

# 2011 State Profile — Montana

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Montana, 57 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 9,885 clients in substance abuse treatment on March 31, 2011. The survey response rate in Montana was 93.4%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	35	61.4	1,990	20.1	122	29.2
Private for-profit	5	8.8	226	2.3	15	3.6
Local, county, or community government	4	7.0	143	1.4	10	2.4
State government	3	5.3	134	1.4	6	1.4
Federal government	4	7.0	381	3.9	22	5.3
Dept. of Veterans Affairs	2	3.5	323	3.3	0	0.0
Dept. of Defense	1	1.8	10	0.1	0	0.0
Indian Health Service	1	1.8	48	0.5	22	5.3
Other	0	0.0	0	0.0	0	0.0
Tribal government	6	10.5	7,011	70.9	243	58.1
<b>Total</b>	<b>57</b>	<b>100.0</b>	<b>9,885</b>	<b>100.0</b>	<b>418</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	34	59.6	1,858	18.8	176	42.1
Mental health services	0	0.0	0	0.0	0	0.0
Mix of mental health & substance abuse treatment services	22	38.6	8,005	81.0	242	57.9
General health care	1	1.8	22	0.2	0	0.0
Other/unknown	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>57</b>	<b>100.0</b>	<b>9,885</b>	<b>100.0</b>	<b>418</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011		
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	43	89.6	6,236	63.1	768
Clients with drug abuse only	37	77.1	2,199	22.2	273
Clients with alcohol abuse only	40	83.3	1,450	14.7	179
<b>Total<sup>2</sup></b>	<b>48</b>		<b>9,885</b>	<b>100.0</b>	<b>1,220</b>

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011							
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%	
<b>Outpatient</b>	<b>51</b>	<b>89.5</b>	<b>9,513</b>	<b>96.2</b>	<b>40</b>	<b>392</b>	<b>93.8</b>	
Regular	49	86.0	8,624	87.2	24			
Intensive	35	61.4	720	7.3	13			
Day treatment/partial hospitalization	9	15.8	52	0.5	5			
Detoxification	6	10.5	17	0.2	3			
Methadone maintenance	3	5.3	100	1.0	100			
<b>Residential (non-hospital)</b>	<b>14</b>	<b>24.6</b>	<b>346</b>	<b>3.5</b>	<b>8</b>	<b>26</b>	<b>6.2</b>	
Short term	8	14.0	273	2.8	12			
Long term	8	14.0	64	0.6	6			
Detoxification	3	5.3	9	0.1	3			
<b>Hospital Inpatient</b>	<b>4</b>	<b>7.0</b>	<b>26</b>	<b>0.3</b>	<b>5</b>	<b>0</b>	<b>0.0</b>	
Treatment	3	5.3	1	0.0	1			
Detoxification	4	7.0	25	0.3	5			
<b>Total</b>	<b>57</b>		<b>9,885</b>	<b>100.0</b>	<b>33</b>	<b>418</b>	<b>100.0</b>	

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>1</b>	<b>0.1</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	80	80.0
Buprenorphine	20	20.0
<b>Total</b>	<b>100</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	50	87.7
Private health insurance	49	86.0
Medicare	18	31.6
Medicaid	47	82.5
Other State-financed health insurance	36	63.2
Federal military insurance	28	49.1
Access to Recovery (ATR) vouchers <sup>2</sup>	33	57.9
Accepts HIS/638 contract care funds	12	21.1
No payment accepted	0	0.0
Accepts other payments	0	0.0
Sliding fee scale	43	75.4
Treatment at no charge for clients who cannot pay	36	63.2

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	53	93.0
State substance abuse agency	48	84.2
State mental health department	16	28.1
State department of health	18	31.6
Hospital licensing authority	2	3.5
The Joint Commission	4	7.0
CARF <sup>2</sup>	9	15.8
NCQA <sup>3</sup>	0	0.0
COA <sup>4</sup>	0	0.0
Other State/Local Agency/Org	3	5.3

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	49	86.0

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>56</b>	<b>98.2</b>
Screening for substance abuse	54	94.7
Screening for mental health disorders	48	84.2
Comprehensive substance abuse assessment or diagnosis	53	93.0
Comprehensive mental health assessment or diagnosis	20	35.1
Screening for tobacco use	18	31.6
Outreach to persons in the community who may need treatment	45	78.9
Interim services for clients when immediate admission is not possible	43	75.4
<b>Testing</b>	<b>50</b>	<b>87.7</b>
Breathalyzer or blood alcohol testing	32	56.1
Drug or alcohol urine screening	47	82.5
Screening for Hepatitis B	15	26.3
Screening for Hepatitis C	18	31.6
HIV testing	19	33.3
STD testing	11	19.3
TB screening	17	29.8
<b>Counseling</b>	<b>57</b>	<b>100.0</b>
Individual counseling	57	100.0
Group counseling	55	96.5
Family counseling	54	94.7
Marital/couples counseling	34	59.6
<b>Transitional Services</b>	<b>57</b>	<b>100.0</b>
Discharge planning	55	96.5
Aftercare/continuing care	54	94.7
<b>Pharmacotherapies</b>	<b>26</b>	<b>45.6</b>
Medications for psychiatric disorders	22	38.6
Nicotine replacement	13	22.8
Campral <sup>®</sup>	15	26.3
Antabuse <sup>®</sup>	4	7.0
Naltrexone (oral)	16	28.1
Vivitrol <sup>®</sup> (injectable Naltrexone)	2	3.5
Buprenorphine	14	24.6
Subutex <sup>®</sup> or generic	11	19.3
Suboxone <sup>®</sup>	14	24.6
Methadone	3	5.3
Non-nicotine smoking/tobacco cessation medications	6	10.5
<b>Ancillary Services</b>	<b>57</b>	<b>100.0</b>
Case management services	54	94.7
Social skills development	40	70.2
Mentoring/peer support	29	50.9
Child care for clients' children	4	7.0
Assistance with obtaining social services	38	66.7
Employment counseling or training for clients	15	26.3
Assistance in locating housing for clients	30	52.6
Domestic violence	27	47.4
Early intervention for HIV	10	17.5
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	30	52.6
Hepatitis education, counseling, or support	31	54.4
Health education other than HIV/AIDS or hepatitis	26	45.6
Substance abuse education	55	96.5
Transportation assistance to treatment	27	47.4
Mental health services	34	59.6
Acupuncture	0	0.0
Residential beds for clients' children	1	1.8
Self-help groups	19	33.3
Smoking cessation counseling	12	21.1

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	57	100.0
Relapse prevention	54	94.7
Cognitive-behavioral therapy	53	93.0
12-step facilitation	41	71.9
Motivational interviewing	55	96.5
Anger management	31	54.4
Brief intervention	35	61.4
Contingency management/motivational incentives	36	63.2
Trauma-related counseling	40	70.2
Rational emotive behavioral therapy (REBT)	38	66.7
Matrix model	30	52.6
Community reinforcement plus vouchers	11	19.3
Other treatment approaches	15	26.3

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	12	2
Number of clients <sup>2</sup>	316	17
Number of designated beds	208	18
Utilization rate (%)	151.9	94.4
No. of designated beds/facility (avg.)	17	9

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

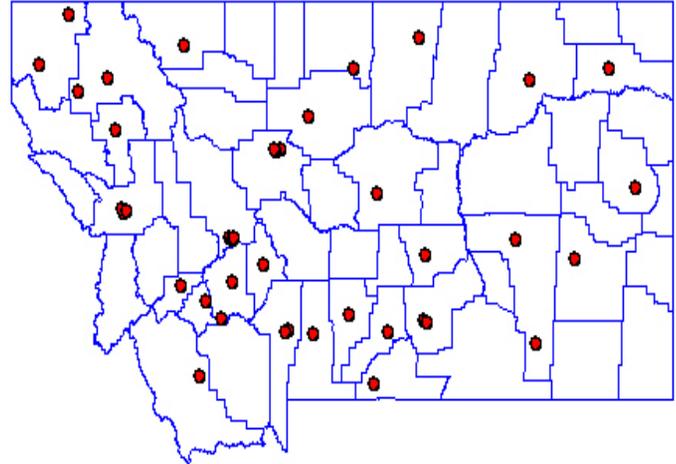
	Facilities	
	No.	%
Any program or group	51	89.5
Co-occurring disorders	17	29.8
Adult women	14	24.6
Adolescents	32	56.1
DUI/DWI offenders	33	57.9
Criminal justice clients	11	19.3
Adult men	11	19.3
Pregnant or postpartum women	6	10.5
Persons with HIV or AIDS	1	1.8
Seniors or older adults	4	7.0
Lesbian, gay, bisexual, or transgender clients (LGBT)	1	1.8
Other groups	4	7.0

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	17	29.8
Any language other than English	17	29.8
<b>Non-English Language Provided by:</b>		
On-call interpreter only	8	47.1
Staff counselor only	5	29.4
Both staff counselor and on-call interpreter	4	23.5
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	3	33.3
American Indian/Alaska Native languages	6	66.7
Other	0	0.0

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

- Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>