

**Table 2.4A Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Numbers in Thousands, 2010 and 2011**

Reason for Receipt of Mental Health Service <sup>1</sup>	SPECIALTY MENTAL HEALTH SERVICE										SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5,7</sup>	
	Total		Outpatient <sup>2</sup>		Inpatient or Residential <sup>3</sup>							
	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011
RECEIVED MENTAL HEALTH SERVICES <sup>8</sup>	2,950	3,129	2,635 <sup>a</sup>	2,842	588	602	2,957	2,920	601	619	1,253	1,283
Thought about Killing Self or Tried to Kill Self	542	622	466	545	172	195	216	225	62	92	152	177
Felt Depressed	1,241	1,311	1,158	1,226	178	203	719	784	202	230	406	441
Felt Very Afraid and Tense	546 <sup>a</sup>	642	521	607	62	78	347	362	82	96	167	212
Had Eating Problems	236	236	204	202	57	48	103	86	72	65	70	63
Had Other Diagnosed Mental/ Neurological Disorder <sup>9</sup>	68	73	60	72	12	1	12	5	27	14	7	3
Broke Rules and "Acted Out"	647	667	601	606	100	111	426	405	84	95	146	156
Had Trouble Controlling Anger	473	468	445	453	43	41	237	201	37	44	109	78
Got into Physical Fights	108	122	95	106	16	23	90	103	9	10	21	24
Had Problems with Home/Family	790	784	752	747	64	71	420	365	55	36	197	145
Had Problems with Friends	301	346	286	337	17	15	391	408	17	17	107	91
Had Problems with People Other Than Family/Friends	218	240	209	228	13	19	191	209	19	13	62	49
Had Problems at School	466	499	423	466	55	47	459	488	64	51	132	120
Some Other Reason <sup>10</sup>	218	264	203	242	21	30	206	169	66	66	54	46

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

<sup>2</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>3</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>4</sup> The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>5</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

<sup>6</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>7</sup> The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

<sup>8</sup> The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

<sup>9</sup> Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

<sup>10</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

**Table 2.4B Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Percentages, 2010 and 2011**

Reason for Receipt of Mental Health Service <sup>1</sup>	SPECIALTY MENTAL HEALTH SERVICE										SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL <sup>5,7</sup>	
	Total		Outpatient <sup>2</sup>		Inpatient or Residential <sup>3</sup>							
	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011
RECEIVED MENTAL HEALTH SERVICES <sup>8</sup>	12.3	12.7	10.9	11.5	2.4	2.4	12.4	11.9	2.5	2.5	5.2	5.2
Thought about Killing Self or Tried to Kill Self	20.8	22.6	19.2	20.9	40.5	43.2	10.5	11.1	11.9 <sup>a</sup>	17.7	13.8	16.1
Felt Depressed	47.5	47.3	47.5	46.8	42.3	45.5	34.8	38.6	38.9	44.2	37.7	40.1
Felt Very Afraid and Tense	21.0	23.4	21.5	23.3	14.8	17.6	16.8	17.8	15.8	18.4	15.3	19.1
Had Eating Problems	9.2	8.6	8.5	7.8	13.5	11.0	5.0	4.2	13.8	12.4	6.3	5.7
Had Other Diagnosed Mental/ Neurological Disorder <sup>9</sup>	2.7	2.7	2.5	2.8	3.0	0.2	0.6	0.2	5.2	2.8	0.6	0.2
Broke Rules and "Acted Out"	24.9	24.4	24.8	23.3	24.1	24.7	20.6	20.0	16.2	18.3	13.4	14.2
Had Trouble Controlling Anger	18.3	17.1	18.4	17.4	10.4	9.3	11.5	9.9	7.1	8.4	9.9	7.0
Got into Physical Fights	4.2	4.5	3.9	4.1	4.0	5.2	4.4	5.1	1.7	1.9	1.9	2.1
Had Problems with Home/Family	30.5	28.6	31.1	28.7	15.4	16.1	20.4	18.0	10.7	6.9	17.9 <sup>a</sup>	13.2
Had Problems with Friends	11.7	12.7	11.8	13.0	4.2	3.5	19.0	20.1	3.3	3.2	9.8	8.2
Had Problems with People Other Than Family/Friends	8.5	8.8	8.7	8.8	3.0	4.3	9.3	10.3	3.7	2.4	5.6	4.4
Had Problems at School	17.9	18.3	17.4	17.9	13.3	10.8	22.3	24.0	12.4	9.9	12.0	10.9
Some Other Reason <sup>10</sup>	8.5	9.7	8.4	9.3	5.2	6.9	10.0	8.3	12.7	12.7	4.9	4.1

\*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

<sup>a</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.05 level.

<sup>b</sup> Difference between estimate and 2011 estimate is statistically significant at the 0.01 level.

<sup>1</sup> Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

<sup>2</sup> Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

<sup>3</sup> Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

<sup>4</sup> The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

<sup>5</sup> Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

<sup>6</sup> Includes treatment/counseling from a pediatrician or other family doctor.

<sup>7</sup> The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

<sup>8</sup> The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

<sup>9</sup> Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

<sup>10</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.