

2011 State Profile — Missouri

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Missouri, 289 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 21,455 clients in substance abuse treatment on March 31, 2011. The survey response rate in Missouri was 96.2%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	199	68.9	16,470	76.8	1,029	89.5
Private for-profit	77	26.6	3,469	16.2	107	9.3
Local, county, or community government	2	0.7	302	1.4	0	0.0
State government	3	1.0	240	1.1	14	1.2
Federal government	8	2.8	974	4.5	0	0.0
Dept. of Veterans Affairs	7	2.4	833	3.9	0	0.0
Dept. of Defense	1	0.3	141	0.7	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	289	100.0	21,455	100.0	1,150	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	183	63.3	14,333	66.8	726	63.1
Mental health services	21	7.3	744	3.5	103	9.0
Mix of mental health & substance abuse treatment services	76	26.3	5,989	27.9	311	27.0
General health care	4	1.4	268	1.2	0	0.0
Other/unknown	5	1.7	121	0.6	10	0.9
Total	289	100.0	21,455	100.0	1,150	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	216	91.9	10,207	47.6	207	
Clients with drug abuse only	188	80.0	7,328	34.2	152	
Clients with alcohol abuse only	197	83.8	3,920	18.3	82	
Total²	235		21,455	100.0	442	

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	270	93.4	19,903	92.8	49	875	76.1
Regular	263	91.0	10,044	46.8	22		
Intensive	162	56.1	6,240	29.1	18		
Day treatment/partial hospitalization	73	25.3	880	4.1	4		
Detoxification	22	7.6	101	0.5	0		
Methadone maintenance	16	5.5	2,638	12.3	118		
Residential (non-hospital)	64	22.1	1,426	6.6	17	249	21.7
Short term	53	18.3	875	4.1	16		
Long term	23	8.0	440	2.1	14		
Detoxification	32	11.1	111	0.5	1		
Hospital Inpatient	10	3.5	126	0.6	6	26	2.3
Treatment	8	2.8	48	0.2	2		
Detoxification	9	3.1	78	0.4	3		
Total	289		21,455	100.0	50	1,150	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	12	1.0
Clients in Facilities with OTPs		
Methadone	2668	97.1
Buprenorphine	81	2.9
Total	2749	100

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	270	93.4
Private health insurance	190	65.7
Medicare	62	21.5
Medicaid	162	56.1
Other State-financed health insurance	73	25.3
Federal military insurance	105	36.3
Access to Recovery (ATR) vouchers ²	75	26.0
Accepts HIS/638 contract care funds	5	1.7
No payment accepted	4	1.4
Accepts other payments	0	0.0
Sliding fee scale	226	78.2
Treatment at no charge for clients who cannot pay	166	57.4

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	282	97.6
State substance abuse agency	235	81.3
State mental health department	229	79.2
State department of health	70	24.2
Hospital licensing authority	12	4.2
The Joint Commission	38	13.1
CARF ²	84	29.1
NCQA ³	5	1.7
COA ⁴	11	3.8
Other State/Local Agency/Org	3	1.0

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	224	77.5

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	286	99.0
Screening for substance abuse	281	97.2
Screening for mental health disorders	177	61.2
Comprehensive substance abuse assessment or diagnosis	246	85.1
Comprehensive mental health assessment or diagnosis	86	29.8
Screening for tobacco use	134	46.4
Outreach to persons in the community who may need treatment	141	48.8
Interim services for clients when immediate admission is not possible	93	32.2
Testing	269	93.1
Breathalyzer or blood alcohol testing	198	68.5
Drug or alcohol urine screening	259	89.6
Screening for Hepatitis B	45	15.6
Screening for Hepatitis C	47	16.3
HIV testing	39	13.5
STD testing	32	11.1
TB screening	68	23.5
Counseling	283	97.9
Individual counseling	279	96.5
Group counseling	278	96.2
Family counseling	224	77.5
Marital/couples counseling	153	52.9
Transitional Services	282	97.6
Discharge planning	273	94.5
Aftercare/continuing care	231	79.9
Pharmacotherapies	106	36.7
Medications for psychiatric disorders	67	23.2
Nicotine replacement	38	13.1
Campral [®]	41	14.2
Antabuse [®]	30	10.4
Naltrexone (oral)	67	23.2
Vivitrol [®] (injectable Naltrexone)	64	22.1
Buprenorphine	43	14.9
Subutex [®] or generic	17	5.9
Suboxone [®]	43	14.9
Methadone	18	6.2
Non-nicotine smoking/tobacco cessation medications	31	10.7
Ancillary Services	287	99.3
Case management services	232	80.3
Social skills development	204	70.6
Mentoring/peer support	112	38.8
Child care for clients' children	20	6.9
Assistance with obtaining social services	170	58.8
Employment counseling or training for clients	133	46.0
Assistance in locating housing for clients	134	46.4
Domestic violence	81	28.0
Early intervention for HIV	36	12.5
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	146	50.5
Hepatitis education, counseling, or support	126	43.6
Health education other than HIV/AIDS or hepatitis	162	56.1
Substance abuse education	272	94.1
Transportation assistance to treatment	110	38.1
Mental health services	141	48.8
Acupuncture	3	1.0
Residential beds for clients' children	14	4.8
Self-help groups	120	41.5
Smoking cessation counseling	86	29.8

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	281	97.2
Relapse prevention	262	90.7
Cognitive-behavioral therapy	280	96.9
12-step facilitation	241	83.4
Motivational interviewing	256	88.6
Anger management	252	87.2
Brief intervention	245	84.8
Contingency management/motivational incentives	195	67.5
Trauma-related counseling	203	70.2
Rational emotive behavioral therapy (REBT)	160	55.4
Matrix model	164	56.7
Community reinforcement plus vouchers	35	12.1
Other treatment approaches	35	12.1

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	48	4
Number of clients ²	1,165	80
Number of designated beds	1,152	76
Utilization rate (%)	101.1	105.3
No. of designated beds/facility (avg.)	24	19

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

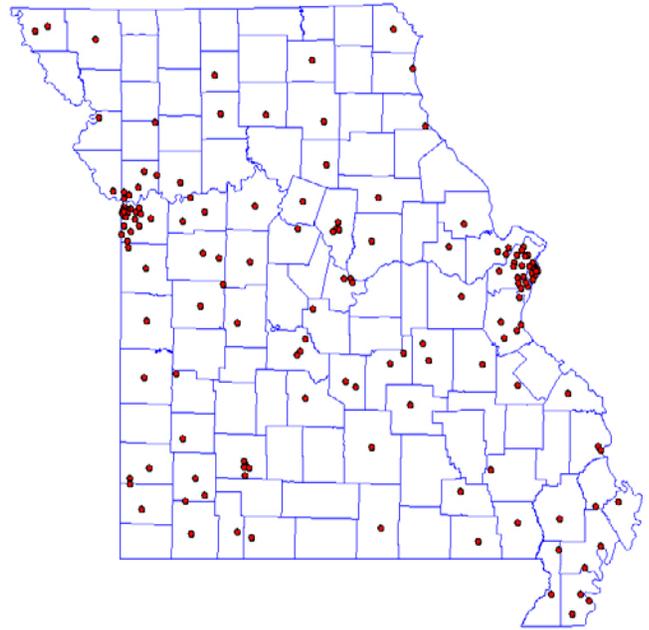
	Facilities	
	No.	%
Any program or group	227	78.5
Co-occurring disorders	71	24.6
Adult women	44	15.2
Adolescents	47	16.3
DUI/DWI offenders	121	41.9
Criminal justice clients	64	22.1
Adult men	33	11.4
Pregnant or postpartum women	20	6.9
Persons with HIV or AIDS	11	3.8
Seniors or older adults	4	1.4
Lesbian, gay, bisexual, or transgender clients (LGBT)	6	2.1
Other groups	19	6.6

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	163	56.4
Any language other than English	138	47.8
Non-English Language Provided by:		
On-call interpreter only	125	90.6
Staff counselor only	3	2.2
Both staff counselor and on-call interpreter	10	7.2
Languages Provided by Staff Counselor:¹		
Spanish	13	100.0
American Indian/Alaska Native languages	1	7.7
Other	3	23.1

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's
 Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>