

# 2011 State Profile — Delaware

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Delaware, 37 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 4,607 clients in substance abuse treatment on March 31, 2011. The survey response rate in Delaware was 95.0%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	24	64.9	2,223	48.3	58	17.7
Private for-profit	10	27.0	2,278	49.4	270	82.3
Local, county, or community government	0	0.0	0	0.0	0	0.0
State government	1	2.7	2	0.0	0	0.0
Federal government	2	5.4	104	2.3	0	0.0
Dept. of Veterans Affairs	1	2.7	84	1.8	0	0.0
Dept. of Defense	1	2.7	20	0.4	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>37</b>	<b>100.0</b>	<b>4,607</b>	<b>100.0</b>	<b>328</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	23	62.2	2,725	59.1	225	68.6
Mental health services	3	8.1	83	1.8	5	1.5
Mix of mental health & substance abuse treatment services	11	29.7	1,799	39.0	98	29.9
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>37</b>	<b>100.0</b>	<b>4,607</b>	<b>100.0</b>	<b>328</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011			
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	32	97.0	2,311	50.2	307	
Clients with drug abuse only	26	78.8	1,591	34.5	209	
Clients with alcohol abuse only	25	75.8	705	15.3	94	
<b>Total<sup>2</sup></b>	<b>33</b>		<b>4,607</b>	<b>100.0</b>	<b>609</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

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## Type of Care

	Facilities <sup>1</sup>		Clients in Treatment on March 31, 2011				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>29</b>	<b>78.4</b>	<b>4,368</b>	<b>94.8</b>	<b>84</b>	<b>328</b>	<b>100.0</b>
Regular	26	70.3	1,928	41.8	42		
Intensive	14	37.8	175	3.8	8		
Day treatment/partial hospitalization	7	18.9	84	1.8	7		
Detoxification	3	8.1	5	0.1	0		
Methadone maintenance	6	16.2	2,176	47.2	409		
<b>Residential (non-hospital)</b>	<b>9</b>	<b>24.3</b>	<b>186</b>	<b>4.0</b>	<b>13</b>	<b>0</b>	<b>0.0</b>
Short term	1	2.7	10	0.2	10		
Long term	9	24.3	176	3.8	13		
Detoxification	0	0.0	0	0.0	0		
<b>Hospital Inpatient</b>	<b>2</b>	<b>5.4</b>	<b>53</b>	<b>1.2</b>	<b>27</b>	<b>0</b>	<b>0.0</b>
Treatment	1	2.7	5	0.1	5		
Detoxification	2	5.4	48	1.0	24		
<b>Total</b>	<b>37</b>		<b>4,607</b>	<b>100.0</b>	<b>47</b>	<b>328</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

## Opioid Treatment Programs (OTPs)

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>6</b>	<b>0.5</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	2,072	87.9
Buprenorphine	285	12.1
<b>Total</b>	<b>2,357</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

## Facility Payment Options

	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	32	86.5
Private health insurance	18	48.6
Medicare	11	29.7
Medicaid	25	67.6
Other State-financed health insurance	16	43.2
Federal military insurance	6	16.2
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A
Accepts HIS/638 contract care funds	0	0.0
No payment accepted	2	5.4
Accepts other payments	0	0.0
Sliding fee scale	25	67.6
Treatment at no charge for clients who cannot pay	16	43.2

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

## Facility Licensing, Certification, or Accreditation

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	34	91.9
State substance abuse agency	32	86.5
State mental health department	11	29.7
State department of health	6	16.2
Hospital licensing authority	3	8.1
The Joint Commission	13	35.1
CARF <sup>2</sup>	14	37.8
NCQA <sup>3</sup>	0	0.0
COA <sup>4</sup>	3	8.1
Other State/Local Agency/Org	2	5.4

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

## Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	25	67.6

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>33</b>	<b>89.2</b>
Screening for substance abuse	32	86.5
Screening for mental health disorders	25	67.6
Comprehensive substance abuse assessment or diagnosis	32	86.5
Comprehensive mental health assessment or diagnosis	21	56.8
Screening for tobacco use	13	35.1
Outreach to persons in the community who may need treatment	16	43.2
Interim services for clients when immediate admission is not possible	12	32.4
<b>Testing</b>	<b>37</b>	<b>100.0</b>
Breathalyzer or blood alcohol testing	29	78.4
Drug or alcohol urine screening	37	100.0
Screening for Hepatitis B	10	27.0
Screening for Hepatitis C	10	27.0
HIV testing	14	37.8
STD testing	11	29.7
TB screening	15	40.5
<b>Counseling</b>	<b>37</b>	<b>100.0</b>
Individual counseling	37	100.0
Group counseling	36	97.3
Family counseling	35	94.6
Marital/couples counseling	24	64.9
<b>Transitional Services</b>	<b>37</b>	<b>100.0</b>
Discharge planning	37	100.0
Aftercare/continuing care	29	78.4
<b>Pharmacotherapies</b>	<b>22</b>	<b>59.5</b>
Medications for psychiatric disorders	19	51.4
Nicotine replacement	11	29.7
Campral <sup>®</sup>	9	24.3
Antabuse <sup>®</sup>	6	16.2
Naltrexone (oral)	9	24.3
Vivitrol <sup>®</sup> (injectable Naltrexone)	8	21.6
Buprenorphine	14	37.8
Subutex <sup>®</sup> or generic	4	10.8
Suboxone <sup>®</sup>	14	37.8
Methadone	7	18.9
Non-nicotine smoking/tobacco cessation medications	9	24.3
<b>Ancillary Services</b>	<b>37</b>	<b>100.0</b>
Case management services	30	81.1
Social skills development	29	78.4
Mentoring/peer support	21	56.8
Child care for clients' children	0	0.0
Assistance with obtaining social services	25	67.6
Employment counseling or training for clients	16	43.2
Assistance in locating housing for clients	25	67.6
Domestic violence	12	32.4
Early intervention for HIV	14	37.8
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	20	54.1
Hepatitis education, counseling, or support	17	45.9
Health education other than HIV/AIDS or hepatitis	25	67.6
Substance abuse education	37	100.0
Transportation assistance to treatment	16	43.2
Mental health services	28	75.7
Acupuncture	0	0.0
Residential beds for clients' children	0	0.0
Self-help groups	21	56.8
Smoking cessation counseling	16	43.2

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	37	100.0
Relapse prevention	35	94.6
Cognitive-behavioral therapy	36	97.3
12-step facilitation	32	86.5
Motivational interviewing	36	97.3
Anger management	29	78.4
Brief intervention	30	81.1
Contingency management/motivational incentives	26	70.3
Trauma-related counseling	29	78.4
Rational emotive behavioral therapy (REBT)	17	45.9
Matrix model	14	37.8
Community reinforcement plus vouchers	7	18.9
Other treatment approaches	4	10.8

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	8	2
Number of clients <sup>2</sup>	164	53
Number of designated beds	175	76
Utilization rate (%)	93.7	69.7
No. of designated beds/facility (avg.)	22	38

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

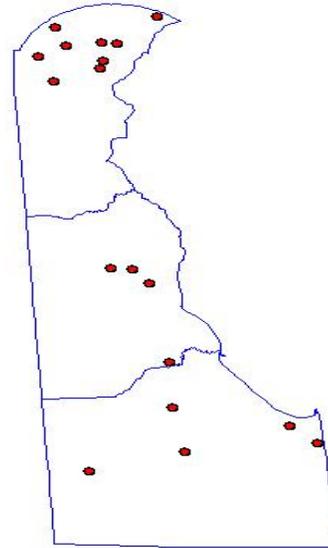
	Facilities	
	No.	%
Any program or group	33	89.2
Co-occurring disorders	20	54.1
Adult women	12	32.4
Adolescents	11	29.7
DUI/DWI offenders	11	29.7
Criminal justice clients	7	18.9
Adult men	11	29.7
Pregnant or postpartum women	5	13.5
Persons with HIV or AIDS	4	10.8
Seniors or older adults	6	16.2
Lesbian, gay, bisexual, or transgender clients (LGBT)	2	5.4
Other groups	7	18.9

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	10	27.0
Any language other than English	11	29.7
<b>Non-English Language Provided by:</b>		
On-call interpreter only	0	0.0
Staff counselor only	9	81.8
Both staff counselor and on-call interpreter	2	18.2
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	11	100.0
American Indian/Alaska Native languages	0	0.0
Other	1	9.1

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

- Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>