

Table 1.29C (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2010 and 2011

| Type of Mental Health Treatment/Counseling ¹ | Total (2010) | Total (2011) | Any Mental Illness (2010) | Any Mental Illness (2011) | Serious Mental Illness (2010) | Serious Mental Illness (2011) | Moderate Mental Illness (2010) | Moderate Mental Illness (2011) | Mild Mental Illness (2010) | Mild Mental Illness (2011) | No Mental Illness (2010) | No Mental Illness (2011) |
|---|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| DID NOT RECEIVE TREATMENT | 616 | 594 | 570 | 602 | 188 | 194 | 248 | 249 | 460 | 485 | 2,084 | 2,049 |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 113 | 71 | 40 | 65 | 15 | 40 | 16 | 40 | 34 | 32 | 106 | 28 |
| Outpatient | 245 | 229 | 170 | 135 | 102 | 65 | 78 | 73 | 108 | 94 | 182 | 189 |
| Prescription Medication | 449 | 441 | 342 | 284 | 172 | 140 | 147 | 159 | 246 | 189 | 354 | 375 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 33 | 35 | 31 | 31 | 10 | 15 | 5 | 20 | 29 | 16 | 12 | 17 |
| Inpatient and Prescription Medication | 49 | 62 | 33 | 46 | 31 | 38 | 9 | 16 | 8 | 19 | 39 | 41 |
| Outpatient and Prescription Medication | 360 | 362 | 314 | 305 | 207 | 187 | 160 | 169 | 158 | 187 | 199 | 196 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 87 | 104 | 80 | 95 | 62 | 82 | 34 | 37 | 31 | 30 | 32 | 36 |

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.29D (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2010 and 2011

| Type of Mental Health Treatment/Counseling ¹ | Total (2010) | Total (2011) | Any Mental Illness (2010) | Any Mental Illness (2011) | Serious Mental Illness (2010) | Serious Mental Illness (2011) | Moderate Mental Illness (2010) | Moderate Mental Illness (2011) | Mild Mental Illness (2010) | Mild Mental Illness (2011) | No Mental Illness (2010) | No Mental Illness (2011) |
|---|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| DID NOT RECEIVE TREATMENT | 0.27 | 0.26 | 0.89 | 0.82 | 1.67 | 1.70 | 1.75 | 1.77 | 1.11 | 1.09 | 0.24 | 0.22 |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 0.05 | 0.03 | 0.10 | 0.16 | 0.16 | 0.45 | 0.17 | 0.39 | 0.15 | 0.14 | 0.06 | 0.01 |
| Outpatient | 0.11 | 0.10 | 0.40 | 0.32 | 1.05 | 0.70 | 0.77 | 0.69 | 0.48 | 0.41 | 0.10 | 0.10 |
| Prescription Medication | 0.20 | 0.19 | 0.73 | 0.62 | 1.59 | 1.41 | 1.35 | 1.38 | 0.98 | 0.80 | 0.18 | 0.19 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 0.01 | 0.02 | 0.08 | 0.07 | 0.11 | 0.16 | 0.05 | 0.19 | 0.13 | 0.07 | 0.01 | 0.01 |
| Inpatient and Prescription Medication | 0.02 | 0.03 | 0.08 | 0.11 | 0.33 | 0.43 | 0.09 | 0.16 | 0.03 | 0.08 | 0.02 | 0.02 |
| Outpatient and Prescription Medication | 0.16 | 0.16 | 0.68 | 0.67 | 1.76 | 1.72 | 1.44 | 1.44 | 0.68 | 0.81 | 0.10 | 0.10 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 0.04 | 0.04 | 0.19 | 0.23 | 0.66 | 0.88 | 0.35 | 0.36 | 0.14 | 0.14 | 0.02 | 0.02 |

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

¹ Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling or combination of types of treatments information were excluded.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.29P (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: P Values from Tests of Differences of Percentages, 2011 Versus 2010

| Type of Mental Health Treatment/Counseling ¹ | Total (2010) | Total (2011) | Any Mental Illness (2010) | Any Mental Illness (2011) | Serious Mental Illness (2010) | Serious Mental Illness (2011) | Moderate Mental Illness (2010) | Moderate Mental Illness (2011) | Mild Mental Illness (2010) | Mild Mental Illness (2011) | No Mental Illness (2010) | No Mental Illness (2011) |
|---|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| DID NOT RECEIVE TREATMENT | 0.7149 | | 0.1902 | | 0.2936 | | 0.5684 | | 0.4849 | | 0.3630 | |
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 0.1574 | | 0.3848 | | 0.4193 | | 0.3944 | | 0.9196 | | 0.0213 | |
| Outpatient | 0.6010 | | 0.5333 | | 0.8397 | | 0.8277 | | 0.5236 | | 0.1985 | |
| Prescription Medication | 0.6373 | | 0.0086 | | 0.0265 | | 0.9241 | | 0.0376 | | 0.1050 | |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 0.9257 | | 0.9038 | | 0.6793 | | 0.2506 | | 0.2892 | | 0.5876 | |
| Inpatient and Prescription Medication | 0.5043 | | 0.2588 | | 0.7945 | | 0.2474 | | 0.1103 | | 0.8781 | |
| Outpatient and Prescription Medication | 0.6499 | | 0.5265 | | 0.9642 | | 0.3739 | | 0.0659 | | 0.1695 | |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 0.2452 | | 0.2550 | | 0.1500 | | 0.9355 | | 0.8901 | | 0.5508 | |

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.30C (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2010 and 2011

| Type of Mental Health Treatment/Counseling ¹ | Total (2010) | Total (2011) | Any Mental Illness (2010) | Any Mental Illness (2011) | Serious Mental Illness (2010) | Serious Mental Illness (2011) | Moderate Mental Illness (2010) | Moderate Mental Illness (2011) | Mild Mental Illness (2010) | Mild Mental Illness (2011) | No Mental Illness (2010) | No Mental Illness (2011) |
|---|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 113 | 71 | 40 | 65 | 15 | 40 | 16 | 40 | 34 | 32 | 106 | 28 |
| Outpatient | 252 | 236 | 170 | 135 | 102 | 65 | 78 | 73 | 108 | 94 | 182 | 189 |
| Prescription Medication | 474 | 469 | 342 | 284 | 172 | 140 | 147 | 159 | 246 | 189 | 354 | 375 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 33 | 35 | 31 | 31 | 10 | 15 | 5 | 20 | 29 | 16 | 12 | 17 |
| Inpatient and Prescription Medication | 49 | 62 | 33 | 46 | 31 | 38 | 9 | 16 | 8 | 19 | 39 | 41 |
| Outpatient and Prescription Medication | 372 | 373 | 314 | 305 | 207 | 187 | 160 | 169 | 158 | 187 | 199 | 196 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 87 | 104 | 80 | 95 | 62 | 82 | 34 | 37 | 31 | 30 | 32 | 36 |

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NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.30D (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2010 and 2011

| Type of Mental Health Treatment/Counseling ¹ | Total (2010) | Total (2011) | Any Mental Illness (2010) | Any Mental Illness (2011) | Serious Mental Illness (2010) | Serious Mental Illness (2011) | Moderate Mental Illness (2010) | Moderate Mental Illness (2011) | Mild Mental Illness (2010) | Mild Mental Illness (2011) | No Mental Illness (2010) | No Mental Illness (2011) |
|---|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 0.36 | 0.22 | 0.23 | 0.39 | 0.24 | 0.69 | 0.35 | 0.84 | 0.52 | 0.51 | 0.74 | 0.19 |
| Outpatient | 0.72 | 0.70 | 0.94 | 0.78 | 1.53 | 1.09 | 1.59 | 1.49 | 1.57 | 1.39 | 1.16 | 1.20 |
| Prescription Medication | 1.08 | 1.04 | 1.44 | 1.34 | 2.22 | 2.06 | 2.48 | 2.57 | 2.42 | 2.30 | 1.58 | 1.55 |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 0.11 | 0.11 | 0.18 | 0.18 | 0.16 | 0.25 | 0.11 | 0.42 | 0.45 | 0.26 | 0.08 | 0.12 |
| Inpatient and Prescription Medication | 0.15 | 0.20 | 0.19 | 0.27 | 0.49 | 0.65 | 0.20 | 0.35 | 0.12 | 0.30 | 0.28 | 0.28 |
| Outpatient and Prescription Medication | 0.98 | 0.94 | 1.38 | 1.36 | 2.30 | 2.24 | 2.57 | 2.64 | 2.12 | 2.34 | 1.28 | 1.20 |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 0.28 | 0.33 | 0.45 | 0.56 | 0.98 | 1.34 | 0.73 | 0.78 | 0.47 | 0.49 | 0.23 | 0.24 |

*Low precision; no estimate reported.

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NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

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Table 1.30P (REVISED) Types of Mental Health Treatment/Counseling Received in the Past Year among Persons Aged 18 or Older Who Received Mental Health Treatment in the Past Year, by Past Year Level of Mental Illness: *P* Values from Tests of Differences of Percentages, 2011 Versus 2010

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|---|--------------|--------------|---------------------------|---------------------------|-------------------------------|-------------------------------|--------------------------------|--------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|
| RECEIVED ONLY ONE TREATMENT TYPE | | | | | | | | | | | | |
| Inpatient | 0.1624 | | 0.3411 | | 0.3973 | | 0.3765 | | 0.9639 | | 0.0166 | |
| Outpatient | 0.4882 | | 0.7724 | | 0.9781 | | 0.9330 | | 0.6875 | | 0.3250 | |
| Prescription Medication | 0.7702 | | 0.0199 | | 0.0532 | | 0.8263 | | 0.0288 | | 0.1207 | |
| RECEIVED TWO TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient and Outpatient | 0.9019 | | 0.9707 | | 0.6399 | | 0.2435 | | 0.3086 | | 0.6329 | |
| Inpatient and Prescription Medication | 0.4787 | | 0.2098 | | 0.7203 | | 0.2274 | | 0.1030 | | 0.8221 | |
| Outpatient and Prescription Medication | 0.7833 | | 0.1135 | | 0.5088 | | 0.4886 | | 0.0099 | | 0.0464 | |
| RECEIVED ALL THREE TREATMENT TYPES | | | | | | | | | | | | |
| Inpatient, Outpatient, and Prescription Medication | 0.2148 | | 0.1640 | | 0.1001 | | 0.8723 | | 0.9778 | | 0.6283 | |

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Mental Illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder that met the criteria found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*. Three categories of mental illness severity are defined based on the level of functional impairment: mild mental illness, moderate mental illness, and serious mental illness. Any mental illness includes persons in any of the three categories. Estimates for mental illness presented in this table may differ from previously published mental illness estimates because of revised estimation procedures. For details on the methodology, see the NSDUH short report titled *Revised Estimates of Mental Illness from the National Survey on Drug Use and Health* at <http://samhsa.gov/data/default.aspx>.

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