

**Table 1.56A Substance Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Major Depressive Episode (MDE):
Numbers in Thousands, 2010 and 2011**

Substance	Total ¹ (2010)	Total ¹ (2011)	MDE (2010)	MDE (2011)	No MDE (2010)	No MDE (2011)
PAST YEAR USE						
Illicit Drugs ²	34,163	33,552	4,452	4,312	29,388	28,955
Marijuana and Hashish	25,887	26,186	3,184	3,148	22,510	22,821
Cocaine	4,294 ^a	3,628	599	510	3,650 ^a	3,077
Crack	866 ^a	597	205	122	640	472
Heroin	593	566	112	197	469	361
Hallucinogens	3,795	3,421	519	566	3,257 ^a	2,800
LSD	746	721	135	117	603	588
PCP	61	80	3	16	57	59
Ecstasy	2,188	2,003	304	328	1,869	1,645
Inhalants	1,163	1,041	161	195	996	838
Nonmedical Use of Psychotherapeutics ^{3,4}	14,238 ^a	12,908	2,379	2,015	11,702 ^a	10,742
Pain Relievers	10,720 ^a	9,659	1,864	1,554	8,723	7,976
OxyContin [®]	1,645	1,404	442 ^a	240	1,191	1,127
Tranquilizers	5,117	4,635	1,063	876	3,994	3,706
Stimulants ⁴	2,577	2,401	460	467	2,086	1,927
Methamphetamine ⁴	861	928	144	226	700	697
Sedatives	796 ^b	442	243	154	541 ^b	274
Illicit Drugs Other Than Marijuana ²	17,866 ^a	16,395	2,836	2,474	14,850 ^a	13,737
PAST MONTH USE						
Daily Cigarette Use ⁵	34,259	34,049	3,899	3,723	30,120	29,922
Heavy Alcohol Use ⁶	16,490	15,486	1,276	1,241	15,147	14,150

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates in the Total column represent persons aged 18 or older, including those with unknown past year MDE information.

² Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from new methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

³ Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

⁴ Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from new methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in NSDUH reports prior to the 2007 National Findings Report. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

⁵ Daily Cigarette Use is defined as smoking on each of the past 30 days.

⁶ Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple hours of each other) on each of 5 or more days in the past 30 days.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.56B Substance Use in the Past Year and Past Month among Persons Aged 18 or Older, by Past Year Major Depressive Episode (MDE): Percentages, 2010 and 2011

Substance	Total ¹ (2010)	Total ¹ (2011)	MDE (2010)	MDE (2011)	No MDE (2010)	No MDE (2011)
PAST YEAR USE						
Illicit Drugs ²	14.9	14.4	28.6	28.5	13.9	13.4
Marijuana and Hashish	11.3	11.3	20.5	20.8	10.6	10.6
Cocaine	1.9 ^b	1.6	3.8	3.4	1.7 ^a	1.4
Crack	0.4 ^a	0.3	1.3	0.8	0.3	0.2
Heroin	0.3	0.2	0.7	1.3	0.2	0.2
Hallucinogens	1.7	1.5	3.3	3.7	1.5 ^a	1.3
LSD	0.3	0.3	0.9	0.8	0.3	0.3
PCP	0.0	0.0	0.0	0.1	0.0	0.0
Ecstasy	1.0	0.9	2.0	2.2	0.9	0.8
Inhalants	0.5	0.4	1.0	1.3	0.5	0.4
Nonmedical Use of Psychotherapeutics ^{3,4}	6.2 ^b	5.5	15.3	13.3	5.5 ^a	5.0
Pain Relievers	4.7 ^b	4.2	12.0	10.3	4.1 ^a	3.7
OxyContin [®]	0.7	0.6	2.8 ^a	1.6	0.6	0.5
Tranquilizers	2.2	2.0	6.8	5.8	1.9	1.7
Stimulants ⁴	1.1	1.0	3.0	3.1	1.0	0.9
Methamphetamine ⁴	0.4	0.4	0.9	1.5	0.3	0.3
Sedatives	0.3 ^b	0.2	1.6	1.0	0.3 ^b	0.1
Illicit Drugs Other Than Marijuana ²	7.8 ^b	7.0	18.2	16.3	7.0 ^a	6.4
PAST MONTH USE						
Daily Cigarette Use ⁵	14.9	14.6	25.1	24.6	14.2	13.9
Heavy Alcohol Use ⁶	7.2 ^a	6.7	8.2	8.2	7.1 ^a	6.6

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