

# 2011 State Profile — Louisiana

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Louisiana, 143 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 11,180 clients in substance abuse treatment on March 31, 2011. The survey response rate in Louisiana was 93.6%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	56	39.2	2,324	20.8	270	27.7
Private for-profit	36	25.2	4,147	37.1	397	40.8
Local, county, or community government	13	9.1	649	5.8	0	0.0
State government	32	22.4	3,835	34.3	305	31.3
Federal government	5	3.5	220	2.0	0	0.0
Dept. of Veterans Affairs	3	2.1	88	0.8	0	0.0
Dept. of Defense	2	1.4	132	1.2	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.7	5	0.0	2	0.2
<b>Total</b>	<b>143</b>	<b>100.0</b>	<b>11,180</b>	<b>100.0</b>	<b>974</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	108	75.5	8,578	76.7	783	80.4
Mental health services	3	2.1	52	0.5	12	1.2
Mix of mental health & substance abuse treatment services	30	21.0	2,530	22.6	177	18.2
General health care	1	0.7	5	0.0	2	0.2
Other/unknown	1	0.7	15	0.1	0	0.0
<b>Total</b>	<b>143</b>	<b>100.0</b>	<b>11,180</b>	<b>100.0</b>	<b>974</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011		
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	136	96.5	5,178	46.4	140
Clients with drug abuse only	119	84.4	4,539	40.7	115
Clients with alcohol abuse only	113	80.1	1,439	12.9	40
<b>Total<sup>2</sup></b>	<b>141</b>		<b>11,156</b>	<b>100.0</b>	<b>295</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011							
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%	
<b>Outpatient</b>	<b>105</b>	<b>73.4</b>	<b>9,466</b>	<b>84.7</b>	<b>43</b>	<b>886</b>	<b>91.0</b>	
Regular	99	69.2	4,381	39.2	19			
Intensive	74	51.7	1,541	13.8	13			
Day treatment/partial hospitalization	16	11.2	294	2.6	3			
Detoxification	11	7.7	174	1.6	2			
Methadone maintenance	9	6.3	3,076	27.5	425			
<b>Residential (non-hospital)</b>	<b>46</b>	<b>32.2</b>	<b>1,590</b>	<b>14.2</b>	<b>24</b>	<b>78</b>	<b>8.0</b>	
Short term	18	12.6	492	4.4	22			
Long term	35	24.5	1,009	9.0	20			
Detoxification	13	9.1	89	0.8	4			
<b>Hospital Inpatient</b>	<b>10</b>	<b>7.0</b>	<b>124</b>	<b>1.1</b>	<b>12</b>	<b>10</b>	<b>1.0</b>	
Treatment	8	5.6	84	0.8	7			
Detoxification	10	7.0	40	0.4	5			
<b>Total</b>	<b>143</b>		<b>11,180</b>	<b>100.0</b>	<b>35</b>	<b>974</b>	<b>100.0</b>	

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>8</b>	<b>0.7</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	3,069	99.8
Buprenorphine	7	0.2
<b>Total</b>	<b>3,076</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	128	89.5
Private health insurance	81	56.6
Medicare	35	24.5
Medicaid	30	21.0
Other State-financed health insurance	28	19.6
Federal military insurance	51	35.7
Access to Recovery (ATR) vouchers <sup>2</sup>	28	19.6
Accepts HIS/638 contract care funds	0	0.0
No payment accepted	7	4.9
Accepts other payments	1	0.7
Sliding fee scale	77	53.8
Treatment at no charge for clients who cannot pay	102	71.3

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	137	95.8
State substance abuse agency	101	70.6
State mental health department	27	18.9
State department of health	112	78.3
Hospital licensing authority	30	21.0
The Joint Commission	16	11.2
CARF <sup>2</sup>	15	10.5
NCQA <sup>3</sup>	2	1.4
COA <sup>4</sup>	4	2.8
Other State/Local Agency/Org	7	4.9

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	97	67.8

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>142</b>	<b>99.3</b>
Screening for substance abuse	136	95.1
Screening for mental health disorders	78	54.5
Comprehensive substance abuse assessment or diagnosis	125	87.4
Comprehensive mental health assessment or diagnosis	37	25.9
Screening for tobacco use	69	48.3
Outreach to persons in the community who may need treatment	85	59.4
Interim services for clients when immediate admission is not possible	65	45.5
<b>Testing</b>	<b>138</b>	<b>96.5</b>
Breathalyzer or blood alcohol testing	84	58.7
Drug or alcohol urine screening	137	95.8
Screening for Hepatitis B	38	26.6
Screening for Hepatitis C	36	25.2
HIV testing	71	49.7
STD testing	46	32.2
TB screening	70	49.0
<b>Counseling</b>	<b>140</b>	<b>97.9</b>
Individual counseling	138	96.5
Group counseling	136	95.1
Family counseling	113	79.0
Marital/couples counseling	85	59.4
<b>Transitional Services</b>	<b>141</b>	<b>98.6</b>
Discharge planning	135	94.4
Aftercare/continuing care	121	84.6
<b>Pharmacotherapies</b>	<b>67</b>	<b>46.9</b>
Medications for psychiatric disorders	49	34.3
Nicotine replacement	31	21.7
Campral <sup>®</sup>	22	15.4
Antabuse <sup>®</sup>	17	11.9
Naltrexone (oral)	18	12.6
Vivitrol <sup>®</sup> (injectable Naltrexone)	7	4.9
Buprenorphine	18	12.6
Subutex <sup>®</sup> or generic	9	6.3
Suboxone <sup>®</sup>	17	11.9
Methadone	10	7.0
Non-nicotine smoking/tobacco cessation medications	21	14.7
<b>Ancillary Services</b>	<b>143</b>	<b>100.0</b>
Case management services	112	78.3
Social skills development	101	70.6
Mentoring/peer support	65	45.5
Child care for clients' children	10	7.0
Assistance with obtaining social services	62	43.4
Employment counseling or training for clients	52	36.4
Assistance in locating housing for clients	55	38.5
Domestic violence	39	27.3
Early intervention for HIV	33	23.1
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	72	50.4
Hepatitis education, counseling, or support	45	31.5
Health education other than HIV/AIDS or hepatitis	66	46.2
Substance abuse education	138	96.5
Transportation assistance to treatment	39	27.3
Mental health services	65	45.5
Acupuncture	3	2.1
Residential beds for clients' children	8	5.6
Self-help groups	85	59.4
Smoking cessation counseling	45	31.5

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	139	97.2
Relapse prevention	137	95.8
Cognitive-behavioral therapy	130	90.9
12-step facilitation	120	83.9
Motivational interviewing	112	78.3
Anger management	118	82.5
Brief intervention	121	84.6
Contingency management/motivational incentives	85	59.4
Trauma-related counseling	89	62.2
Rational emotive behavioral therapy (REBT)	79	55.2
Matrix model	70	49.0
Community reinforcement plus vouchers	17	11.9
Other treatment approaches	13	9.1

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	44	3
Number of clients <sup>2</sup>	1,554	43
Number of designated beds	1,797	57
Utilization rate (%)	86.5	75.4
No. of designated beds/facility (avg.)	41	19

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

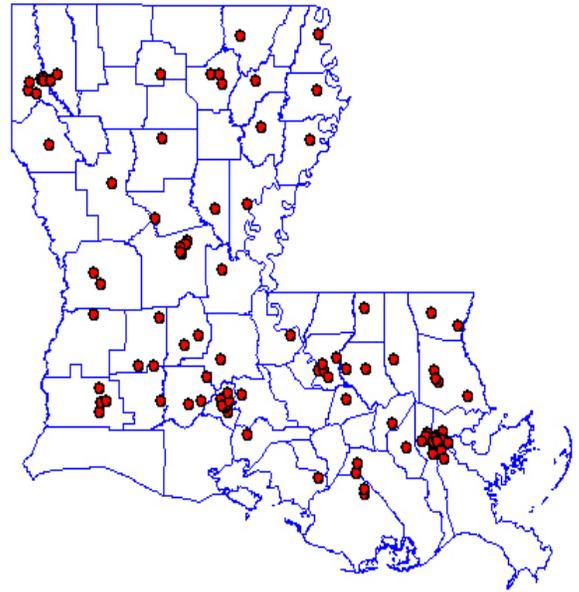
	Facilities	
	No.	%
Any program or group	116	81.1
Co-occurring disorders	43	30.1
Adult women	52	36.4
Adolescents	41	28.7
DUI/DWI offenders	43	30.1
Criminal justice clients	24	16.8
Adult men	36	25.2
Pregnant or postpartum women	17	11.9
Persons with HIV or AIDS	7	4.9
Seniors or older adults	7	4.9
Lesbian, gay, bisexual, or transgender clients (LGBT)	4	2.8
Other groups	12	8.4

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	27	18.9
Any language other than English	16	11.2
<b>Non-English Language Provided by:</b>		
On-call interpreter only	13	81.3
Staff counselor only	1	6.3
Both staff counselor and on-call interpreter	2	12.5
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	3	100.0
American Indian/Alaska Native languages	0	0.0
Other	0	0.0

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)