

2011 State Profile — Connecticut

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Connecticut, 188 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 25,914 clients in substance abuse treatment on March 31, 2011. The survey response rate in Connecticut was 93.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	155	82.4	22,469	86.7	432	70.6
Private for-profit	18	9.6	2,046	7.9	39	6.4
Local, county, or community government	3	1.6	248	1.0	141	23.0
State government	8	4.3	720	2.8	0	0.0
Federal government	3	1.6	430	1.7	0	0.0
Dept. of Veterans Affairs	2	1.1	391	1.5	0	0.0
Dept. of Defense	1	0.5	39	0.2	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.5	1	0.0	0	0.0
Total	188	100.0	25,914	100.0	612	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	99	52.7	14,816	57.2	269	44.0
Mental health services	11	5.9	308	1.2	9	1.5
Mix of mental health & substance abuse treatment services	75	39.9	10,343	39.9	199	32.5
General health care	2	1.1	288	1.1	0	0.0
Other/unknown	1	0.5	159	0.6	135	22.1
Total	188	100.0	25,914	100.0	612	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	162	89.0	9,323	36.1	194
Clients with drug abuse only	163	89.6	13,547	52.4	182
Clients with alcohol abuse only	143	78.6	2,981	11.5	86
Total²	182		25,850	100.0	461

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	134	71.3	24,294	93.7	101	596	97.4
Regular	119	63.3	9,663	37.3	45		
Intensive	77	41.0	2,341	9.0	20		
Day treatment/partial hospitalization	32	17.0	391	1.5	8		
Detoxification	27	14.4	252	1.0	6		
Methadone maintenance	30	16.0	11,647	44.9	381		
Residential (non-hospital)	54	28.7	1,338	5.2	15	16	2.6
Short term	18	9.6	338	1.3	17		
Long term	42	22.3	983	3.8	14		
Detoxification	2	1.1	17	0.1	9		
Hospital Inpatient	16	8.5	282	1.1	12	0	0.0
Treatment	12	6.4	148	0.6	3		
Detoxification	15	8.0	134	0.5	6		
Total	188		25,914	100.0	60	612	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	33	2.8
Clients in Facilities with OTPs		
Methadone	11,849	96.6
Buprenorphine	421	3.4
Total	12,270	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	171	91.0
Private health insurance	133	70.7
Medicare	94	50.0
Medicaid	148	78.7
Other State-financed health insurance	139	73.9
Federal military insurance	67	35.6
Access to Recovery (ATR) vouchers ²	56	29.8
Accepts HIS/638 contract care funds	1	0.5
No payment accepted	0	0.0
Accepts other payments	1	0.5
Sliding fee scale	134	71.3
Treatment at no charge for clients who cannot pay	105	55.9

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	177	94.1
State substance abuse agency	132	70.2
State mental health department	122	64.9
State department of health	167	88.8
Hospital licensing authority	30	16.0
The Joint Commission	64	34.0
CARF ²	62	33.0
NCQA ³	8	4.3
COA ⁴	22	11.7
Other State/Local Agency/Org	12	6.4

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	128	68.1

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	181	96.3
Screening for substance abuse	173	92.0
Screening for mental health disorders	155	82.4
Comprehensive substance abuse assessment or diagnosis	170	90.4
Comprehensive mental health assessment or diagnosis	113	60.1
Screening for tobacco use	125	66.5
Outreach to persons in the community who may need treatment	73	38.8
Interim services for clients when immediate admission is not possible	44	23.4
Testing	177	94.1
Breathalyzer or blood alcohol testing	150	79.8
Drug or alcohol urine screening	175	93.1
Screening for Hepatitis B	62	33.0
Screening for Hepatitis C	62	33.0
HIV testing	81	43.1
STD testing	54	28.7
TB screening	77	41.0
Counseling	188	100.0
Individual counseling	182	96.8
Group counseling	180	95.7
Family counseling	157	83.5
Marital/couples counseling	124	66.0
Transitional Services	185	98.4
Discharge planning	182	96.8
Aftercare/continuing care	149	79.3
Pharmacotherapies	133	70.7
Medications for psychiatric disorders	128	68.1
Nicotine replacement	55	29.3
Campral [®]	71	37.8
Antabuse [®]	57	30.3
Naltrexone (oral)	62	33.0
Vivitrol [®] (injectable Naltrexone)	14	7.4
Buprenorphine	43	22.9
Subutex [®] or generic	14	7.4
Suboxone [®]	42	22.3
Methadone	47	25.0
Non-nicotine smoking/tobacco cessation medications	49	26.1
Ancillary Services	187	99.5
Case management services	146	77.7
Social skills development	137	72.9
Mentoring/peer support	114	60.6
Child care for clients' children	21	11.2
Assistance with obtaining social services	155	82.4
Employment counseling or training for clients	80	42.6
Assistance in locating housing for clients	114	60.6
Domestic violence	70	37.2
Early intervention for HIV	62	33.0
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	106	56.4
Hepatitis education, counseling, or support	83	44.1
Health education other than HIV/AIDS or hepatitis	107	56.9
Substance abuse education	185	98.4
Transportation assistance to treatment	80	42.6
Mental health services	152	80.9
Acupuncture	8	4.3
Residential beds for clients' children	9	4.8
Self-help groups	109	58.0
Smoking cessation counseling	67	35.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	186	98.9
Relapse prevention	176	93.6
Cognitive-behavioral therapy	172	91.5
12-step facilitation	144	76.6
Motivational interviewing	169	89.9
Anger management	166	88.3
Brief intervention	155	82.4
Contingency management/motivational incentives	111	59.0
Trauma-related counseling	159	84.6
Rational emotive behavioral therapy (REBT)	87	46.3
Matrix model	55	29.3
Community reinforcement plus vouchers	42	22.3
Other treatment approaches	26	13.8

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	47	9
Number of clients ²	1,295	235
Number of designated beds	1,414	259
Utilization rate (%)	91.6	90.7
No. of designated beds/facility (avg.)	30	29

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

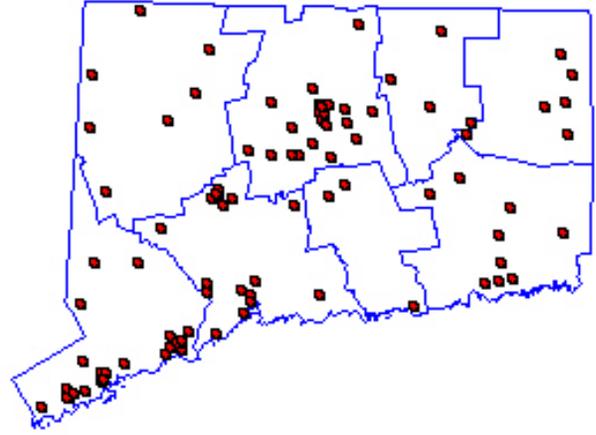
	Facilities	
	No.	%
Any program or group	153	81.4
Co-occurring disorders	106	56.4
Adult women	85	45.2
Adolescents	30	16.0
DUI/DWI offenders	19	10.1
Criminal justice clients	37	19.7
Adult men	68	36.2
Pregnant or postpartum women	36	19.1
Persons with HIV or AIDS	31	16.5
Seniors or older adults	28	14.9
Lesbian, gay, bisexual, or transgender clients (LGBT)	12	6.4
Other groups	16	8.5

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	44	23.4
Any language other than English	96	51.1
Non-English Language Provided by:		
On-call interpreter only	5	5.2
Staff counselor only	60	62.5
Both staff counselor and on-call interpreter	31	32.3
Languages Provided by Staff Counselor:¹		
Spanish	91	100.0
American Indian/Alaska Native languages	0	0.0
Other	32	35.2

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/