

Table 1.59C Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2010 and 2011

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2010)	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional Only (2010)	Saw or Talked to Health Professional Only (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2010)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2010)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)
TOTAL	377	353	178	156	94	134	320	291
GENDER								
Male	225	207	133	101	46	76	183	166
Female	300	291	126	116	81	99	259	235
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	343	340	159	147	88	130	292	281
White	320	324	129	135	82	126	283	268
Black or African American	90	91	45	50	27	28	71	72
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	7	*	*	*	*
Hispanic or Latino	152	99	81	50	33	30	125	78
POVERTY LEVEL¹								
Less Than 100%	169	186	59	86	41	42	150	154
100-199%	184	152	82	66	54	38	154	131
200% or More	273	263	141	114	64	120	230	204
GOVERNMENT ASSISTANCE²								
Yes	210	221	92	90	62	59	176	193
No	317	281	147	132	69	120	265	227
HEALTH INSURANCE³								
Private	262	261	140	110	52	110	221	204
Medicaid/CHIP ⁴	185	169	79	84	30	30	162	145
Other ⁵	213	192	76	79	51	66	189	163
No Coverage	148	131	51	75	60	48	124	97

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.59D Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Standard Errors of Percentages, 2010 and 2011

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2010)	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional Only (2010)	Saw or Talked to Health Professional Only (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2010)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2010)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)
TOTAL	1.30	1.27	1.05	0.97	0.59	0.85	1.45	1.36
GENDER								
Male	2.43	2.30	2.18	1.78	0.83	1.39	2.50	2.40
Female	1.48	1.48	1.16	1.09	0.79	0.95	1.75	1.58
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	1.35	1.28	1.07	1.02	0.63	0.91	1.49	1.41
White	1.45	1.32	1.07	1.14	0.71	1.06	1.66	1.55
Black or African American	4.21	4.38	2.76	3.12	1.73	1.87	3.78	4.08
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	2.80	*	*	*	*
Hispanic or Latino	4.40	4.42	4.02	3.01	1.80	1.93	4.98	4.11
POVERTY LEVEL¹								
Less Than 100%	2.78	2.59	1.99	2.13	1.46	1.15	3.25	2.88
100-199%	2.71	2.63	2.12	1.84	1.46	1.12	3.03	2.76
200% or More	1.73	1.74	1.42	1.33	0.70	1.38	1.89	1.83
GOVERNMENT ASSISTANCE²								
Yes	2.19	2.12	1.98	1.68	1.44	1.19	2.74	2.49
No	1.61	1.56	1.19	1.22	0.60	1.12	1.70	1.66
HEALTH INSURANCE³								
Private	1.68	1.68	1.47	1.34	0.59	1.32	1.87	1.81
Medicaid/CHIP ⁴	2.67	2.12	3.03	2.69	1.29	1.09	3.74	3.18
Other ⁵	2.98	2.71	2.05	2.51	1.42	2.13	3.41	3.50
No Coverage	3.15	3.10	1.69	2.17	1.93	1.47	3.23	2.70

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds. Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 1.59P Type of Treatment Received in the Past Year for Depression among Persons Aged 18 or Older with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: P Values from Tests of Differences of Percentages, 2011 Versus 2010

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2010)	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional Only (2010)	Saw or Talked to Health Professional Only (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2010)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2010)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)
TOTAL	0.9000		0.9209		0.2503		0.4367	
GENDER								
Male	0.8331		0.8082		0.1021		0.7626	
Female	0.6380		0.7016		0.7615		0.3886	
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	0.6111		0.9087		0.2189		0.8083	
White	0.5551		0.5073		0.1753		0.5092	
Black or African American	0.9970		0.9313		0.9923		0.9548	
American Indian or Alaska Native	*		*		*		*	
Native Hawaiian or Other Pacific Islander	*		*		*		*	
Asian	*		*		*		*	
Two or More Races	*		*		*		*	
Hispanic or Latino	0.0643		0.9468		0.8500		0.0641	
POVERTY LEVEL¹								
Less Than 100%	0.8288		0.1666		0.3687		0.7153	
100-199%	0.3593		0.5612		0.1731		0.5566	
200% or More	0.8455		0.3676		0.0127		0.5524	
GOVERNMENT ASSISTANCE²								
Yes	0.7057		0.6686		0.1638		0.9830	
No	0.8331		0.9485		0.0341		0.2102	
HEALTH INSURANCE³								
Private	0.5761		0.2490		0.0115		0.3088	
Medicaid/CHIP ⁴	0.3963		0.1747		0.5157		0.7154	
Other ⁵	0.0636		0.6485		0.2693		0.5305	
No Coverage	0.3189		0.1174		0.1045		0.2677	

*Low precision; no estimate reported.

NOTE: Some 2010 estimates used in the comparisons may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

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