

# 2011 State Profile — Virginia

## National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Virginia, 213 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 21,731 clients in substance abuse treatment on March 31, 2011. The survey response rate in Virginia was 92.6%.

### Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	55	25.8	3,136	14.4	357	21.9
Private for-profit	52	24.4	7,052	32.5	635	39.0
Local, county, or community government	85	39.9	9,692	44.6	619	38.0
State government	10	4.7	767	3.5	17	1.0
Federal government	11	5.2	1,084	5.0	1	0.1
Dept. of Veterans Affairs	2	0.9	291	1.3	0	0.0
Dept. of Defense	9	4.2	793	3.6	1	0.1
Indian Health Service	0	0.0	0	0.0	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	0	0.0	0	0.0	0	0.0
<b>Total</b>	<b>213</b>	<b>100.0</b>	<b>21,731</b>	<b>100.0</b>	<b>1,629</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	81	38.0	7,852	36.1	193	11.8
Mental health services	13	6.1	1,156	5.3	315	19.3
Mix of mental health & substance abuse treatment services	115	54.0	12,190	56.1	1,106	67.9
General health care	2	0.9	378	1.7	0	0.0
Other/unknown	2	0.9	155	0.7	15	0.9
<b>Total</b>	<b>213</b>	<b>100.0</b>	<b>21,731</b>	<b>100.0</b>	<b>1,629</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 31, 2011			
			Clients <sup>3</sup>		Clients per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	166	89.7	9,795	45.1	142	
Clients with drug abuse only	154	83.2	8,004	36.8	122	
Clients with alcohol abuse only	152	82.2	3,932	18.1	58	
<b>Total<sup>2</sup></b>	<b>185</b>		<b>21,731</b>	<b>100.0</b>	<b>322</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities <sup>1</sup>		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
<b>Outpatient</b>	<b>178</b>	<b>83.6</b>	<b>20,203</b>	<b>93.0</b>	<b>70</b>	<b>1,430</b>	<b>87.8</b>
Regular	160	75.1	12,956	59.6	50		
Intensive	84	39.4	1,845	8.5	16		
Day treatment/partial hospitalization	29	13.6	358	1.6	9		
Detoxification	25	11.7	225	1.0	2		
Methadone maintenance	24	11.3	4,819	22.2	150		
<b>Residential (non-hospital)</b>	<b>43</b>	<b>20.2</b>	<b>1,194</b>	<b>5.5</b>	<b>14</b>	<b>178</b>	<b>10.9</b>
Short term	24	11.3	340	1.6	12		
Long term	30	14.1	753	3.5	8		
Detoxification	15	7.0	101	0.5	5		
<b>Hospital Inpatient</b>	<b>21</b>	<b>9.9</b>	<b>334</b>	<b>1.5</b>	<b>6</b>	<b>21</b>	<b>1.3</b>
Treatment	14	6.6	229	1.1	2		
Detoxification	15	7.0	105	0.5	6		
<b>Total</b>	<b>213</b>		<b>21,731</b>	<b>100.0</b>	<b>57</b>	<b>1,629</b>	<b>100.0</b>

<sup>1</sup>Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>20</b>	<b>1.7</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	4,799	95.6
Buprenorphine	220	4.4
<b>Total</b>	<b>5,019</b>	<b>100.0</b>

<sup>1</sup>Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	197	92.5
Private health insurance	155	72.8
Medicare	98	46.0
Medicaid	126	59.2
Other State-financed health insurance	80	37.6
Federal military insurance	109	51.2
Access to Recovery (ATR) vouchers <sup>2</sup>	N/A	N/A
Accepts HIS/638 contract care funds	4	1.9
No payment accepted	5	2.3
Accepts other payments	2	0.9
Sliding fee scale	127	59.6
Treatment at no charge for clients who cannot pay	93	43.7

<sup>1</sup>Facilities may accept more than one type of payment.

<sup>2</sup>Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	200	93.9
State substance abuse agency	173	81.2
State mental health department	152	71.4
State department of health	42	19.7
Hospital licensing authority	18	8.5
The Joint Commission	37	17.4
CARF <sup>2</sup>	46	21.6
NCQA <sup>3</sup>	5	2.3
COA <sup>4</sup>	1	0.5
Other State/Local Agency/Org	7	3.3

<sup>1</sup>Facilities may be licensed by more than one agency/organization.

<sup>2</sup>Commission on Accreditation of Rehabilitation Facilities

<sup>3</sup>National Committee for Quality Assurance

<sup>4</sup>Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	134	62.9

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>208</b>	<b>97.7</b>
Screening for substance abuse	195	91.5
Screening for mental health disorders	169	79.3
Comprehensive substance abuse assessment or diagnosis	192	90.1
Comprehensive mental health assessment or diagnosis	133	62.4
Screening for tobacco use	93	43.7
Outreach to persons in the community who may need treatment	107	50.2
Interim services for clients when immediate admission is not possible	111	52.1
<b>Testing</b>	<b>207</b>	<b>97.2</b>
Breathalyzer or blood alcohol testing	188	88.3
Drug or alcohol urine screening	199	93.4
Screening for Hepatitis B	44	20.7
Screening for Hepatitis C	41	19.2
HIV testing	48	22.5
STD testing	35	16.4
TB screening	67	31.5
<b>Counseling</b>	<b>212</b>	<b>99.5</b>
Individual counseling	208	97.7
Group counseling	206	96.7
Family counseling	180	84.5
Marital/couples counseling	129	60.6
<b>Transitional Services</b>	<b>208</b>	<b>97.7</b>
Discharge planning	202	94.8
Aftercare/continuing care	185	86.9
<b>Pharmacotherapies</b>	<b>164</b>	<b>77.0</b>
Medications for psychiatric disorders	140	65.7
Nicotine replacement	47	22.1
Campral <sup>®</sup>	74	34.7
Antabuse <sup>®</sup>	57	26.8
Naltrexone (oral)	61	28.6
Vivitrol <sup>®</sup> (injectable Naltrexone)	33	15.5
Buprenorphine	60	28.2
Subutex <sup>®</sup> or generic	40	18.8
Suboxone <sup>®</sup>	55	25.8
Methadone	23	10.8
Non-nicotine smoking/tobacco cessation medications	32	15.0
<b>Ancillary Services</b>	<b>213</b>	<b>100.0</b>
Case management services	182	85.4
Social skills development	138	64.8
Mentoring/peer support	102	47.9
Child care for clients' children	15	7.0
Assistance with obtaining social services	119	55.9
Employment counseling or training for clients	64	30.0
Assistance in locating housing for clients	112	52.6
Domestic violence	67	31.5
Early intervention for HIV	33	15.5
<i>continued</i>		

## Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	88	41.3
Hepatitis education, counseling, or support	74	34.7
Health education other than HIV/AIDS or hepatitis	101	47.4
Substance abuse education	205	96.2
Transportation assistance to treatment	90	42.3
Mental health services	164	77.0
Acupuncture	41	19.2
Residential beds for clients' children	6	2.8
Self-help groups	96	45.1
Smoking cessation counseling	51	23.9

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	208	97.7
Relapse prevention	203	95.3
Cognitive-behavioral therapy	196	92.0
12-step facilitation	164	77.0
Motivational interviewing	191	89.7
Anger management	177	83.1
Brief intervention	183	85.9
Contingency management/motivational incentives	132	62.0
Trauma-related counseling	166	77.9
Rational emotive behavioral therapy (REBT)	100	46.9
Matrix model	79	37.1
Community reinforcement plus vouchers	15	7.0
Other treatment approaches	35	16.4

## Facility Capacity and Utilization Rate<sup>1</sup>

	Hospital	
	Residential	Inpatient
Number of facilities	33	6
Number of clients <sup>2</sup>	823	66
Number of designated beds	884	73
Utilization rate (%)	93.1	90.4
No. of designated beds/facility (avg.)	27	12

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 31, 2011.

## Programs for Special Groups

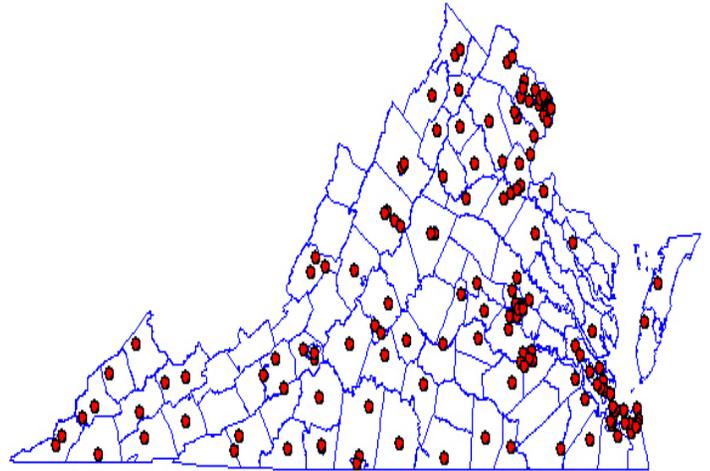
	Facilities	
	No.	%
Any program or group	164	77.0
Co-occurring disorders	99	46.5
Adult women	84	39.4
Adolescents	62	29.1
DUI/DWI offenders	42	19.7
Criminal justice clients	48	22.5
Adult men	62	29.1
Pregnant or postpartum women	31	14.6
Persons with HIV or AIDS	23	10.8
Seniors or older adults	13	6.1
Lesbian, gay, bisexual, or transgender clients (LGBT)	17	8.0
Other groups	31	14.6

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	80	37.6
Any language other than English	74	34.7
<b>Non-English Language Provided by:</b>		
On-call interpreter only	31	41.9
Staff counselor only	14	18.9
Both staff counselor and on-call interpreter	29	39.2
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	27	62.8
American Indian/Alaska Native languages	0	0.0
Other	24	55.8

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:  
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:  
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:  
<http://www.samhsa.gov/data/>

• Access N-SSATS profiles for individual States at:  
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

• For information on individual facilities, access SAMHSA's Treatment Facility Locator at:  
<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
 Substance Abuse and Mental Health Services  
 Administration  
 Center for Behavioral Health Statistics and Quality  
[www.samhsa.gov/data/](http://www.samhsa.gov/data/)