

2011 State Profile — Washington

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Washington, 453 substance abuse treatment facilities were included in the 2011 N-SSATS, reporting that there were 41,097 clients in substance abuse treatment on March 31, 2011. The survey response rate in Washington was 96.3%.

Facility Operation

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	182	40.2	19,926	48.5	2,055	64.8
Private for-profit	190	41.9	13,946	33.9	462	14.6
Local, county, or community government	28	6.2	2,238	5.4	373	11.8
State government	8	1.8	392	1.0	141	4.4
Federal government	11	2.4	2,593	6.3	0	0.0
Dept. of Veterans Affairs	6	1.3	2,157	5.2	0	0.0
Dept. of Defense	3	0.7	406	1.0	0	0.0
Indian Health Service	2	0.4	30	0.1	0	0.0
Other	0	0.0	0	0.0	0	0.0
Tribal government	34	7.5	2,002	4.9	139	4.4
Total	453	100.0	41,097	100.0	3,170	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 31, 2011			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	322	71.1	30,312	73.8	2,050	64.7
Mental health services	9	2.0	322	0.8	21	0.7
Mix of mental health & substance abuse treatment services	110	24.3	9,163	22.3	1,050	33.1
General health care	4	0.9	1,030	2.5	45	1.4
Other/unknown	8	1.8	270	0.7	4	0.1
Total	453	100.0	41,097	100.0	3,170	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 31, 2011		
			Clients ³		Clients per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	402	95.3	21,003	51.1	360
Clients with drug abuse only	339	80.3	10,570	25.7	191
Clients with alcohol abuse only	351	83.2	9,524	23.2	172
Total²	422		41,097	100.0	723

¹ Facilities may be included in more than one category.

³ Sum of individual items may not agree with the total due to rounding.

² Facilities excluded because they were not asked or did not respond to this question:

Type of Care	Clients in Treatment on March 31, 2011						
	Facilities ¹		All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients Per Facility	No.	%
Outpatient	406	89.6	38,778	94.4	60	2,904	91.6
Regular	401	88.5	21,575	52.5	35		
Intensive	350	77.3	10,041	24.4	18		
Day treatment/partial hospitalization	25	5.5	423	1.0	0		
Detoxification	22	4.9	192	0.5	0		
Methadone maintenance	27	6.0	6,547	15.9	285		
Residential (non-hospital)	60	13.2	2,111	5.1	26	253	8.0
Short term	38	8.4	1,199	2.9	25		
Long term	36	7.9	751	1.8	16		
Detoxification	14	3.1	161	0.4	7		
Hospital Inpatient	10	2.2	208	0.5	15	13	0.4
Treatment	9	2.0	128	0.3	12		
Detoxification	9	2.0	80	0.2	6		
Total	453		41,097	100.0	56	3,170	100.0

¹Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	19	1.6
Clients in Facilities with OTPs		
Methadone	6,481	98.5
Buprenorphine	102	1.5
Total	6,583	100.0

¹Percentage of all OTP facilities that are in this State or jurisdiction.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	410	90.5
Private health insurance	382	84.3
Medicare	109	24.1
Medicaid	257	56.7
Other State-financed health insurance	239	52.8
Federal military insurance	117	25.8
Access to Recovery (ATR) vouchers ²	101	22.3
Accepts HIS/638 contract care funds	39	8.6
No payment accepted	6	1.3
Accepts other payments	5	1.1
Sliding fee scale	270	59.6
Treatment at no charge for clients who cannot pay	189	41.7

¹Facilities may accept more than one type of payment.

²Available only in AK, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MI, MO, MT, NJ, NM, OH, OK, RI, TN, TX, WA, WI, WY.

N/A - Not applicable.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	445	98.2
State substance abuse agency	432	95.4
State mental health department	121	26.7
State department of health	290	64.0
Hospital licensing authority	7	1.5
The Joint Commission	45	9.9
CARF ²	55	12.1
NCQA ³	12	2.6
COA ⁴	12	2.6
Other State/Local Agency/Org	20	4.4

¹Facilities may be licensed by more than one agency/organization.

²Commission on Accreditation of Rehabilitation Facilities

³National Committee for Quality Assurance

⁴Council on Accreditation

Facility Funding		
	Facilities	
	No.	%
Receives Federal, State, county, or local government funds for substance abuse treatment programs	250	55.2

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	449	99.1
Screening for substance abuse	428	94.5
Screening for mental health disorders	257	56.7
Comprehensive substance abuse assessment or diagnosis	427	94.3
Comprehensive mental health assessment or diagnosis	141	31.1
Screening for tobacco use	284	62.7
Outreach to persons in the community who may need treatment	252	55.6
Interim services for clients when immediate admission is not possible	258	57.0
Testing	438	96.7
Breathalyzer or blood alcohol testing	237	52.3
Drug or alcohol urine screening	434	95.8
Screening for Hepatitis B	65	14.3
Screening for Hepatitis C	69	15.2
HIV testing	48	10.6
STD testing	40	8.8
TB screening	184	40.6
Counseling	452	99.8
Individual counseling	448	98.9
Group counseling	436	96.2
Family counseling	355	78.4
Marital/couples counseling	205	45.3
Transitional Services	450	99.3
Discharge planning	440	97.1
Aftercare/continuing care	423	93.4
Pharmacotherapies	138	30.5
Medications for psychiatric disorders	100	22.1
Nicotine replacement	64	14.1
Campral [®]	42	9.3
Antabuse [®]	45	9.9
Naltrexone (oral)	39	8.6
Vivitrol [®] (injectable Naltrexone)	19	4.2
Buprenorphine	55	12.1
Subutex [®] or generic	30	6.6
Suboxone [®]	52	11.5
Methadone	27	6.0
Non-nicotine smoking/tobacco cessation medications	38	8.4
Ancillary Services	450	99.3
Case management services	387	85.4
Social skills development	319	70.4
Mentoring/peer support	205	45.3
Child care for clients' children	35	7.7
Assistance with obtaining social services	234	51.7
Employment counseling or training for clients	136	30.0
Assistance in locating housing for clients	220	48.6
Domestic violence	138	30.5
Early intervention for HIV	149	32.9
<i>continued</i>		

Types of Services Offered (cont.)

	Facilities	
	No.	%
HIV or AIDS education, counseling, or support	249	55.0
Hepatitis education, counseling, or support	203	44.8
Health education other than HIV/AIDS or hepatitis	210	46.4
Substance abuse education	438	96.7
Transportation assistance to treatment	167	36.9
Mental health services	212	46.8
Acupuncture	18	4.0
Residential beds for clients' children	10	2.2
Self-help groups	177	39.1
Smoking cessation counseling	193	42.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	450	99.3
Relapse prevention	427	94.3
Cognitive-behavioral therapy	404	89.2
12-step facilitation	340	75.1
Motivational interviewing	394	87.0
Anger management	279	61.6
Brief intervention	370	81.7
Contingency management/motivational incentives	241	53.2
Trauma-related counseling	232	51.2
Rational emotive behavioral therapy (REBT)	236	52.1
Matrix model	178	39.3
Community reinforcement plus vouchers	52	11.5
Other treatment approaches	95	21.0

Facility Capacity and Utilization Rate¹

	Hospital	
	Residential	Inpatient
Number of facilities	51	9
Number of clients ²	2,034	208
Number of designated beds	2,412	229
Utilization rate (%)	84.3	90.8
No. of designated beds/facility (avg.)	47	25

¹ Excludes facilities not reporting both client counts and number of beds, facilities whose client counts were reported by another facility, facilities that included client counts from other facilities, and facilities that did not respond to this question.

² Number of clients on March 31, 2011.

Programs for Special Groups

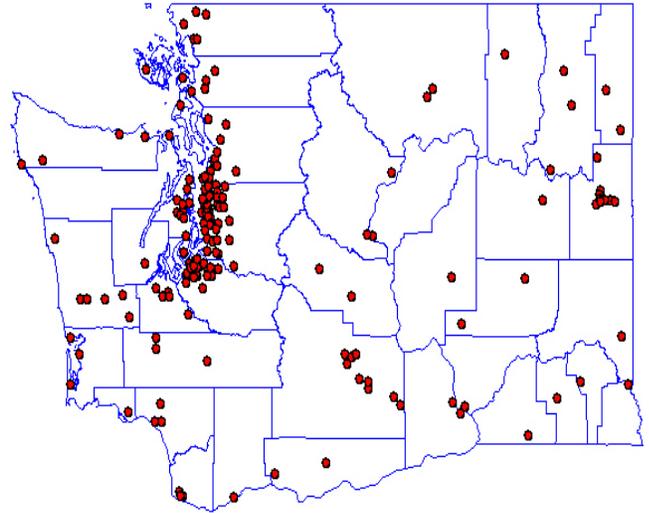
	Facilities	
	No.	%
Any program or group	357	78.8
Co-occurring disorders	128	28.3
Adult women	135	29.8
Adolescents	160	35.3
DUI/DWI offenders	148	32.7
Criminal justice clients	71	15.7
Adult men	92	20.3
Pregnant or postpartum women	49	10.8
Persons with HIV or AIDS	14	3.1
Seniors or older adults	23	5.1
Lesbian, gay, bisexual, or transgender clients (LGBT)	17	3.8
Other groups	49	10.8

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	No.	%
Hearing impaired/sign language	126	27.8
Any language other than English	146	32.2
Non-English Language Provided by:		
On-call interpreter only	61	41.8
Staff counselor only	46	31.5
Both staff counselor and on-call interpreter	39	26.7
Languages Provided by Staff Counselor:¹		
Spanish	76	89.4
American Indian/Alaska Native languages	2	2.4
Other	20	23.5

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Data are from facilities that reported to N-SSATS for the survey reference date March 31, 2011. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:
<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:
<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:
<http://www.samhsa.gov/data/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
 Substance Abuse and Mental Health Services
 Administration
 Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/

- Access N-SSATS profiles for individual States at:
<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

- For information on individual facilities, access SAMHSA's Treatment Facility Locator at:
<http://findtreatment.samhsa.gov/>