone (oral)	187	11.4
Vivitrol [®] (injectable Naltrexone)	86	5.2
Buprenorphine	278	17.0
Subutex [®] or generic	191	11.7
Suboxone [®]	273	16.7
Methadone	175	10.7
Non-nicotine smoking/tobacco cessation medications	197	12.0
Ancillary Services	1,631	99.5
Case management services	1,447	88.3
Social skills development	1,331	81.2
Mentoring/peer support	1,151	70.2
Child care for clients' children	237	14.5
Assistance with obtaining social services	910	55.5
Employment counseling or training for clients	727	44.4
Assistance in locating housing for clients	917	55.9
Domestic violence	694	42.3
Early intervention for HIV	542	33.1
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	1,095	66.8
Hepatitis education, counseling, or support	825	50.3
Health education other than HIV/AIDS or hepatitis	987	60.2
Substance abuse education	1,594	97.3
Transportation assistance to treatment	817	49.8
Mental health services	761	46.4
Acupuncture	95	5.8
Residential beds for clients' children	105	6.4
Self-help groups	995	60.7
Smoking cessation counseling	515	31.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	1,601	97.7
Relapse prevention	1,558	95.1
Cognitive-behavioral therapy	1,330	81.1
12-step facilitation	1,265	77.2
Motivational interviewing	1,358	82.9
Anger management	1,309	79.9
Brief intervention	1,289	78.6
Contingency management/motivational incentives	1,038	63.3
Trauma-related counseling	1,081	66.0
Rational emotive behavioral therapy (REBT)	508	31.0
Matrix model	676	41.2
Community reinforcement plus vouchers	315	19.2
Other treatment approaches	264	16.1

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	510	33
Number of clients ²	13,879	738
Number of designated beds	14,841	962
Utilization rate (%)	93.5	76.7
No. of designated beds/facility (avg.)	29	29

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	1,375	83.9
Co-occurring disorders	638	38.9
Adult women	571	34.8
Adolescents	476	29.0
DUI/DWI offenders	131	8.0
Criminal justice clients	469	28.6
Adult men	454	27.7
Pregnant or postpartum women	337	20.6
Persons with HIV or AIDS	203	12.4
Seniors or older adults	164	10.0
Lesbian, gay, bisexual, or transgender clients (LGBT)	162	9.9
Other groups	182	11.1

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	308	18.8
Any language other than English	848	51.7
Non-English Language Provided by:		
On-call interpreter only	73	8.6
Staff counselor only	529	62.4
Both staff counselor and on-call interpreter	246	29.0
Languages Provided by Staff Counselor:¹		
Spanish	753	97.2
American Indian/Alaska Native languages	22	2.8
Other	203	26.2

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

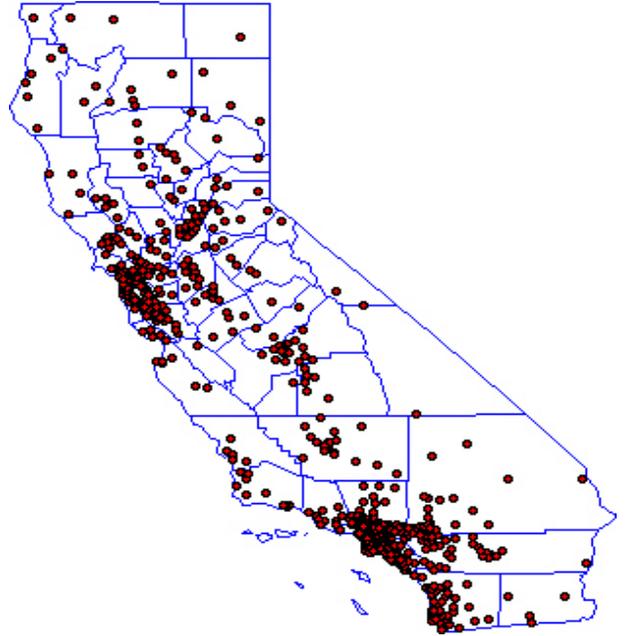
Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>