

2012 State Profile — Arkansas

National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Arkansas, 95 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 4,440 clients in substance abuse treatment on March 30, 2012. The survey response rate in Arkansas was 97.1%.

Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	80	84.2	2,990	67.3	418	96.5
Private for-profit	10	10.5	738	16.6	15	3.5
Local, county, or community government	--	--	--	--	--	--
State government	1	1.1	115	2.6	--	--
Federal government	4	4.2	597	13.4	--	--
Dept. of Veterans Affairs	4	4.2	597	13.4	--	--
Dept. of Defense	--	--	--	--	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
Total	95	100.0	4,440	100.0	433	100.0

Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	36	37.9	2,093	47.1	47	10.9
Mental health services	27	28.4	--	28.7	49	11.3
Mix of mental health and substance abuse treatment services	25	26.3	--	19.2	288	66.5
General health care	3	3.2	--	1.2	--	--
Other	4	4.2	168	3.8	49	11.3
Total	95	100.0	4,440	100.0	433	100.0

Substance Abuse Problem Treated

	Facilities ^{1,2}		Clients in Treatment on March 30, 2012			
			All Clients ³		Clients ³ per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	82	96.5	2,228	51.9	89	
Clients with drug abuse only	63	74.1	1,457	34.0	60	
Clients with alcohol abuse only	67	78.8	605	14.1	25	
Total	85		4,290	100.0	174	

¹ Facilities may be included in more than one category.

² Facilities excluded because they were not asked or did not respond to this question: 10.

³ Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities ¹		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
Outpatient	86	90.5	3,703	83.4	28	370	85.5
Regular	83	87.4	2,255	50.8	15		
Intensive	51	53.7	563	12.7	5		
Day treatment/partial hospitalization	28	29.5	176	4.0	--		
Detoxification	3	3.2	85	1.9	1		
Methadone maintenance	6	6.3	624	14.1	114		
Residential (non-hospital)	28	29.5	701	15.8	20	63	14.5
Short term (<30 days)	19	20.0	284	--	17		
Long term (30+ days)	26	27.4	363	8.2	12		
Detoxification	13	13.7	54	1.2	2		
Hospital Inpatient	8	8.4	36	0.8	3	--	--
Treatment	4	4.2	1	*	--		
Detoxification	7	7.4	35	0.8	3		
Total	95		4,440		31	433	100.0

¹ Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
Facilities with OTPs¹	3	0.3
Clients in Facilities with OTPs		
Methadone	625	78.2
Buprenorphine	--	--
Clients in Facilities without OTPs		
Buprenorphine	174	21.8
Total	799	100.0

¹ Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities ¹	
	No.	%
Cash or self-payment	85	89.5
Private health insurance	64	67.4
Medicare	24	25.3
Medicaid	38	40.0
State-financed health insurance	16	16.8
Federal military insurance	37	38.9
No payment accepted	2	2.1
Access to Recovery (ATR) vouchers ²	18	18.9
IHS/638 contract care funds	2	2.1
Other payments	5	5.3
Sliding fee scale	72	75.8
Treatment at no charge for clients who cannot pay	60	63.2

¹ Facilities may accept more than one type of payment.

² Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities ¹	
	No.	%
Any listed agency/organization	87	91.6
State substance abuse agency	74	77.9
State mental health department	42	44.2
State department of health	46	48.4
Hospital licensing authority	5	5.3
The Joint Commission	15	15.8
Commission on Accreditation of Rehabilitation Facilities	56	58.9
National Committee for Quality Assurance	--	--
Council on Accreditation	11	11.6
Other state/local agency/organization	7	7.4

¹ Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	68	71.6

Types of Services Offered

	Facilities	
	No.	%
Assessment and Pre-Treatment Services	95	100.0
Screening for substance abuse	89	93.7
Screening for mental health disorders	81	85.3
Comprehensive substance abuse assessment or diagnosis	85	89.5
Comprehensive mental health assessment or diagnosis	56	58.9
Screening for tobacco use	61	64.2
Outreach to persons in the community who may need treatment	65	68.4
Interim services for clients when immediate admission is not possible	64	67.4
Testing	83	87.4
Breathalyzer or other blood alcohol testing	44	46.3
Drug or alcohol urine screening	82	86.3
Screening for Hepatitis B	12	12.6
Screening for Hepatitis C	14	14.7
HIV testing	25	26.3
STD testing	18	18.9
TB screening	20	21.1
Counseling	93	97.9
Individual counseling	93	97.9
Group counseling	86	90.5
Family counseling	87	91.6
Marital/couples counseling	52	54.7
Transitional Services	93	97.9
Discharge planning	92	96.8
Aftercare/continuing care	81	85.3
Pharmacotherapies	49	51.6
Antabuse®	8	8.4
Naltrexone (oral)	8	8.4
Vivitrol® (injectable Naltrexone)	5	5.3
Campral®	12	12.6
Nicotine replacement	17	17.9
Non-nicotine smoking/tobacco cessation medications	14	14.7
Medications for psychiatric disorders	42	44.2
Methadone	4	4.2
Buprenorphine with naloxone (Suboxone®)	13	13.7
Buprenorphine without naloxone	10	10.5
Ancillary Services	95	100.0
Case management services	84	88.4
Social skills development	70	73.7
Mentoring/peer support	41	43.2
Child care for clients' children	4	4.2
Assistance with obtaining social services	55	57.9
Employment counseling or training for clients	32	33.7
Assistance in locating housing for clients	49	51.6
Domestic violence services	41	43.2
Early intervention for HIV	25	26.3
HIV or AIDS education, counseling, or support	56	58.9
Hepatitis education, counseling, or support	38	40.0

Continued.

Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	44	46.3
Substance abuse education	89	93.7
Transportation assistance to treatment	42	44.2
Mental health services	63	66.3
Acupuncture	2	2.1
Residential beds for clients' children	6	6.3
Self-help groups	44	46.3
Smoking cessation counseling	61	64.2

Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	92	96.8
Relapse prevention	90	94.7
Cognitive-behavioral therapy	86	90.5
Motivational interviewing	82	86.3
Anger management	83	87.4
Brief intervention	83	87.4
12-step facilitation	72	75.8
Trauma-related counseling	73	76.8
Contingency management/motivational incentives	53	55.8
Rational emotive behavioral therapy (REBT)	48	50.5
Matrix Model	63	66.3
Computerized substance abuse treatment	8	8.4
Community reinforcement plus vouchers	19	20.0
Other treatment approaches	12	12.6

Facility Capacity and Utilization Rate¹

	Residential	Hospital Inpatient
Number of facilities	20	5
Number of clients ²	514	32
Number of designated beds	573	50
Utilization rate ³	89.7	64.0
Average number of designated beds per facility	29	10

¹ Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

² Number of clients on March 30, 2012.

³ Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

Programs for Special Groups

	Facilities	
	No.	%
Any program or group	75	78.9
Clients with co-occurring disorders	36	37.9
Adult women	15	15.8
DUI/DWI offenders	30	31.6
Adolescents	34	35.8
Adult men	11	11.6
Criminal justice clients	21	22.1
Persons who have experienced trauma	20	21.1
Pregnant or postpartum women	11	11.6
Persons with HIV or AIDS	7	7.4
Veterans	14	14.7
Seniors or older adults	2	2.1
LGBTQ ¹ clients	8	8.4
Active duty military	6	6.3
Members of military families	7	7.4
Other groups	10	10.5

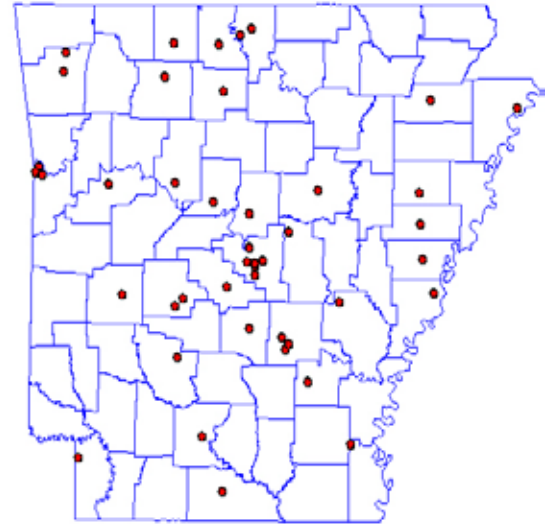
¹ Lesbian, gay, bisexual, transgender, or questioning clients.

Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	40	42.1
Any language other than English	44	46.3
Non-English Language Provided by:		
On-call interpreter only	36	81.8
Staff counselor only	6	13.6
Both staff counselor and on-call interpreter	2	4.5
Languages Provided by Staff Counselor:¹		
Spanish	8	100.0
American Indian/Alaska Native languages	--	--
Other	--	--

¹ Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

Location of Treatment Facilities



Symbol key: -- Quantity is zero. * Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Substance Abuse and Mental Health Services Administration
Center for Behavioral Health Statistics and Quality
www.samhsa.gov/data/