

# 2011 State Profile — New Jersey

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Jersey, 361 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 31,777 clients in substance abuse treatment on March 31, 2011. The survey response rate in New Jersey was 93.4%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	210	58.2	20,481	64.5	1,348	70.2
Private for-profit	127	35.2	9,258	29.1	461	24.0
Local, county, or community government	14	3.9	1,173	3.7	110	5.7
State government	6	1.7	590	1.9	2	0.1
Federal government	4	1.1	275	0.9	0	0.0
Dept. of Veterans Affairs	1	0.3	205	0.6	0	0.0
Dept. of Defense	2	0.6	50	0.2	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	1	0.3	20	0.1	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>361</b>	<b>100.0</b>	<b>31,777</b>	<b>100.0</b>	<b>1,921</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	200	55.4	21,817	68.7	1,093	56.9
Mental health services	31	8.6	1,079	3.4	31	1.6
Mix of mental health & substance abuse treatment services	124	34.3	8,516	26.8	796	41.4
General health care	3	0.8	283	0.9	1	0.1
Other/unknown	3	0.8	82	0.3	0	0.0
<b>Total</b>	<b>361</b>	<b>100.0</b>	<b>31,777</b>	<b>100.0</b>	<b>1,921</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011			
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	323	92.6	13,331	42.0	180	
Clients with drug abuse only	270	77.4	14,187	44.6	202	
Clients with alcohol abuse only	279	79.9	4,259	13.4	58	
<b>Total<sup>2</sup></b>	<b>349</b>		<b>31,777</b>	<b>100.0</b>	<b>440</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>323</b>	<b>89.5</b>	<b>28,811</b>	<b>90.7</b>	<b>42</b>	<b>1,661</b>	<b>86.5</b>
Regular	295	81.7	10,497	33.0	22		
Intensive	196	54.3	5,416	17.0	20		
Day treatment/partial hospitalization	64	17.7	1,310	4.1	8		
Detoxification	33	9.1	297	0.9	2		
Methadone maintenance	37	10.2	11,291	35.5	250		
<b>Residential (non-hospital)</b>	<b>56</b>	<b>15.5</b>	<b>2,448</b>	<b>7.7</b>	<b>36</b>	<b>247</b>	<b>12.9</b>
Short term	23	6.4	627	2.0	18		
Long term	47	13.0	1,768	5.6	32		
Detoxification	8	2.2	53	0.2	5		
<b>Hospital Inpatient</b>	<b>16</b>	<b>4.4</b>	<b>518</b>	<b>1.6</b>	<b>13</b>	<b>13</b>	<b>0.7</b>
Treatment	10	2.8	335	1.1	13		
Detoxification	15	4.2	183	0.6	9		
<b>Total</b>	<b>361</b>		<b>31,777</b>	<b>100.0</b>	<b>45</b>	<b>1,921</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>36</b>	<b>3.0</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	11,401	98.1
Buprenorphine	216	1.9
<b>Total</b>	<b>11,617</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	322	89.2
Private health insurance	213	59.0
Medicare	100	27.7
Medicaid	184	51.0
Other State-financed health insurance	101	28.0
Federal military insurance	88	24.4
Access to Recovery (ATR) vouchers <sup>2</sup>	29	8.0
Accepts HIS/638 contract care funds	2	0.6
No payment accepted	18	5.0
Accepts other payments	1	0.3
Sliding fee scale	267	74.0
Treatment at no charge for clients who cannot pay	208	57.6

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	315	87.3
State substance abuse agency	278	77.0
State mental health department	117	32.4
State department of health	135	37.4
Hospital licensing authority	30	8.3
The Joint Commission	56	15.5
CARF <sup>2</sup>	73	20.2
NCQA <sup>3</sup>	6	1.7
COA <sup>4</sup>	18	5.0
Other State/Local Agency/Org	23	6.4

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	214	59.3

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>361</b>	<b>100.0</b>
Screening for substance abuse	340	94.2
Screening for mental health disorders	236	65.4
Comprehensive substance abuse assessment or diagnosis	338	93.6
Comprehensive mental health assessment or diagnosis	181	50.1
Screening for tobacco use	191	52.9
Outreach to persons in the community who may need treatment	171	47.4
Interim services for clients when immediate admission is not possible	138	38.2
<b>Testing</b>	<b>326</b>	<b>90.3</b>
Breathalyzer or blood alcohol testing	182	50.4
Drug or alcohol urine screening	319	88.4
Screening for Hepatitis B	55	15.2
Screening for Hepatitis C	59	16.3
HIV testing	86	23.8
STD testing	53	14.7
TB screening	93	25.8
<b>Counseling</b>	<b>357</b>	<b>98.9</b>
Individual counseling	353	97.8
Group counseling	336	93.1
Family counseling	319	88.4
Marital/couples counseling	242	67.0
<b>Transitional Services</b>	<b>349</b>	<b>96.7</b>
Discharge planning	337	93.4
Aftercare/continuing care	298	82.5
<b>Pharmacotherapies</b>	<b>176</b>	<b>48.8</b>
Medications for psychiatric disorders	141	39.1
Nicotine replacement	57	15.8
Campral <sup>®</sup>	59	16.3
Antabuse <sup>®</sup>	35	9.7
Naltrexone (oral)	55	15.2
Vivitrol <sup>®</sup> (injectable Naltrexone)	40	11.1
Buprenorphine	72	19.9
Subutex <sup>®</sup> or generic	32	8.9
Suboxone <sup>®</sup>	71	19.7
Methadone	45	12.5
Non-nicotine smoking/tobacco cessation medications	32	8.9
<b>Ancillary Services</b>	<b>359</b>	<b>99.4</b>
Case management services	294	81.4
Social skills development	266	73.7
Mentoring/peer support	158	43.8
Child care for clients' children	28	7.8
Assistance with obtaining social services	197	54.6
Employment counseling or training for clients	136	37.7
Assistance in locating housing for clients	144	39.9
Domestic violence	135	37.4
Early intervention for HIV	102	28.3
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	190	52.6
Hepatitis education, counseling, or support	138	38.2
Health education other than HIV/AIDS or hepatitis	177	49.0
Substance abuse education	348	96.4
Transportation assistance to treatment	139	38.5
Mental health services	247	68.4
Acupuncture	3	0.8
Residential beds for clients' children	7	1.9
Self-help groups	166	46.0
Smoking cessation counseling	128	35.5

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	353	97.8
Relapse prevention	333	92.2
Cognitive-behavioral therapy	325	90.0
12-step facilitation	303	83.9
Motivational interviewing	314	87.0
Anger management	302	83.7
Brief intervention	291	80.6
Contingency management/motivational incentives	204	56.5
Trauma-related counseling	234	64.8
Rational emotive behavioral therapy (REBT)	205	56.8
Matrix model	121	33.5
Community reinforcement plus vouchers	41	11.4
Other treatment approaches	50	13.9

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	53	12
Number of clients <sup>2</sup>	2,409	283
Number of designated beds	2,671	372
Utilization rate (%)	90.2	76.1
No. of designated beds/facility (avg.)	50	31

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

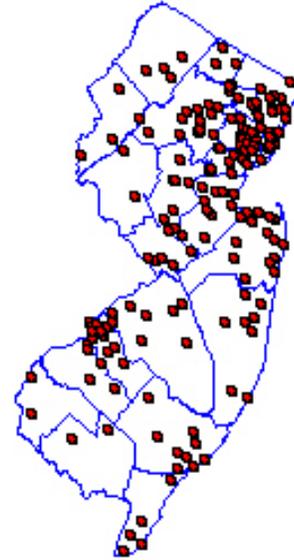
	Facilities	
	No.	%
Any program or group	308	85.3
Co-occurring disorders	122	33.8
Adult women	128	35.5
Adolescents	99	27.4
DUI/DWI offenders	169	46.8
Criminal justice clients	76	21.1
Adult men	94	26.0
Pregnant or postpartum women	53	14.7
Persons with HIV or AIDS	43	11.9
Seniors or older adults	22	6.1
Lesbian, gay, bisexual, or transgender clients (LGBT)	23	6.4
Other groups	44	12.2

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	52	14.4
Any language other than English	133	36.8
<b>Non-English Language Provided by:</b>		
On-call interpreter only	19	14.3
Staff counselor only	85	63.9
Both staff counselor and on-call interpreter	29	21.8
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	109	95.6
American Indian/Alaska Native languages	0	0.0
Other	35	30.7

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)

- Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>