

2011 State Profile — North Dakota

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In North Dakota, 58 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 2,457 clients in substance abuse treatment on March 31, 2011. The survey response rate in North Dakota was 96.7%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	17	29.3	670	27.3	76	29.3
Private for-profit	23	39.7	536	21.8	37	14.3
Local, county, or community government	0	0.0	0	0.0	0	0.0
State government	11	19.0	1,069	43.5	116	44.8
Federal government	4	6.9	112	4.6	0	0.0
Dept. of Veterans Affairs	2	3.4	27	1.1	0	0.0
Dept. of Defense	1	1.7	55	2.2	0	0.0
Indian Health Service	1	1.7	30	1.2	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	3	5.2	70	2.8	30	11.6
Total	58	100.0	2,457	100.0	259	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	35	60.3	1,186	48.3	119	45.9
Mental health services	1	1.7	2	0.1	0	0.0
Mix of mental health & substance abuse treatment services	20	34.5	1,247	50.8	138	53.3
General health care	1	1.7	8	0.3	2	0.8
Other/unknown	1	1.7	14	0.6	0	0.0
Total	58	100.0	2,457	100.0	259	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	48	85.7	1,357	55.2	229
Clients with drug abuse only	37	66.1	299	12.2	48
Clients with alcohol abuse only	50	89.3	801	32.6	136
Total²	56		2,457	100.0	413

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011							
	Facilities ¹		All Clients			Clients Under Age 18		
			No.	%	Median No. of Clients Per Facility	No.	%	
Outpatient	50	86.2	1,827	74.4	20	230	88.8	
Regular	49	84.5	1,403	57.1	15			
Intensive	27	46.6	264	10.7	8			
Day treatment/partial hospitalization	19	32.8	159	6.5	7			
Detoxification	6	10.3	1	0.0	0			
Methadone maintenance	0	0.0	0	0.0	0			
Residential (non-hospital)	22	37.9	580	23.6	16	29	11.2	
Short term	17	29.3	121	4.9	5			
Long term	20	34.5	433	17.6	9			
Detoxification	9	15.5	26	1.1	0			
Hospital Inpatient	3	5.2	50	2.0	22	0	0.0	
Treatment	3	5.2	38	1.5	17			
Detoxification	3	5.2	12	0.5	5			
Total	58		2,457	100.0	23	259	100.0	

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	0	0.0
Clients in Facilities with OTPs	0	0.0
Methadone	0	0.0
Buprenorphine	0	0.0
Total	0	0.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	48	82.8
Private health insurance	43	74.1
Medicare	19	32.8
Medicaid	21	36.2
Other State-financed health insurance	19	32.8
Federal military insurance	26	44.8
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	8	13.8
No payment accepted	2	3.4
Accepts other payments	0	0.0
Sliding fee scale	28	48.3
Treatment at no charge for clients who cannot pay	27	46.6

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	58	100.0
State substance abuse agency	57	98.3
State mental health department	23	39.7
State department of health	16	27.6
Hospital licensing authority	5	8.6
The Joint Commission	7	12.1
CARF ²	1	1.7
NCQA ³	2	3.4
COA ⁴	0	0.0
Other State/Local Agency/Org	3	5.2

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	25	43.1

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	56	96.6
Screening for substance abuse	49	84.5
Screening for mental health disorders	30	51.7
Comprehensive substance abuse assessment or diagnosis	54	93.1
Comprehensive mental health assessment or diagnosis	21	36.2
Screening for tobacco use	36	62.1
Outreach to persons in the community who may need treatment	32	55.2
Interim services for clients when immediate admission is not possible	34	58.6
Testing	48	82.8
Breathalyzer or blood alcohol testing	41	70.7
Drug or alcohol urine screening	46	79.3
Screening for Hepatitis B	15	25.9
Screening for Hepatitis C	16	27.6
HIV testing	13	22.4
STD testing	12	20.7
TB screening	19	32.8
Counseling	54	93.1
Individual counseling	54	93.1
Group counseling	47	81.0
Family counseling	46	79.3
Marital/couples counseling	30	51.7
Transitional Services	56	96.6
Discharge planning	54	93.1
Aftercare/continuing care	51	87.9
Pharmacotherapies	23	39.7
Medications for psychiatric disorders	20	34.5
Nicotine replacement	11	19.0
Campral [®]	11	19.0
Antabuse [®]	14	24.1
Naltrexone (oral)	15	25.9
Vivitrol [®] (injectable Naltrexone)	6	10.3
Buprenorphine	4	6.9
Subutex [®] or generic	2	3.4
Suboxone [®]	4	6.9
Methadone	1	1.7
Non-nicotine smoking/tobacco cessation medications	11	19.0
Ancillary Services	58	100.0
Case management services	42	72.4
Social skills development	39	67.2
Mentoring/peer support	28	48.3
Child care for clients' children	5	8.6
Assistance with obtaining social services	23	39.7
Employment counseling or training for clients	16	27.6
Assistance in locating housing for clients	23	39.7
Domestic violence	21	36.2
Early intervention for HIV	9	15.5
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	19	32.8
Hepatitis education, counseling, or support	17	29.3
Health education other than HIV/AIDS or hepatitis	22	37.9
Substance abuse education	55	94.8
Transportation assistance to treatment	20	34.5
Mental health services	37	63.8
Acupuncture	4	6.9
Residential beds for clients' children	4	6.9
Self-help groups	22	37.9
Smoking cessation counseling	13	22.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	57	98.3
Relapse prevention	53	91.4
Cognitive-behavioral therapy	55	94.8
12-step facilitation	42	72.4
Motivational interviewing	49	84.5
Anger management	42	72.4
Brief intervention	49	84.5
Contingency management/motivational incentives	36	62.1
Trauma-related counseling	33	56.9
Rational emotive behavioral therapy (REBT)	21	36.2
Matrix model	25	43.1
Community reinforcement plus vouchers	6	10.3
Other treatment approaches	12	20.7

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	19	3
Number of clients ²	571	50
Number of designated beds	515	146
Utilization rate (%)	110.9	34.2
No. of designated beds/facility (avg.)	27	49

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

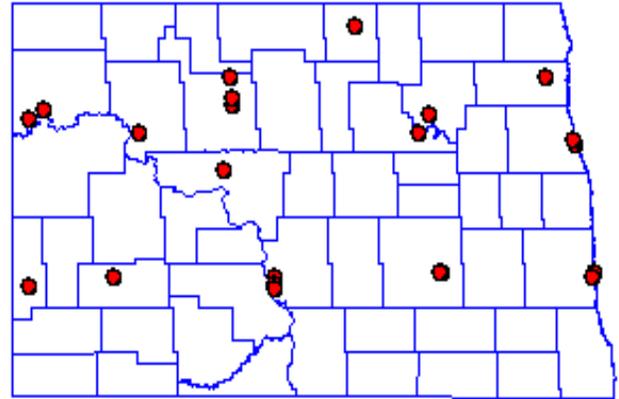
	Facilities	
	No.	%
Any program or group	45	77.6
Co-occurring disorders	15	25.9
Adult women	13	22.4
Adolescents	18	31.0
DUI/DWI offenders	27	46.6
Criminal justice clients	6	10.3
Adult men	6	10.3
Pregnant or postpartum women	5	8.6
Persons with HIV or AIDS	1	1.7
Seniors or older adults	2	3.4
Lesbian, gay, bisexual, or transgender clients (LGBT)	2	3.4
Other groups	1	1.7

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	12	20.7
Any language other than English	8	13.8
Non-English Language Provided by:		
On-call interpreter only	7	87.5
Staff counselor only	0	0.0
Both staff counselor and on-call interpreter	1	12.5
Languages Provided by Staff Counselor:¹		
Spanish	1	100.0
American Indian/Alaska Native languages	0	0.0
Other	0	0.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>