

Table 1.68A Serious Psychological Distress (SPD) in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2005-2011

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011
TOTAL	23,103	23,743	22,901	23,314	23,243	23,567	23,511
AGE							
18-25	5,875	5,668	5,731	5,951	5,863	6,026	5,993
26-49	11,810	12,602 ^a	11,677	11,525	11,999	11,596	11,526
50 or Older	5,418	5,472	5,493	5,839	5,382	5,945	5,991
GENDER							
Male	8,292	9,057	8,531	8,551	8,526	9,000	9,096
Female	14,811	14,686	14,370	14,763	14,717	14,566	14,415
HISPANIC ORIGIN AND RACE							
Not Hispanic or Latino	19,965	20,673	19,941	20,288	20,248	20,250	20,577
White	16,017	16,373	16,154	16,412	16,598	16,229	16,138
Black or African American	2,651	2,652	2,606	2,518	2,499	2,721	2,486
American Indian or Alaska Native	230	281	151	96 ^a	140	135	211
Native Hawaiian or Other Pacific Islander	*	96	50	*	72	*	*
Asian	628 ^a	745	632 ^a	795	578 ^a	685	954
Two or More Races	355 ^a	526	349 ^a	366 ^a	361 ^a	400	584
Hispanic or Latino	3,138	3,070	2,960	3,026	2,996	3,317	2,933

*Low precision; no estimate reported.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale in the past year.

NOTE: Estimates for 2005, 2006, and 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports. See Section B.4.5 in Appendix B of the Results from the 2008 National Survey on Drug Use and Health: National Findings.

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2011.

Table 1.68B Serious Psychological Distress (SPD) in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2005-2011

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011
TOTAL	10.6	10.8 ^a	10.3	10.4	10.2	10.3	10.1
AGE							
18-25	18.1	17.3	17.5	18.1	17.5	17.7	17.5
26-49	11.8	12.5	11.7	11.5	12.1	11.8	11.8
50 or Older	6.4	6.3	6.1	6.3	5.7	6.2	6.0
GENDER							
Male	7.9	8.5	7.9	7.9	7.8	8.1	8.1
Female	13.1 ^a	12.9 ^a	12.5	12.7	12.5	12.3	11.9
HISPANIC ORIGIN AND RACE							
Not Hispanic or Latino	10.5	10.8	10.3	10.4	10.3	10.3	10.4
White	10.5	10.7	10.5	10.6	10.7	10.4	10.4
Black or African American	10.7	10.5	10.3	9.8	9.5	10.2	9.3
American Indian or Alaska Native	20.9	25.6	13.7	10.2	12.8	12.6	16.3
Native Hawaiian or Other Pacific Islander	*	11.6	7.8	*	9.8	*	*
Asian	6.9	8.0	6.6	8.1	5.8 ^a	6.6	8.5
Two or More Races	16.1	23.6	15.1	14.6	14.8	15.1	17.8
Hispanic or Latino	11.3 ^b	10.6 ^a	10.0	10.0	9.6	10.4 ^a	8.6

*Low precision; no estimate reported.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Serious Psychological Distress (SPD) is defined for this table as having a score of 13 or higher on the K6 scale in the past year.

NOTE: Estimates for 2005, 2006, and 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports. See Section B.4.5 in Appendix B of the Results from the 2008 National Survey on Drug Use and Health: National Findings.

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2011.