

2011 State Profile — Idaho

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Idaho, 103 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 5,171 clients in substance abuse treatment on March 31, 2011. The survey response rate in Idaho was 94.6%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	20	19.4	814	15.7	93	15.7
Private for-profit	68	66.0	3,386	65.5	327	55.1
Local, county, or community government	8	7.8	720	13.9	163	27.5
State government	3	2.9	45	0.9	0	0.0
Federal government	1	1.0	118	2.3	0	0.0
Dept. of Veterans Affairs	1	1.0	118	2.3	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	3	2.9	88	1.7	10	1.7
Total	103	100.0	5,171	100.0	593	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	44	42.7	2,496	48.3	323	54.5
Mental health services	7	6.8	76	1.5	5	0.8
Mix of mental health & substance abuse treatment services	49	47.6	2,527	48.9	261	44.0
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	3	2.9	72	1.4	4	0.7
Total	103	100.0	5,171	100.0	593	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	95	97.9	3,215	62.2	241	
Clients with drug abuse only	72	74.2	949	18.4	77	
Clients with alcohol abuse only	80	82.5	1,007	19.5	78	
Total²	97		5,171	100.0	396	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

6

Type of Care	Clients in Treatment on March 31, 2011							
	Facilities ¹		All Clients			Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%	
Outpatient	94	91.3	4,731	91.5	37	542	91.4	
Regular	94	91.3	3,084	59.6	22			
Intensive	85	82.5	1,376	26.6	10			
Day treatment/partial hospitalization	5	4.9	16	0.3	0			
Detoxification	14	13.6	10	0.2	0			
Methadone maintenance	4	3.9	245	4.7	55			
Residential (non-hospital)	14	13.6	227	4.4	8	31	5.2	
Short term	10	9.7	84	1.6	8			
Long term	9	8.7	137	2.6	1			
Detoxification	6	5.8	6	0.1	1			
Hospital Inpatient	5	4.9	213	4.1	6	20	3.4	
Treatment	4	3.9	110	2.1	5			
Detoxification	3	2.9	103	2.0	3			
Total	103		5,171	100.0	34	593	100.0	

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	3	0.3
Clients in Facilities with OTPs		
Methadone	243	99.2
Buprenorphine	2	0.8
Total	245	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	97	94.2
Private health insurance	65	63.1
Medicare	23	22.3
Medicaid	65	63.1
Other State-financed health insurance	55	53.4
Federal military insurance	48	46.6
Access to Recovery (ATR) vouchers ²	70	68.0
Accepts HIS/638 contract care funds	3	2.9
No payment accepted	1	1.0
Accepts other payments	4	3.9
Sliding fee scale	60	58.3
Treatment at no charge for clients who cannot pay	37	35.9

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	99	96.1
State substance abuse agency	92	89.3
State mental health department	40	38.8
State department of health	34	33.0
Hospital licensing authority	3	2.9
The Joint Commission	6	5.8
CARF ²	18	17.5
NCQA ³	1	1.0
COA ⁴	5	4.9
Other State/Local Agency/Org	16	15.5

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	66	64.1

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	101	98.1
Screening for substance abuse	97	94.2
Screening for mental health disorders	75	72.8
Comprehensive substance abuse assessment or diagnosis	96	93.2
Comprehensive mental health assessment or diagnosis	52	50.5
Screening for tobacco use	48	46.6
Outreach to persons in the community who may need treatment	57	55.3
Interim services for clients when immediate admission is not possible	47	45.6
Testing	88	85.4
Breathalyzer or blood alcohol testing	51	49.5
Drug or alcohol urine screening	86	83.5
Screening for Hepatitis B	10	9.7
Screening for Hepatitis C	10	9.7
HIV testing	12	11.7
STD testing	9	8.7
TB screening	11	10.7
Counseling	102	99.0
Individual counseling	101	98.1
Group counseling	99	96.1
Family counseling	93	90.3
Marital/couples counseling	85	82.5
Transitional Services	101	98.1
Discharge planning	100	97.1
Aftercare/continuing care	89	86.4
Pharmacotherapies	30	29.1
Medications for psychiatric disorders	24	23.3
Nicotine replacement	9	8.7
Campral [®]	10	9.7
Antabuse [®]	9	8.7
Naltrexone (oral)	12	11.7
Vivitrol [®] (injectable Naltrexone)	8	7.8
Buprenorphine	10	9.7
Subutex [®] or generic	5	4.9
Suboxone [®]	10	9.7
Methadone	7	6.8
Non-nicotine smoking/tobacco cessation medications	9	8.7
Ancillary Services	103	100.0
Case management services	92	89.3
Social skills development	79	76.7
Mentoring/peer support	53	51.5
Child care for clients' children	5	4.9
Assistance with obtaining social services	67	65.0
Employment counseling or training for clients	39	37.9
Assistance in locating housing for clients	73	70.9
Domestic violence	45	43.7
Early intervention for HIV	14	13.6
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	28	27.2
Hepatitis education, counseling, or support	31	30.1
Health education other than HIV/AIDS or hepatitis	38	36.9
Substance abuse education	98	95.1
Transportation assistance to treatment	47	45.6
Mental health services	73	70.9
Acupuncture	2	1.9
Residential beds for clients' children	1	1.0
Self-help groups	35	34.0
Smoking cessation counseling	31	30.1

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	101	98.1
Relapse prevention	100	97.1
Cognitive-behavioral therapy	100	97.1
12-step facilitation	68	66.0
Motivational interviewing	95	92.2
Anger management	93	90.3
Brief intervention	87	84.5
Contingency management/motivational incentives	68	66.0
Trauma-related counseling	81	78.6
Rational emotive behavioral therapy (REBT)	65	63.1
Matrix model	83	80.6
Community reinforcement plus vouchers	25	24.3
Other treatment approaches	26	25.2

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	12	2
Number of clients ²	225	207
Number of designated beds	190	47
Utilization rate (%)	118.4	440.4
No. of designated beds/facility (avg.)	16	24

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	92	89.3
Co-occurring disorders	56	54.4
Adult women	49	47.6
Adolescents	51	49.5
DUI/DWI offenders	40	38.8
Criminal justice clients	42	40.8
Adult men	35	34.0
Pregnant or postpartum women	9	8.7
Persons with HIV or AIDS	4	3.9
Seniors or older adults	1	1.0
Lesbian, gay, bisexual, or transgender clients (LGBT)	4	3.9
Other groups	7	6.8

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	11	10.7
Any language other than English	20	19.4
Non-English Language Provided by:		
On-call interpreter only	7	35.0
Staff counselor only	9	45.0
Both staff counselor and on-call interpreter	4	20.0
Languages Provided by Staff Counselor:¹		
Spanish	11	84.6
American Indian/Alaska Native languages	2	15.4
Other	4	30.8

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

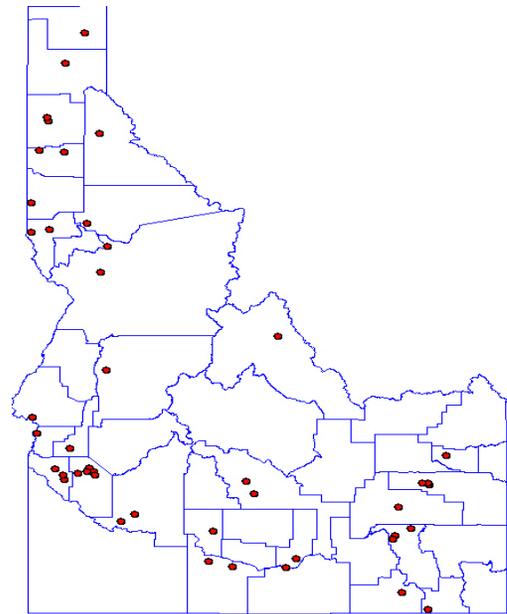
Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's
 Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>