

## 2012 State Profile — Connecticut

### National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In Connecticut, 223 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 37,022 clients in substance abuse treatment on March 30, 2012. The survey response rate in Connecticut was 93.6%.

#### Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	194	87.0	33,366	90.1	451	91.5
Private for-profit	16	7.2	2,537	6.9	36	7.3
Local, county, or community government	2	0.9	70	0.2	2	0.4
State government	6	2.7	583	1.6	2	0.4
Federal government	3	1.3	435	1.2	--	--
Dept. of Veterans Affairs	2	0.9	403	1.1	--	--
Dept. of Defense	1	0.4	32	0.1	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	2	0.9	31	0.1	2	0.4
<b>Total</b>	<b>223</b>	<b>100.0</b>	<b>37,022</b>	<b>100.0</b>	<b>493</b>	<b>100.0</b>

#### Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	101	45.3	16,840	45.5	191	38.7
Mental health services	6	2.7	456	1.2	8	1.6
Mix of mental health and substance abuse treatment services	107	48.0	--	51.9	291	59.0
General health care	2	0.9	354	1.0	--	--
Other	7	3.1	157	0.4	3	0.6
<b>Total</b>	<b>223</b>	<b>100.0</b>	<b>37,022</b>	<b>100.0</b>	<b>493</b>	<b>100.0</b>

#### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 30, 2012			
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	204	93.2	15,733	43.1	554	
Clients with drug abuse only	190	86.8	16,098	44.1	570	
Clients with alcohol abuse only	168	76.7	4,665	12.8	164	
<b>Total</b>	<b>219</b>		<b>36,496</b>	<b>100.0</b>	<b>1,287</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 4.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>166</b>	<b>74.4</b>	<b>35,160</b>	<b>95.0</b>	<b>100</b>	<b>465</b>	<b>94.3</b>
Regular	143	64.1	15,863	42.8	48		
Intensive	91	40.8	4,342	11.7	20		
Day treatment/partial hospitalization	32	14.3	314	0.8	9		
Detoxification	32	14.3	608	1.6	8		
Methadone maintenance	36	16.1	14,033	37.9	397		
<b>Residential (non-hospital)</b>	<b>65</b>	<b>29.1</b>	<b>1,596</b>	<b>4.3</b>	<b>16</b>	<b>26</b>	<b>5.3</b>
Short term (<30 days)	26	11.7	475	1.3	18		
Long term (30+ days)	47	21.1	1,050	2.8	12		
Detoxification	5	2.2	71	0.2	16		
<b>Hospital Inpatient</b>	<b>14</b>	<b>6.3</b>	<b>266</b>	<b>0.7</b>	<b>15</b>	<b>2</b>	<b>0.4</b>
Treatment	12	5.4	136	0.4	--		
Detoxification	13	5.8	130	0.4	6		
<b>Total</b>	<b>223</b>		<b>37,022</b>		<b>55</b>	<b>493</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>39</b>	<b>3.3</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	13,856	95.5
Buprenorphine	186	1.3
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	469	3.2
<b>Total</b>	<b>14,511</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	201	90.1
Private health insurance	167	74.9
Medicare	108	48.4
Medicaid	180	80.7
State-financed health insurance	151	67.7
Federal military insurance	79	35.4
No payment accepted	2	0.9
Access to Recovery (ATR) vouchers <sup>2</sup>	59	26.5
IHS/638 contract care funds	3	1.3
Other payments	5	2.2
Sliding fee scale	164	73.5
Treatment at no charge for clients who cannot pay	127	57.0

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	215	96.4
State substance abuse agency	155	69.5
State mental health department	141	63.2
State department of health	201	90.1
Hospital licensing authority	26	11.7
The Joint Commission	73	32.7
Commission on Accreditation of Rehabilitation Facilities	74	33.2
National Committee for Quality Assurance	5	2.2
Council on Accreditation	25	11.2
Other state/local agency/organization	11	4.9

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	157	70.4

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>214</b>	<b>96.0</b>
Screening for substance abuse	209	93.7
Screening for mental health disorders	194	87.0
Comprehensive substance abuse assessment or diagnosis	207	92.8
Comprehensive mental health assessment or diagnosis	144	64.6
Screening for tobacco use	162	72.6
Outreach to persons in the community who may need treatment	99	44.4
Interim services for clients when immediate admission is not possible	68	30.5
<b>Testing</b>	<b>208</b>	<b>93.3</b>
Breathalyzer or other blood alcohol testing	178	79.8
Drug or alcohol urine screening	206	92.4
Screening for Hepatitis B	69	30.9
Screening for Hepatitis C	71	31.8
HIV testing	79	35.4
STD testing	60	26.9
TB screening	80	35.9
<b>Counseling</b>	<b>220</b>	<b>98.7</b>
Individual counseling	214	96.0
Group counseling	216	96.9
Family counseling	197	88.3
Marital/couples counseling	152	68.2
<b>Transitional Services</b>	<b>222</b>	<b>99.6</b>
Discharge planning	219	98.2
Aftercare/continuing care	182	81.6
<b>Pharmacotherapies</b>	<b>159</b>	<b>71.3</b>
Antabuse®	62	27.8
Naltrexone (oral)	60	26.9
Vivitrol® (injectable Naltrexone)	17	7.6
Campral®	70	31.4
Nicotine replacement	60	26.9
Non-nicotine smoking/tobacco cessation medications	57	25.6
Medications for psychiatric disorders	151	67.7
Methadone	57	25.6
Buprenorphine with naloxone (Suboxone®)	44	19.7
Buprenorphine without naloxone	16	7.2
<b>Ancillary Services</b>	<b>223</b>	<b>100.0</b>
Case management services	175	78.5
Social skills development	173	77.6
Mentoring/peer support	124	55.6
Child care for clients' children	24	10.8
Assistance with obtaining social services	169	75.8
Employment counseling or training for clients	91	40.8
Assistance in locating housing for clients	129	57.8
Domestic violence services	91	40.8
Early intervention for HIV	67	30.0
HIV or AIDS education, counseling, or support	118	52.9
Hepatitis education, counseling, or support	97	43.5

*Continued.*

## Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	124	55.6
Substance abuse education	220	98.7
Transportation assistance to treatment	99	44.4
Mental health services	189	84.8
Acupuncture	17	7.6
Residential beds for clients' children	11	4.9
Self-help groups	129	57.8
Smoking cessation counseling	92	41.3

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	220	98.7
Relapse prevention	214	96.0
Cognitive-behavioral therapy	210	94.2
Motivational interviewing	207	92.8
Anger management	208	93.3
Brief intervention	185	83.0
12-step facilitation	183	82.1
Trauma-related counseling	195	87.4
Contingency management/motivational incentives	117	52.5
Rational emotive behavioral therapy (REBT)	84	37.7
Matrix Model	49	22.0
Computerized substance abuse treatment	17	7.6
Community reinforcement plus vouchers	27	12.1
Other treatment approaches	31	13.9

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	59	7
Number of clients <sup>2</sup>	1,477	212
Number of designated beds	1,604	232
Utilization rate <sup>3</sup>	92.1	91.4
Average number of designated beds per facility	27	33

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 30, 2012.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	187	83.9
Clients with co-occurring disorders	130	58.3
Adult women	115	51.6
DUI/DWI offenders	23	10.3
Adolescents	27	12.1
Adult men	90	40.4
Criminal justice clients	47	21.1
Persons who have experienced trauma	106	47.5
Pregnant or postpartum women	35	15.7
Persons with HIV or AIDS	29	13.0
Veterans	12	5.4
Seniors or older adults	35	15.7
LGBTQ <sup>1</sup> clients	17	7.6
Active duty military	6	2.7
Members of military families	4	1.8
Other groups	39	17.5

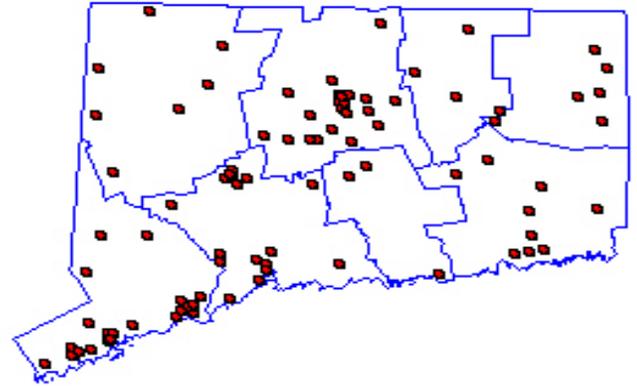
<sup>1</sup> Lesbian, gay, bisexual, transgender, or questioning clients.

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	54	24.2
Any language other than English	117	52.5
<b>Non-English Language Provided by:</b>		
On-call interpreter only	8	6.8
Staff counselor only	74	63.2
Both staff counselor and on-call interpreter	35	29.9
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	106	97.2
American Indian/Alaska Native languages	1	0.9
Other	31	28.4

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Symbol key: -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



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