

2012 State Profile — Alaska

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Alaska, 95 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 3,658 clients in substance abuse treatment on March 30, 2012. The survey response rate in Alaska was 93.8%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	56	58.9	1,729	47.3	240	66.7
Private for-profit	8	8.4	473	12.9	16	4.4
Local, county, or community government	4	4.2	206	5.6	14	3.9
State government	--	--	--	--	--	--
Federal government	4	4.2	514	14.1	--	--
Dept. of Veterans Affairs	1	1.1	103	2.8	--	--
Dept. of Defense	2	--	321	8.8	--	--
Indian Health Service	1	1.1	90	2.5	--	--
Other	--	--	--	--	--	--
Tribal government	23	24.2	736	20.1	90	25.0
Total	95	100.0	3,658	100.0	360	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	36	--	1,820	49.8	109	30.3
Mental health services	4	--	39	1.1	25	6.9
Mix of mental health and substance abuse treatment services	48	--	--	44.9	225	62.5
General health care	5	5.3	--	1.3	1	0.3
Other	2	2.1	108	3.0	--	--
Total	95		3,658	100.0	360	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	84	94.4	1,663	45.6	266	
Clients with drug abuse only	65	73.0	509	14.0	87	
Clients with alcohol abuse only	72	80.9	1,471	40.4	250	
Total	89		3,643	100.0	603	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 6.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	81	85.3	3,355	91.7	29	304	84.4
Regular	81	85.3	2,446	66.9	19		
Intensive	47	49.5	671	18.3	8		
Day treatment/partial hospitalization	11	11.6	78	2.1	2		
Detoxification	7	7.4	6	0.2	--		
Methadone maintenance	3	3.2	154	4.2	74		
Residential (non-hospital)	28	29.5	300	8.2	12	56	15.6
Short term (<30 days)	10	10.5	55	1.5	8		
Long term (30+ days)	24	25.3	228	6.2	10		
Detoxification	6	6.3	17	0.5	1		
Hospital Inpatient	1	1.1	3	0.1	3	--	--
Treatment	--	--	--	--	--		
Detoxification	1	1.1	3	0.1	3		
Total	95		3,658		25	360	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	2	0.2
Clients in Facilities with OTPs		
Methadone	--	--
Buprenorphine	148	88.1
Clients in Facilities without OTPs		
Buprenorphine	20	11.9
Total	168	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	77	81.1
Private health insurance	81	85.3
Medicare	48	50.5
Medicaid	71	74.7
State-financed health insurance	49	51.6
Federal military insurance	65	68.4
No payment accepted	2	2.1
Access to Recovery (ATR) vouchers ²	27	28.4
IHS/638 contract care funds	28	29.5
Other payments	5	5.3
Sliding fee scale	66	69.5
Treatment at no charge for clients who cannot pay	66	69.5

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	88	92.6
State substance abuse agency	73	76.8
State mental health department	43	45.3
State department of health	41	43.2
Hospital licensing authority	7	7.4
The Joint Commission	21	22.1
Commission on Accreditation of Rehabilitation Facilities	29	30.5
National Committee for Quality Assurance	2	2.1
Council on Accreditation	1	1.1
Other state/local agency/organization	8	8.4

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	73	76.8

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	94	98.9
Screening for substance abuse	91	95.8
Screening for mental health disorders	76	80.0
Comprehensive substance abuse assessment or diagnosis	87	91.6
Comprehensive mental health assessment or diagnosis	57	60.0
Screening for tobacco use	70	73.7
Outreach to persons in the community who may need treatment	64	67.4
Interim services for clients when immediate admission is not possible	70	73.7
Testing	79	83.2
Breathalyzer or other blood alcohol testing	48	50.5
Drug or alcohol urine screening	69	72.6
Screening for Hepatitis B	28	29.5
Screening for Hepatitis C	29	30.5
HIV testing	21	22.1
STD testing	17	17.9
TB screening	31	32.6
Counseling	95	100.0
Individual counseling	95	100.0
Group counseling	88	92.6
Family counseling	81	85.3
Marital/couples counseling	67	70.5
Transitional Services	94	98.9
Discharge planning	90	94.7
Aftercare/continuing care	83	87.4
Pharmacotherapies	41	43.2
Antabuse®	7	7.4
Naltrexone (oral)	17	17.9
Vivitrol® (injectable Naltrexone)	7	7.4
Campral®	4	4.2
Nicotine replacement	20	21.1
Non-nicotine smoking/tobacco cessation medications	11	11.6
Medications for psychiatric disorders	31	32.6
Methadone	3	3.2
Buprenorphine with naloxone (Suboxone®)	9	9.5
Buprenorphine without naloxone	4	4.2
Ancillary Services	94	98.9
Case management services	78	82.1
Social skills development	76	80.0
Mentoring/peer support	57	60.0
Child care for clients' children	9	9.5
Assistance with obtaining social services	72	75.8
Employment counseling or training for clients	30	31.6
Assistance in locating housing for clients	49	51.6
Domestic violence services	51	53.7
Early intervention for HIV	28	29.5
HIV or AIDS education, counseling, or support	51	53.7
Hepatitis education, counseling, or support	28	29.5

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	61	64.2
Substance abuse education	92	96.8
Transportation assistance to treatment	51	53.7
Mental health services	72	75.8
Acupuncture	1	1.1
Residential beds for clients' children	5	5.3
Self-help groups	45	47.4
Smoking cessation counseling	49	51.6

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	93	97.9
Relapse prevention	90	94.7
Cognitive-behavioral therapy	84	88.4
Motivational interviewing	84	88.4
Anger management	78	82.1
Brief intervention	80	84.2
12-step facilitation	62	65.3
Trauma-related counseling	77	81.1
Contingency management/motivational incentives	62	65.3
Rational emotive behavioral therapy (REBT)	49	51.6
Matrix Model	42	44.2
Computerized substance abuse treatment	18	18.9
Community reinforcement plus vouchers	12	12.6
Other treatment approaches	20	21.1

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	21	1
Number of clients ²	284	3
Number of designated beds	333	4
Utilization rate ³	85.3	75.0
Average number of designated beds per facility	16	4

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	76	80.0
Clients with co-occurring disorders	37	38.9
Adult women	29	30.5
DUI/DWI offenders	24	25.3
Adolescents	35	36.8
Adult men	20	21.1
Criminal justice clients	15	15.8
Persons who have experienced trauma	26	27.4
Pregnant or postpartum women	15	15.8
Persons with HIV or AIDS	7	7.4
Veterans	6	6.3
Seniors or older adults	3	3.2
LGBTQ ¹ clients	3	3.2
Active duty military	3	3.2
Members of military families	4	4.2
Other groups	14	14.7

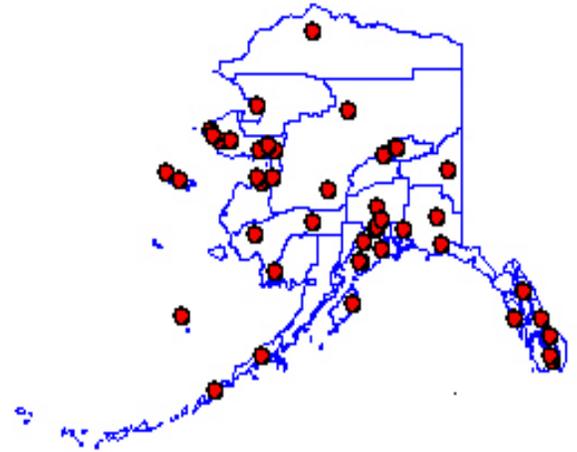
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	11	11.6
Any language other than English	20	21.1
Non-English Language Provided by:		
On-call interpreter only	3	15.0
Staff counselor only	10	50.0
Both staff counselor and on-call interpreter	7	35.5
Languages Provided by Staff Counselor:¹		
Spanish	6	35.3
American Indian/Alaska Native languages	13	76.5
Other	3	17.6

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/