

2011 State Profile — Puerto Rico

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Puerto Rico, 152 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 16,166 clients in substance abuse treatment on March 31, 2011. The survey response rate in Puerto Rico was 92.4%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	113	74.3	4,587	28.4	1,763	81.1
Private for-profit	10	6.6	1,097	6.8	38	1.7
Local, county, or community government	3	2.0	72	0.4	0	0.0
State government	25	16.4	10,033	62.1	373	17.2
Federal government	1	0.7	377	2.3	0	0.0
Dept. of Veterans Affairs	1	0.7	377	2.3	0	0.0
Dept. of Defense	0	0.0	0	0.0	0	0.0
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
Total	152	100.0	16,166	100.0	2,174	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	121	79.6	13,344	82.5	1,833	84.3
Mental health services	4	2.6	227	1.4	189	8.7
Mix of mental health & substance abuse treatment services	25	16.4	2,489	15.4	150	6.9
General health care	0	0.0	0	0.0	0	0.0
Other/unknown	2	1.3	106	0.7	2	0.1
Total	152	100.0	16,166	100.0	2,174	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011			
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	134	89.9	6,461	40.0	N/A	
Clients with drug abuse only	107	71.8	8,843	54.7		
Clients with alcohol abuse only	94	63.1	862	5.3		
Total²	149		16,166	100.0		

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

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Type of Care

	Facilities ¹		Clients in Treatment on March 31, 2011				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	41	27.0	10,720	66.3	68	419	19.3
Regular	33	21.7	2,089	12.9	16		
Intensive	26	17.1	282	1.7	10		
Day treatment/partial hospitalization	19	12.5	220	1.4	10		
Detoxification	12	7.9	122	0.8	2		
Methadone maintenance	8	5.3	8,007	49.5	940		
Residential (non-hospital)	117	77.0	4,860	30.1	21	1,755	80.7
Short term	24	15.8	259	1.6	5		
Long term	113	74.3	4,304	26.6	20		
Detoxification	32	21.1	297	1.8	0		
Hospital Inpatient	9	5.9	586	3.6	11	0	0.0
Treatment	9	5.9	501	3.1	4		
Detoxification	8	5.3	85	0.5	3		
Total	152		16,166	100.0	25	2,174	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)

	No.	%
Facilities with OTPs¹	7	0.6
Clients in Facilities with OTPs		
Methadone	8,118	100.0
Buprenorphine	0	0.0
Total	8,118	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options

	Facilities ¹	
	No.	%
Cash or self-payment	54	35.5
Private health insurance	22	14.5
Medicare	10	6.6
Medicaid	9	5.9
Other State-financed health insurance	26	17.1
Federal military insurance	9	5.9
Access to Recovery (ATR) vouchers ²	N/A	N/A
Accepts HIS/638 contract care funds	1	0.7
No payment accepted	89	58.6
Accepts other payments	2	1.3
Sliding fee scale	25	16.4
Treatment at no charge for clients who cannot pay	139	91.4

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation

	Facilities ¹	
	No.	%
Any listed agency/organization	151	99.3
State substance abuse agency	148	97.4
State mental health department	126	82.9
State department of health	129	84.9
Hospital licensing authority	21	13.8
The Joint Commission	52	34.2
CARF ²	24	15.8
NCQA ³	15	9.9
COA ⁴	14	9.2
Other State/Local Agency/Org	12	7.9

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding

	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	129	84.9

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	152	100.0
Screening for substance abuse	150	98.7
Screening for mental health disorders	66	43.4
Comprehensive substance abuse assessment or diagnosis	125	82.2
Comprehensive mental health assessment or diagnosis	76	50.0
Screening for tobacco use	31	20.4
Outreach to persons in the community who may need treatment	93	61.2
Interim services for clients when immediate admission is not possible	39	25.7
Testing	146	96.1
Breathalyzer or blood alcohol testing	32	21.1
Drug or alcohol urine screening	146	96.1
Screening for Hepatitis B	36	23.7
Screening for Hepatitis C	38	25.0
HIV testing	54	35.5
STD testing	43	28.3
TB screening	58	38.2
Counseling	150	98.7
Individual counseling	150	98.7
Group counseling	149	98.0
Family counseling	137	90.1
Marital/couples counseling	124	81.6
Transitional Services	135	88.8
Discharge planning	125	82.2
Aftercare/continuing care	96	63.2
Pharmacotherapies	37	24.3
Medications for psychiatric disorders	25	16.4
Nicotine replacement	7	4.6
Campral [®]	8	5.3
Antabuse [®]	7	4.6
Naltrexone (oral)	8	5.3
Vivitrol [®] (injectable Naltrexone)	3	2.0
Buprenorphine	11	7.2
Subutex [®] or generic	11	7.2
Suboxone [®]	11	7.2
Methadone	12	7.9
Non-nicotine smoking/tobacco cessation medications	9	5.9
Ancillary Services	148	97.4
Case management services	123	80.9
Social skills development	134	88.2
Mentoring/peer support	98	64.5
Child care for clients' children	10	6.6
Assistance with obtaining social services	116	76.3
Employment counseling or training for clients	79	52.0
Assistance in locating housing for clients	95	62.5
Domestic violence	47	30.9
Early intervention for HIV	82	53.9
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	107	70.4
Hepatitis education, counseling, or support	51	33.6
Health education other than HIV/AIDS or hepatitis	104	68.4
Substance abuse education	146	96.1
Transportation assistance to treatment	106	69.7
Mental health services	83	54.6
Acupuncture	16	10.5
Residential beds for clients' children	5	3.3
Self-help groups	40	26.3
Smoking cessation counseling	24	15.8

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	137	90.1
Relapse prevention	121	79.6
Cognitive-behavioral therapy	130	85.5
12-step facilitation	58	38.2
Motivational interviewing	127	83.6
Anger management	117	77.0
Brief intervention	120	78.9
Contingency management/motivational incentives	107	70.4
Trauma-related counseling	98	64.5
Rational emotive behavioral therapy (REBT)	97	63.8
Matrix model	58	38.2
Community reinforcement plus vouchers	52	34.2
Other treatment approaches	21	13.8

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	112	4
Number of clients ²	4,716	101
Number of designated beds	4,024	113
Utilization rate (%)	117.2	89.4
No. of designated beds/facility (avg.)	36	28

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

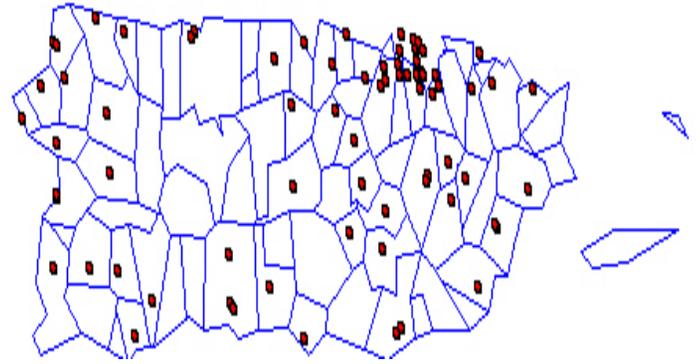
	Facilities	
	No.	%
Any program or group	110	72.4
Co-occurring disorders	37	24.3
Adult women	27	17.8
Adolescents	19	12.5
DUI/DWI offenders	11	7.2
Criminal justice clients	26	17.1
Adult men	55	36.2
Pregnant or postpartum women	11	7.2
Persons with HIV or AIDS	39	25.7
Seniors or older adults	22	14.5
Lesbian, gay, bisexual, or transgender clients (LGBT)	14	9.2
Other groups	6	3.9

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	13	8.6
Any language other than English	145	95.4
Non-English Language Provided by:		
On-call interpreter only	0	0.0
Staff counselor only	132	91.0
Both staff counselor and on-call interpreter	13	9.0
Languages Provided by Staff Counselor:¹		
Spanish	145	100.0
American Indian/Alaska Native languages	0	0.0
Other	1	0.7

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/