

**Table 1.43A Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2010 and 2011**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2010	2011	2010	2011	2010	2011
<b>TOTAL POPULATION</b>	11,177	10,768	5,942	5,865	5,192	4,879
Could Not Afford Cost	5,316	5,169	3,069	2,722	2,236	2,435
Might Cause Neighbors/Community to Have Negative Opinion	972	836	465	446	508	389
Might Have Negative Effect on Job	963 <sup>a</sup>	675	535 <sup>a</sup>	336	427	339
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	809	705	412	368	397	327
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	1,711 <sup>a</sup>	1,228	1,233 <sup>a</sup>	822	478	406
Did Not Know Where to Go for Services	1,905	1,608	853	819	1,052 <sup>a</sup>	789
Concerned about Confidentiality	976 <sup>b</sup>	629	489	343	483 <sup>a</sup>	286
Concerned about Being Committed/Having to Take Medicine	1,028	874	631	532	395	341
Did Not Feel Need for Treatment	849	812	367	397	482	415
Could Handle the Problem Without Treatment	2,882	2,638	1,205	1,231	1,652	1,398
Treatment Would Not Help	1,013	1,011	510	504	503	507
Did Not Have Time	1,602	1,586	853	853	749	733
Did Not Want Others to Find Out	766	617	255	267	511	346
No Transportation/Inconvenient	332	375	218	271	113	104
Some Other Reason <sup>4</sup>	870	1,036	448	634	422	403

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.43B Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2010 and 2011**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2010	2011	2010	2011	2010	2011
<b>TOTAL POPULATION</b>	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	48.0	48.6	52.2	47.3	43.5 <sup>a</sup>	50.1
Might Cause Neighbors/Community to Have Negative Opinion	8.8	7.9	7.9	7.7	9.9	8.0
Might Have Negative Effect on Job	8.7 <sup>a</sup>	6.3	9.1 <sup>a</sup>	5.8	8.3	7.0
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	7.3	6.6	7.0	6.4	7.7	6.7
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	15.5 <sup>a</sup>	11.5	21.0 <sup>a</sup>	14.3	9.3	8.3
Did Not Know Where to Go for Services	17.2	15.1	14.5	14.2	20.5	16.2
Concerned about Confidentiality	8.8 <sup>b</sup>	5.9	8.3	6.0	9.4 <sup>a</sup>	5.9
Concerned about Being Committed/Having to Take Medicine	9.3	8.2	10.7	9.2	7.7	7.0
Did Not Feel Need for Treatment	7.7	7.6	6.2	6.9	9.4	8.5
Could Handle the Problem Without Treatment	26.1	24.8	20.5	21.4	32.2	28.8
Treatment Would Not Help	9.2	9.5	8.7	8.8	9.8	10.4
Did Not Have Time	14.5	14.9	14.5	14.8	14.6	15.1
Did Not Want Others to Find Out	6.9	5.8	4.3	4.6	9.9	7.1
No Transportation/Inconvenient	3.0	3.5	3.7	4.7	2.2	2.1
Some Other Reason <sup>4</sup>	7.9	9.7	7.6	11.0	8.2	8.3

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.44A (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2010 and 2011**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2010	2011	2010	2011	2010	2011
<b>TOTAL POPULATION</b>	8,680	8,541	5,177	4,932	3,466	3,585
Could Not Afford Cost	4,334	4,242	2,660	2,298	1,669	1,932
Might Cause Neighbors/Community to Have Negative Opinion	814	748	439	410	375	337
Might Have Negative Effect on Job	841 <sup>a</sup>	578	503	320	338	258
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	706	563	377	327	329	227
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	1,491 <sup>a</sup>	1,031	1,140 <sup>a</sup>	747	351	284
Did Not Know Where to Go for Services	1,528	1,302	745	688	784	615
Concerned about Confidentiality	776 <sup>a</sup>	515	456	311	317	203
Concerned about Being Committed/Having to Take Medicine	941	805	616	502	323	303
Did Not Feel Need for Treatment	589	578	285	282	303	295
Could Handle the Problem Without Treatment	2,070	2,063	1,053	1,053	992	1,001
Treatment Would Not Help	820	870	466	469	354	401
Did Not Have Time	1,256	1,254	735	731	521	522
Did Not Want Others to Find Out	562	527	234	247	327	276
No Transportation/Inconvenient	305	333	210	239	95	95
Some Other Reason <sup>4</sup>	782	919	430	607	352	311

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Any Mental Illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Estimates for AMI presented in this table may differ from previously published AMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Any Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.44B (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2010 and 2011**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2010	2011	2010	2011	2010	2011
<b>TOTAL POPULATION</b>	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	50.4	50.1	51.9	47.3	48.4	53.9
Might Cause Neighbors/Community to Have Negative Opinion	9.5	8.8	8.6	8.4	10.9	9.4
Might Have Negative Effect on Job	9.8 <sup>a</sup>	6.8	9.8	6.6	9.8	7.2
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	8.2	6.7	7.4	6.7	9.5	6.3
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	17.3 <sup>b</sup>	12.2	22.3 <sup>a</sup>	15.4	10.2	7.9
Did Not Know Where to Go for Services	17.8	15.4	14.5	14.2	22.7 <sup>a</sup>	17.2
Concerned about Confidentiality	9.0 <sup>a</sup>	6.1	8.9	6.4	9.2 <sup>a</sup>	5.7
Concerned about Being Committed/Having to Take Medicine	10.9	9.5	12.0	10.3	9.4	8.5
Did Not Feel Need for Treatment	6.8	6.8	5.6	5.8	8.8	8.2
Could Handle the Problem Without Treatment	24.1	24.4	20.6	21.7	28.8	28.0
Treatment Would Not Help	9.5	10.3	9.1	9.6	10.3	11.2
Did Not Have Time	14.6	14.8	14.4	15.1	15.1	14.6
Did Not Want Others to Find Out	6.5	6.2	4.6	5.1	9.5	7.7
No Transportation/Inconvenient	3.5	3.9	4.1	4.9	2.7	2.6
Some Other Reason <sup>4</sup>	9.1	10.9	8.4	12.5	10.2	8.7

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Any Mental Illness (AMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Estimates for AMI presented in this table may differ from previously published AMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Any Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.45A (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Numbers in Thousands, 2010 and 2011**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2010	2011	2010	2011	2010	2011
<b>TOTAL POPULATION</b>	3,910	3,883	2,807	2,643	1,087	1,230
Could Not Afford Cost	2,090	2,074	1,525	1,319	565	744
Might Cause Neighbors/Community to Have Negative Opinion	431	369	270	245	161	122
Might Have Negative Effect on Job	412	300	294	195	118	105
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	387	252	270	176	117	76
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	822 <sup>a</sup>	464	720 <sup>a</sup>	389	102	75
Did Not Know Where to Go for Services	692	700	434	444	258	256
Concerned about Confidentiality	384 <sup>a</sup>	239	290	177	90	61
Concerned about Being Committed/Having to Take Medicine	564	540	393	376	169	163
Did Not Feel Need for Treatment	217	219	139	131	78	88
Could Handle the Problem Without Treatment	708	889	430	587	267	302
Treatment Would Not Help	352	400	221	268	130	132
Did Not Have Time	424	511	250	314	174	197
Did Not Want Others to Find Out	186	193	102	137	84	55
No Transportation/Inconvenient	158	225	118	178	40	47
Some Other Reason <sup>4</sup>	355	445	245	298	109	*

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Estimates for SMI presented in this table may differ from previously published SMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Serious Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.45B (REVISED) Detailed Reasons for Not Receiving Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and an Unmet Need for Mental Health Treatment in the Past Year, by Receipt of Past Year Mental Health Treatment: Percentages, 2010 and 2011**

Reason Did Not Receive Treatment/Counseling <sup>1</sup>	Total <sup>2</sup>		MENTAL HEALTH TREATMENT/COUNSELING <sup>3</sup>			
			Received		Not Received	
	2010	2011	2010	2011	2010	2011
<b>TOTAL POPULATION</b>	100.0	100.0	100.0	100.0	100.0	100.0
Could Not Afford Cost	53.9	53.8	54.9	50.4	52.0	60.5
Might Cause Neighbors/Community to Have Negative Opinion	11.1	9.6	9.7	9.4	14.8	9.9
Might Have Negative Effect on Job	10.6	7.8	10.6	7.5	10.9	8.5
Health Insurance Does Not Cover Any Mental Health Treatment/Counseling	10.0	6.5	9.7	6.7	10.8	6.1
Health Insurance Does Not Pay Enough for Mental Health Treatment/Counseling	21.2 <sup>b</sup>	12.0	25.9 <sup>b</sup>	14.9	9.4	6.1
Did Not Know Where to Go for Services	17.8	18.1	15.6	17.0	23.7	20.8
Concerned about Confidentiality	9.9 <sup>a</sup>	6.2	10.4	6.8	8.3	5.0
Concerned about Being Committed/Having to Take Medicine	14.5	14.0	14.2	14.4	15.5	13.3
Did Not Feel Need for Treatment	5.6	5.7	5.0	5.0	7.2	7.1
Could Handle the Problem Without Treatment	18.2	23.1	15.5	22.4	24.5	24.6
Treatment Would Not Help	9.1	10.4	8.0	10.2	12.0	10.8
Did Not Have Time	10.9	13.3	9.0	12.0	16.0	16.0
Did Not Want Others to Find Out	4.8	5.0	3.7	5.3	7.7	4.5
No Transportation/Inconvenient	4.1	5.8	4.3	6.8	3.7	3.8
Some Other Reason <sup>4</sup>	9.1	11.5	8.8	11.4	10.1	*

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Mental Illness (SMI) is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Estimates for SMI presented in this table may differ from previously published SMI estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

NOTE: Unmet Need for Mental Health Treatment/Counseling is defined as a perceived need for treatment that was not received. Respondents with unknown information on unmet need were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents could indicate multiple reasons; thus, these response categories are not mutually exclusive.

<sup>2</sup> Estimates in the Total column represent reasons for not receiving mental health treatment/counseling for all persons aged 18 or older with Serious Mental Illness and an unmet need for treatment, including those with unknown mental health treatment/counseling information.

<sup>3</sup> Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded.

<sup>4</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Treatment/Counseling were classified as not having received treatment for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.