

## 2012 State Profile — The District of Columbia National Survey of Substance Abuse Treatment Services (N-SSATS)

The National Survey of Substance Abuse Treatment Services (N-SSATS) is an annual survey of facilities providing substance abuse treatment. It is conducted by the Substance Abuse and Mental Health Services Administration (SAMHSA). N-SSATS is designed to collect data on the location, characteristics, services offered, and number of clients in treatment at alcohol and drug abuse treatment facilities (both public and private) throughout the 50 States, the District of Columbia, and other U.S. jurisdictions.

More information on N-SSATS methodology is available at the following URL:

<http://www.samhsa.gov/data/2k3/NSSATS/NSSATS.pdf>

In the District of Columbia, 39 substance abuse treatment facilities were included in the 2012 N-SSATS, reporting that there were 4,217 clients in substance abuse treatment on March 30, 2012. The survey response rate in the District of Columbia was 90.0%.

### Facility Operation

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Private non-profit	30	76.9	2,844	67.4	12	100.0
Private for-profit	7	17.9	1,059	25.1	--	--
Local, county, or community government	--	--	--	--	--	--
State government	--	--	--	--	--	--
Federal government	2	5.1	314	7.4	--	--
Dept. of Veterans Affairs	1	2.6	235	5.6	--	--
Dept. of Defense	1	2.6	79	1.9	--	--
Indian Health Service	--	--	--	--	--	--
Other	--	--	--	--	--	--
Tribal government	--	--	--	--	--	--
<b>Total</b>	<b>39</b>	<b>100.0</b>	<b>4,217</b>	<b>100.0</b>	<b>12</b>	<b>100.0</b>

### Primary Focus of Facility

	Facilities		Clients in Treatment on March 30, 2012			
			All Clients		Clients Under Age 18	
	No.	%	No.	%	No.	%
Substance abuse treatment services	20	51.3	2,704	64.1	--	--
Mental health services	1	2.6	40	0.9	--	--
Mix of mental health and substance abuse treatment services	16	41.0	1,114	26.4	12	100.0
General health care	1	2.6	344	8.2	--	--
Other	1	2.6	15	0.4	--	--
<b>Total</b>	<b>39</b>	<b>100.0</b>	<b>4,217</b>	<b>100.0</b>	<b>12</b>	<b>100.0</b>

### Substance Abuse Problem Treated

	Facilities <sup>1,2</sup>		Clients in Treatment on March 30, 2012			
			All Clients <sup>3</sup>		Clients <sup>3</sup> per 100,000 Pop. Aged 18 or Older	
	No.	%	No.	%		
Clients with both alcohol and drug abuse	37	94.9	1,656	39.3	316	
Clients with drug abuse only	32	82.1	2,112	50.1	402	
Clients with alcohol abuse only	32	82.1	450	10.7	86	
<b>Total</b>	<b>39</b>		<b>4,217</b>	<b>100.0</b>	<b>804</b>	

<sup>1</sup> Facilities may be included in more than one category.

<sup>2</sup> Facilities excluded because they were not asked or did not respond to this question: 0.

<sup>3</sup> Sum of individual items may not agree with the total due to rounding.

Type of Care							
	Facilities <sup>1</sup>		Clients in Treatment on March 30, 2012				
			All Clients			Clients Under Age 18	
	No.	%	No.	%	Median No. of Clients per Facility	No.	%
<b>Outpatient</b>	<b>26</b>	<b>66.7</b>	<b>3,645</b>	<b>86.4</b>	<b>54</b>	<b>12</b>	<b>100.0</b>
Regular	25	64.1	1,103	26.2	25		
Intensive	18	46.2	517	12.3	21		
Day treatment/partial hospitalization	5	12.8	70	1.7	3		
Detoxification	4	10.3	610	14.5	4		
Methadone maintenance	7	17.9	1,345	31.9	--		
<b>Residential (non-hospital)</b>	<b>15</b>	<b>38.5</b>	<b>548</b>	<b>13.0</b>	<b>17</b>	<b>--</b>	<b>--</b>
Short term (<30 days)	14	35.9	286	6.8	12		
Long term (30+ days)	11	28.2	247	5.9	21		
Detoxification	1	2.6	15	0.4	15		
<b>Hospital Inpatient</b>	<b>4</b>	<b>10.3</b>	<b>24</b>	<b>0.6</b>	<b>7</b>	<b>--</b>	<b>--</b>
Treatment	4	10.3	10	0.2	2		
Detoxification	3	7.7	14	0.3	6		
<b>Total</b>	<b>39</b>		<b>4,217</b>		<b>49</b>	<b>12</b>	<b>100.0</b>

<sup>1</sup> Facilities may provide more than one type of care.

Opioid Treatment Programs (OTPs)		
	No.	%
<b>Facilities with OTPs<sup>1</sup></b>	<b>3</b>	<b>0.3</b>
<b>Clients in Facilities with OTPs</b>		
Methadone	1,345	94.3
Buprenorphine	12	0.8
<b>Clients in Facilities without OTPs</b>		
Buprenorphine	70	4.9
<b>Total</b>	<b>1,427</b>	<b>100.0</b>

<sup>1</sup> Percentage of all OTP facilities that are in the United States.

Facility Payment Options		
	Facilities <sup>1</sup>	
	No.	%
Cash or self-payment	19	48.7
Private health insurance	16	41.0
Medicare	8	20.5
Medicaid	16	41.0
State-financed health insurance	18	46.2
Federal military insurance	6	15.4
No payment accepted	4	10.3
Access to Recovery (ATR) vouchers <sup>2</sup>	13	33.3
IHS/638 contract care funds	1	2.6
Other payments	1	2.6
Sliding fee scale	8	20.5
Treatment at no charge for clients who cannot pay	25	64.1

<sup>1</sup> Facilities may accept more than one type of payment.

<sup>2</sup> Available in AK, AR, AZ, CA, CO, CT, DC, FL, HI, IA, ID, IL, IN, LA, MA, MD, MI, MO, MT, NH, NJ, NM, NY, OH, OK, OR, PA, RI, SD, TN, TX, UT, WA, WI, and WY.

Facility Licensing, Certification, or Accreditation		
	Facilities <sup>1</sup>	
	No.	%
Any listed agency/organization	38	97.4
State substance abuse agency	34	87.2
State mental health department	11	28.2
State department of health	34	87.2
Hospital licensing authority	3	7.7
The Joint Commission	5	12.8
Commission on Accreditation of Rehabilitation Facilities	7	17.9
National Committee for Quality Assurance	1	2.6
Council on Accreditation	--	--
Other state/local agency/organization	4	10.3

<sup>1</sup> Facilities may be licensed by more than one agency/organization.

Facility Funding		
	Facilities	
	No.	%
Receives federal, state, county, or local government funds for substance abuse treatment programs	30	76.9

## Types of Services Offered

	Facilities	
	No.	%
<b>Assessment and Pre-Treatment Services</b>	<b>38</b>	<b>97.4</b>
Screening for substance abuse	34	87.2
Screening for mental health disorders	29	74.4
Comprehensive substance abuse assessment or diagnosis	35	89.7
Comprehensive mental health assessment or diagnosis	15	38.5
Screening for tobacco use	15	38.5
Outreach to persons in the community who may need treatment	23	59.0
Interim services for clients when immediate admission is not possible	6	15.4
<b>Testing</b>	<b>39</b>	<b>100.0</b>
Breathalyzer or other blood alcohol testing	36	92.3
Drug or alcohol urine screening	38	97.4
Screening for Hepatitis B	9	23.1
Screening for Hepatitis C	10	25.6
HIV testing	23	59.0
STD testing	10	25.6
TB screening	16	41.0
<b>Counseling</b>	<b>39</b>	<b>100.0</b>
Individual counseling	38	97.4
Group counseling	39	100.0
Family counseling	28	71.8
Marital/couples counseling	16	41.0
<b>Transitional Services</b>	<b>39</b>	<b>100.0</b>
Discharge planning	38	97.4
Aftercare/continuing care	33	84.6
<b>Pharmacotherapies</b>	<b>22</b>	<b>56.4</b>
Antabuse®	6	15.4
Naltrexone (oral)	6	15.4
Vivitrol® (injectable Naltrexone)	3	7.7
Campral®	8	20.5
Nicotine replacement	8	20.5
Non-nicotine smoking/tobacco cessation medications	5	12.8
Medications for psychiatric disorders	17	43.6
Methadone	7	17.9
Buprenorphine with naloxone (Suboxone®)	12	30.8
Buprenorphine without naloxone	4	10.3
<b>Ancillary Services</b>	<b>39</b>	<b>100.0</b>
Case management services	37	94.9
Social skills development	33	84.6
Mentoring/peer support	26	66.7
Child care for clients' children	--	--
Assistance with obtaining social services	26	66.7
Employment counseling or training for clients	18	46.2
Assistance in locating housing for clients	25	64.1
Domestic violence services	11	28.2
Early intervention for HIV	21	53.8
HIV or AIDS education, counseling, or support	31	79.5
Hepatitis education, counseling, or support	19	48.7

*Continued.*

## Types of Services Offered (continued)

	Facilities	
	No.	%
Health education other than HIV/AIDS or hepatitis	29	74.4
Substance abuse education	39	100.0
Transportation assistance to treatment	25	64.1
Mental health services	26	66.7
Acupuncture	1	2.6
Residential beds for clients' children	--	--
Self-help groups	20	51.3
Smoking cessation counseling	10	25.6

## Clinical/Therapeutic Approaches Used Always or Often or Sometimes

	Facilities	
	No.	%
Substance abuse counseling	39	100.0
Relapse prevention	39	100.0
Cognitive-behavioral therapy	34	87.2
Motivational interviewing	36	92.3
Anger management	34	87.2
Brief intervention	32	82.1
12-step facilitation	31	79.5
Trauma-related counseling	25	64.1
Contingency management/motivational incentives	22	56.4
Rational emotive behavioral therapy (REBT)	19	48.7
Matrix Model	20	51.3
Computerized substance abuse treatment	7	17.9
Community reinforcement plus vouchers	8	20.5
Other treatment approaches	7	17.9

## Facility Capacity and Utilization Rate<sup>1</sup>

	Residential	Hospital Inpatient
Number of facilities	14	3
Number of clients <sup>2</sup>	492	24
Number of designated beds	609	50
Utilization rate <sup>3</sup>	80.8	48.0
Average number of designated beds per facility	44	17

<sup>1</sup> Excludes facilities not reporting both client counts and number of beds; facilities whose client counts were reported by another facility; facilities that included client counts from other facilities; and facilities that did not respond to this question.

<sup>2</sup> Number of clients on March 30, 2012.

<sup>3</sup> Because substance abuse treatment clients may also occupy non-designated beds, utilization rates may be more than 100 percent.

## Programs for Special Groups

	Facilities	
	No.	%
Any program or group	37	94.9
Clients with co-occurring disorders	19	48.7
Adult women	17	43.6
DUI/DWI offenders	9	23.1
Adolescents	2	5.1
Adult men	17	43.6
Criminal justice clients	16	41.0
Persons who have experienced trauma	11	28.2
Pregnant or postpartum women	5	12.8
Persons with HIV or AIDS	16	41.0
Veterans	8	20.5
Seniors or older adults	7	17.9
LGBTQ <sup>1</sup> clients	13	33.3
Active duty military	2	5.1
Members of military families	2	5.1
Other groups	7	17.9

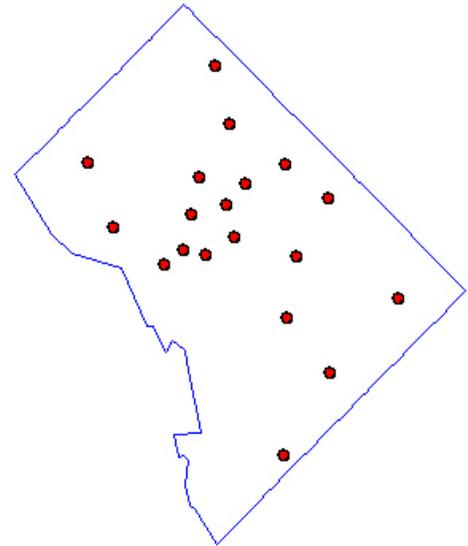
<sup>1</sup> Lesbian, gay, bisexual, transgender, or questioning clients.

## Services in Sign Language for the Hearing Impaired and in Languages Other than English

	Facilities	
	No.	%
Sign language	6	15.4
Any language other than English	13	33.3
<b>Non-English Language Provided by:</b>		
On-call interpreter only	2	15.4
Staff counselor only	9	69.2
Both staff counselor and on-call interpreter	2	15.4
<b>Languages Provided by Staff Counselor:<sup>1</sup></b>		
Spanish	11	100.0
American Indian/Alaska Native languages	--	--
Other	2	18.2

<sup>1</sup> Percentages based on the number of facilities reporting that they provided substance abuse treatment in a language other than English by a staff counselor only or by both staff counselors and on-call interpreters.

## Location of Treatment Facilities



Symbol key: -- Quantity is zero. \* Less than 0.05 percent. n/a Not applicable.

Data are from facilities that reported to N-SSATS for the survey reference date March 30, 2012. All material appearing in this report is in the public domain and may be reproduced without permission from SAMHSA. Citation of the source is appreciated.

Access the latest N-SSATS reports at:

<http://www.samhsa.gov/data/DASIS.aspx#N-SSATS>

Access the latest N-SSATS public use files at:

<http://www.datafiles.samhsa.gov>

Other substance abuse reports are available at:

<http://www.samhsa.gov/data/>

Access N-SSATS profiles for individual States at:

<http://www.dasis.samhsa.gov/webt/NewMapv1.htm>

For information on individual facilities, access SAMHSA's Treatment Facility Locator at:

<http://findtreatment.samhsa.gov/>



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