

Table 2.12A Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2010 and 2011

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2010)	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional Only (2010)	Saw or Talked to Health Professional Only (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2010)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2010)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)
TOTAL	682	724	370	397	58	52	252	272
GENDER								
Male	158	188	75	100	20	23	64	63
Female	523	536	295	297	38	29	188	209
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	546	604	280	313	45	49	220	240
White	462	448	218	211	44	39	198	197
Black or African American	51 ^a	91	42	56	*	7	10 ^a	28
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	136	120	89	84	12	3	32	32
POVERTY LEVEL¹								
Less Than 100%	113	151	63	83	2	10	46	58
100-199%	191	186	94	103	29	15	68	67
200% or More	377	387	212	210	27	28	138	147
GOVERNMENT ASSISTANCE²								
Yes	182	214	99	104	12	17	69	92
No	500	510	271	293	45	35	183	179
HEALTH INSURANCE³								
Private	412	426	204	219	41	36	164	167
Medicaid/CHIP ⁴	243	269	127	151	14	15	102	103
Other ⁵	*	*	*	20	*	*	*	*
No Coverage	44	*	30	*	2	*	11	9

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

NOTE: Respondents with unknown past year treatment data were excluded.

NOTE: Health Professionals include general practitioner or family doctor; other medical doctor (e.g., cardiologist, gynecologist, urologist); psychologist; psychiatrist or psychotherapist; social worker; counselor; other mental health professional (e.g., mental health nurse or other therapist where type is not specified); and nurse, occupational therapist, or other health professional.

^a Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

¹ Estimates are based on a definition of Poverty Level that incorporates information on family income, size, and composition and is calculated as a percentage of the U.S. Census Bureau's poverty thresholds.

² Government Assistance is defined as one or more household family members having received Supplemental Security Income (SSI), cash assistance (Temporary Assistance for Needy Families, TANF), noncash assistance, or food stamps.

³ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁴ CHIP is the Children's Health Insurance Program. Individuals aged 19 or younger are eligible for this plan.

⁵ Other Health Insurance is defined as having Medicare, CHAMPUS, TRICARE, CHAMPVA, the VA, military health care, or any other type of health insurance.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 2.12B Type of Treatment Received in the Past Year for Depression among Persons Aged 12 to 17 with a Past Year Major Depressive Episode (MDE), by Demographic and Socioeconomic Characteristics: Percentages, 2010 and 2011

Demographic/Socioeconomic Characteristic	Saw or Talked to Health Professional OR Used Prescription Medication (2010)	Saw or Talked to Health Professional OR Used Prescription Medication (2011)	Saw or Talked to Health Professional Only (2010)	Saw or Talked to Health Professional Only (2011)	Used Prescription Medication and Did Not See or Talk to Health Professional (2010)	Used Prescription Medication and Did Not See or Talk to Health Professional (2011)	Saw or Talked to Health Professional AND Used Prescription Medication (2010)	Saw or Talked to Health Professional AND Used Prescription Medication (2011)
TOTAL	35.8	36.3	19.4	19.9	3.0	2.6	13.2	13.6
GENDER								
Male	29.6	33.6	14.0	17.8	3.7	4.2	11.9	11.1
Female	38.3	37.4	21.6	20.7	2.7	2.0	13.7	14.5
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	35.7	38.4	18.3	19.9	2.9	3.1	14.3	15.2
White	39.1	38.7	18.5	18.2	3.7	3.3	16.7	16.9
Black or African American	22.1 ^b	38.8	18.0	23.7	*	3.1	4.1 ^a	11.9
American Indian or Alaska Native	*	*	*	*	*	*	*	*
Native Hawaiian or Other Pacific Islander	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*	*	*
Hispanic or Latino	36.2	28.4	23.9	19.9	3.3	0.8	8.6	7.4
POVERTY LEVEL¹								
Less Than 100%	33.6	37.2	18.8	20.4	0.6	2.4	13.7	14.2
100-199%	36.4	37.9	18.0	21.0	5.4	3.0	12.9	13.6
200% or More	36.3	35.3	20.4	19.1	2.6	2.5	13.2	13.3
GOVERNMENT ASSISTANCE²								
Yes	38.1	39.0	20.7	18.9	2.6	3.1	14.4	16.6
No	35.1	35.3	19.0	20.2	3.2	2.4	12.8	12.4
HEALTH INSURANCE³								
Private	36.6	37.7	18.1	19.4	3.7	3.2	14.5	14.7
Medicaid/CHIP ⁴	39.4	38.7	20.6	21.7	2.3	2.2	16.5	14.6
Other ⁵	*	*	*	17.2	*	*	*	*
No Coverage	26.1	*	17.9	*	1.3	*	6.8	6.1

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Major Depressive Episode (MDE) is defined as in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders (DSM-IV)*, which specifies a period of at least 2 weeks when a person experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.