

2011 State Profile — District of Columbia

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In the District of Columbia, 36 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 4,166 clients in substance abuse treatment on March 31, 2011. The survey response rate in the District of Columbia was 90.0%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	27	75.0	2,498	60.0	36	47.4
Private for-profit	7	19.4	1,340	32.2	40	52.6
Local, county, or community government	0	0.0	0	0.0	0	0.0
State government	0	0.0	0	0.0	0	0.0
Federal government	2	5.6	328	7.9	0	0.0
Dept. of Veterans Affairs	1	2.8	214	5.1	0	0.0
Dept. of Defense	1	2.8	114	2.7	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	36	100.0	4,166	100.0	76	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	19	52.8	3,101	74.4	0	0.0
Mental health services	3	8.3	48	1.2	20	26.3
Mix of mental health & substance abuse treatment services	13	36.1	792	19.0	56	73.7
General health care	1	2.8	225	5.4	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
Total	36	100.0	4,166	100.0	76	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	32	97.0	1,601	38.4	304
Clients with drug abuse only	29	87.9	2,003	48.1	385
Clients with alcohol abuse only	26	78.8	562	13.5	109
Total²	33		4,166	100.0	798

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	27	75.0	3,655	87.7	63	61	80.3
Regular	27	75.0	1,006	24.1	20		
Intensive	19	52.8	671	16.1	22		
Day treatment/partial hospitalization	5	13.9	45	1.1	0		
Detoxification	2	5.6	0	0.0	0		
Methadone maintenance	4	11.1	1,933	46.4	595		
Residential (non-hospital)	11	30.6	475	11.4	44	0	0.0
Short term	10	27.8	255	6.1	20		
Long term	9	25.0	193	4.6	14		
Detoxification	4	11.1	27	0.6	1		
Hospital Inpatient	2	5.6	36	0.9	36	15	19.7
Treatment	2	5.6	25	0.6	25		
Detoxification	1	2.8	11	0.3	11		
Total	36		4,166	100.0	62	76	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	4	0.3
Clients in Facilities with OTPs		
Methadone	1,936	99.4
Buprenorphine	12	0.6
Total	1,948	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	19	52.8
Private health insurance	14	38.9
Medicare	10	27.8
Medicaid	18	50.0
Other State-financed health insurance	19	52.8
Federal military insurance	7	19.4
Access to Recovery (ATR) vouchers ²	12	33.3
Accepts HIS/638 contract care funds	0	0.0
No payment accepted	1	2.8
Accepts other payments	2	5.6
Sliding fee scale	7	19.4
Treatment at no charge for clients who cannot pay	23	63.9

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	34	94.4
State substance abuse agency	29	80.6
State mental health department	12	33.3
State department of health	29	80.6
Hospital licensing authority	3	8.3
The Joint Commission	5	13.9
CARF ²	9	25.0
NCQA ³	0	0.0
COA ⁴	0	0.0
Other State/Local Agency/Org	2	5.6

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	25	69.4

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	36	100.0
Screening for substance abuse	33	91.7
Screening for mental health disorders	27	75.0
Comprehensive substance abuse assessment or diagnosis	34	94.4
Comprehensive mental health assessment or diagnosis	17	47.2
Screening for tobacco use	13	36.1
Outreach to persons in the community who may need treatment	21	58.3
Interim services for clients when immediate admission is not possible	8	22.2
Testing	36	100.0
Breathalyzer or blood alcohol testing	32	88.9
Drug or alcohol urine screening	35	97.2
Screening for Hepatitis B	7	19.4
Screening for Hepatitis C	8	22.2
HIV testing	21	58.3
STD testing	11	30.6
TB screening	17	47.2
Counseling	36	100.0
Individual counseling	35	97.2
Group counseling	36	100.0
Family counseling	25	69.4
Marital/couples counseling	20	55.6
Transitional Services	36	100.0
Discharge planning	35	97.2
Aftercare/continuing care	31	86.1
Pharmacotherapies	20	55.6
Medications for psychiatric disorders	15	41.7
Nicotine replacement	6	16.7
Campral [®]	5	13.9
Antabuse [®]	3	8.3
Naltrexone (oral)	3	8.3
Vivitrol [®] (injectable Naltrexone)	1	2.8
Buprenorphine	9	25.0
Subutex [®] or generic	3	8.3
Suboxone [®]	9	25.0
Methadone	6	16.7
Non-nicotine smoking/tobacco cessation medications	4	11.1
Ancillary Services	36	100.0
Case management services	34	94.4
Social skills development	29	80.6
Mentoring/peer support	24	66.7
Child care for clients' children	0	0.0
Assistance with obtaining social services	23	63.9
Employment counseling or training for clients	18	50.0
Assistance in locating housing for clients	21	58.3
Domestic violence	10	27.8
Early intervention for HIV	14	38.9
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	27	75.0
Hepatitis education, counseling, or support	17	47.2
Health education other than HIV/AIDS or hepatitis	26	72.2
Substance abuse education	36	100.0
Transportation assistance to treatment	23	63.9
Mental health services	24	66.7
Acupuncture	1	2.8
Residential beds for clients' children	0	0.0
Self-help groups	19	52.8
Smoking cessation counseling	7	19.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	35	97.2
Relapse prevention	36	100.0
Cognitive-behavioral therapy	34	94.4
12-step facilitation	30	83.3
Motivational interviewing	31	86.1
Anger management	32	88.9
Brief intervention	28	77.8
Contingency management/motivational incentives	21	58.3
Trauma-related counseling	26	72.2
Rational emotive behavioral therapy (REBT)	17	47.2
Matrix model	17	47.2
Community reinforcement plus vouchers	11	30.6
Other treatment approaches	4	11.1

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	9	1
Number of clients ²	454	36
Number of designated beds	603	11
Utilization rate (%)	75.3	327.3
No. of designated beds/facility (avg.)	67	11

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

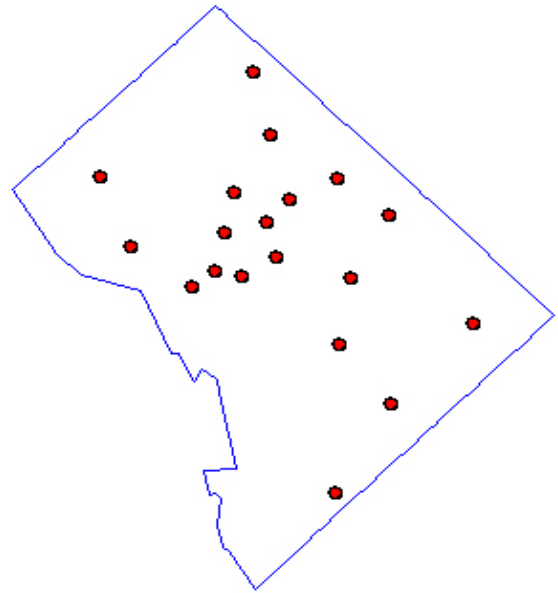
	Facilities	
	No.	%
Any program or group	34	94.4
Co-occurring disorders	19	52.8
Adult women	16	44.4
Adolescents	3	8.3
DUI/DWI offenders	8	22.2
Criminal justice clients	12	33.3
Adult men	17	47.2
Pregnant or postpartum women	4	11.1
Persons with HIV or AIDS	11	30.6
Seniors or older adults	5	13.9
Lesbian, gay, bisexual, or transgender clients (LGBT)	7	19.4
Other groups	5	13.9

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	8	22.2
Any language other than English	11	30.6
Non-English Language Provided by:		
On-call interpreter only	0	0.0
Staff counselor only	7	63.6
Both staff counselor and on-call interpreter	4	36.4
Languages Provided by Staff Counselor:¹		
Spanish	11	100.0
American Indian/Alaska Native languages	0	0.0
Other	4	36.4

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services
Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/