

# 2011 State Profile — Oklahoma

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Oklahoma, 197 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 14,858 clients in substance abuse treatment on March 31, 2011. The survey response rate in Oklahoma was 94.1%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	112	56.9	7,608	51.2	1,077	68.5
Private for-profit	48	24.4	4,207	28.3	247	15.7
Local, county, or community government	4	2.0	166	1.1	43	2.7
State government	6	3.0	630	4.2	36	2.3
Federal government	8	4.1	1,126	7.6	0	0.0
Dept. of Veterans Affairs	3	1.5	1,022	6.9	0	0.0
Dept. of Defense	2	1.0	6	0.0	0	0.0
Indian Health Service	3	1.5	98	0.7	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	19	9.6	1,121	7.5	170	10.8
<b>Total</b>	<b>197</b>	<b>100.0</b>	<b>14,858</b>	<b>100.0</b>	<b>1,573</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	97	49.2	7,897	53.2	564	35.9
Mental health services	15	7.6	675	4.5	61	3.9
Mix of mental health & substance abuse treatment services	75	38.1	5,590	37.6	933	59.3
General health care	4	2.0	444	3.0	2	0.1
Other/unknown	6	3.0	252	1.7	13	0.8
<b>Total</b>	<b>197</b>	<b>100.0</b>	<b>14,858</b>	<b>100.0</b>	<b>1,573</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011			
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	175	91.6	7,155	48.2	217	
Clients with drug abuse only	154	80.6	5,319	35.8	174	
Clients with alcohol abuse only	148	77.5	2,384	16.0	75	
<b>Total<sup>2</sup></b>	<b>191</b>		<b>14,858</b>	<b>100.0</b>	<b>465</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

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Type of Care	Clients in Treatment on March 31, 2011						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>169</b>	<b>85.8</b>	<b>13,409</b>	<b>90.2</b>	<b>45</b>	<b>1,349</b>	<b>85.8</b>
Regular	165	83.8	9,479	63.8	29		
Intensive	72	36.5	849	5.7	8		
Day treatment/partial hospitalization	8	4.1	18	0.1	0		
Detoxification	16	8.1	319	2.1	2		
Methadone maintenance	15	7.6	2,744	18.5	180		
<b>Residential (non-hospital)</b>	<b>43</b>	<b>21.8</b>	<b>1,329</b>	<b>8.9</b>	<b>24</b>	<b>188</b>	<b>12.0</b>
Short term	17	8.6	325	2.2	6		
Long term	38	19.3	980	6.6	23		
Detoxification	10	5.1	24	0.2	0		
<b>Hospital Inpatient</b>	<b>11</b>	<b>5.6</b>	<b>120</b>	<b>0.8</b>	<b>4</b>	<b>36</b>	<b>2.3</b>
Treatment	8	4.1	57	0.4	2		
Detoxification	9	4.6	63	0.4	4		
<b>Total</b>	<b>197</b>		<b>14,858</b>	<b>100.0</b>	<b>39</b>	<b>1,573</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>15</b>	<b>1.3</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	3,036	99.6
Buprenorphine	13	0.4
<b>Total</b>	<b>3,049</b>	<b>100</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	167	84.8
Private health insurance	85	43.1
Medicare	47	23.9
Medicaid	142	72.1
Other State-financed health insurance	66	33.5
Federal military insurance	58	29.4
Access to Recovery (ATR) vouchers <sup>2</sup>	36	18.3
Accepts HIS/638 contract care funds	15	7.6
No payment accepted	3	1.5
Accepts other payments	1	0.5
Sliding fee scale	104	52.8
Treatment at no charge for clients who cannot pay	130	66.0

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	185	93.9
State substance abuse agency	156	79.2
State mental health department	120	60.9
State department of health	42	21.3
Hospital licensing authority	6	3.0
The Joint Commission	26	13.2
CARF <sup>2</sup>	125	63.5
NCQA <sup>3</sup>	2	1.0
COA <sup>4</sup>	13	6.6
Other State/Local Agency/Org	12	6.1

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	110	55.8

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>196</b>	<b>99.5</b>
Screening for substance abuse	194	98.5
Screening for mental health disorders	158	80.2
Comprehensive substance abuse assessment or diagnosis	182	92.4
Comprehensive mental health assessment or diagnosis	75	38.1
Screening for tobacco use	118	59.9
Outreach to persons in the community who may need treatment	160	81.2
Interim services for clients when immediate admission is not possible	132	67.0
<b>Testing</b>	<b>140</b>	<b>71.1</b>
Breathalyzer or blood alcohol testing	73	37.1
Drug or alcohol urine screening	139	70.6
Screening for Hepatitis B	23	11.7
Screening for Hepatitis C	32	16.2
HIV testing	36	18.3
STD testing	29	14.7
TB screening	45	22.8
<b>Counseling</b>	<b>192</b>	<b>97.5</b>
Individual counseling	192	97.5
Group counseling	188	95.4
Family counseling	169	85.8
Marital/couples counseling	129	65.5
<b>Transitional Services</b>	<b>197</b>	<b>100.0</b>
Discharge planning	192	97.5
Aftercare/continuing care	173	87.8
<b>Pharmacotherapies</b>	<b>58</b>	<b>29.4</b>
Medications for psychiatric disorders	37	18.8
Nicotine replacement	32	16.2
Campral <sup>®</sup>	11	5.6
Antabuse <sup>®</sup>	7	3.6
Naltrexone (oral)	9	4.6
Vivitrol <sup>®</sup> (injectable Naltrexone)	6	3.0
Buprenorphine	9	4.6
Subutex <sup>®</sup> or generic	7	3.6
Suboxone <sup>®</sup>	7	3.6
Methadone	17	8.6
Non-nicotine smoking/tobacco cessation medications	20	10.2
<b>Ancillary Services</b>	<b>197</b>	<b>100.0</b>
Case management services	182	92.4
Social skills development	144	73.1
Mentoring/peer support	113	57.4
Child care for clients' children	11	5.6
Assistance with obtaining social services	123	62.4
Employment counseling or training for clients	61	31.0
Assistance in locating housing for clients	108	54.8
Domestic violence	81	41.1
Early intervention for HIV	40	20.3
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	132	67.0
Hepatitis education, counseling, or support	98	49.7
Health education other than HIV/AIDS or hepatitis	96	48.7
Substance abuse education	191	97.0
Transportation assistance to treatment	73	37.1
Mental health services	126	64.0
Acupuncture	0	0.0
Residential beds for clients' children	9	4.6
Self-help groups	76	38.6
Smoking cessation counseling	86	43.7

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	190	96.4
Relapse prevention	187	94.9
Cognitive-behavioral therapy	186	94.4
12-step facilitation	135	68.5
Motivational interviewing	166	84.3
Anger management	176	89.3
Brief intervention	161	81.7
Contingency management/motivational incentives	126	64.0
Trauma-related counseling	156	79.2
Rational emotive behavioral therapy (REBT)	120	60.9
Matrix model	98	49.7
Community reinforcement plus vouchers	26	13.2
Other treatment approaches	31	15.7

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	40	6
Number of clients <sup>2</sup>	1,320	103
Number of designated beds	1,422	144
Utilization rate (%)	92.8	71.5
No. of designated beds/facility (avg.)	36	24

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

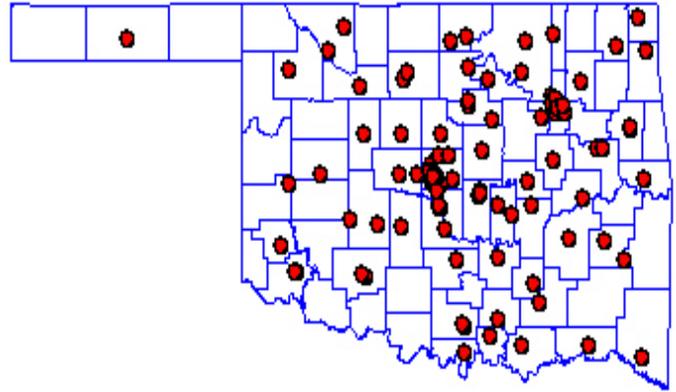
	Facilities	
	No.	%
Any program or group	164	83.2
Co-occurring disorders	95	48.2
Adult women	75	38.1
Adolescents	69	35.0
DUI/DWI offenders	46	23.4
Criminal justice clients	76	38.6
Adult men	59	29.9
Pregnant or postpartum women	24	12.2
Persons with HIV or AIDS	15	7.6
Seniors or older adults	17	8.6
Lesbian, gay, bisexual, or transgender clients (LGBT)	11	5.6
Other groups	16	8.1

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	66	33.5
Any language other than English	60	30.5
<b>Non-English Language Provided by:</b>		
On-call interpreter only	41	68.3
Staff counselor only	9	15.0
Both staff counselor and on-call interpreter	10	16.7
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	18	94.7
American Indian/Alaska Native languages	2	10.5
Other	4	21.1

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)