

2011 State Profile — North Carolina

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In North Carolina, 436 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 36,312 clients in substance abuse treatment on March 31, 2011. The survey response rate in North Carolina was 89.7%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	170	39.0	16,320	44.9	1,062	52.9
Private for-profit	225	51.6	15,631	43.0	822	40.9
Local, county, or community government	14	3.2	694	1.9	118	5.9
State government	12	2.8	1,137	3.1	1	0.1
Federal government	14	3.2	1,911	5.3	5	0.2
Dept. of Veterans Affairs	7	1.6	1,213	3.3	0	0.0
Dept. of Defense	6	1.4	693	1.9	0	0.0
Indian Health Service	1	0.2	5	0.0	5	0.2
Other	0	0.0	0	0.0	0	0.0
Tribal government	1	0.2	619	1.7	0	0.0
Total	436	100.0	36,312	100.0	2,008	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	211	48.4	20,702	57.0	520	25.9
Mental health services	52	11.9	1,377	3.8	251	12.5
Mix of mental health & substance abuse treatment services	166	38.1	13,193	36.3	1,232	61.4
General health care	4	0.9	993	2.7	4	0.2
Other/unknown	3	0.7	47	0.1	1	0.1
Total	436	100.0	36,312	100.0	2,008	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	375	90.8	15,166	42.5	189
Clients with drug abuse only	328	79.4	14,988	42.0	197
Clients with alcohol abuse only	312	75.5	5,539	15.5	71
Total²	413		35,693	100.0	457

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011							
	Facilities ¹		All Clients			Clients Under Age 18		
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%	
Outpatient	372	85.3	33,297	91.7	40	1,894	94.3	
Regular	347	79.6	18,524	51.0	23			
Intensive	160	36.7	3,074	8.5	11			
Day treatment/partial hospitalization	54	12.4	452	1.2	0			
Detoxification	42	9.6	171	0.5	1			
Methadone maintenance	51	11.7	11,076	30.5	193			
Residential (non-hospital)	72	16.5	2,271	6.3	13	111	5.5	
Short term	33	7.6	371	1.0	8			
Long term	48	11.0	1,641	4.5	13			
Detoxification	12	2.8	259	0.7	11			
Hospital Inpatient	27	6.2	744	2.0	14	3	0.1	
Treatment	21	4.8	531	1.5	10			
Detoxification	27	6.2	213	0.6	6			
Total	436		36,312	100.0	35	2,008	100.0	

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	40	3.4
Clients in Facilities with OTPs		
Methadone	10,822	95.6
Buprenorphine	494	4.4
Total	11,316	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	388	89.0
Private health insurance	260	59.6
Medicare	156	35.8
Medicaid	289	66.3
Other State-financed health insurance	213	48.9
Federal military insurance	153	35.1
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	10	2.3
No payment accepted	8	1.8
Accepts other payments	6	1.4
Sliding fee scale	197	45.2
Treatment at no charge for clients who cannot pay	190	43.6

¹Facilities may accept more than one type of payment.

² Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	388	89.0
State substance abuse agency	294	67.4
State mental health department	237	54.4
State department of health	150	34.4
Hospital licensing authority	28	6.4
The Joint Commission	59	13.5
CARF ²	154	35.3
NCQA ³	10	2.3
COA ⁴	31	7.1
Other State/Local Agency/Org	51	11.7

¹Facilities may be licensed by more than one agency/organization.

² Commission on Accreditation of Rehabilitation Facilities

³ National Committee for Quality Assurance

⁴ Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	192	44.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	429	98.4
Screening for substance abuse	406	93.1
Screening for mental health disorders	302	69.3
Comprehensive substance abuse assessment or diagnosis	392	89.9
Comprehensive mental health assessment or diagnosis	228	52.3
Screening for tobacco use	224	51.4
Outreach to persons in the community who may need treatment	227	52.1
Interim services for clients when immediate admission is not possible	190	43.6
Testing	373	85.6
Breathalyzer or blood alcohol testing	260	59.6
Drug or alcohol urine screening	355	81.4
Screening for Hepatitis B	81	18.6
Screening for Hepatitis C	84	19.3
HIV testing	95	21.8
STD testing	79	18.1
TB screening	139	31.9
Counseling	428	98.2
Individual counseling	424	97.2
Group counseling	391	89.7
Family counseling	356	81.7
Marital/couples counseling	276	63.3
Transitional Services	420	96.3
Discharge planning	393	90.1
Aftercare/continuing care	363	83.3
Pharmacotherapies	232	53.2
Medications for psychiatric disorders	185	42.4
Nicotine replacement	82	18.8
Campral [®]	74	17.0
Antabuse [®]	68	15.6
Naltrexone (oral)	61	14.0
Vivitrol [®] (injectable Naltrexone)	43	9.9
Buprenorphine	80	18.3
Subutex [®] or generic	42	9.6
Suboxone [®]	79	18.1
Methadone	48	11.0
Non-nicotine smoking/tobacco cessation medications	74	17.0
Ancillary Services	431	98.9
Case management services	298	68.3
Social skills development	292	67.0
Mentoring/peer support	172	39.4
Child care for clients' children	28	6.4
Assistance with obtaining social services	194	44.5
Employment counseling or training for clients	116	26.6
Assistance in locating housing for clients	193	44.3
Domestic violence	157	36.0
Early intervention for HIV	75	17.2
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	192	44.0
Hepatitis education, counseling, or support	131	30.0
Health education other than HIV/AIDS or hepatitis	194	44.5
Substance abuse education	410	94.0
Transportation assistance to treatment	133	30.5
Mental health services	281	64.4
Acupuncture	7	1.6
Residential beds for clients' children	16	3.7
Self-help groups	154	35.3
Smoking cessation counseling	144	33.0

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	420	96.3
Relapse prevention	397	91.1
Cognitive-behavioral therapy	391	89.7
12-step facilitation	330	75.7
Motivational interviewing	379	86.9
Anger management	342	78.4
Brief intervention	357	81.9
Contingency management/motivational incentives	255	58.5
Trauma-related counseling	273	62.6
Rational emotive behavioral therapy (REBT)	200	45.9
Matrix model	160	36.7
Community reinforcement plus vouchers	44	10.1
Other treatment approaches	82	18.8

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	61	17
Number of clients ²	1,885	392
Number of designated beds	2,006	495
Utilization rate (%)	94.0	79.2
No. of designated beds/facility (avg.)	33	29

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

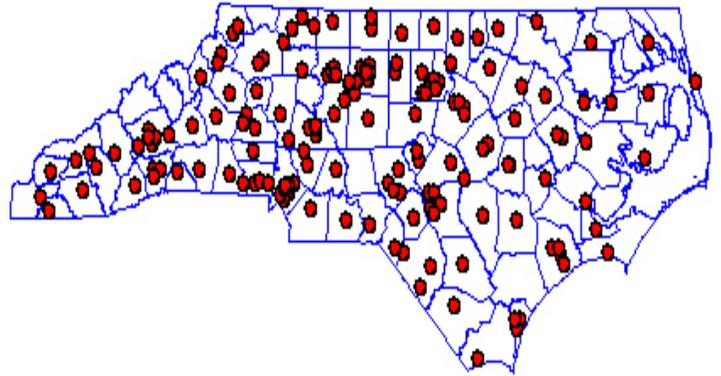
	Facilities	
	No.	%
Any program or group	338	77.5
Co-occurring disorders	161	36.9
Adult women	131	30.0
Adolescents	101	23.2
DUI/DWI offenders	160	36.7
Criminal justice clients	98	22.5
Adult men	75	17.2
Pregnant or postpartum women	61	14.0
Persons with HIV or AIDS	23	5.3
Seniors or older adults	26	6.0
Lesbian, gay, bisexual, or transgender clients (LGBT)	19	4.4
Other groups	37	8.5

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	91	20.9
Any language other than English	134	30.7
Non-English Language Provided by:		
On-call interpreter only	58	43.3
Staff counselor only	47	35.1
Both staff counselor and on-call interpreter	29	21.6
Languages Provided by Staff Counselor:¹		
Spanish	74	97.4
American Indian/Alaska Native languages	0	0.0
Other	11	14.5

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>