

2012 State Profile — Alabama

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Alabama, 148 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 16,648 clients in substance abuse treatment on March 30, 2012. The survey response rate in Alabama was 95.6%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	91	61.5	5,922	35.6	491	89.9
Private for-profit	40	27.0	9,030	54.2	55	10.1
Local, county, or community government	8	5.4	914	5.5	--	--
State government	3	2.0	260	1.6	--	--
Federal government	6	4.1	522	3.1	--	--
Dept. of Veterans Affairs	4	2.7	391	2.3	--	--
Dept. of Defense	2	--	131	0.8	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	148	100.0	16,648	100.0	546	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	96	64.9	12,926	77.6	325	59.5
Mental health services	12	8.1	765	4.6	85	15.6
Mix of mental health and substance abuse treatment services	34	23.0	2,738	16.4	136	24.9
General health care	4	2.7	154	0.9	--	--
Other	2	1.4	65	0.4	--	--
Total	148	100.0	16,648	100.0	546	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012		
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older
	No.	%	No.	%	
Clients with both alcohol and drug abuse	127	87.0	4,411	27.0	113
Clients with drug abuse only	133	91.1	10,467	64.0	277
Clients with alcohol abuse only	104	71.2	1,464	9.0	38
Total	146		16,342	100.0	427

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 2.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	119	80.4	14,834	89.1	55	473	86.6
Regular	83	56.1	2,727	16.4	15		
Intensive	86	58.1	3,958	23.8	27		
Day treatment/partial hospitalization	14	9.5	106	0.6	--		
Detoxification	15	10.1	76	0.5	--		
Methadone maintenance	22	14.9	7,967	47.9	285		
Residential (non-hospital)	31	20.9	1,717	10.3	30	73	13.4
Short term (<30 days)	16	10.8	733	4.4	20		
Long term (30+ days)	20	13.5	843	5.1	19		
Detoxification	5	3.4	141	0.8	31		
Hospital Inpatient	8	5.4	97	0.6	6	--	--
Treatment	5	3.4	29	0.2	--		
Detoxification	8	5.4	68	0.4	5		
Total	148		16,648		46	546	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	20	1.7
Clients in Facilities with OTPs		
Methadone	8,021	92.1
Buprenorphine	40	0.5
Clients in Facilities without OTPs		
Buprenorphine	644	7.4
Total	8,705	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	138	93.2
Private health insurance	84	56.8
Medicare	35	23.6
Medicaid	89	60.1
State-financed health insurance	50	33.8
Federal military insurance	56	37.8
No payment accepted	4	2.7
Access to Recovery (ATR) vouchers ²	n/a	n/a
IHS/638 contract care funds	3	2.0
Other payments	4	2.7
Sliding fee scale	87	58.8
Treatment at no charge for clients who cannot pay	85	57.4

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	144	97.3
State substance abuse agency	121	81.8
State mental health department	118	79.7
State department of health	21	14.2
Hospital licensing authority	12	8.1
The Joint Commission	28	18.9
Commission on Accreditation of Rehabilitation Facilities	23	15.5
National Committee for Quality Assurance	3	2.0
Council on Accreditation	3	2.0
Other state/local agency/organization	2	1.4

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	91	61.5

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	145	98.0
Screening for substance abuse	142	95.9
Screening for mental health disorders	87	58.8
Comprehensive substance abuse assessment or diagnosis	131	88.5
Comprehensive mental health assessment or diagnosis	56	37.8
Screening for tobacco use	46	31.1
Outreach to persons in the community who may need treatment	95	64.2
Interim services for clients when immediate admission is not possible	75	50.7
Testing	144	97.3
Breathalyzer or other blood alcohol testing	96	64.9
Drug or alcohol urine screening	141	95.3
Screening for Hepatitis B	26	17.6
Screening for Hepatitis C	27	18.2
HIV testing	39	26.4
STD testing	28	18.9
TB screening	61	41.2
Counseling	148	100.0
Individual counseling	145	98.0
Group counseling	145	98.0
Family counseling	140	94.6
Marital/couples counseling	92	62.2
Transitional Services	147	99.3
Discharge planning	145	98.0
Aftercare/continuing care	133	89.9
Pharmacotherapies	66	44.6
Antabuse®	20	13.5
Naltrexone (oral)	22	14.9
Vivitrol® (injectable Naltrexone)	13	8.8
Campral®	20	13.5
Nicotine replacement	18	12.2
Non-nicotine smoking/tobacco cessation medications	12	8.1
Medications for psychiatric disorders	44	29.7
Methadone	21	14.2
Buprenorphine with naloxone (Suboxone®)	20	13.5
Buprenorphine without naloxone	9	6.1
Ancillary Services	148	100.0
Case management services	112	75.7
Social skills development	103	69.6
Mentoring/peer support	57	38.5
Child care for clients' children	10	6.8
Assistance with obtaining social services	68	45.9
Employment counseling or training for clients	48	32.4
Assistance in locating housing for clients	50	33.8
Domestic violence services	35	23.6
Early intervention for HIV	38	25.7
HIV or AIDS education, counseling, or support	109	73.6
Hepatitis education, counseling, or support	58	39.2

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	74	50.0
Substance abuse education	146	98.6
Transportation assistance to treatment	43	29.1
Mental health services	74	50.0
Acupuncture	1	0.7
Residential beds for clients' children	6	4.1
Self-help groups	76	51.4
Smoking cessation counseling	39	26.4

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	144	97.3
Relapse prevention	147	99.3
Cognitive-behavioral therapy	133	89.9
Motivational interviewing	124	83.8
Anger management	127	85.8
Brief intervention	113	76.4
12-step facilitation	128	86.5
Trauma-related counseling	105	70.9
Contingency management/motivational incentives	86	58.1
Rational emotive behavioral therapy (REBT)	95	64.2
Matrix Model	63	42.6
Computerized substance abuse treatment	10	6.8
Community reinforcement plus vouchers	12	8.1
Other treatment approaches	15	10.1

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	28	5
Number of clients ²	1,604	82
Number of designated beds	1,205	76
Utilization rate ³	133.1	107.9
Average number of designated beds per facility	43	15

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	110	74.3
Clients with co-occurring disorders	37	25.0
Adult women	27	18.2
DUI/DWI offenders	16	10.8
Adolescents	37	25.0
Adult men	22	14.9
Criminal justice clients	23	15.5
Persons who have experienced trauma	14	9.5
Pregnant or postpartum women	29	19.6
Persons with HIV or AIDS	13	8.8
Veterans	10	6.8
Seniors or older adults	6	4.1
LGBTQ ¹ clients	5	3.4
Active duty military	6	4.1
Members of military families	4	2.7
Other groups	17	11.5

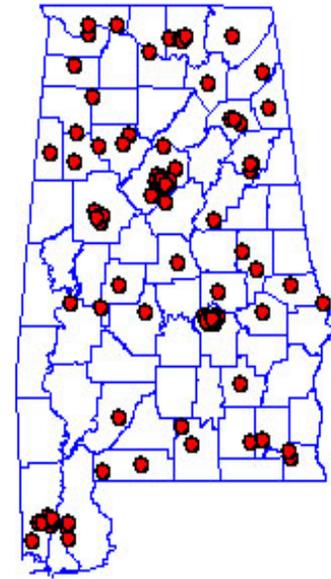
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	71	48.0
Any language other than English	47	31.8
Non-English Language Provided by:		
On-call interpreter only	38	80.9
Staff counselor only	7	14.9
Both staff counselor and on-call interpreter	2	4.3
Languages Provided by Staff Counselor:¹		
Spanish	9	100.0
American Indian/Alaska Native languages	--	--
Other	1	11.1

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/