

**Table 1.52A Major Depressive Episode (MDE) in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2010 and 2011**

| Age Category | Total<br>(2010)    | Total<br>(2011) | Male<br>(2010) | Male<br>(2011) | Female<br>(2010)   | Female<br>(2011) |
|--------------|--------------------|-----------------|----------------|----------------|--------------------|------------------|
| <b>TOTAL</b> | 15,556             | 15,153          | 5,590          | 5,264          | 9,966              | 9,889            |
| 18           | 423                | 381             | 135            | 138            | 288                | 243              |
| 19           | 323                | 407             | 93             | 113            | 230                | 294              |
| 20           | 355                | 433             | 117            | 164            | 238                | 269              |
| 21           | 378                | 341             | 117            | 133            | 262                | 208              |
| 22           | 347                | 286             | 116            | 75             | 231                | 211              |
| 23           | 358                | 327             | 115            | 118            | 243                | 209              |
| 24           | 331                | 363             | 112            | 121            | 219                | 242              |
| 25           | 281                | 289             | 89             | 103            | 192                | 186              |
| 26-29        | 1,162              | 1,381           | 423            | 534            | 739                | 847              |
| 30-34        | 1,473              | 1,360           | 545            | 475            | 928                | 885              |
| 35-39        | 1,423              | 1,544           | 496            | 459            | 927                | 1,085            |
| 40-44        | 1,537              | 1,602           | 563            | 499            | 974                | 1,103            |
| 45-49        | 1,765              | 1,649           | 737            | 629            | 1,028              | 1,020            |
| 50-54        | 1,669              | 1,813           | 571            | 687            | 1,098              | 1,126            |
| 55-59        | 1,637 <sup>a</sup> | 1,144           | 440            | 385            | 1,196 <sup>a</sup> | 759              |
| 60-64        | 1,073              | 978             | 443            | 363            | 630                | 614              |
| 65 or Older  | 1,021              | 854             | 478            | 268            | 543                | 587              |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.52B Major Depressive Episode (MDE) in the Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2010 and 2011**

| Age Category | Total<br>(2010)  | Total<br>(2011) | Male<br>(2010)   | Male<br>(2011) | Female<br>(2010)  | Female<br>(2011) |
|--------------|------------------|-----------------|------------------|----------------|-------------------|------------------|
| <b>TOTAL</b> | 6.8              | 6.6             | 5.1              | 4.7            | 8.5               | 8.3              |
| 18           | 9.0              | 8.1             | 5.3              | 5.7            | 13.4              | 10.7             |
| 19           | 7.5 <sup>a</sup> | 9.6             | 4.2              | 5.3            | 10.8              | 13.9             |
| 20           | 7.9              | 9.7             | 5.0 <sup>a</sup> | 7.6            | 11.1              | 11.8             |
| 21           | 9.0              | 7.9             | 5.5              | 6.1            | 12.4              | 9.7              |
| 22           | 8.5              | 6.7             | 5.6              | 3.4            | 11.5              | 10.1             |
| 23           | 8.9              | 8.3             | 5.7              | 6.3            | 12.3              | 10.0             |
| 24           | 8.2              | 8.8             | 5.7              | 5.7            | 10.6              | 12.1             |
| 25           | 7.1              | 7.4             | 4.7              | 5.4            | 9.4               | 9.3              |
| 26-29        | 7.0              | 8.2             | 5.0              | 6.3            | 9.0               | 10.1             |
| 30-34        | 7.5              | 7.0             | 5.6              | 5.1            | 9.2               | 8.9              |
| 35-39        | 7.4              | 7.9             | 5.3              | 4.8            | 9.5               | 10.9             |
| 40-44        | 7.5              | 7.9             | 5.6              | 5.2            | 9.5               | 10.4             |
| 45-49        | 8.0              | 7.7             | 6.9              | 5.9            | 9.0               | 9.5              |
| 50-54        | 7.7              | 7.9             | 5.4              | 6.3            | 9.8               | 9.4              |
| 55-59        | 8.6 <sup>a</sup> | 6.1             | 4.9              | 4.2            | 12.0 <sup>a</sup> | 7.9              |
| 60-64        | 6.6              | 5.4             | 5.5              | 4.1            | 7.6               | 6.6              |
| 65 or Older  | 2.6              | 2.2             | 2.8              | 1.5            | 2.5               | 2.6              |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.53A Had at Least One Major Depressive Episode (MDE) or MDE with Severe Impairment in the Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in the Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in the Past Year, by Gender and Age Group: Numbers in Thousands, 2010 and 2011**

| Gender/Age Group | Had MDE<br>(2010) | Had MDE<br>(2011) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2010) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2011) | Received  | Received  | Received   | Received   |
|------------------|-------------------|-------------------|---|---|---|---|--|--|
|                  |                   |                   |   |   | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2010) | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2011) | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2010) | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2011) |
| <b>TOTAL</b>     | 15,556            | 15,153            | 9,671   | 9,669   | 10,605  | 10,299  | 7,054  | 7,121  |
| 18-25            | 2,796             | 2,826             | 1,771   | 1,779   | 1,360   | 1,349   | 954  | 963  |
| 26-49            | 7,361             | 7,536             | 4,558   | 5,036   | 5,013   | 5,124   | 3,381  | 3,733  |
| 50 or Older      | 5,400             | 4,790             | 3,341   | 2,855   | 4,232   | 3,826   | 2,719  | 2,425  |
| <b>MALE</b>      | 5,590             | 5,264             | 3,540   | 3,335   | 3,339   | 3,211   | 2,288  | 2,291  |
| 18-25            | 893               | 965               | 589   | 592   | 337   | 370   | 252  | 266  |
| 26-49            | 2,765             | 2,596             | 1,729   | 1,686   | 1,546   | 1,545   | 1,099  | 1,137  |
| 50 or Older      | 1,932             | 1,703             | 1,222   | 1,057   | 1,456   | 1,295   | *  | *  |
| <b>FEMALE</b>    | 9,966             | 9,889             | 6,130   | 6,334   | 7,266   | 7,088   | 4,766  | 4,830  |
| 18-25            | 1,903             | 1,862             | 1,183   | 1,187   | 1,024   | 978   | 702  | 697  |
| 26-49            | 4,596             | 4,940             | 2,829 <sup>a</sup>  | 3,350   | 3,466   | 3,579   | 2,282  | 2,596  |
| 50 or Older      | 3,468             | 3,087             | 2,119   | 1,798   | 2,776   | 2,531   | 1,783  | 1,537  |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Impairment is based on the Sheehan Disability Scale (SDS) role domains, which measure the impact of a disorder on a person's life. Impairment is defined as the highest severity level of role impairment across four domains: (1) home management, (2) work, (3) close relationships with others, and (4) social life. Ratings  $\geq 7$  on a 0 to 10 scale were considered Severe Impairment.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents with unknown Severe Impairment data were excluded.

<sup>2</sup> Treatment is defined as seeing or talking to a professional or using prescription medication for depression in the past year. Respondents with unknown treatment data were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.53B Had at Least One Major Depressive Episode (MDE) or MDE with Severe Impairment in the Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in the Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in the Past Year, by Gender and Age Group: Percentages, 2010 and 2011**

| Gender/Age Group | Had MDE<br>(2010) | Had MDE<br>(2011) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2010) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2011) | Received  | Received  | Received   | Received   |
|------------------|-------------------|-------------------|---|---|---|---|--|--|
|                  |                   |                   |   |   | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2010) | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2011) | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2010) | Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2011) |
| <b>TOTAL</b>     | 6.8               | 6.6               | 4.2   | 4.2   | 68.2  | 68.1  | 72.9   | 73.7   |
| 18-25            | 8.3               | 8.3               | 5.2   | 5.2   | 48.7  | 47.8  | 53.9   | 54.2   |
| 26-49            | 7.5               | 7.7               | 4.7   | 5.2   | 68.1  | 68.1  | 74.2   | 74.1   |
| 50 or Older      | 5.6               | 4.8               | 3.5   | 2.9   | 78.4  | 80.0  | 81.4   | 85.0   |
| <b>MALE</b>      | 5.1               | 4.7               | 3.2   | 3.0   | 59.8  | 61.0  | 64.6   | 68.8   |
| 18-25            | 5.2               | 5.7               | 3.4   | 3.5   | 37.9  | 38.5  | 42.8   | 45.1   |
| 26-49            | 5.7               | 5.4               | 3.6   | 3.5   | 55.9  | 59.5  | 63.6   | 67.5   |
| 50 or Older      | 4.3               | 3.7               | 2.7   | 2.3   | 75.4  | 76.0  | *  | *  |
| <b>FEMALE</b>    | 8.5               | 8.3               | 5.2   | 5.3   | 72.9  | 71.8  | 77.7   | 76.2   |
| 18-25            | 11.4              | 11.0              | 7.1   | 7.0   | 53.8  | 52.6  | 59.3   | 58.8   |
| 26-49            | 9.3               | 10.0              | 5.7 <sup>a</sup>  | 6.7   | 75.4  | 72.6  | 80.6   | 77.5   |
| 50 or Older      | 6.8               | 5.8               | 4.1   | 3.4   | 80.0  | 82.1  | 84.2   | 85.5   |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Impairment is based on the Sheehan Disability Scale (SDS) role domains, which measure the impact of a disorder on a person's life. Impairment is defined as the highest severity level of role impairment across four domains: (1) home management, (2) work, (3) close relationships with others, and (4) social life. Ratings  $\geq 7$  on a 0 to 10 scale were considered Severe Impairment.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents with unknown Severe Impairment data were excluded.

<sup>2</sup> Treatment is defined as seeing or talking to a professional or using prescription medication for depression in the past year. Respondents with unknown treatment data were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.54A Had at Least One Major Depressive Episode (MDE) or MDE with Severe Impairment in the Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in the Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in the Past Year, by Demographic Characteristics: Numbers in Thousands, 2010 and 2011**

| Demographic Characteristic                   | Had MDE<br>(2010) | Had MDE<br>(2011) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2010) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2011) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup> | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup> | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup> | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup> |
|--|-------------------|-------------------|---|---|---|---|--|--|
|  |                   |                   |   |   | (2010)  | (2011)  | (2010)   | (2011)   |
| <b>TOTAL</b>                                 | 15,556            | 15,153            | 9,671   | 9,669   | 10,605  | 10,299  | 7,054  | 7,121  |
| <b>GENDER</b>                                |                   |                   |   |   |   |   |  |  |
| Male   | 5,590             | 5,264             | 3,540   | 3,335   | 3,339   | 3,211   | 2,288  | 2,291  |
| Female                                       | 9,966             | 9,889             | 6,130   | 6,334   | 7,266   | 7,088   | 4,766  | 4,830  |
| <b>HISPANIC ORIGIN AND RACE</b>              |                   |                   |   |   |   |   |  |  |
| Not Hispanic or Latino                       | 13,765            | 13,597            | 8,442   | 8,744   | 9,456   | 9,478   | 6,216  | 6,569  |
| White  | 11,420            | 11,303            | 7,053   | 7,054   | 8,203   | 8,252   | 5,414  | 5,500  |
| Black or African American                    | 1,533             | 1,472             | 1,021   | 1,062   | 835   | 800   | 596  | 703  |
| American Indian or Alaska<br>Native          | 83                | 92                | 57  | 86  | *   | *   | *  | *  |
| Native Hawaiian or Other<br>Pacific Islander | *                 | 28                | 19  | 14  | *   | *   | *  | *  |
| Asian  | 393               | 435               | 168   | 340   | *   | *   | *  | *  |
| Two or More Races                            | 285               | 267               | 125   | 187   | *   | *   | *  | *  |
| Hispanic or Latino                           | 1,791             | 1,556             | 1,229   | 925   | 1,149   | 821   | 838  | 552  |
| <b>CURRENT EMPLOYMENT</b>                    |                   |                   |   |   |   |   |  |  |
| Full-Time                                    | 6,217             | 5,717             | 3,338   | 3,108   | 3,898   | 3,458   | 2,289  | 2,045  |
| Part-Time                                    | 2,371             | 2,601             | 1,407   | 1,644   | 1,476   | 1,625   | 922  | 1,076  |
| Unemployed                                   | 1,412             | 1,138             | 798   | 774   | 836   | 617   | 505  | 486  |
| Other <sup>3</sup>                           | 5,556             | 5,696             | 4,128   | 4,143   | 4,395   | 4,599   | 3,337  | 3,514  |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Impairment is based on the Sheehan Disability Scale (SDS) role domains, which measure the impact of a disorder on a person's life. Impairment is defined as the highest severity level of role impairment across four domains: (1) home management, (2) work, (3) close relationships with others, and (4) social life. Ratings  $\geq 7$  on a 0 to 10 scale were considered Severe Impairment.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents with unknown Severe Impairment data were excluded.

<sup>2</sup> Treatment is defined as seeing or talking to a professional or using prescription medication for depression in the past year. Respondents with unknown treatment data were excluded.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.54B Had at Least One Major Depressive Episode (MDE) or MDE with Severe Impairment in the Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in the Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in the Past Year, by Demographic Characteristics: Percentages, 2010 and 2011**

| Demographic Characteristic                | Had MDE |        | Had MDE with Severe Impairment <sup>1</sup> |        | Received Treatment for Depression in the Past Year among Persons with MDE <sup>2</sup> |        | Received Treatment for Depression in the Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> |        |
|---|---------|--------|---|--------|--|--------|---|--------|
|   | (2010)  | (2011) | (2010)                                      | (2011) | (2010)   | (2011) | (2010)  | (2011) |
| <b>TOTAL</b>                              | 6.8     | 6.6    | 4.2   | 4.2    | 68.2   | 68.1   | 72.9  | 73.7   |
| <b>GENDER</b>                             |         |        |   |        |  |        |   |        |
| Male                                      | 5.1     | 4.7    | 3.2   | 3.0    | 59.8   | 61.0   | 64.6  | 68.8   |
| Female                                    | 8.5     | 8.3    | 5.2   | 5.3    | 72.9   | 71.8   | 77.7  | 76.2   |
| <b>HISPANIC ORIGIN AND RACE</b>           |         |        |   |        |  |        |   |        |
| Not Hispanic or Latino                    | 7.0     | 6.9    | 4.3   | 4.4    | 68.7   | 69.8   | 73.6  | 75.2   |
| White                                     | 7.4     | 7.3    | 4.6   | 4.6    | 71.8   | 73.1   | 76.8  | 78.0   |
| Black or African American                 | 5.8     | 5.6    | 3.9   | 4.0    | 54.5   | 54.3   | 58.4  | 66.2   |
| American Indian or Alaska Native          | 7.8     | 7.4    | 5.3   | 6.9    | *  | *      | *   | *      |
| Native Hawaiian or Other Pacific Islander | *       | 3.2    | 2.9   | 1.7    | *  | *      | *   | *      |
| Asian                                     | 3.8     | 4.0    | 1.6   | 3.1    | *  | *      | *   | *      |
| Two or More Races                         | 10.8    | 8.3    | 4.7   | 5.8    | *  | *      | *   | *      |
| Hispanic or Latino                        | 5.7     | 4.6    | 3.9 <sup>a</sup>                            | 2.7    | 64.2   | 53.2   | 68.2  | 59.7   |
| <b>CURRENT EMPLOYMENT</b>                 |         |        |   |        |  |        |   |        |
| Full-Time                                 | 5.5     | 5.0    | 2.9   | 2.7    | 62.7   | 60.5   | 68.6  | 65.8   |
| Part-Time                                 | 7.2     | 8.1    | 4.3   | 5.1    | 62.3   | 62.6   | 65.6  | 65.6   |
| Unemployed                                | 9.6     | 8.5    | 5.4   | 5.8    | 59.2   | 54.2   | 63.3  | 62.8   |
| Other <sup>3</sup>                        | 8.4     | 8.2    | 6.2   | 5.9    | 79.1   | 81.0   | 80.9  | 84.8   |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Impairment is based on the Sheehan Disability Scale (SDS) role domains, which measure the impact of a disorder on a person's life. Impairment is defined as the highest severity level of role impairment across four domains: (1) home management, (2) work, (3) close relationships with others, and (4) social life. Ratings  $\geq 7$  on a 0 to 10 scale were considered Severe Impairment.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents with unknown Severe Impairment data were excluded.

<sup>2</sup> Treatment is defined as seeing or talking to a professional or using prescription medication for depression in the past year. Respondents with unknown treatment data were excluded.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.55A Had at Least One Major Depressive Episode (MDE) or MDE with Severe Impairment in the Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in the Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in the Past Year, by Geographic, Socioeconomic, and Health Characteristics: Numbers in Thousands, 2010 and 2011**

| Geographic/Socioeconomic/<br>Health Characteristic | Had MDE<br>(2010)   | Had MDE<br>(2011) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2010) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2011) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2010) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2011) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2010) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2011) |
|--|---------------------|-------------------|---|---|---|---|--|--|
|  |                     |                   |   |   |   |   |  |  |
| <b>TOTAL</b>                                       | 15,556              | 15,153            | 9,671   | 9,669   | 10,605  | 10,299  | 7,054  | 7,121  |
| <b>GEOGRAPHIC REGION</b>                           |                     |                   |   |   |   |   |  |  |
| Northeast  | 2,985 <sup>a</sup>  | 2,463             | 1,775   | 1,516   | 2,025   | 1,724   | 1,237  | 1,126  |
| Midwest  | 3,612               | 3,302             | 2,340   | 2,131   | 2,537   | 2,261   | 1,851  | 1,613  |
| South  | 5,445               | 5,628             | 3,346   | 3,514   | 3,531   | 3,813   | 2,311  | 2,545  |
| West   | 3,513               | 3,760             | 2,209   | 2,508   | 2,511   | 2,501   | 1,655  | 1,837  |
| <b>COUNTY TYPE</b>                                 |                     |                   |   |   |   |   |  |  |
| Large Metro  | 7,998               | 7,430             | 4,886   | 4,639   | 5,253   | 4,887   | 3,458  | 3,317  |
| Small Metro  | 4,950               | 5,283             | 3,009   | 3,387   | 3,483   | 3,700   | 2,253  | 2,548  |
| Nonmetro   | 2,608               | 2,440             | 1,776   | 1,643   | 1,869   | 1,712   | 1,344  | 1,257  |
| <b>POVERTY LEVEL<sup>3</sup></b>                   |                     |                   |   |   |   |   |  |  |
| Less Than 100%                                     | 2,784 <sup>b</sup>  | 3,592             | 2,076 <sup>b</sup>  | 2,798   | 1,939 <sup>a</sup>  | 2,516   | 1,531 <sup>a</sup>   | 2,088  |
| 100-199%   | 3,593               | 3,368             | 2,427   | 2,246   | 2,426   | 2,162   | 1,782  | 1,619  |
| 200% or More                                       | 9,099 <sup>a</sup>  | 8,116             | 5,122   | 4,573   | 6,197   | 5,583   | 3,711  | 3,385  |
| <b>GOVERNMENT ASSISTANCE<sup>4</sup></b>           |                     |                   |   |   |   |   |  |  |
| Yes  | 4,221 <sup>a</sup>  | 4,929             | 3,074 <sup>a</sup>  | 3,654   | 3,120   | 3,545   | 2,389  | 2,789  |
| No   | 11,335 <sup>a</sup> | 10,224            | 6,596   | 6,015   | 7,485   | 6,754   | 4,665  | 4,332  |
| <b>HEALTH INSURANCE<sup>5</sup></b>                |                     |                   |   |   |   |   |  |  |
| Private  | 8,735 <sup>a</sup>  | 7,823             | 4,969 <sup>a</sup>  | 4,305   | 6,099 <sup>a</sup>  | 5,369   | 3,746 <sup>a</sup>   | 3,183  |
| Medicaid/CHIP <sup>6</sup>                         | 2,393               | 2,773             | 1,780   | 2,136   | 1,873   | 2,239   | 1,473  | 1,817  |
| Other <sup>7</sup>                                 | 3,541               | 2,971             | 2,395   | 1,946   | 2,715   | 2,465   | 1,821  | 1,715  |
| No Coverage  | 2,939               | 3,179             | 1,873   | 2,250   | 1,599   | 1,579   | 1,115  | 1,275  |
| <b>OVERALL HEALTH<sup>8</sup></b>                  |                     |                   |   |   |   |   |  |  |
| Excellent  | 2,034               | 1,892             | 993   | 1,068   | 1,240   | 1,087   | 616  | 697  |
| Very Good  | 4,500               | 4,432             | 2,541   | 2,634   | 2,729   | 2,733   | 1,729  | 1,757  |
| Good   | 4,767               | 4,458             | 2,876   | 2,612   | 3,268   | 2,946   | 2,052  | 1,825  |
| Fair/Poor  | 4,255               | 4,370             | 3,261   | 3,355   | 3,368   | 3,534   | 2,657  | 2,842  |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Impairment is based on the Sheehan Disability Scale (SDS) role domains, which measure the impact of a disorder on a person's life. Impairment is defined as the highest severity level of role impairment across four domains: (1) home management, (2) work, (3) close relationships with others, and (4) social life. Ratings  $\geq 7$  on a 0 to 10 scale were considered Severe Impairment.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents with unknown Severe Impairment data were excluded.

<sup>2</sup> Treatment is defined as seeing or talking to a professional or using prescription medication for depression in the past year. Respondents with unknown treatment data were excluded.

<sup>3</sup> Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

<sup>5</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>6</sup> CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

<sup>7</sup> Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

<sup>8</sup> Respondents with unknown health data were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 1.55B Had at Least One Major Depressive Episode (MDE) or MDE with Severe Impairment in the Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in the Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in the Past Year, by Geographic, Socioeconomic, and Health Characteristics: Percentages, 2010 and 2011**

| Geographic/Socioeconomic/<br>Health Characteristic | Had MDE<br>(2010) | Had MDE<br>(2011) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2010) | Had MDE<br>with Severe<br>Impairment <sup>1</sup><br>(2011) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2010) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE <sup>2</sup><br>(2011) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2010) | Received<br>Treatment for<br>Depression in<br>the Past Year<br>among Persons<br>with MDE<br>with Severe<br>Impairment <sup>1,2</sup><br>(2011) |
|--|-------------------|-------------------|---|---|---|---|--|--|
|  |                   |                   |   |   |   |   |  |  |
| <b>TOTAL</b>                                       | 6.8               | 6.6               | 4.2   | 4.2   | 68.2  | 68.1  | 72.9   | 73.7   |
| <b>GEOGRAPHIC REGION</b>                           |                   |                   |   |   |   |   |  |  |
| Northeast  | 7.1 <sup>a</sup>  | 5.8               | 4.2   | 3.6   | 67.8  | 70.0  | 69.7   | 74.2   |
| Midwest  | 7.3               | 6.6               | 4.7   | 4.3   | 70.2  | 68.6  | 79.1   | 75.7   |
| South  | 6.5               | 6.6               | 4.0   | 4.1   | 64.9  | 67.9  | 69.1   | 72.4   |
| West   | 6.7               | 7.1               | 4.2   | 4.7   | 71.5  | 66.6  | 74.9   | 73.3   |
| <b>COUNTY TYPE</b>                                 |                   |                   |   |   |   |   |  |  |
| Large Metro  | 6.6               | 6.1               | 4.0   | 3.8   | 65.7  | 65.8  | 70.8   | 71.6   |
| Small Metro  | 7.1               | 7.3               | 4.3   | 4.7   | 70.4  | 70.1  | 74.9   | 75.2   |
| Nonmetro   | 7.2               | 6.8               | 4.9   | 4.6   | 71.7  | 70.7  | 75.6   | 76.5   |
| <b>POVERTY LEVEL<sup>3</sup></b>                   |                   |                   |   |   |   |   |  |  |
| Less Than 100%                                     | 9.5               | 11.1              | 7.1 <sup>a</sup>  | 8.7   | 69.6  | 70.4  | 73.7   | 74.7   |
| 100-199%   | 7.6               | 7.1               | 5.1   | 4.8   | 67.5  | 64.3  | 73.4   | 72.1   |
| 200% or More                                       | 6.1 <sup>a</sup>  | 5.4               | 3.4   | 3.0   | 68.1  | 68.8  | 72.5   | 74.0   |
| <b>GOVERNMENT ASSISTANCE<sup>4</sup></b>           |                   |                   |   |   |   |   |  |  |
| Yes  | 10.6              | 11.1              | 7.7   | 8.2   | 73.9  | 72.3  | 77.7   | 76.4   |
| No   | 6.0 <sup>a</sup>  | 5.5               | 3.5   | 3.2   | 66.1  | 66.1  | 70.7   | 72.0   |
| <b>HEALTH INSURANCE<sup>5</sup></b>                |                   |                   |   |   |   |   |  |  |
| Private  | 5.8 <sup>a</sup>  | 5.2               | 3.3 <sup>a</sup>  | 2.9   | 69.8  | 68.7  | 75.4   | 73.9   |
| Medicaid/CHIP <sup>6</sup>                         | 11.5              | 12.1              | 8.5   | 9.3   | 78.3  | 81.1  | 82.7   | 85.1   |
| Other <sup>7</sup>                                 | 6.6 <sup>a</sup>  | 5.4               | 4.5   | 3.5   | 76.7  | 83.5  | 76.0 <sup>b</sup>  | 88.1   |
| No Coverage  | 7.7               | 8.5               | 4.9   | 6.0   | 54.4  | 49.8  | 59.5   | 56.7   |
| <b>OVERALL HEALTH<sup>8</sup></b>                  |                   |                   |   |   |   |   |  |  |
| Excellent  | 3.9               | 3.6               | 1.9   | 2.0   | 61.1  | 57.5  | 62.0   | 65.3   |
| Very Good  | 5.4               | 5.2               | 3.1   | 3.1   | 60.6  | 61.8  | 68.0   | 66.7   |
| Good   | 7.7               | 7.1               | 4.6   | 4.2   | 68.6  | 66.2  | 71.4   | 69.9   |
| Fair/Poor  | 14.1              | 14.3              | 10.8  | 10.9  | 79.2  | 80.9  | 81.5   | 84.7   |

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Impairment is based on the Sheehan Disability Scale (SDS) role domains, which measure the impact of a disorder on a person's life. Impairment is defined as the highest severity level of role impairment across four domains: (1) home management, (2) work, (3) close relationships with others, and (4) social life. Ratings  $\geq 7$  on a 0 to 10 scale were considered Severe Impairment.

NOTE: Respondents with unknown past year MDE data were excluded.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents with unknown Severe Impairment data were excluded.

<sup>2</sup> Treatment is defined as seeing or talking to a professional or using prescription medication for depression in the past year. Respondents with unknown treatment data were excluded.

<sup>3</sup> Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

<sup>5</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>6</sup> CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

<sup>7</sup> Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

<sup>8</sup> Respondents with unknown health data were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.