

Table 1.59A Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2010 and 2011

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2010)	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional Only (2010)	Saw or Talked to Health Professional Only (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2010)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2010)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)
TOTAL	10,216	9,931	2,129	2,100	898	1,053	7,171	6,773
GENDER								
Male	3,200	3,051	762	682	267	389	2,156	1,980
Female	7,017	6,879	1,367	1,418	631	664	5,014	4,793
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	9,139	9,180	1,826	1,831	811	986	6,483	6,358
White	7,974	8,049	1,434	1,543	708	895	5,813	5,607
Black or African American	767	736	214	200	77	74	476	461
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	21	*	*	*	*
Hispanic or Latino	1,077	751	303	269	87	67	687	415
POVERTY LEVEL¹								
Less Than 100%	1,869 ^a	2,441	313 ^a	554	176	166	1,376	1,722
100-199%	2,350	2,082	428	453	247	148	1,661	1,482
200% or More	5,956	5,372	1,366	1,078	475	739	4,115	3,551
GOVERNMENT ASSISTANCE²								
Yes	3,048	3,489	487	624	357	289	2,200	2,576
No	7,168	6,442	1,642	1,476	540	764	4,971 ^a	4,198
HEALTH INSURANCE³								
Private	5,871 ^a	5,172	1,402	1,082	397 ^a	645	4,058 ^a	3,443
Medicaid/CHIP ⁴	1,842	2,204	279	480	136	128	1,408	1,595
Other ⁵	2,621	2,429	444	420	193	246	1,965	1,761
No Coverage	1,498	1,479	272	426	271	167	954	884

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.59B Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2010 and 2011

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2010)	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional Only (2010)	Saw or Talked to Health Professional Only (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2010)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2010)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)
TOTAL	65.9	65.7	13.7	13.9	5.8	7.0	46.2	44.7
GENDER								
Male	57.3	58.0	13.6	13.0	4.8	7.4	38.7	37.6
Female	70.7	69.7	13.8	14.4	6.4	6.7	50.5	48.5
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	66.6	67.6	13.3	13.5	5.9	7.3	47.3	46.8
White	70.1	71.3	12.6	13.7	6.2	7.9	51.1	49.6
Black or African American	50.0	50.0	14.0	13.6	5.0	5.0	31.0	31.3
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	7.9	*	*	*	*
Hispanic or Latino	60.2	48.7	16.9	17.3	4.8	4.3	38.4	26.7
POVERTY LEVEL¹								
Less Than 100%	67.5	68.3	11.3	15.4	6.3	4.7	49.5	47.9
100-199%	65.4	62.0	11.9	13.5	6.9	4.4	46.4	44.0
200% or More	65.7	66.2	15.1	13.3	5.2 ^a	9.1	45.4	43.8
GOVERNMENT ASSISTANCE²								
Yes	72.3	71.1	11.5	12.7	8.5	5.9	52.2	52.3
No	63.5	63.0	14.5	14.4	4.8 ^a	7.5	44.0	41.1
HEALTH INSURANCE³								
Private	67.5	66.2	16.1	13.8	4.6 ^a	8.2	46.7	44.0
Medicaid/CHIP ⁴	77.1	79.9	11.7	17.3	5.7	4.6	59.3	57.5
Other ⁵	74.9	82.3	12.7	14.2	5.5	8.3	56.3	59.3
No Coverage	51.0	46.6	9.3	13.4	9.2	5.3	32.5	27.8

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.