

2011 State Profile — New Hampshire

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Hampshire, 54 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 5,931 clients in substance abuse treatment on March 31, 2011. The survey response rate in New Hampshire was 88.7%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	38	70.4	3,758	63.4	398	90.2
Private for-profit	12	22.2	2,076	35.0	15	3.4
Local, county, or community government	1	1.9	25	0.4	20	4.5
State government	2	3.7	64	1.1	8	1.8
Federal government	1	1.9	8	0.1	0	0.0
Dept. of Veterans Affairs	0	0.0	0	0.0	0	0.0
Dept. of Defense	1	1.9	8	0.1	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	54	100.0	5,931	100.0	441	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	31	57.4	3,419	57.6	98	22.2
Mental health services	11	20.4	2,113	35.6	272	61.7
Mix of mental health & substance abuse treatment services	10	18.5	357	6.0	51	11.6
General health care	1	1.9	17	0.3	0	0.0
Other/unknown	1	1.9	25	0.4	20	4.5
Total	54	100.0	5,931	100.0	441	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	42	87.5	2,580	43.5	219
Clients with drug abuse only	40	83.3	2,537	42.8	238
Clients with alcohol abuse only	35	72.9	814	13.7	72
Total²	48		5,931	100.0	529

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	40	74.1	5,350	90.2	50	430	97.5
Regular	35	64.8	3,017	50.9	18		
Intensive	13	24.1	330	5.6	15		
Day treatment/partial hospitalization	1	1.9	5	0.1	5		
Detoxification	12	22.2	61	1.0	3		
Methadone maintenance	10	18.5	1,937	32.7	166		
Residential (non-hospital)	19	35.2	575	9.7	15	11	2.5
Short term	9	16.7	98	1.7	8		
Long term	14	25.9	210	3.5	12		
Detoxification	7	13.0	267	4.5	7		
Hospital Inpatient	2	3.7	6	0.1	3	0	0.0
Treatment	0	0.0	0	0.0	0		
Detoxification	2	3.7	6	0.1	3		
Total	54		5,931	100.0	30	441	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	8	0.7
Clients in Facilities with OTPs		
Methadone	1,984	99.9
Buprenorphine	1	0.1
Total	1,985	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	46	85.2
Private health insurance	31	57.4
Medicare	15	27.8
Medicaid	28	51.9
Other State-financed health insurance	12	22.2
Federal military insurance	17	31.5
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	2	3.7
No payment accepted	5	9.3
Accepts other payments	2	3.7
Sliding fee scale	34	63.0
Treatment at no charge for clients who cannot pay	34	63.0

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	49	90.7
State substance abuse agency	40	74.1
State mental health department	15	27.8
State department of health	26	48.1
Hospital licensing authority	5	9.3
The Joint Commission	6	11.1
CARF ²	13	24.1
NCQA ³	0	0.0
COA ⁴	1	1.9
Other State/Local Agency/Org	3	5.6

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	34	63.0

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	53	98.1
Screening for substance abuse	51	94.4
Screening for mental health disorders	38	70.4
Comprehensive substance abuse assessment or diagnosis	46	85.2
Comprehensive mental health assessment or diagnosis	26	48.1
Screening for tobacco use	27	50.0
Outreach to persons in the community who may need treatment	26	48.1
Interim services for clients when immediate admission is not possible	25	46.3
Testing	42	77.8
Breathalyzer or blood alcohol testing	34	63.0
Drug or alcohol urine screening	42	77.8
Screening for Hepatitis B	15	27.8
Screening for Hepatitis C	14	25.9
HIV testing	14	25.9
STD testing	11	20.4
TB screening	18	33.3
Counseling	54	100.0
Individual counseling	53	98.1
Group counseling	47	87.0
Family counseling	45	83.3
Marital/couples counseling	36	66.7
Transitional Services	52	96.3
Discharge planning	49	90.7
Aftercare/continuing care	47	87.0
Pharmacotherapies	29	53.7
Medications for psychiatric disorders	20	37.0
Nicotine replacement	15	27.8
Campral [®]	13	24.1
Antabuse [®]	11	20.4
Naltrexone (oral)	13	24.1
Vivitrol [®] (injectable Naltrexone)	6	11.1
Buprenorphine	17	31.5
Subutex [®] or generic	7	13.0
Suboxone [®]	17	31.5
Methadone	8	14.8
Non-nicotine smoking/tobacco cessation medications	11	20.4
Ancillary Services	54	100.0
Case management services	41	75.9
Social skills development	37	68.5
Mentoring/peer support	29	53.7
Child care for clients' children	2	3.7
Assistance with obtaining social services	23	42.6
Employment counseling or training for clients	18	33.3
Assistance in locating housing for clients	21	38.9
Domestic violence	16	29.6
Early intervention for HIV	10	18.5
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	30	55.6
Hepatitis education, counseling, or support	23	42.6
Health education other than HIV/AIDS or hepatitis	29	53.7
Substance abuse education	53	98.1
Transportation assistance to treatment	14	25.9
Mental health services	30	55.6
Acupuncture	0	0.0
Residential beds for clients' children	3	5.6
Self-help groups	26	48.1
Smoking cessation counseling	18	33.3

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	54	100.0
Relapse prevention	51	94.4
Cognitive-behavioral therapy	50	92.6
12-step facilitation	41	75.9
Motivational interviewing	49	90.7
Anger management	44	81.5
Brief intervention	45	83.3
Contingency management/motivational incentives	21	38.9
Trauma-related counseling	42	77.8
Rational emotive behavioral therapy (REBT)	25	46.3
Matrix model	20	37.0
Community reinforcement plus vouchers	3	5.6
Other treatment approaches	12	22.2

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	17	1
Number of clients ²	556	6
Number of designated beds	314	15
Utilization rate (%)	177.1	40.0
No. of designated beds/facility (avg.)	18	15

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

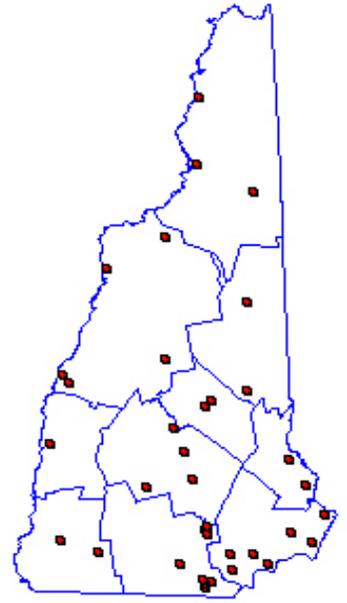
	Facilities	
	No.	%
Any program or group	40	74.1
Co-occurring disorders	15	27.8
Adult women	15	27.8
Adolescents	8	14.8
DUI/DWI offenders	10	18.5
Criminal justice clients	6	11.1
Adult men	13	24.1
Pregnant or postpartum women	8	14.8
Persons with HIV or AIDS	0	0.0
Seniors or older adults	2	3.7
Lesbian, gay, bisexual, or transgender clients (LGBT)	1	1.9
Other groups	6	11.1

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	12	22.2
Any language other than English	18	33.3
Non-English Language Provided by:		
On-call interpreter only	3	16.7
Staff counselor only	8	44.4
Both staff counselor and on-call interpreter	7	38.9
Languages Provided by Staff Counselor:¹		
Spanish	13	86.7
American Indian/Alaska Native languages	0	0.0
Other	9	60.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/