

Table 1.29A (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Numbers in Thousands, 2010 and 2011

Type of Mental Health Treatment/Counseling ¹	Total (2010)	Total (2011)	Any Mental Illness (2010)	Any Mental Illness (2011)	Serious Mental Illness (2010)	Serious Mental Illness (2011)	Moderate Mental Illness (2010)	Moderate Mental Illness (2011)	Mild Mental Illness (2010)	Mild Mental Illness (2011)	No Mental Illness (2010)	No Mental Illness (2011)
DID NOT RECEIVE TREATMENT	197,171 ^b	200,369	23,823	24,453	3,031	3,155	5,188	5,591	15,604	15,707	173,347	175,916
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	504	322	138	205	37	70	34	72	68	62	366 ^a	117
Outpatient	4,132	4,362	1,955	1,818	536	494	505	508	913	817	2,177	2,544
Prescription Medication	15,445	15,363	7,455 ^a	6,414	2,164 ^a	1,664	1,827	1,902	3,464 ^a	2,848	7,989	8,948
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	130	136	98	92	23	30	11	35	64	28	32	44
Inpatient and Prescription Medication	265	322	155	218	116	124	23	47	15	47	110	104
Outpatient and Prescription Medication	10,065	9,985	6,918	7,154	2,958	2,859	2,052	1,976	1,909	2,319	3,147	2,830
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	806	970	682	815	443	572	131	142	107	101	124	155

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.29B (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Percentages, 2010 and 2011

Type of Mental Health Treatment/Counseling ¹	Total (2010)	Total (2011)	Any Mental Illness (2010)	Any Mental Illness (2011)	Serious Mental Illness (2010)	Serious Mental Illness (2011)	Moderate Mental Illness (2010)	Moderate Mental Illness (2011)	Mild Mental Illness (2010)	Mild Mental Illness (2011)	No Mental Illness (2010)	No Mental Illness (2011)
DID NOT RECEIVE TREATMENT	86.2	86.4	57.6	59.2	32.5	35.1	52.8	54.2	70.3	71.4	92.5	92.2
RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	0.2	0.1	0.3	0.5	0.4	0.8	0.3	0.7	0.3	0.3	0.2 ^a	0.1
Outpatient	1.8	1.9	4.7	4.4	5.8	5.5	5.2	4.9	4.1	3.7	1.2	1.3
Prescription Medication	6.8	6.6	18.1 ^b	15.6	23.3 ^a	18.6	18.7	18.5	15.6 ^a	13.0	4.3	4.7
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.1	0.1	0.2	0.2	0.3	0.3	0.1	0.3	0.3	0.1	0.0	0.0
Inpatient and Prescription Medication	0.1	0.1	0.4	0.5	1.2	1.4	0.2	0.5	0.1	0.2	0.1	0.1
Outpatient and Prescription Medication	4.4	4.3	16.8	17.4	31.8	31.9	21.0	19.2	8.6	10.6	1.7	1.5
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	0.4	0.4	1.7	2.0	4.8	6.4	1.3	1.4	0.5	0.5	0.1	0.1

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NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.30A (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Numbers in Thousands, 2010 and 2011

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RECEIVED ONLY ONE TREATMENT TYPE												
Inpatient	1.6	1.0	0.8	1.2	0.6	1.2	0.7	1.5	1.0	1.0	2.6 ^a	0.8
Outpatient	13.2	13.9	11.2	10.9	8.5	8.5	11.0	10.8	14.0	13.1	15.6	17.3
Prescription Medication	49.3	48.8	42.8 ^a	38.4	34.5	28.6	39.9	40.6	53.0 ^a	45.8	57.3	60.7
RECEIVED TWO TREATMENT TYPES												
Inpatient and Outpatient	0.4	0.4	0.6	0.6	0.4	0.5	0.2	0.7	1.0	0.4	0.2	0.3
Inpatient and Prescription Medication	0.8	1.0	0.9	1.3	1.8	2.1	0.5	1.0	0.2	0.8	0.8	0.7
Outpatient and Prescription Medication	32.1	31.7	39.8	42.8	47.1	49.2	44.8	42.2	29.2 ^b	37.3	22.6 ^a	19.2
RECEIVED ALL THREE TREATMENT TYPES												
Inpatient, Outpatient, and Prescription Medication	2.6	3.1	3.9	4.9	7.1	9.8	2.9	3.0	1.6	1.6	0.9	1.1

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