

2011 State Profile — New Mexico

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In New Mexico, 145 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 12,664 clients in substance abuse treatment on March 31, 2011. The survey response rate in New Mexico was 91.9%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	91	62.8	6,324	49.9	603	61.1
Private for-profit	23	15.9	3,195	25.2	77	7.8
Local, county, or community government	3	2.1	175	1.4	0	0.0
State government	4	2.8	823	6.5	8	0.8
Federal government	7	4.8	737	5.8	71	7.2
Dept. of Veterans Affairs	2	1.4	317	2.5	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	5	3.4	420	3.3	71	7.2
Other	0	0.0	0	0.0	0	0.0
Tribal government	17	11.7	1,410	11.1	228	23.1
Total	145	100.0	12,664	100.0	987	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	45	31.0	4,229	33.4	150	15.2
Mental health services	10	6.9	289	2.3	99	10.0
Mix of mental health & substance abuse treatment services	81	55.9	7,753	61.2	710	71.9
General health care	8	5.5	337	2.7	18	1.8
Other/unknown	1	0.7	56	0.4	10	1.0
Total	145	100.0	12,664	100.0	987	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	121	91.0	5,632	44.5	336
Clients with drug abuse only	104	78.2	3,229	25.5	193
Clients with alcohol abuse only	112	84.2	3,798	30.0	218
Total²	133		12,659	100.0	747

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	123	84.8	11,621	91.8	50	931	94.3
Regular	117	80.7	8,479	67.0	35		
Intensive	77	53.1	1,128	8.9	12		
Day treatment/partial hospitalization	15	10.3	83	0.7	1		
Detoxification	17	11.7	199	1.6	2		
Methadone maintenance	10	6.9	1,732	13.7	96		
Residential (non-hospital)	32	22.1	896	7.1	11	23	2.3
Short term	22	15.2	273	2.2	10		
Long term	26	17.9	345	2.7	9		
Detoxification	9	6.2	278	2.2	10		
Hospital Inpatient	4	2.8	147	1.2	23	33	3.3
Treatment	4	2.8	113	0.9	20		
Detoxification	4	2.8	34	0.3	7		
Total	145		12,664	100.0	44	987	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	6	0.5
Clients in Facilities with OTPs		
Methadone	1,720	96.6
Buprenorphine	60	3.4
Total	1,780	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	107	73.8
Private health insurance	89	61.4
Medicare	60	41.4
Medicaid	100	69.0
Other State-financed health insurance	80	55.2
Federal military insurance	57	39.3
Access to Recovery (ATR) vouchers ²	48	33.1
Accepts HIS/638 contract care funds	22	15.2
No payment accepted	8	5.5
Accepts other payments	2	1.4
Sliding fee scale	85	58.6
Treatment at no charge for clients who cannot pay	108	74.5

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	104	71.7
State substance abuse agency	62	42.8
State mental health department	51	35.2
State department of health	79	54.5
Hospital licensing authority	10	6.9
The Joint Commission	22	15.2
CARF ²	15	10.3
NCQA ³	5	3.4
COA ⁴	4	2.8
Other State/Local Agency/Org	14	9.7

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	112	77.2

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	143	98.6
Screening for substance abuse	136	93.8
Screening for mental health disorders	119	82.1
Comprehensive substance abuse assessment or diagnosis	125	86.2
Comprehensive mental health assessment or diagnosis	89	61.4
Screening for tobacco use	74	51.0
Outreach to persons in the community who may need treatment	104	71.7
Interim services for clients when immediate admission is not possible	83	57.2
Testing	105	72.4
Breathalyzer or blood alcohol testing	75	51.7
Drug or alcohol urine screening	97	66.9
Screening for Hepatitis B	31	21.4
Screening for Hepatitis C	33	22.8
HIV testing	37	25.5
STD testing	31	21.4
TB screening	43	29.7
Counseling	144	99.3
Individual counseling	144	99.3
Group counseling	136	93.8
Family counseling	132	91.0
Marital/couples counseling	106	73.1
Transitional Services	135	93.1
Discharge planning	131	90.3
Aftercare/continuing care	108	74.5
Pharmacotherapies	74	51.0
Medications for psychiatric disorders	64	44.1
Nicotine replacement	27	18.6
Campral [®]	18	12.4
Antabuse [®]	33	22.8
Naltrexone (oral)	28	19.3
Vivitrol [®] (injectable Naltrexone)	17	11.7
Buprenorphine	30	20.7
Subutex [®] or generic	17	11.7
Suboxone [®]	27	18.6
Methadone	9	6.2
Non-nicotine smoking/tobacco cessation medications	28	19.3
Ancillary Services	142	97.9
Case management services	111	76.6
Social skills development	114	78.6
Mentoring/peer support	78	53.8
Child care for clients' children	4	2.8
Assistance with obtaining social services	96	66.2
Employment counseling or training for clients	60	41.4
Assistance in locating housing for clients	82	56.6
Domestic violence	94	64.8
Early intervention for HIV	33	22.8
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	66	45.5
Hepatitis education, counseling, or support	56	38.6
Health education other than HIV/AIDS or hepatitis	76	52.4
Substance abuse education	135	93.1
Transportation assistance to treatment	68	46.9
Mental health services	118	81.4
Acupuncture	21	14.5
Residential beds for clients' children	4	2.8
Self-help groups	68	46.9
Smoking cessation counseling	45	31.0

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	141	97.2
Relapse prevention	135	93.1
Cognitive-behavioral therapy	134	92.4
12-step facilitation	96	66.2
Motivational interviewing	127	87.6
Anger management	131	90.3
Brief intervention	116	80.0
Contingency management/motivational incentives	87	60.0
Trauma-related counseling	116	80.0
Rational emotive behavioral therapy (REBT)	56	38.6
Matrix model	83	57.2
Community reinforcement plus vouchers	37	25.5
Other treatment approaches	30	20.7

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	23	3
Number of clients ²	679	138
Number of designated beds	546	67
Utilization rate (%)	124.4	206.0
No. of designated beds/facility (avg.)	24	22

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	116	80.0
Co-occurring disorders	61	42.1
Adult women	47	32.4
Adolescents	46	31.7
DUI/DWI offenders	43	29.7
Criminal justice clients	44	30.3
Adult men	34	23.4
Pregnant or postpartum women	17	11.7
Persons with HIV or AIDS	10	6.9
Seniors or older adults	12	8.3
Lesbian, gay, bisexual, or transgender clients (LGBT)	11	7.6
Other groups	28	19.3

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	21	14.5
Any language other than English	95	65.5
Non-English Language Provided by:		
On-call interpreter only	6	6.3
Staff counselor only	61	64.2
Both staff counselor and on-call interpreter	28	29.5
Languages Provided by Staff Counselor:¹		
Spanish	68	76.4
American Indian/Alaska Native languages	34	38.2
Other	8	9.0

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

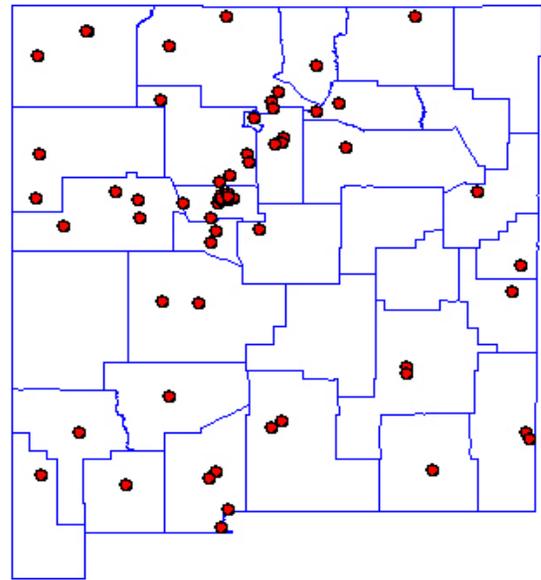
Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

Location of Treatment Facilities



• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>