

# 2011 State Profile — Nebraska

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Nebraska, 123 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 6,354 clients in substance abuse treatment on March 31, 2011. The survey response rate in Nebraska was 95.5%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	86	69.9	4,181	65.8	554	68.0
Private for-profit	15	12.2	826	13.0	235	28.8
Local, county, or community government	8	6.5	500	7.9	11	1.4
State government	1	0.8	280	4.4	0	0.0
Federal government	6	4.9	356	5.6	0	0.0
Dept. of Veterans Affairs	4	3.3	302	4.8	0	0.0
Dept. of Defense	1	0.8	42	0.7	0	0.0
Indian Health Service	1	0.8	12	0.2	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	7	5.7	211	3.3	15	1.8
<b>Total</b>	<b>123</b>	<b>100.0</b>	<b>6,354</b>	<b>100.0</b>	<b>815</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	53	43.1	2,100	33.1	148	18.2
Mental health services	6	4.9	196	3.1	83	10.2
Mix of mental health & substance abuse treatment services	59	48.0	3,869	60.9	583	71.5
General health care	1	0.8	0	0.0	0	0.0
Other/unknown	4	3.3	189	3.0	1	0.1
<b>Total</b>	<b>123</b>	<b>100.0</b>	<b>6,354</b>	<b>100.0</b>	<b>815</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011			
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	110	95.7	3,304	52.0	206	
Clients with drug abuse only	92	80.0	1,369	21.5	86	
Clients with alcohol abuse only	106	92.2	1,681	26.5	109	
<b>Total<sup>2</sup></b>	<b>115</b>		<b>6,354</b>	<b>100.0</b>	<b>401</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

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## Type of Care

	Facilities <sup>1</sup>		Clients in Treatment on March 31, 2011				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>95</b>	<b>77.2</b>	<b>5,534</b>	<b>87.1</b>	<b>35</b>	<b>739</b>	<b>90.7</b>
Regular	94	76.4	4,285	67.4	23		
Intensive	44	35.8	638	10.0	8		
Day treatment/partial hospitalization	9	7.3	75	1.2	6		
Detoxification	6	4.9	34	0.5	2		
Methadone maintenance	3	2.4	502	7.9	112		
<b>Residential (non-hospital)</b>	<b>44</b>	<b>35.8</b>	<b>806</b>	<b>12.7</b>	<b>15</b>	<b>64</b>	<b>7.9</b>
Short term	19	15.4	256	4.0	9		
Long term	33	26.8	519	8.2	14		
Detoxification	8	6.5	31	0.5	2		
<b>Hospital Inpatient</b>	<b>2</b>	<b>1.6</b>	<b>14</b>	<b>0.2</b>	<b>1</b>	<b>12</b>	<b>1.5</b>
Treatment	2	1.6	12	0.2	0		
Detoxification	2	1.6	2	0.0	1		
<b>Total</b>	<b>123</b>		<b>6,354</b>	<b>100.0</b>	<b>29</b>	<b>815</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

## Opioid Treatment Programs (OTPs)

	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>3</b>	<b>0.3</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	513	98.1
Buprenorphine	10	1.9
<b>Total</b>	<b>523</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

## Facility Payment Options

	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	108	87.8
Private health insurance	84	68.3
Medicare	52	42.3
Medicaid	89	72.4
Other State-financed health insurance	50	40.7
Federal military insurance	66	53.7
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A
Accepts HIS/638 contract care funds	8	6.5
No payment accepted	7	5.7
Accepts other payments	1	0.8
Sliding fee scale	89	72.4
Treatment at no charge for clients who cannot pay	63	51.2

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

## Facility Licensing, Certification, or Accreditation

	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	113	91.9
State substance abuse agency	99	80.5
State mental health department	47	38.2
State department of health	78	63.4
Hospital licensing authority	11	8.9
The Joint Commission	26	21.1
CARF <sup>2</sup>	42	34.1
NCQA <sup>3</sup>	1	0.8
COA <sup>4</sup>	25	20.3
Other State/Local Agency/Org	6	4.9

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

## Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	100	81.3

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>116</b>	<b>94.3</b>
Screening for substance abuse	109	88.6
Screening for mental health disorders	94	76.4
Comprehensive substance abuse assessment or diagnosis	102	82.9
Comprehensive mental health assessment or diagnosis	60	48.8
Screening for tobacco use	46	37.4
Outreach to persons in the community who may need treatment	62	50.4
Interim services for clients when immediate admission is not possible	74	60.2
<b>Testing</b>	<b>76</b>	<b>61.8</b>
Breathalyzer or blood alcohol testing	54	43.9
Drug or alcohol urine screening	71	57.7
Screening for Hepatitis B	26	21.1
Screening for Hepatitis C	26	21.1
HIV testing	18	14.6
STD testing	16	13.0
TB screening	35	28.5
<b>Counseling</b>	<b>122</b>	<b>99.2</b>
Individual counseling	122	99.2
Group counseling	108	87.8
Family counseling	111	90.2
Marital/couples counseling	95	77.2
<b>Transitional Services</b>	<b>122</b>	<b>99.2</b>
Discharge planning	119	96.7
Aftercare/continuing care	115	93.5
<b>Pharmacotherapies</b>	<b>51</b>	<b>41.5</b>
Medications for psychiatric disorders	44	35.8
Nicotine replacement	22	17.9
Campral <sup>®</sup>	17	13.8
Antabuse <sup>®</sup>	15	12.2
Naltrexone (oral)	14	11.4
Vivitrol <sup>®</sup> (injectable Naltrexone)	10	8.1
Buprenorphine	10	8.1
Subutex <sup>®</sup> or generic	8	6.5
Suboxone <sup>®</sup>	10	8.1
Methadone	6	4.9
Non-nicotine smoking/tobacco cessation medications	18	14.6
<b>Ancillary Services</b>	<b>121</b>	<b>98.4</b>
Case management services	95	77.2
Social skills development	83	67.5
Mentoring/peer support	62	50.4
Child care for clients' children	9	7.3
Assistance with obtaining social services	51	41.5
Employment counseling or training for clients	30	24.4
Assistance in locating housing for clients	45	36.6
Domestic violence	45	36.6
Early intervention for HIV	11	8.9
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	48	39.0
Hepatitis education, counseling, or support	37	30.1
Health education other than HIV/AIDS or hepatitis	54	43.9
Substance abuse education	110	89.4
Transportation assistance to treatment	45	36.6
Mental health services	95	77.2
Acupuncture	3	2.4
Residential beds for clients' children	5	4.1
Self-help groups	64	52.0
Smoking cessation counseling	25	20.3

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	116	94.3
Relapse prevention	117	95.1
Cognitive-behavioral therapy	116	94.3
12-step facilitation	108	87.8
Motivational interviewing	113	91.9
Anger management	98	79.7
Brief intervention	106	86.2
Contingency management/motivational incentives	74	60.2
Trauma-related counseling	106	86.2
Rational emotive behavioral therapy (REBT)	64	52.0
Matrix model	39	31.7
Community reinforcement plus vouchers	17	13.8
Other treatment approaches	17	13.8

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	37	1
Number of clients <sup>2</sup>	754	2
Number of designated beds	902	3
Utilization rate (%)	83.6	66.7
No. of designated beds/facility (avg.)	24	3

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

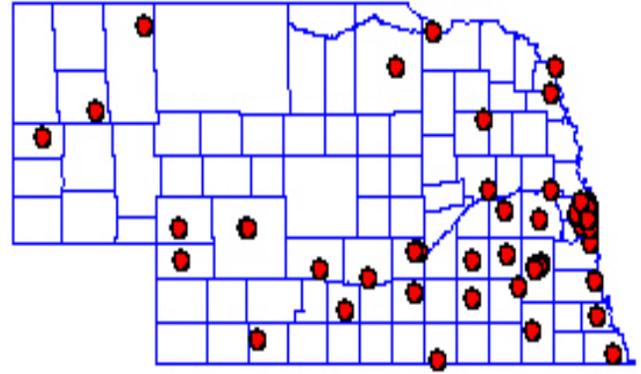
	Facilities	
	No.	%
Any program or group	71	57.7
Co-occurring disorders	33	26.8
Adult women	28	22.8
Adolescents	23	18.7
DUI/DWI offenders	18	14.6
Criminal justice clients	15	12.2
Adult men	17	13.8
Pregnant or postpartum women	11	8.9
Persons with HIV or AIDS	3	2.4
Seniors or older adults	4	3.3
Lesbian, gay, bisexual, or transgender clients (LGBT)	4	3.3
Other groups	9	7.3

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	42	34.1
Any language other than English	52	42.3
<b>Non-English Language Provided by:</b>		
On-call interpreter only	37	71.2
Staff counselor only	1	1.9
Both staff counselor and on-call interpreter	14	26.9
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	15	100.0
American Indian/Alaska Native languages	0	0.0
Other	4	26.7

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

- Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>