

Table 1.34A Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Numbers in Thousands, 2010 and 2011

Type of Mental Health Treatment/Counseling ¹	Total (2010)	Total (2011)	Aged 18-25 (2010)	Aged 18-25 (2011)	Aged 26-49 (2010)	Aged 26-49 (2011)	Aged 50+ (2010)	Aged 50+ (2011)
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	504	322	103	62	116	154	285	106
Outpatient	4,132	4,362	725	783	2,153	2,325	1,255	1,254
Prescription Medication	15,445	15,363	1,593	1,622	6,619	6,563	7,233	7,177
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	130	136	43	33	60	58	27	45
Inpatient and Prescription Medication	265	322	64	59	131	120	70	143
Outpatient and Prescription Medication	10,065	9,985	1,043	1,108	5,067	4,818	3,955	4,059
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	806	970	132 ^a	195	415	434	260	342

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.34B Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Age Group: Percentages, 2010 and 2011

Type of Mental Health Treatment/Counseling ¹	Total (2010)	Total (2011)	Aged 18-25 (2010)	Aged 18-25 (2011)	Aged 26-49 (2010)	Aged 26-49 (2011)	Aged 50+ (2010)	Aged 50+ (2011)
RECEIVED ONLY ONE TREATMENT TYPE								
Inpatient	1.6	1.0	2.8	1.6	0.8	1.1	2.2	0.8
Outpatient	13.2	13.9	19.6	20.3	14.8	16.1	9.6	9.6
Prescription Medication	49.3	48.8	43.0	42.0	45.5	45.4	55.3	54.7
RECEIVED TWO TREATMENT TYPES								
Inpatient and Outpatient	0.4	0.4	1.1	0.9	0.4	0.4	0.2	0.3
Inpatient and Prescription Medication	0.8	1.0	1.7	1.5	0.9	0.8	0.5	1.1
Outpatient and Prescription Medication	32.1	31.7	28.2	28.7	34.8	33.3	30.2	30.9
RECEIVED ALL THREE TREATMENT TYPES								
Inpatient, Outpatient, and Prescription Medication	2.6	3.1	3.6 ^a	5.0	2.8	3.0	2.0	2.6

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combinations of types of treatment information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.