

# 2011 State Profile — Massachusetts

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Massachusetts, 322 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 46,891 clients in substance abuse treatment on March 31, 2011. The survey response rate in Massachusetts was 92.9%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	241	74.8	27,430	58.5	1,147	87.4
Private for-profit	68	21.1	17,748	37.8	165	12.6
Local, county, or community government	4	1.2	132	0.3	0	0.0
State government	3	0.9	159	0.3	0	0.0
Federal government	6	1.9	1,422	3.0	0	0.0
Dept. of Veterans Affairs	5	1.6	1,412	3.0	0	0.0
Dept. of Defense	1	0.3	10	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>322</b>	<b>100.0</b>	<b>46,891</b>	<b>100.0</b>	<b>1,312</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	175	54.3	25,743	54.9	298	22.7
Mental health services	33	10.2	2,626	5.6	363	27.7
Mix of mental health & substance abuse treatment services	99	30.7	16,424	35.0	584	44.5
General health care	10	3.1	1,412	3.0	17	1.3
Other/unknown	5	1.6	686	1.5	50	3.8
<b>Total</b>	<b>322</b>	<b>100.0</b>	<b>46,891</b>	<b>100.0</b>	<b>1,312</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011		
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	294	94.2	20,011	42.7	372
Clients with drug abuse only	264	84.6	20,127	42.9	383
Clients with alcohol abuse only	254	81.4	6,741	14.4	125
<b>Total<sup>2</sup></b>	<b>312</b>		<b>46,879</b>	<b>100.0</b>	<b>879</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>205</b>	<b>63.7</b>	<b>41,986</b>	<b>89.5</b>	<b>110</b>	<b>1,199</b>	<b>91.4</b>
Regular	184	57.1	23,084	49.2	70		
Intensive	72	22.4	1,545	3.3	15		
Day treatment/partial hospitalization	33	10.2	952	2.0	18		
Detoxification	60	18.6	1,315	2.8	10		
Methadone maintenance	46	14.3	15,090	32.2	312		
<b>Residential (non-hospital)</b>	<b>115</b>	<b>35.7</b>	<b>4,027</b>	<b>8.6</b>	<b>22</b>	<b>66</b>	<b>5.0</b>
Short term	33	10.2	1,660	3.5	24		
Long term	97	30.1	2,123	4.5	20		
Detoxification	7	2.2	244	0.5	29		
<b>Hospital Inpatient</b>	<b>31</b>	<b>9.6</b>	<b>878</b>	<b>1.9</b>	<b>20</b>	<b>47</b>	<b>3.6</b>
Treatment	25	7.8	390	0.8	5		
Detoxification	30	9.3	488	1.0	11		
<b>Total</b>	<b>322</b>		<b>46,891</b>	<b>100.0</b>	<b>52</b>	<b>1,312</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>59</b>	<b>5.0</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	15,171	97.6
Buprenorphine	378	2.4
<b>Total</b>	<b>15,549</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	276	85.7
Private health insurance	211	65.5
Medicare	186	57.8
Medicaid	214	66.5
Other State-financed health insurance	191	59.3
Federal military insurance	125	38.8
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A
Accepts HIS/638 contract care funds	9	2.8
No payment accepted	18	5.6
Accepts other payments	1	0.3
Sliding fee scale	183	56.8
Treatment at no charge for clients who cannot pay	202	62.7

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	286	88.8
State substance abuse agency	250	77.6
State mental health department	87	27.0
State department of health	241	74.8
Hospital licensing authority	43	13.4
The Joint Commission	82	25.5
CARF <sup>2</sup>	69	21.4
NCQA <sup>3</sup>	11	3.4
COA <sup>4</sup>	14	4.3
Other State/Local Agency/Org	7	2.2

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	203	63.0

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>311</b>	<b>96.6</b>
Screening for substance abuse	293	91.0
Screening for mental health disorders	227	70.5
Comprehensive substance abuse assessment or diagnosis	275	85.4
Comprehensive mental health assessment or diagnosis	152	47.2
Screening for tobacco use	240	74.5
Outreach to persons in the community who may need treatment	139	43.2
Interim services for clients when immediate admission is not possible	96	29.8
<b>Testing</b>	<b>280</b>	<b>87.0</b>
Breathalyzer or blood alcohol testing	200	62.1
Drug or alcohol urine screening	262	81.4
Screening for Hepatitis B	119	37.0
Screening for Hepatitis C	125	38.8
HIV testing	133	41.3
STD testing	107	33.2
TB screening	172	53.4
<b>Counseling</b>	<b>314</b>	<b>97.5</b>
Individual counseling	306	95.0
Group counseling	300	93.2
Family counseling	254	78.9
Marital/couples counseling	209	64.9
<b>Transitional Services</b>	<b>307</b>	<b>95.3</b>
Discharge planning	296	91.9
Aftercare/continuing care	273	84.8
<b>Pharmacotherapies</b>	<b>232</b>	<b>72.0</b>
Medications for psychiatric disorders	169	52.5
Nicotine replacement	134	41.6
Campral <sup>®</sup>	102	31.7
Antabuse <sup>®</sup>	86	26.7
Naltrexone (oral)	105	32.6
Vivitrol <sup>®</sup> (injectable Naltrexone)	47	14.6
Buprenorphine	106	32.9
Subutex <sup>®</sup> or generic	53	16.5
Suboxone <sup>®</sup>	104	32.3
Methadone	76	23.6
Non-nicotine smoking/tobacco cessation medications	92	28.6
<b>Ancillary Services</b>	<b>317</b>	<b>98.4</b>
Case management services	265	82.3
Social skills development	248	77.0
Mentoring/peer support	171	53.1
Child care for clients' children	13	4.0
Assistance with obtaining social services	235	73.0
Employment counseling or training for clients	110	34.2
Assistance in locating housing for clients	175	54.3
Domestic violence	141	43.8
Early intervention for HIV	122	37.9
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	251	78.0
Hepatitis education, counseling, or support	218	67.7
Health education other than HIV/AIDS or hepatitis	231	71.7
Substance abuse education	304	94.4
Transportation assistance to treatment	145	45.0
Mental health services	210	65.2
Acupuncture	20	6.2
Residential beds for clients' children	16	5.0
Self-help groups	186	57.8
Smoking cessation counseling	208	64.6

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	314	97.5
Relapse prevention	306	95.0
Cognitive-behavioral therapy	298	92.5
12-step facilitation	267	82.9
Motivational interviewing	290	90.1
Anger management	282	87.6
Brief intervention	268	83.2
Contingency management/motivational incentives	189	58.7
Trauma-related counseling	273	84.8
Rational emotive behavioral therapy (REBT)	99	30.7
Matrix model	81	25.2
Community reinforcement plus vouchers	34	10.6
Other treatment approaches	35	10.9

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	112	21
Number of clients <sup>2</sup>	3,861	810
Number of designated beds	3,142	705
Utilization rate (%)	122.9	114.9
No. of designated beds/facility (avg.)	28	34

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

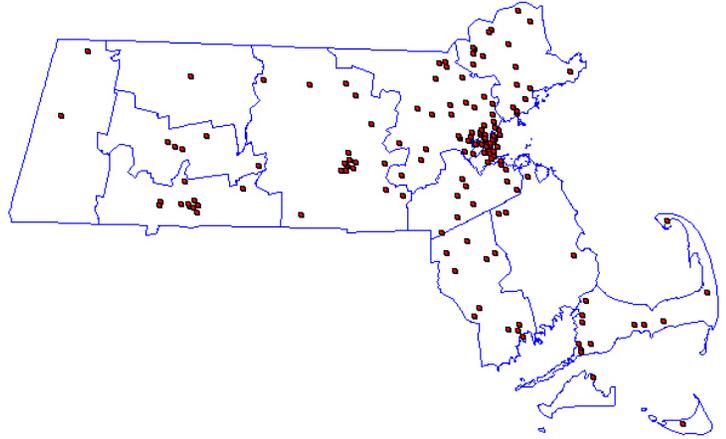
	Facilities	
	No.	%
Any program or group	265	82.3
Co-occurring disorders	128	39.8
Adult women	113	35.1
Adolescents	45	14.0
DUI/DWI offenders	51	15.8
Criminal justice clients	46	14.3
Adult men	98	30.4
Pregnant or postpartum women	47	14.6
Persons with HIV or AIDS	41	12.7
Seniors or older adults	16	5.0
Lesbian, gay, bisexual, or transgender clients (LGBT)	18	5.6
Other groups	35	10.9

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	103	32.0
Any language other than English	178	55.3
<b>Non-English Language Provided by:</b>		
On-call interpreter only	36	20.2
Staff counselor only	78	43.8
Both staff counselor and on-call interpreter	64	36.0
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	137	96.5
American Indian/Alaska Native languages	0	0.0
Other	71	50.0

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's  
 Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>