

Table 2.4C Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Numbers in Thousands, 2010 and 2011

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³						2010	2011
	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011
RECEIVED MENTAL HEALTH SERVICES⁸	73	75	68	73	32	32	70	68	33	35	47	49
Thought about Killing Self or Tried to Kill Self	33	34	30	31	17	18	21	20	9	12	17	19
Felt Depressed	50	51	48	49	17	18	37	37	18	20	27	27
Felt Very Afraid and Tense	31	35	30	34	9	13	25	26	12	13	16	20
Had Eating Problems	20	22	19	19	10	12	14	12	12	11	11	11
Had Other Diagnosed Mental/ Neurological Disorder ⁹	11	11	9	11	6	1	5	2	8	5	3	1
Broke Rules and "Acted Out"	34	35	33	33	13	16	28	28	12	13	15	17
Had Trouble Controlling Anger	29	29	28	29	8	8	20	18	7	8	14	10
Got into Physical Fights	13	15	12	14	4	6	11	15	3	4	5	6
Had Problems with Home/Family	41	39	39	38	10	12	29	25	10	7	21	16
Had Problems with Friends	24	25	23	25	5	5	26	27	5	6	14	13
Had Problems with People Other Than Family/Friends	20	20	20	20	5	6	19	19	6	5	11	8
Had Problems at School	29	32	28	30	10	10	30	31	14	8	15	15
Some Other Reason ¹⁰	19	21	18	20	6	6	21	18	11	14	9	8

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

⁵ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁶ Includes treatment/counseling from a pediatrician or other family doctor.

⁷ The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

⁸ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

⁹ Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

¹⁰ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 2.4D Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: Standard Errors of Percentages, 2010 and 2011

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³						2010	2011
	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011
RECEIVED MENTAL HEALTH SERVICES⁸	0.30	0.31	0.28	0.30	0.13	0.13	0.29	0.28	0.14	0.14	0.19	0.20
Thought about Killing Self or Tried to Kill Self	1.11	1.04	1.10	1.02	3.12	3.06	0.98	0.94	1.68	2.11	1.44	1.57
Felt Depressed	1.38	1.33	1.41	1.36	3.37	3.17	1.44	1.42	2.74	2.98	1.93	1.92
Felt Very Afraid and Tense	1.07	1.10	1.12	1.12	2.22	2.62	1.10	1.13	2.11	2.22	1.42	1.61
Had Eating Problems	0.74	0.78	0.77	0.72	2.23	2.57	0.64	0.59	2.13	1.92	0.95	0.94
Had Other Diagnosed Mental/ Neurological Disorder ⁹	0.41	0.42	0.38	0.44	1.49	0.17	0.25	0.09	1.40	0.93	0.32	0.13
Broke Rules and "Acted Out"	1.15	1.13	1.19	1.13	2.88	2.96	1.16	1.19	2.16	2.31	1.27	1.42
Had Trouble Controlling Anger	1.02	0.97	1.06	1.01	1.88	1.81	0.95	0.84	1.40	1.56	1.20	0.89
Got into Physical Fights	0.51	0.56	0.51	0.54	1.04	1.46	0.53	0.70	0.67	0.81	0.50	0.50
Had Problems with Home/Family	1.24	1.18	1.28	1.21	2.16	2.50	1.24	1.14	1.84	1.30	1.69	1.37
Had Problems with Friends	0.89	0.87	0.92	0.90	1.26	1.10	1.16	1.23	1.05	1.17	1.24	1.16
Had Problems with People Other Than Family/Friends	0.75	0.70	0.79	0.71	1.11	1.32	0.89	0.88	1.09	0.86	0.95	0.73
Had Problems at School	1.03	1.04	1.06	1.04	2.35	2.18	1.24	1.30	2.35	1.58	1.30	1.27
Some Other Reason ¹⁰	0.70	0.75	0.73	0.75	1.37	1.45	0.94	0.85	1.94	2.51	0.84	0.73

*Low precision; no estimate reported.

NOTE: Some 2010 estimates may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information were excluded.

NOTE: Respondents could indicate multiple service sources; thus, the response categories are not mutually exclusive.

¹ Respondents were asked the reasons for the last time they received mental health care from each of the reported mental health services and could indicate multiple reasons for the last time they received mental health care; thus, these response categories are not mutually exclusive. Respondents who did not indicate receiving mental health care from a particular mental health service category for any of the reasons listed in this table were excluded for that service.

² Includes treatment/counseling from a (1) private therapist, psychologist, psychiatrist, social worker, or counselor; (2) mental health clinic or center; (3) partial day hospital or day treatment program; or (4) in-home therapist, counselor, or family preservation worker.

³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

⁵ Because of revisions to the Source of Youth Mental Health Education Services questions in 2009, these estimates are not comparable with the education services estimates presented before the 2009 NSDUH.

⁶ Includes treatment/counseling from a pediatrician or other family doctor.

⁷ The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

⁸ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known.

⁹ Respondent reported in the other-specify question that he or she has been diagnosed with a mental or neurological disorder as a reason for having received mental health treatment/counseling. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

¹⁰ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Treatment/Counseling were classified as not having received treatment/counseling for Some Other Reason.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.

Table 2.4P Past Year Receipt of Mental Health Services and Reasons for Receiving Most Recent Mental Health Service in the Past Year among Persons Aged 12 to 17 Who Received Respective Mental Health Services in the Past Year: P Values from Tests of Differences of Percentages, 2011 Versus 2010

Reason for Receipt of Mental Health Service ¹	SPECIALTY MENTAL HEALTH SERVICE						EDUCATION ^{4,5}		MEDICAL ⁶		SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL ^{5,7}	
	Total		Outpatient ²		Inpatient or Residential ³		2010	2011	2010	2011	2010	2011
	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011	2010	2011
RECEIVED MENTAL HEALTH SERVICES⁸	0.3048		0.1472		0.9932		0.2598		0.9457		0.9788	
Thought about Killing Self or Tried to Kill Self	0.2525		0.2607		0.5461		0.6569		0.0395		0.2903	
Felt Depressed	0.9156		0.7139		0.4901		0.0524		0.1863		0.3638	
Felt Very Afraid and Tense	0.1401		0.2588		0.4083		0.5209		0.3841		0.0758	
Had Eating Problems	0.6326		0.5214		0.4453		0.3829		0.6275		0.6179	
Had Other Diagnosed Mental/ Neurological Disorder ⁹	0.9667		0.6105		0.0656		0.2142		0.1365		0.2322	
Broke Rules and "Acted Out"	0.7022		0.3418		0.8867		0.6929		0.5001		0.6272	
Had Trouble Controlling Anger	0.3939		0.5213		0.6919		0.2396		0.5113		0.0529	
Got into Physical Fights	0.6829		0.8538		0.4929		0.4259		0.8399		0.7480	
Had Problems with Home/Family	0.2807		0.1913		0.8165		0.1537		0.0903		0.0319	
Had Problems with Friends	0.4062		0.3751		0.6828		0.5016		0.9764		0.3739	
Had Problems with People Other Than Family/Friends	0.7194		0.8895		0.4498		0.3961		0.3804		0.3097	
Had Problems at School	0.7941		0.7302		0.4316		0.3315		0.3763		0.5398	
Some Other Reason ¹⁰	0.2506		0.4041		0.4031		0.1835		0.9973		0.4535	

*Low precision; no estimate reported.

NOTE: Some 2010 estimates used in the comparisons may differ from previously published estimates due to updates (see Section B.3 in Appendix B of the *Results from the 2011 National Survey on Drug Use and Health: Mental Health Findings*).

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

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³ Includes treatment/counseling from an overnight or longer stay in a (1) hospital, (2) residential treatment center, or (3) foster care or therapeutic foster care home.

⁴ The Received Mental Health Services estimate includes treatment/counseling from a (1) school social worker, school psychologist, or school counselor or (2) a special school or program within a regular school for students with emotional or behavioral problems. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems. Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling or reasons for mental health care from this source; however respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this source.

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⁶ Includes treatment/counseling from a pediatrician or other family doctor.

⁷ The Received Mental Health Services estimate includes receipt of any specialty mental health services and receipt of any services from either education or medical sources. The Reason for Receipt of Services excludes treatment or counseling from a special school or program within a regular school for students with emotional or behavioral problems.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2010 and 2011.